

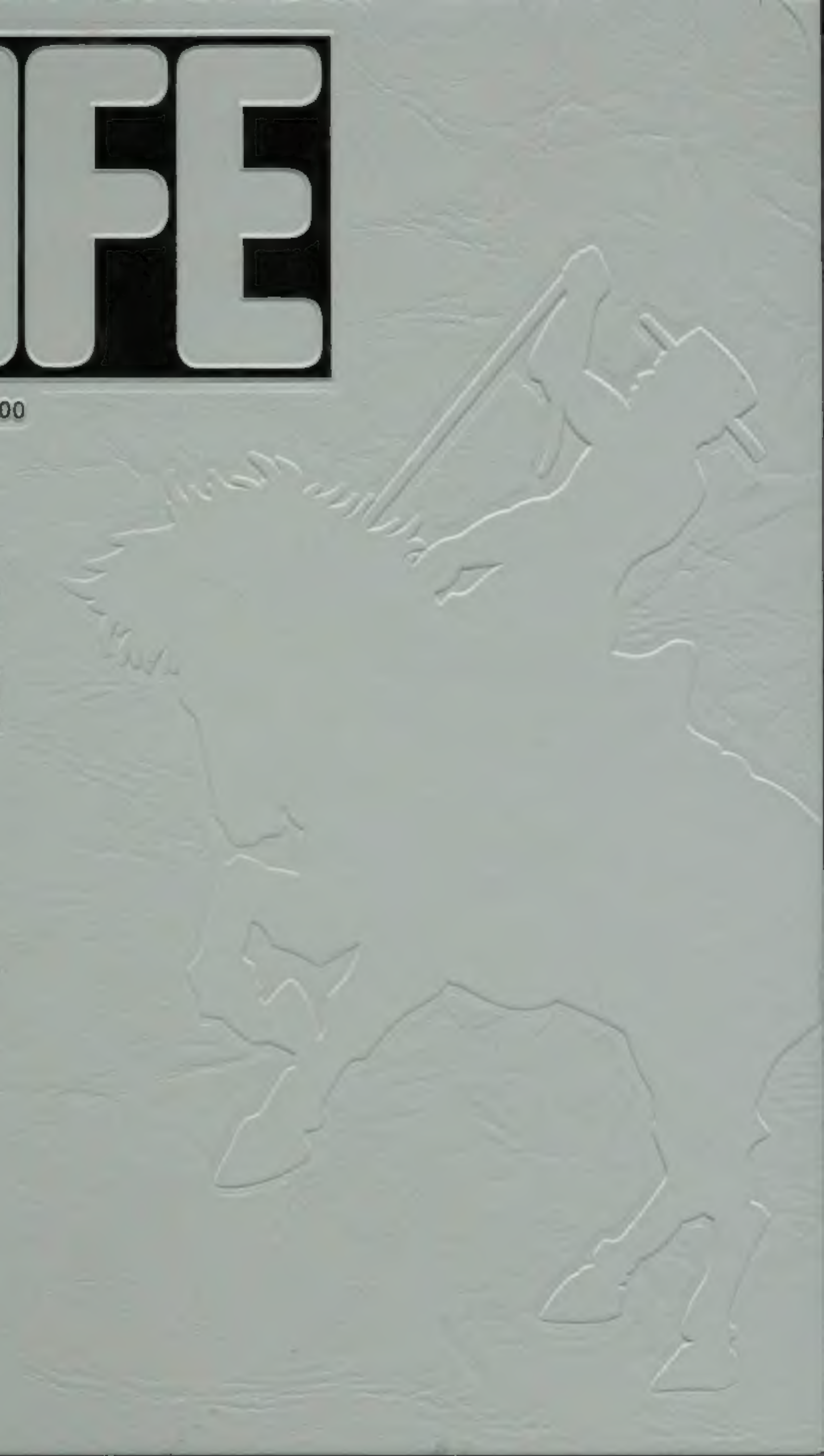
# LIFE

JUNE 1985 \$27.00

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Looking Back  
At  
Looking Good

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**EL CAPITAN  
HIGH SCHOOL  
10410 Ashwood St.  
Lakeside, California  
92040**



# Looking Back At Looking Good i.e. Success

by Jeff Cole

When a group of growing, changing, striving, young adults gather to brainstorm for a theme, the mood of the group will inherently be a part of their decision. The theme of this year's book, "Looking back at looking good", offers a view at the inner thoughts of the students at El Capitan. What is on their minds? Success! Looking back at looking good is simply another way of saying success. And so the '84-'85 annual staff offers El Capitan, it's students, and the community of Lakeside a look at success: In leadership, in activities, in sports, in academics, and in achieving goals and learning about living. According to some faculty, this year's classes of young adults, from freshmen to seniors, are more success orientated than previous years. As a result, the underlying message throughout will reflect this style, this tone. If you are skeptic about young people in East County, we warn you. This publication will change your mind. If you are content in the knowledge that El Capitan students will be leaders in the future, then we invite you to reminisce with us as we share looking back at looking good. Think success!



Proud success can be found on the face of varsity cheerleader, Amy Hageman.



According to Mr. DeKock's best recollection, this sign has welcomed students to El Capitan since a bright sunny day, February 13, 1972.







## HEADLINE NEWS

### Active Leadership

**Far left:** Apathy went out the window along with clothes as participation in homecoming week toga day and other school activities was high ... *page 17*

**Middle:** "The class of '85 is alive and everyone has gone crazy," states Brenda Brassell, secretary of the senior class in reference to their theme, "Let's go crazy." ... *page 33*

**Left:** The faculty and administration continue their jobs of teaching, administrating, restraining, liberating, limiting, and setting free ... *page 79*



### Understanding, Learning, and Aspiring

**Far left:** Juniors have taken their cue to enter into the game of responsibility and leadership, some specializing in certain activities, while others keep well rounded social lives ... *page 101*

**Middle:** Caught in the middle and just becoming stable, sophomores enjoy their newly found lifestyles. A respect-filled awe at new possibilities can be seen ... *page 119*

**Left:** Culture shock and learning how to grow are a few of the hurdles common to freshmen. "A strong class academically", says Mr. Lipetzky, freshman geography teacher ... *page 137*



### "The Best", Participation, and Creativity

**Far left:** "We're the best", says Jared Brooks referring to the varsity boys cross country team. In one way or another, a year of success in every sport ... *page 157*

**Middle:** Attendance of clubs and organizations grew enormously as a densely populated student body became involved on campus ... *page 205*

**Left:** Students creatively communicate their thoughts in poems, photographs, and drawings ... *page 241*





*What was the strangest/most unusual thing you wore to school?*

"The pink tu-tu at the Spanish play."

— Alan Bocko —

"A Charlie Brown toga."

— Liann Brian —

"A burlap sack and a beanie."

— Curtis Canfield —

"My granny's mini dress, cowboy boots, a flowered scarf, sunglasses, and knee highs for slave day."

— Brandy Harrison —

"Me and my ponytail and my Mary Jane's."

— Steve Noriega —

"A potatoe sack."

— Rich Schulenberg —



*What was the strangest/most unusual thing you saw someone else wear to school?*

"Ken Brinegar wearing a striped shirt and plaid shorts."

— Bert Weiss —

"Green hair and dog chains."

— Ray Osie —

"A chick dressed up as Boy George."

— Dennis Tolley —

"Hair starched, nose pierced, and leather pants with studs."

— Cherie Haugum —



*What do you want to be remembered for when you leave El Cap?*

"As the guy who got  $5.684 \times 10^8$  hugs in four years; and of course for my magnificent charm and intelligence."

— Ted "Teddy Bear" Cuevas —

"Being there physically but not always mentally."

— Carrie Pangborn —

"For making good times out of bad times and making the good times even better."

— Jon Comfort —





*What was your funniest/most unusual locker experience?*

"My freshman year — being assigned a locker that did not exist."

— Lisa Pfohl —

"When we stuffed a freshman in one, and left him there over the weekend."

— Eric Daniels —

"When the locker next to mine caught on fire."

— Doug Owens —



*What was your most embarrassing moment on the quad?*

"Wearing Brenda's cheer uniform and cheering at a pep assembly."

— Scott Freeman —

"Running into a pole in front of a bunch of guys."

— Sharon Moss —

"Walking around with a note on my back that said 'I'm ugly'."

— Kyle Boswell —

"Being hit in the face by my brother and Darren Ives with two whipped cream pies for my 16th birthday."

— Heather Artzer —



*What was your best excuse?*

"Brain fade."

— Paul Dautremont —

"A band of hoodlums were assembled outside your door and they went straight for my American Studies mattress."

— Debby Corcoran —

"But Mom, there were tons of teenage boys!"

— Brandy Harrison —

"I'm not late, I'm early for the next period."

— Ken Brinegar —



## Students Rally To Promote School Spirit



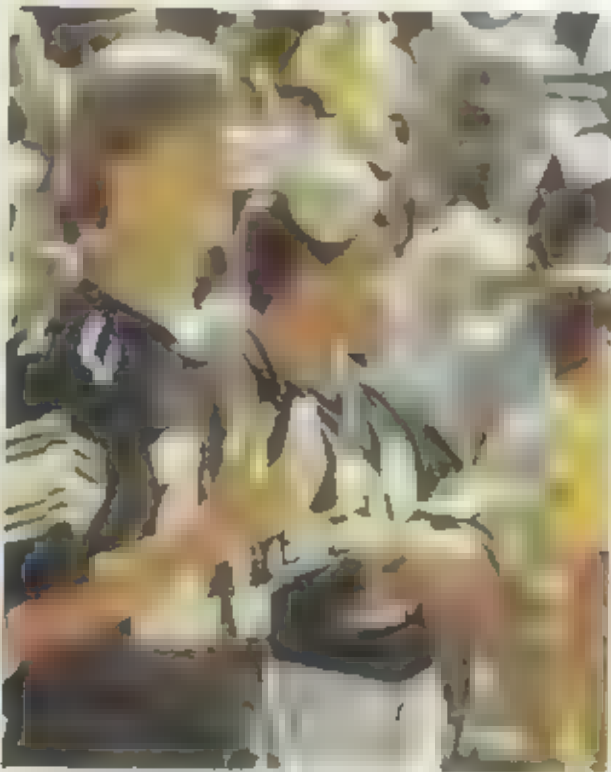
Larry Himmel at Large, El Capitan High School.



Our first place chariot team. Seniors Brad Burton, Darin Curtis, Carl Cato, David Nowlan, and rider Bert Weiss.



by Cookie McLean



Mike Thompson impatiently waiting to dunk a cheerleader

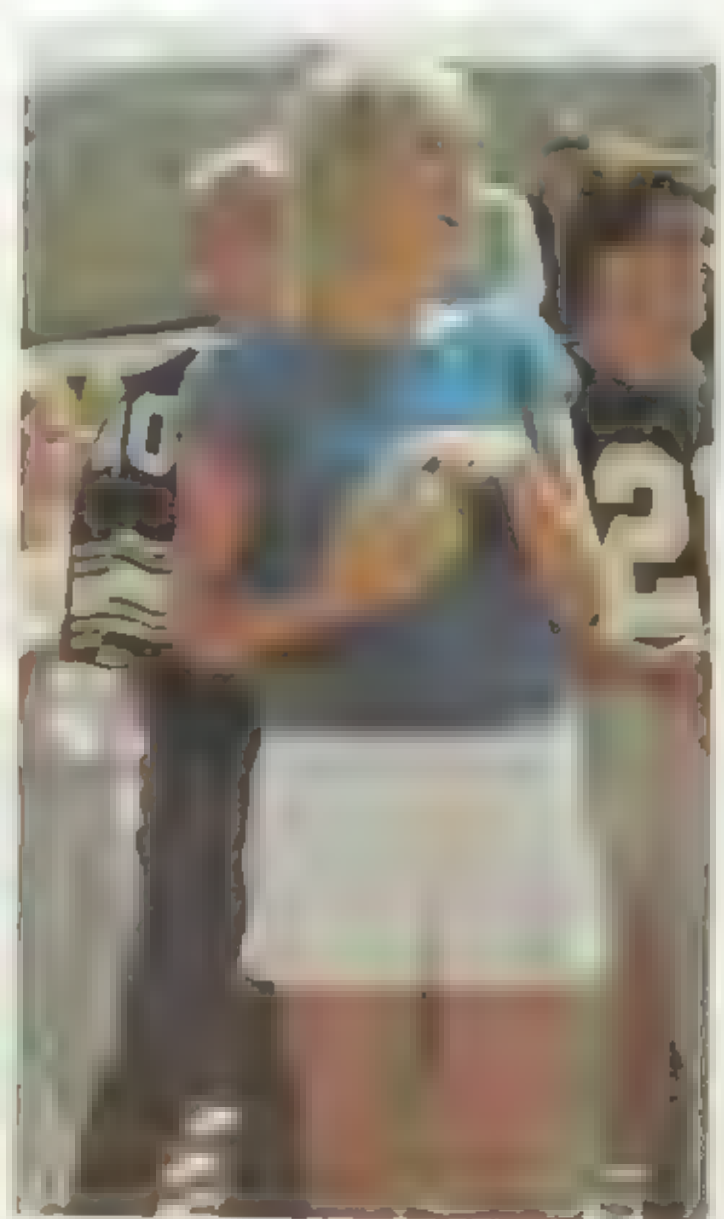
With the opening of the '84-'85 school year, the usual first day complaints came to surface. "The summer was too short", "I already have homework!" But, this year unlike years in the past, a 110° heat wave hit our southern California city. The unbearable heat made it difficult to concentrate on studies, so students looked for a place to cool off. The ASB sponsored dunking booth on the quad seemed to be the popular choice as students aimed to "dunk a hunk", cheerleader, or math teacher. As the temperature cooled to 101° at the week's end, ASB held the first assembly of the school year. Joey Till and Varsity coaches introduced the football, water polo, tennis, and volleyball teams as well as band, drill, and ASB members. We also got a preview of the new cheerleaders as they performed the first cheer of the '84-'85 season.

The next assembly fell on October 4 and was for "seniors only". We found out who had won senior standouts, were told about upcoming senior activities, enlightened by Mr. Finch on the perils of drugs and alcohol on campus, and then we were lead into the shape of an 85 for the senior class picture.

Our homecoming assembly was not only enjoyed by El Cap students but by all of San Diego. Channel 8's Larry Himmel filmed his 5 o'clock news spot at our assembly. San Diegans didn't see us in our normal state though. Our dress up topic for homecoming Friday was toga day. And to fit in with the Greek atmosphere, ASB held a chariot race. The week's activities and our successful homecoming assembly boosted school spirit and got the football players fired up to beat Santana 21-7.



Students look on at the first assembly of the year



Kristin aims to dunk her dad, Coach Wilkins



# Kids Caught Up In Style

## Leather, Layering, & Lace

by Cookie McLean

The 80's brought the space shuttle, home computers, and dolls with birth certificates. But for El Capitan students the 80's meant a changing of the "Lakeside" stereotype

Although a few good 'ole country boys still roamed our campus, hard rockers and mods prevailed

This "crazy" trend slowly drowned out the conservative preppy look of the past year as students strived to be as shocking and bizarre as possible

Multi-color, short hair, layering, flourescent, lace, and gladiator shoes were popularized by the punk sector, while long hair, chains, black, and leopard skin became the traits of the hard rock group

Fashions were also influenced by movies. The box office hit, *Ghostbusters*, casued a buster-mania of sorts as everyone and everything was being "busted". This buster trend ranged from "Cub Buster" tee-shirts to "Thirstbuster" cups

Other fads of 1984 were Trivial Pursuit, helium balloons, and romance novels



Like thousands of other students, Sannie Gibson and Tammy Hicks (left) and Kara West, Krista K... (right) share romance novels. (Front row: Kara West, Krista K...; Back row: Sannie Gibson, Tammy Hicks)





Army Peek, Richard Bulk, Mike Reed, Natalie Shifano, Johnny King



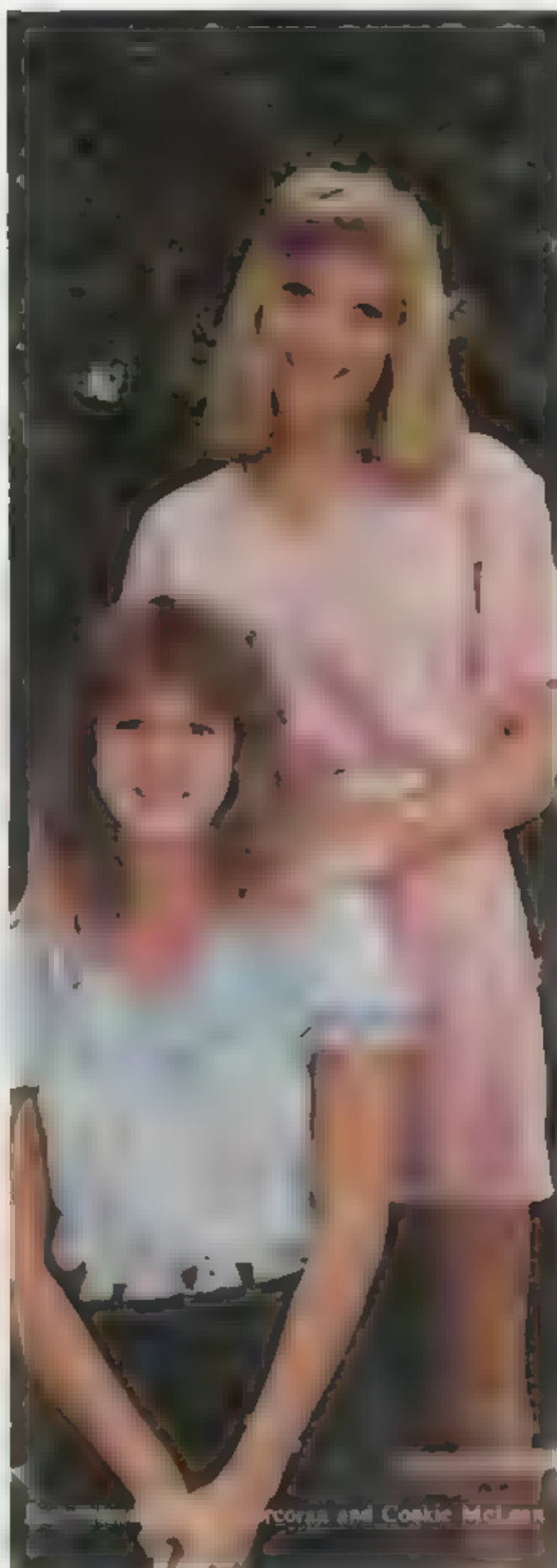
# Why Do You Standout?

by Cookie McLean

member themselves?

In 10 years we'll take out our yearbooks and reminisce about the good old days. We'll always remember the class flirt or the class hunk everyone was in love with, but what about them? How will they re-

Why are you best friends? "Actually Debby and Cookie aren't best friends, they're just good buds. Woof and Tweet are. No matter what happens to Debby and Cookie, Woof and Tweet will always



McLean and Cookie McLean



McLean, David Brownell, David Brownell, and David Brownell



McLean and David Brownell



live on." — *Cookie McLean*

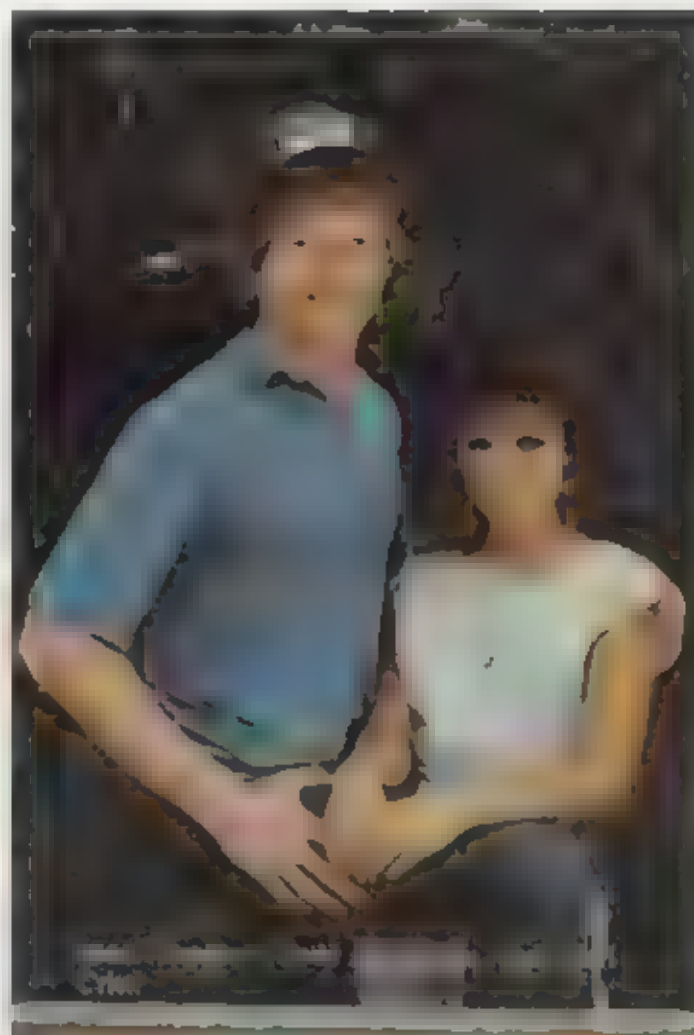
What qualities in a person makes them have a good personality? "Friendly, easy to get along with, good ears, ... most likely to laugh in a tough situation"

*Jon Comford*. "The ability to get along

with everyone, sense of humor, and being able to laugh at yourself." — *Suzv Bass*

Why do you flirt? "It makes you feel good all over!" — *Tom Larimer*

Why are you a clown? "I can't handle all





the seriousness ... sometimes you just have to be a jerk." — *Kim Weiser*. "Everyone takes everything too seriously. It's my duty in life to make them see the other side. Sometimes you just have to say what the heck." — *Bert Weiss*. "Sometimes I feel like being goofy. I like to make people

laugh during a lecture so they get in trouble." — *Carl Cato*

What is success? "Success is a good job, a happy family, and plenty of money!" — *Renee Mueller*



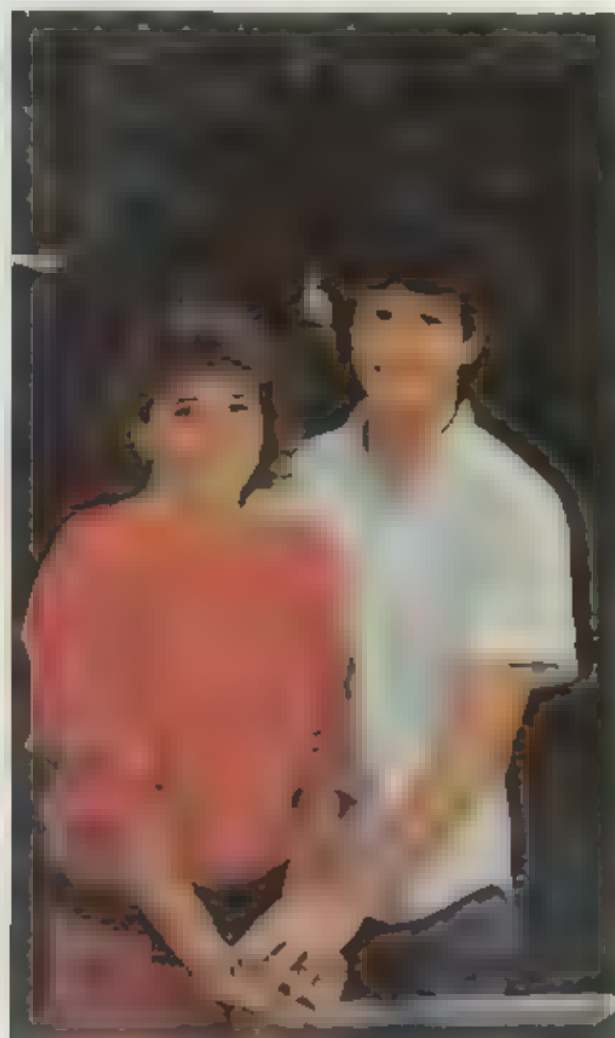
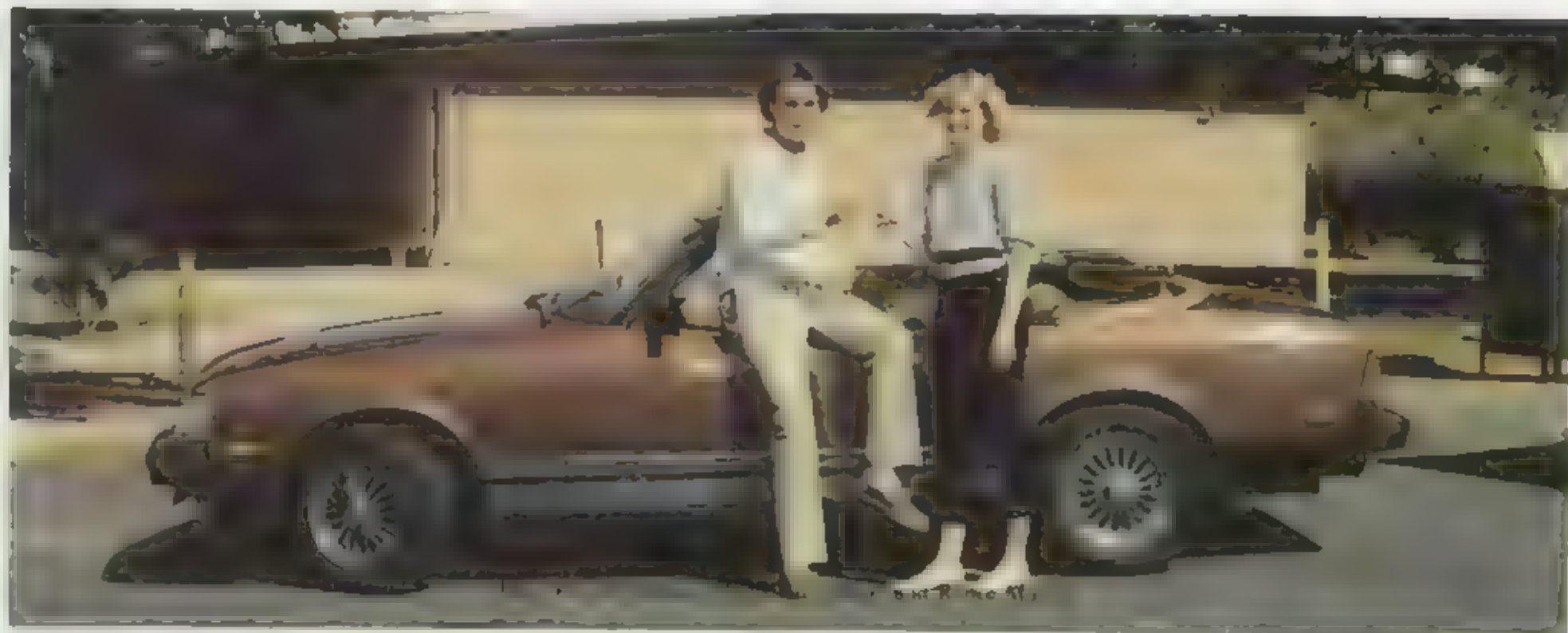


How do you think athletics has contributed to your future? "It teaches you dedication, hard work, and discipline." — *The Burtons*

Why do you dress well? "Girls like a well

dressed man." — *Phil Aguilar*

Why do you think you were voted cutest couple? "Because we have a strong relationship. She is cute enough for two." — *Scott Freeman*



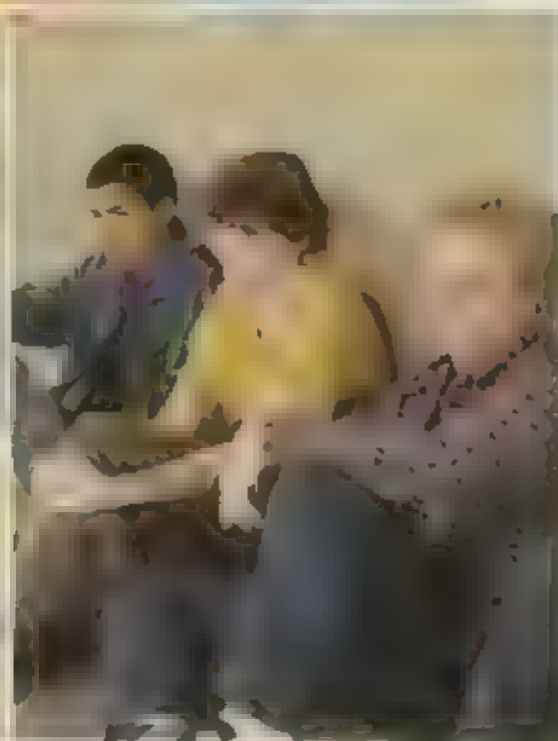
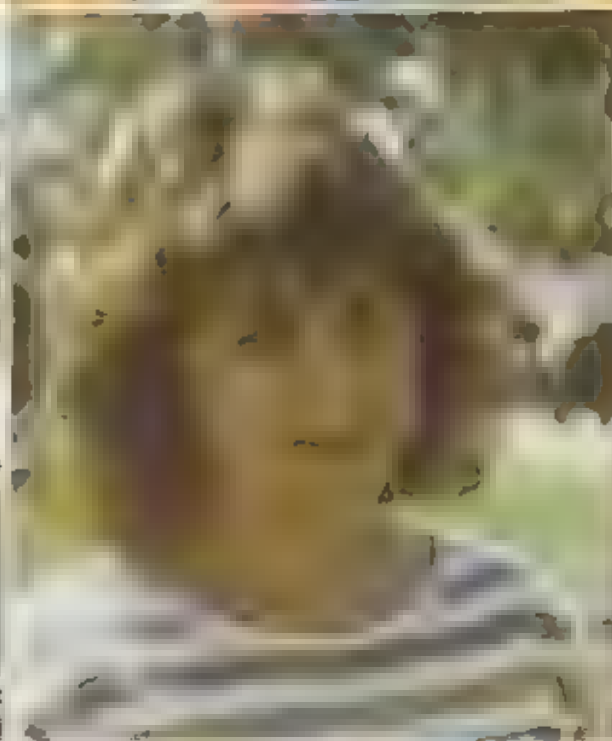
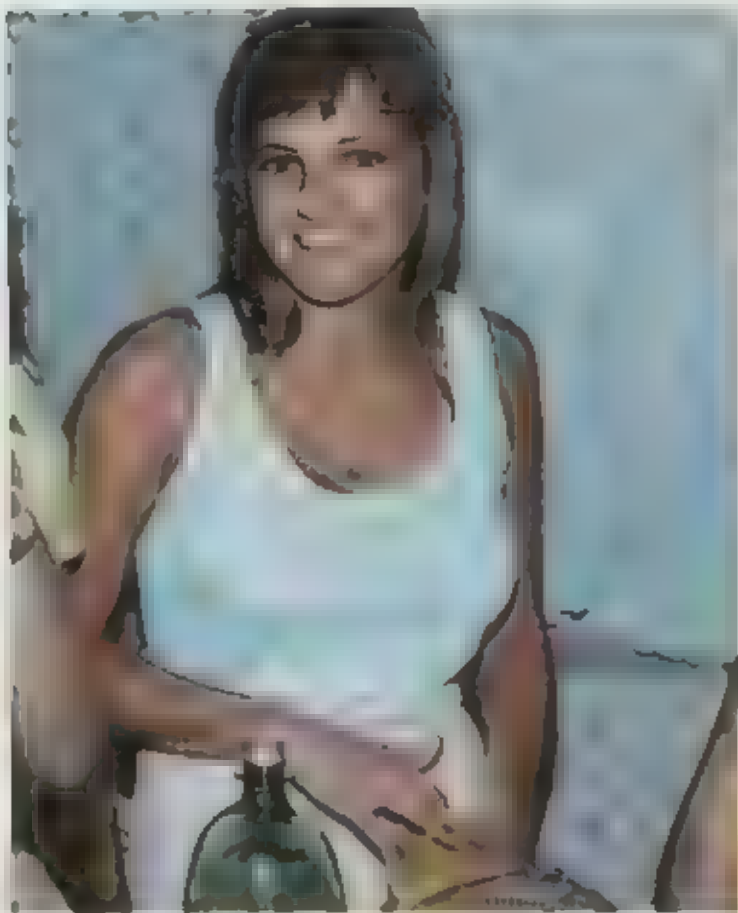


The Graduating Class Of 1985





"Let's Go Crazy!"





# THE SATURDAY EVENING POST

1100 BROADWAY NEW YORK 62, N.Y. TEL. MU 2-6700 FRANKLIN

JUNE 1955



# Lights . . .

## Camera . . .

### Action . . .

#### A MOVIFLAND HOMECOMING

by Cookie McLean

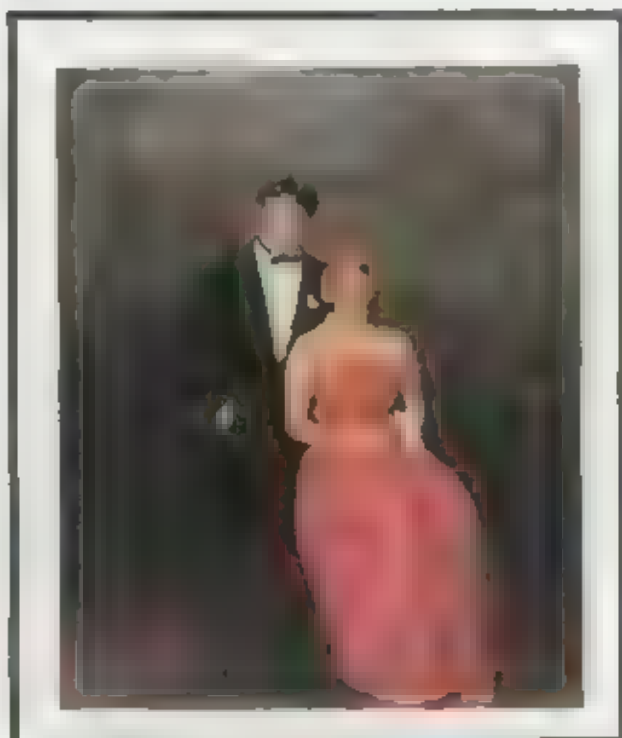
By half-time, El Capitan lead Santana 14-0. But, the 5000 fans no longer had their minds on the game. All eyes were on the cars slowly parading by the stands with elegant princesses and dapper princes. Bert Weiss, "The Voice of the Vaqueros," was the master of ceremonies, announcing titles of couples as they walked under a rainbow arch of

balloons and took their place on the field

Flowerbearers, Torrie Prill and Jason Oftedahl, presented a rose to each prince and princess and tension mounted. Joe Schramm and Kari Henzie, the 1983-84 Homecoming King and Queen, moved forward with the flowerbearers and Bert announced the names of Heather Artzer and David Nowlan. Each stepped forward to be crowned and their reign began.



Ken Brinegar and Trisha Hock



Joey Till and Michelle Sanders



Tom Larimer and Dominique Reveles



Darin Curtis and Paula Stoods



Sherry Gebhardt and Gherig Browning



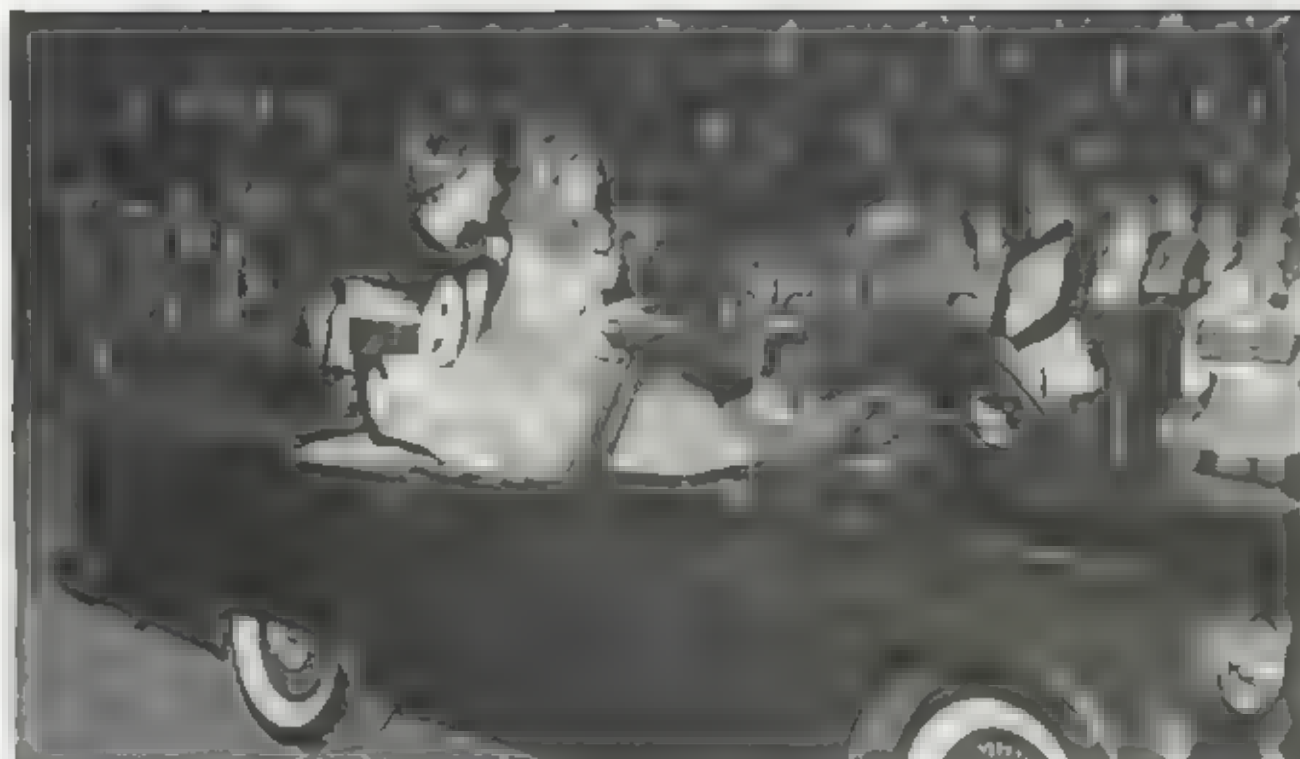
Mia Branski and Greg Bluffin



Tina Stoner and Richard Harrelson



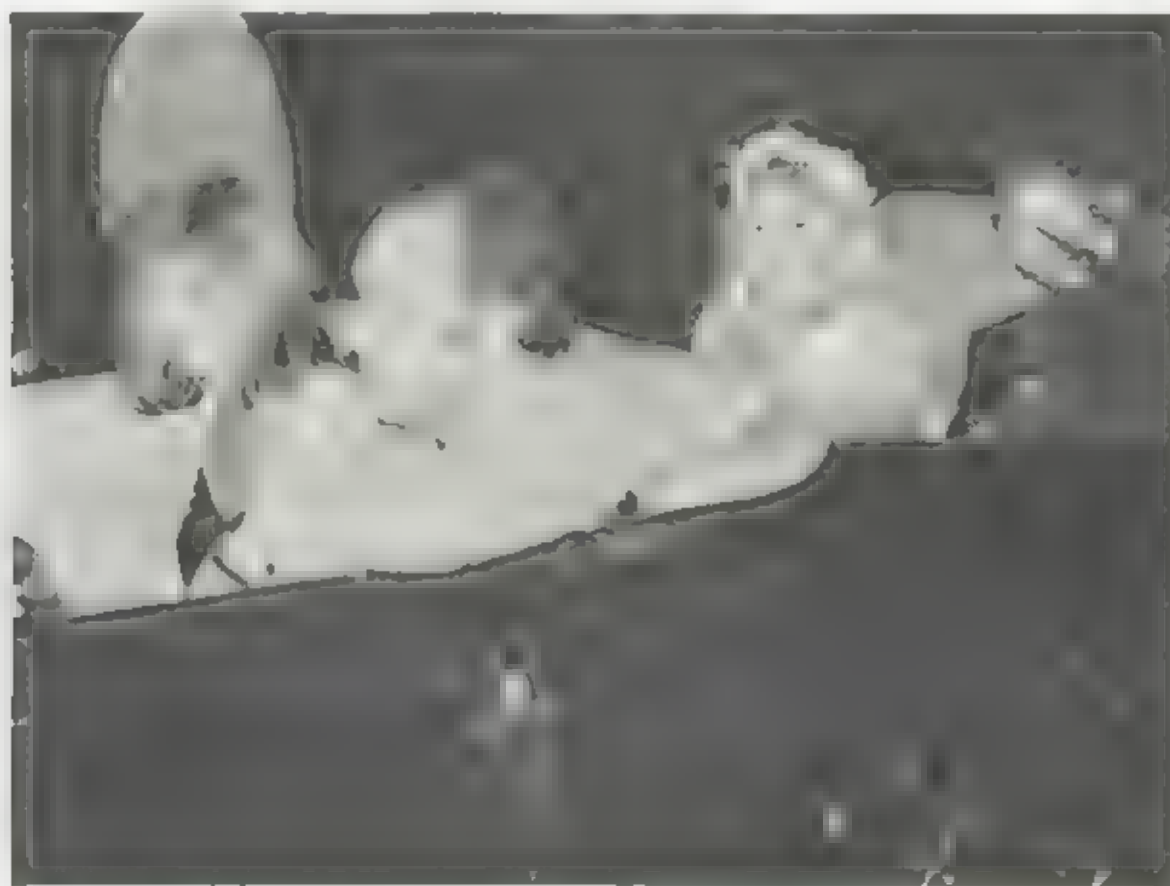




And you said we were going to the drive-in



Our new crowned King and Queen were crowned



Chuck McLean escorts flowerbearers Torrie and Jason in Homecoming ceremonies



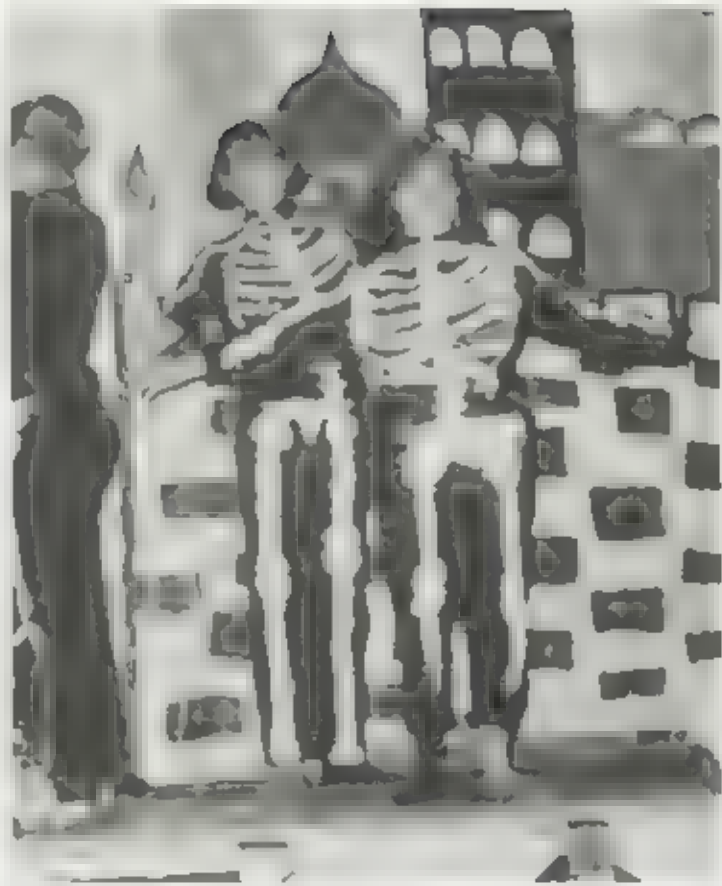
Prince and Princess Ken and Trisha were in anticipation for the Homecoming King and Queen



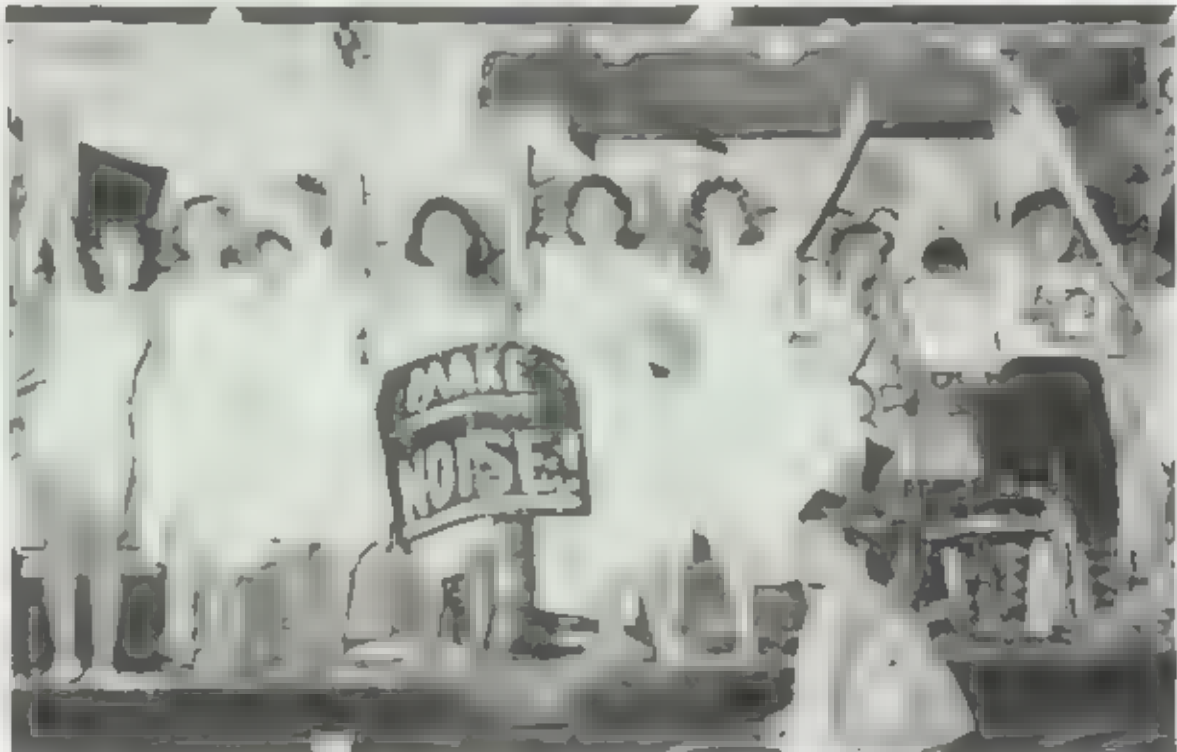




Heather and Dove being crowned by the 1983-84 Homecoming King and Queen, Joe Schramm and Karli Hunsicker



Janette Kruttschnitt, Kaitlyn, and Jovette Perez carry out the movie theme by dressing for The Day After



Seniors make noise on their Boat Animal House

## "Life's An Off Campus Activity . . .



The warmth of a beachside campfire draws friends together.

We were off campus; we were on the streets, at the beach, taking in a movie, riding the dunes, and sking fresh snow. These are the activities enjoyed by Southern Californians and El Capitan students alike. San Diego offers us the ultimate in versatile past times. More and more people each year flock to America's finest city to enjoy the "fun in the sun" we have at our doorstep.

For some of us, this doorstep is as close as Buttercup, Glamis, or Moreno Off Road Park. Off-Road moto enthusiasts

load up their buggies and bikes for dirt sturring, energized air filled, enjoyment. Those persons who enjoy watching the maniac moto riders tend to stay in the stands at Hidden Valley Off Road Racing Park.

Those of us who sought a break from our studies and a good opportunity to socialize, found ourselves out on the town at the \$1.00 Night movies. The movies provide a change of pace to break up the weeks homework load. When, by chance, there was nothing

showing; El Cappers killed the time by patronizing Farrell's, Parkway Plaza, or just wasting precious gas cruising the infamous Second Street.

Then there were those students who just couldn't get enough El Cap fun 'n' good times. Tailgate parties were the event this fall. Avid football fans gathered together with their radios and takeout pizzas to get pumped for the games. You've heard of dancin' in the streets, ever heard of dancin in the parking lot?





Fruitful arrangement by G. Scherberg



Man in winter gear by G. Scherberg



Person sitting on bench by G. Scherberg

Fall soon fell and winter came peeping around our neighboring Laguna Mountains. The mild snow bunnies took their toboggans and innertubes up 5000 ft. to that white fluffy stuff called snow. A few hours of icy playland was enough to tide most of us over for at least a year. But for the hard core snow thinkers — ski slopes were solely on their minds. Popular ski spots this year were the usual: Mammoth, Big Bear Snow Summit, and Holiday Hill. They "packed up" for "packed white fun". But snow isn't for everyone and the beach boys, blond haired blue eyed, stereo typed "Moon Doggies" know

what the waves in San Diego were created for. Surfing remains an exceedingly popular sport. A newly christened gathering place in Pacific Beach was specifically named for those students with only good times on their minds. The beach front property often frequented by El Cappers is Law Street. Festive spirits and a campfire set the mood as students "celebrate life", the end of midterms, or just the weekends arrival.

# Student Jobs: Priority Or Fun?

by Laurie Erdman

The schedule is tight, the free time limited. The high school years are jammed full with homework, football games and dating. But today's teenagers find a great need to take on a part-time job. It is hard to hold down a job and keep up with school at the same time, but many energetic teenagers at El Capitan high school are doing just that. And you can believe the jobs vary; from washing dishes to bucking hay and from serving ice cream to working in construction.

Toby Gaerin, a senior at El Capitan works in the construction business. Toby specializes in building houses and decks. Unlike most teenagers Toby travels in his work. One day he will work in Point Loma building a deck, the next day he might be in Escondido constructing a house. But, like

most teenagers, Toby works to maintain a car. Another reason he gave for holding down a job is to gain experience. "I want to have something to fall back on if my future does not work out," says Toby.

Washing dishes is another job that occupies the time of El Capitan students. Seniors Robert Abbott and Jeff Hamen wash dishes at Hoi Pings in Lakeside. They say it's not the greatest job but it brings in the money. Both Jeff and Robert agree that work does not get in the way of school. In fact, their employer encourages them to do their homework at work if there is nothing else to do. Another job that seems to have become quite popular at El Capitan is bucking hay. There are several feed stores in the area that employ students seeking extra cash. Tom Larimer and Troy Pitts are just a few who take on the grueling work of bucking hay.

As it has been for generations past, working in a restaurant has got to be the most popular job among high school students today. Jeff Cole at Farrell's, Sean Quigley at La Palapa, and Kim Weiser at Marechiaro's. They all make their money "slinging hash" or waiting on tables. Not a glamorous job but "you do meet lots of people."

These various jobs, held by students, have many advantages. But, as with anything in life, there are the disadvantages. Mr. DeKock says, "If a kid has to work I would like to see it just 8 to 12 hours a week." It is true that when a student is holding down a job their school work slacks off. It is also true that many students lose out on the "high school experience" when they have a job. Granted they can maintain a car, but, they miss out on football games, dances, and parties because they often have to



Toby Gaerin prepares for the future by working in construction



work during these events. Mr. DeKock also believes that it is healthy and stresses apprenticeship when a student has a job. But, that these teenagers are sacrificing their youth as they spend up to 38 and 40 hours a week working.

None of the above jobs are glamorous or eternally benefiting. This also seems to be a problem when it comes to student jobs. All too many times the only job a high school student can get is a menial, low paying one. Adults take advantage of teenagers looking for a job and give them the ones that no one else will take.

These students have two things in common. A need for money and parents who won't give it to them. But are the late hours and early mornings good on teenagers? Most have gotten used to doing homework in the early hours of the morning, but, unfortunately, some just bypass the homework. Where do the priorities start and the fun begin?



Jeff Hamen and Robert Abbott wash dishes at Hot Pings Village



Jennifer Clinger works the register at Price Rite Pharmacy



Robert Abbott fulfills his responsibilities at Hot Pings

# Christmas Spirit Is In The Air

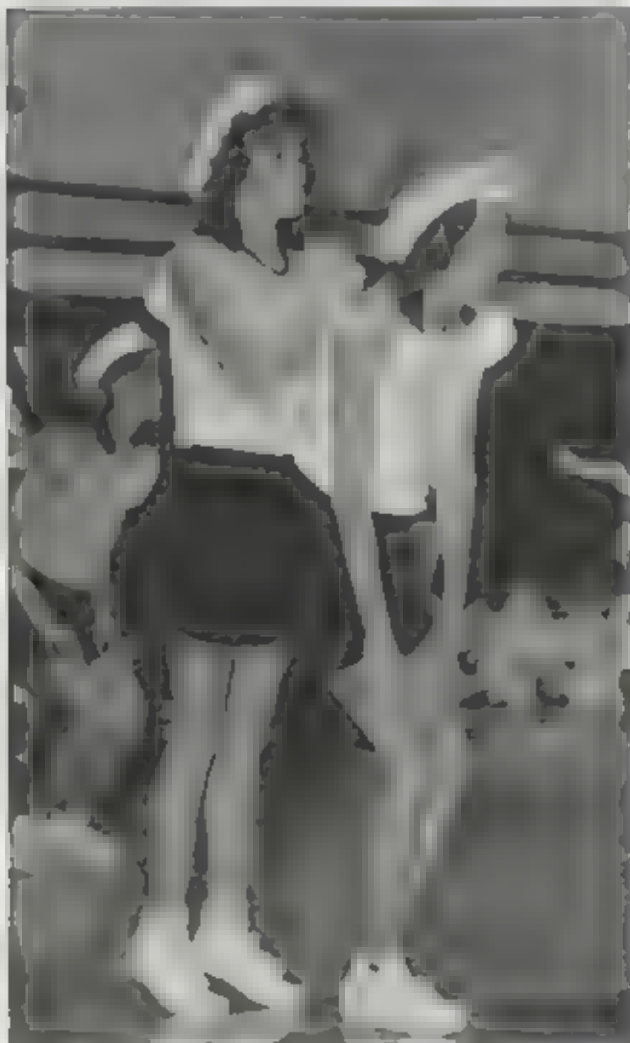
Holiday cheer and spirit were the moods surrounding the annual Christmas Assembly. Each year the students gather to share the togetherness the holidays bring.

Performances included the drill teams's "Chipmunk" routine, choreography's rendition of "Hallelujah" and several spirited cheers from El Capitan's sports teams.

Another exciting part of the assembly was the class competition. The contest was a relay race with four participants from each class. They combined a foot race with eating bananas, drinking coke from a baby bottle, putting on various articles of clothing and running with a soccer ball between their legs.



Two page cheer crews

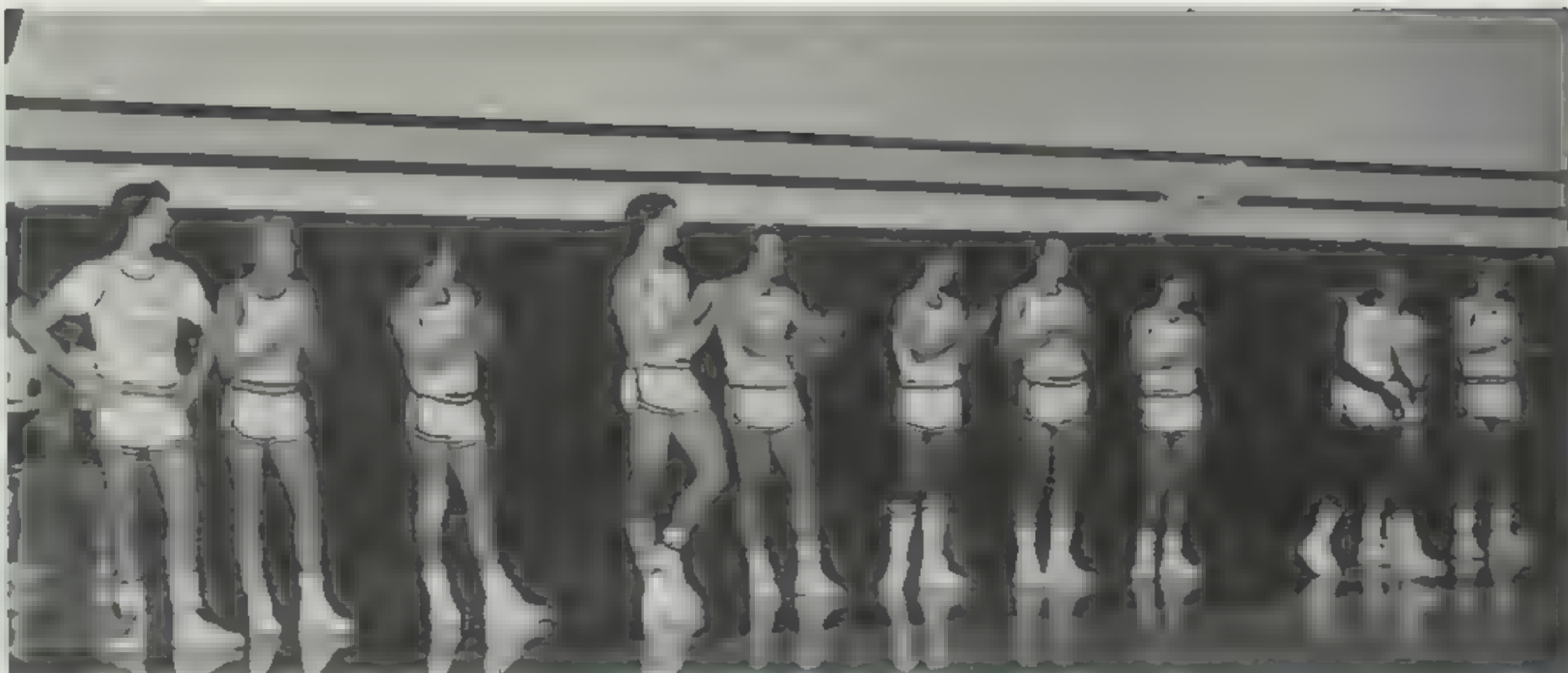


Drill Team Jingle Bell Rocks around



The choreography classes in the grand finale of the Hallelujah chorus





THE NEW 1944-45 Varsity Basketball Team



Gary Till is the official commentator for the 1944 Christmas Assembly



B Gary and Jeff lead the crowd in a cheer

# Winter's Fantasy

"A Winter Fantasy" was the theme of this year's Christmas Dance. The evening began with valet parking handled by distinguished, handsomely dressed attendants in tuxedos. The couples then began a romantic stroll amidst twinkling Christmas lights hung on the bushes leading to the dance. The red carpet led the couples directly into the "Fantasy". Silver and blue balloons, snowflakes, and blue stars hung from the ceiling giving the effect of dancing under the moon and stars.

The music played and couples filled the dance floor for four hours of dancing, romancing and fun. Elegant Buffet did the catering, and KS103 supplied the music.



Tuxedos



Wendy Ashworth and escort Pep Osuna dance the night away



Nim, Brenda, Alan, and Lois rock to Wham!



Romance on the sidelines





## Senior King And Queen

Gert Critt and Phillip Aguilar



Scott Freeman shares a special song with Brenda.



## Juniors

Molly Purcell and Rob Breedlove.



## Sophomores

Julie Wyborny and Wally Pimentel



## Freshmen

Carlos Gutierrez

# A Showcase Of Talent



Students performing in the school's Performing Arts Center



A brief rehearsal before show time in the school's dance classes



Student Treva Warren singing during Christmas







Nickle Burke, number 15, in action.



DeAnn, number 15, in action.



Nicole Burke, Guy Kopperud and Eric Rostock in the Grossen Backer game.



DeAnn, number 15, intently watches action in the Senior Town.



Mascot Brian, number 15, and returning mascot Jol Randolph pose for a photo at homecoming.



# US

## SENIORS TAKE A RETROSPECTIVE LOOK AT GROWING UP

By Matt Taylor

As the senior class looks back on the year, it's not just the difference between '80 and '81 that's different, but we've changed. We've gone through the year from a nervous freshman into the supreme boss of the school.

As I was driving to my graduation, I thought back through my year at U.S. I thought back to one week of my freshman year, the week Mr. Lipovsky's Europe report was due. I remembered staying up 'til one o'clock in the morning typing until I couldn't see. Then I looked at my sophomore year and Mrs. Harley's vocabulary words. I envisioned myself surrounded by 3 x 5 cards and having to know them in an hour. I remembered my first oral vocabulary almost tripping over the chair and acting like a nervous wreck. Then after all that, passing easily.

As I thought of my first job, a fast-food place, minimum wage for maximum hours. But with all the money I got, I

Finally, I remembered all

I thought of my first job, a fast-food place, minimum wage for maximum hours. But with all the money I got, I

Finally, I remembered all

# "Lets Go Crazy"

by Jeff Cole

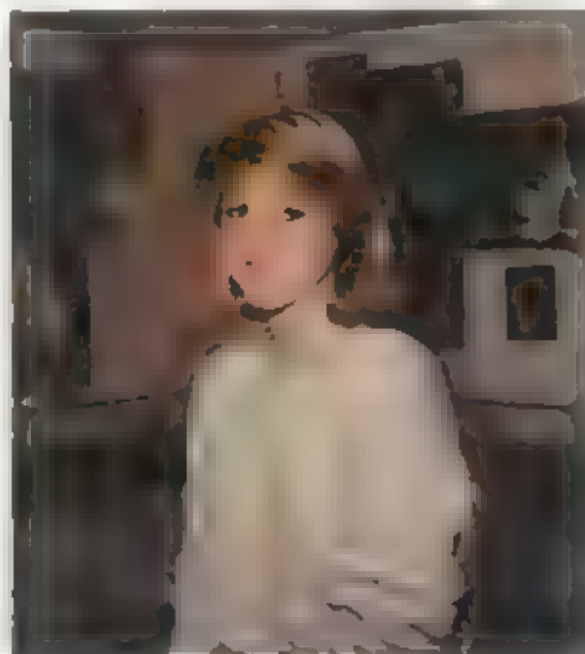
Senior parking, senior lawn, senior privilege card, and senior activities all come with the diploma, right? There are eight seniors who could tell you another story. Mr. Ed Legace, senior class advisor, says, "Don't wait for something to happen, make it happen." And the senior class officers practiced what they preached. Early morning and late night meetings were included in the responsibilities that they took on when they accepted their positions. Says Mr. Legace, "Be successful, be organized, think before you act, and above all, enjoy whatever it is you do." The officers were asked what experience or insight they had gained from being active in school and by being a senior officer. Here are some of their answers:



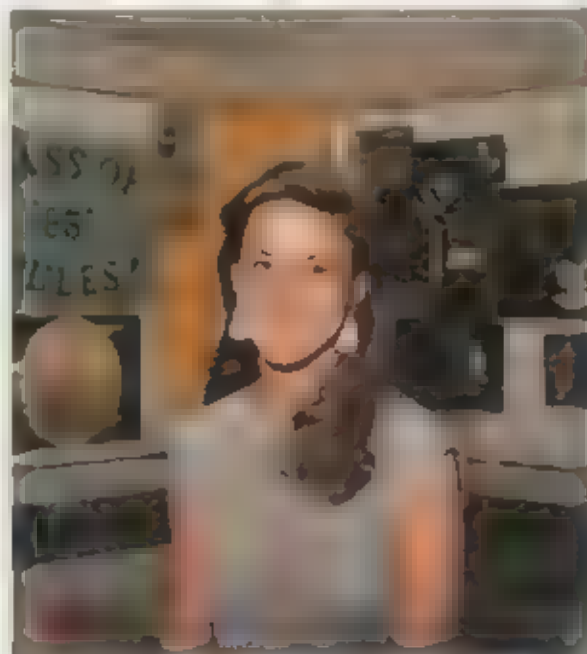
"I've learned to work better with people, striving towards a common goal. A successful class of '85." *David Nowlan, President*



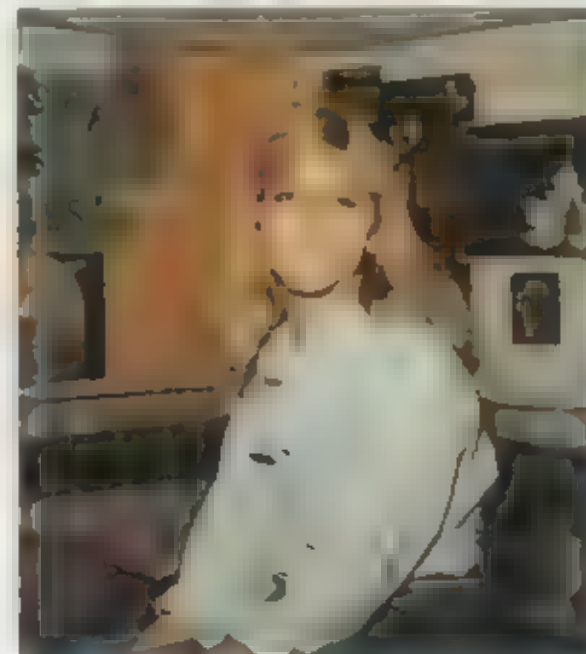
"Once you've committed yourself to an idea, there has to be a followthrough or else the end result is failure." *Michelle Beurkle, Vice President*



"I've learned to take the good with the bad." *Brenda Brassell, Secretary*



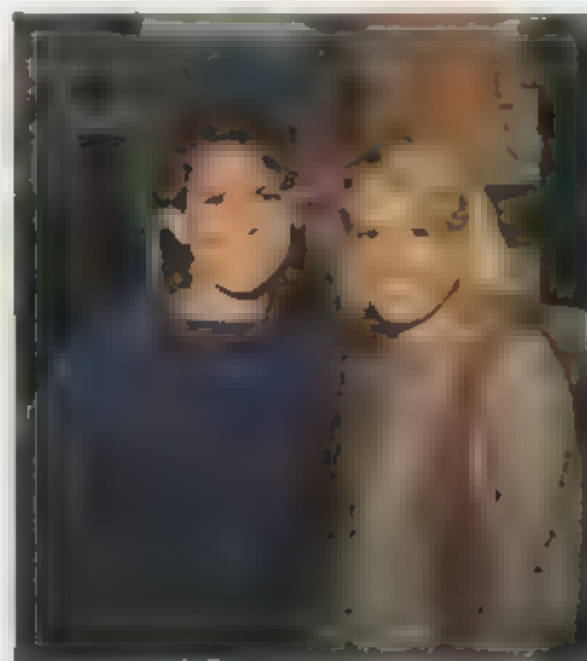
"It takes more than being a follower to be successful." *Erica Rice, Treasurer*



"I've learned to be more responsible, organized. Also, that we have the best class ever!" *Mia Branski, Senior Activities*



"I've gained respect for those people who were overlooked. Good luck to the class of '85." *Michelle Sanders, Ambassador to A.S.B.*



"Don't be afraid to voice your opinions and ideas, but be prepared to take charge for carrying them through." *Deanna Weber, Publicity*  
"Get involved because you only have one chance." *Kristin Wilkins, Publicity*



"Nothing is impossible where there is a will, there is a way. If you don't know the answer, find someone who does." *Ed Legace, Advisor*



David Abbott



Robert Abbott Most mem. Fair Mote Rex's W B B F E L, R K, J H L E, E B, A D, Act: FFA Wrestling 1, 2, 4, Fav saying: What the? Fut plans: To be rich, Fav excuse: I didn't understand



Mark Acuna Most mem. Mom's birth day party B.F. D B., C F., S G, R I S S, J V Most emb Ski trip with S S D B., J V Fav saying: See ya! Weakness: T S Nickname: N E G



Forest Adams Most mem: Terril's New Years Party, 83-84 B.F.: R W, T L, R O, C C, T B. Fut plans: Getting a rad truck, rich, party with friends Weakness: Blondes with long legs and blue eyes Fav. group: Dio Van Halen Pet Peeve: Mods and punkers



Michelle Adams B.F.: C S., M T D W D S, Act: Gymnastics, diving 3 4, drama 2-4 Fav saying: Hey baby! Hobb: Dance Fav. group: Violent Femmes Pet Peeve: Close minded or negative people



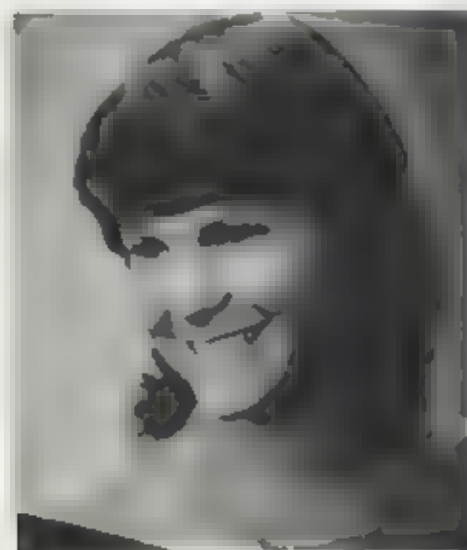
Deborah Adamson Most mem. Making V cheer June 1, 1984 Act Treasurer 2, cheer 3, 4, campus life 1-4, ski club 3 4 Pub. 3, 4, Journ. 4 B F Mom M E L W, R S, J C, D B J M P A cheer pals Weakness: Guys who spoil me chinese food, castles Mike Nickname: Bernice, Princess Fut plans: To have happiness and Mike



Michael Adamson



Phillip Aguilar B.F.: Darrell, Devin, Jared, Debbie, Gen Act: C S F, Varsity club, cross country, track Fav saying: The ball is in your court Nickname: Nature Boy Fav group: EBN OZN Pet Peeve: '57 Chev



Deborah Apton Most mem: Making friends in hoop, bad jokes B.F.: C H J S, K C, R F, K W, T M, family and Mark Act: Basketball 1-4, Soccer ASB 3, 4, Softball, Volleyball Fav saying: Sometimes you've got to say what the heck! Fut. plans: College make friends, play hoop, be a Brain Surgeon



Stephanie Arlio



Heather Artzer Most mem. Going out with Bryon A., times with Robin, ban zai'n with Becky B.F. Robin Reesor Becky L., Connie E., T M, M B, S R S K Act. Class pres. 1, 2, El Cap connection 1, 2, Key Club 4, Dance 2, 4 Most emb: Playing tug of war with T F for B A Fut. plans: Find true love, be filthy rich, college



Susan Ashburn Most mem: Summer of '84 B.F. D M, L P, J A, W N, mom Fav teacher Mrs McClain







L... B... Most... P...  
 A... S... L... W... P... A... M...  
 L... B... A... S... L... W... P... A... M...  
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L... B...

L... B... Most... P...  
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The Wilson... Series...

# Positively Wretched



Rusty Espinoza — jamming at the Rock N Roll

besides I Boy George can make it anyone can

by Debby Coreoran

Q: What is the name of your band?

A: Wretched

Q: How long have you been together?

A: I um... three months

Q: What instrument do you play?

A: The, uh, guitar

Q: How do you plan to improve your playing?

A: Ah, this is an easy one, I can sum up in three words practice practice, practice

Q: How often do you practice?

A: The band gets together 2-3 times a week, but I put in my personal practice at least 4-5 hours a day

Q: Who is your hero?

A: I totally look up to my brother Mark, cuz it was him who got me started, but my real idol is definately Edward Van Halen

Q: Do you think you would like to study music?

A: I am right now, but with an unusual combination of all styles of music I hope to come up with a style of my own someday

Q: Why do you prefer Rock n Roll to other types of music?

A: I like Rock n Roll because the guitarists in this type of sound truly jam. I also like to listen to classical, and the jazz musicians blow my mind. But you know what the man says, 'Its gotta be Rock n Roll music if you want to dance with me'

Q: Do you think Rock n Roll is a negative type of music?

A: Oh yeah... about as negative as Pope John Paul II. No way, Rock is about as anti-negative as you can get. It is something that the youth can listen to and feel good about, to me that's not negative

Q: Do you feel there is a great deal of competition in the music industry, how do you plan to overcome this?

A: Oh yeah... I know it is highly competitive, but this fact alone causes me to strive for perfection that much more. Besides, if Boy George can make it anyone can

Q: What are your future plans?

A: After I graduate, I want to cut an E.P. then wing on over to Hollywood and jam with Edward

Q: What are your personal goals?

A: I have only one goal, and that is that the next time the class of '85 sees my mug it will be on the back of an album cover, preferable... platinum



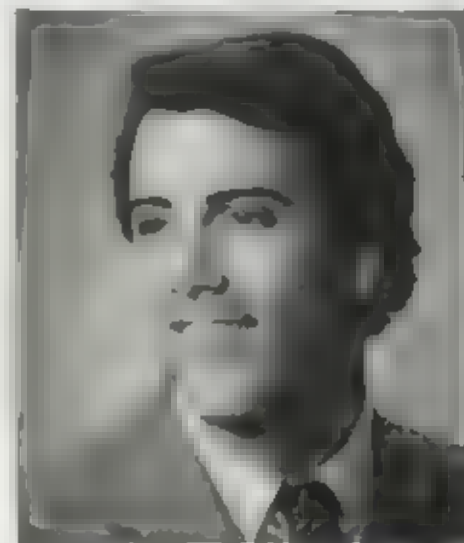
Alan Bocko — Most Mem: Winning the Monta Vista Basketball game in overtime B.F. B.P., K.S., S.F., B.B. M.B. Act: Doing Am Stud mattress during school the day it's due. Fav saying: Vamos a la plays. Fut. Plans: Attend U.C.L.A. — M.D. Nickname: Big Al



Toby Bagner



Deanna Boswell — B.F. R.M., W.B., T.V., K.R. Act: Swimming, 2-4, Choir 1-2 Hob: Swimming, Horseback riding Fut. Plans: Go to college Fav Group: Def Leppard, Van Halen Best Yr: My 9th grade summer in Hawaii



Kyle Boswell — Most Mem: early pauses to see the Padres. Act: Parking out at lunch Fut. Plans: College F.B.I Fav Teacher: Mr DeKock Fav Group: The Cars Pet Peeve: L.A. Dodgers



Nicole Brackley — B.F. Christy Jones Sean Quigley Act: Key Club, I Club, Dance Hob: Dance, Music Fut. Plans: College Navy Weakness: Guys on motorcycles with tight 501s. Best Yr: Junior Year



Sonya Bradley — Most Mem: 12/6/82, B.T. experience w/R., L.E. Most Emb.: My date's car getting stuck in my driveway. Scott's house Weakness: R.H., guys with green eyes, food Act: Track 1, Volleyball 2, Cheer 3-4 B.F. Linda H. Julie B. Dot M Fav Saying: "how gay", "Hole"





**Chad Bramwell** — Most Mem: Sk Trips '84, Holiday Hill B F Paul, David, Crystal, C M., K B Most Emb: The Hill, T G '84, D B. rolling down the hill Weakness: Long Legs, Big blue eyes, money Fav: Excuse What's a guy supposed to do? Pet Peeve: Skip Jack Wannabe's



**Mia Branski** — Most Mem: P S '83-84, Mammoth '84 Hawaii '84 B F T H, P S., S B., N R., S G K B G B., D B., P D Act: Baseball 1, JV Cheer 2, Varsity Cheer 3-4, CSF 2-4 Soccer 3, Deca 3-4, Senior class acts 4 Fav: Saying: KARRRRRUL! Weakness: French Fries, hot fudge sundaes, gorgeous guys Best Year: '84-85



**Brenda Brassell** — Most Mem: Rosalot w/D W., Second Wind 83-84, Air Band Yazoo B F D W., K W., J C S M., Mom and Dad, God Act: Senior Secretary, Campus Life 2-4, Annual Staff 3-4, Gymnastics 1 Fut: Plans: Modeling and being happy Weakness: Sharp dressed guys, beautiful eyes, M McCuen, and J C Nickname: Jelly bean, Brat, Brusselsprouts



**Monique Brown** — Most Mem: 1-13 '84, 7-20-83 B D., good times w/K C 3 10-82 B F M Brink, G A., K C L B., S B Fut: Plans: Be successful marry someone rich, remain "In Love" Weakness: Pretty eyes, K C nice bodies, tight 501s, pretty smiles flowers, love songs, and guys that spoil me Best Year: Senior Year



**Ken Brinegar** — Most Mem: Trisha, The Who, Summit runs, the beach B F Wall Buddies, Act: Football 1-4 CSF ASB, V P Lettermen's club, Allusions Fav: Saying: Bird-Dug Weakness: Trisha's smile Pet Peeve: Mad chicks



**Michelle Brink** — Most Mem: April 23, 1983 . . . when I fell in love with Danny Bell B F Danny, Niko Brown, Caren Beith, Michelle Neal, Mommy, and the girls. Most Emb: D B's horn freaking out with me and D B driving by 7-11 Fut: Plans: To spend future years with Danny and fulfill all my dreams. Weakness: 4 X 4s tires Danny's smile and sly smirk



**David Brooks** — Most Mem: Ski Trip, Summer '84 B F Paul D., Chad B D B., The Wall Gang, Most Emb: K B's house, "The Hill" '84 — T G Fav: Saying: Sure enough Weakness: Long legs, Blue eyes, and smiles. Pet Peeve: Squids, Rockers, and Punks



**Jared Brooks** — Most Mem: June '84 B F K S., B P., K G., S G., D D., J R Act: Cross Country, Track Most Emb: July-August '84 Fav: Saying: "Rudyard Kipling" Pet Peeve: Tattletails



**Liann Bryan** — Most Mem: Being ASB Secretary, pizza after football games, B F., Dianna, Jon, S B., J M C M., Mr. Mooney, and everybody else. Most Emb: Tripping over sprinkler next to Senior Hall Fav: Saying: Is this guy clueless or what? Weakness: GQ guys with blond hair and blue eyes Pet Peeve: Phoney, rude, or unhappy people



**Richard Buck**



**Michelle Buerkle** — B F J H., J B M.S. Act: Junior class Publicity, Senior class V P Varsity Gymnastics 1, 2 4 Captain, CSF Fut: Plans: College get rich. Weakness: Nice bodies. Best Year: Senior Year Pet Peeve: My car



**Brad Burton** — Most Mem: Football 83 B F M B G G R B., A B., K S Act: Football 1-4 Basketball 1-4 Baseball 1-4, CSF Lettermen's club Fav: Saying: You play with fire Fut: Plans: College, Football. Weakness: Kryptonite



**Mitch Burton** — Most Mem Football '83 FB BB, GG, BP, GB, AB KS Act Football 1-4, Basketball 1-4 Truck 2-4, Fut. Plans College and Football Fav Group Van Halen Pet Peeve Bruwn Nosers



**D'Anna Butcheck**



**Michael Cabell** — BF Glenn Sutton Carlos, Christina Romero Act Base ball and football Fut. Plans Joining the Army Weakness Pretty girls Fav Group Van Halen Fav Song Un chained



**Jessi Camp**



**Curtis Canfield** — Most Mem Mom's car at the jumps — 1982 BF 1984 Varsity Football Team Act Baseball 1-4, Football 2-4 Weakness Drop Dead Legs Nickname Dirt, Shamu Fav Excuse The pigs got out again



**Victor Carlino** — Most Mem Summer of '79 Times at the desert, 10-5-83 BF N Shan, M Acuna J Vogt, A Lynch Dad and Mom, Hob 3 Wheel ers, Desert, Bass fishing, females Weakness Long Legs, Silver Bullets 3 wheelers, Ford 4 X 4s Fav Teacher Waasted, Graham, Lipetsky



**Mari Carlson**



**Roberta Carmichael** — Most Mem Going with Bob Symonds, BF, Pu landa, Bob, Jennie, Mary Most Emb 1983-84 Senior take over day (Mr Le gace's class) Weakness Bob Symonds Nickname Bobbie Fred, Speedy Best Year '84



**Carlos Carrera** — Most Mem GY & STC BF Glenn Sutton, Robert Waj ters, Forrest Adams Weakness Girls at the beach, Nickname "Beandip" Best Year Senior Year Pet Peeve Heavy Metal Rockers



**Leva Carter** — Most Mem 29th w, W BF Kris, Shari, Most Emb CB car eas, Weakness Raymond and brown eyes, Fav Song I RC, Pet Peeve The Zum Traino



**Shari Castleberry** — Most Mem w, W, 11th BF Kris, Leva, Laura Caren Most Emb Sat 11th, CB's car eas, BR 1st day '84, DQ Nickname Cass Weakness Nice bods, Wrang lers, BD Pet Peeve Mr and Mrs Springfield



**Rhonda Cates**



'Nerds of the world unite'



Carl Cato



Bernie Celava — Most Mem Getting stuck in the old chev with Donnie B.F. Donnie Castile, Peggy Green, Cindy Hareraves. Donnie McCon. Most Emb. Having to stay the night in a girls closet. Weakness. Cindy Hareraves legs. Nickname: Pud



Lois Chareonsuphiphat — Most Mem. Making cheer, skiing trips. B.F. Amy cheer pals, mom, pooky. Act. Roller skating, 78-84, cheer dancing. Weakness: slow music. Fav Group: Howard Jones. Fav Song: What is love anyway



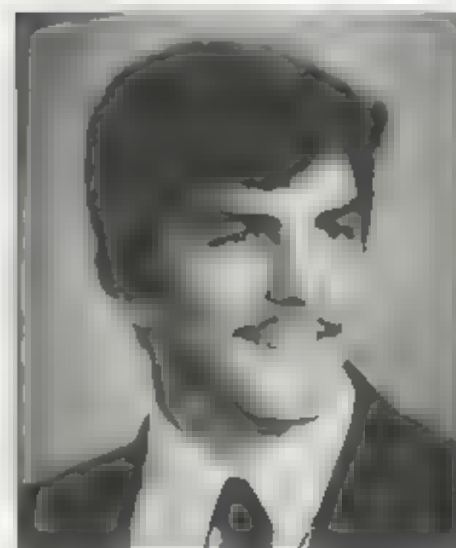
Sarah Chisolm



Korina Church — Most Mem. 8/11/83 B.F. Don F., Stacey S., Candy H., S.S., K.C., D.A. Most Emb. Hit someone in the leg with a golf ball at F.F. Fav. Saying: Diddly-Squat. Fav. Song: Darling Nikki. Pet Peeve: L.T. (Grunt), Bops.



Jim Culford



Jeri Colburn



Jeff Cook — Most Mem. in line deadlines. B.F.: J.G., S.P.S., D.A. L.E. Act. Annual, 2-4. I-club 1-4. Bike club 2, 3, Drama 3, 4. Fut. plans. 4 year college communications major. Weakness: Beautiful and intelligent young ladies. Fav teacher: Ms. Schuster, Mr. Lipetzky, and Ms. Baker-Bush.





**Kim Colls** — Most mem Summer of '84 Saturday's and Sunday's B1 Jim Shea Candy Debbie Act Journ 1, 4, Pub 4, Allusions 4, Sports 1, saying Hey F plans Happiness 1, 4, achieving goals. Weakness 1, 4 and 6th pony's finesse



**Jon Comford** — BF: RH, TS BW, LB, SM, Dad Act ASB Journal sm 1-2 F plans LFH SDSU, SD Union Nickname Caddy Juan Zulu Lim-Head, Johann Juan Carlos, 1 C Fav song Beautiful Girls, Life's Been Good Fav excuse My family was killed in a nuclear explosion



**Debra Corcoran** — Most mem 9-13 83, scenic drives, lunches w Cook TGIWs, BF Cookie McLean Fav saying Wool 'N' Tweet live on 1 plans Become a world renowned novelist, travel, and live luxuriously Weakness BR, sunsets, and moonlight Best year '84



**Dianna Cox** — Hob Piano, dancing, singing, sports F plans English and piano teacher/Psychology Weakness Guys with dark hair and dark eyes Fav teacher Mrs Harlow, Mr DeKock, and Mr Lipetzky Fav group: Scorpions Fav song The Zoo



Kathy Webber and Karl Stanzick give their curious attention to organized activities during lunch



**Geraldine Critti** — Most mem Summer of '84 in New York BF Kern Nesvig, Mirella Critti, Ann Garimonte Most emb Darrin singing Happy B Day to me in quad Fav saying You shmuck F plans Own a boutique in Manhattan Weakness Dark hair and green eyes — (Mike)



**Brett Crockett**



**Billy Crookshank** — Most mem S Carlsbad beach trips, Mammoth, time w/Shan, Sr proms BF, W P, SLO BB BP AB GB MB Act Tennis 1-4 Soccer 1, 2, 4, Water Polo 4, CSF 1-4 Hob Motorcycles w W P, surfing Weakness Beautiful eyes and hair Fav teacher Mr Pendleton, Balls in your court



**Ted Cuevas** — Most mem Boneyard sessions, partying with CC BF C1 CC MD RC KB DB JM SW RR, XZ, etc Weakness Shy girls Nickname Teddy Bear Fav teacher Mrs. McClaine Fav excuse I forgot



**Jill Cunningham** — Most mem: Summer of '84 B.F. T.S., D.M., Mom Dad Weakness: Pretty eyes, hair, S.G. Nickname: Spanky Fav song: Still loving you



**Yolanda Curiel** — Most mem: Telling my mom I love you every day B.F. Mona Lammers, Bobby Carmichael Gen. Critti Act: Wood shop, Photo Most emb: Spilling my drink on my self Fav saying: I'm just kidding Hob: Sports and wood working



**Darin Curtis** — Most mem: Monte Vista 68-61 o.t. victory Fav saying: Ya ha bird dog Hob: Ballens of California I plans: Full of success and fun Nickname: Smurf



**Demetres Datsines**



**Eric Daniels** Fav song: (animal) The Mob Rules Most mem: Alister parties F Plans: To headline it the next U.S. Festival B.F.: J.C., C.D., I.G., S.W., R.F., Band and friends M.S., S.F. Fav group: Iron Maiden



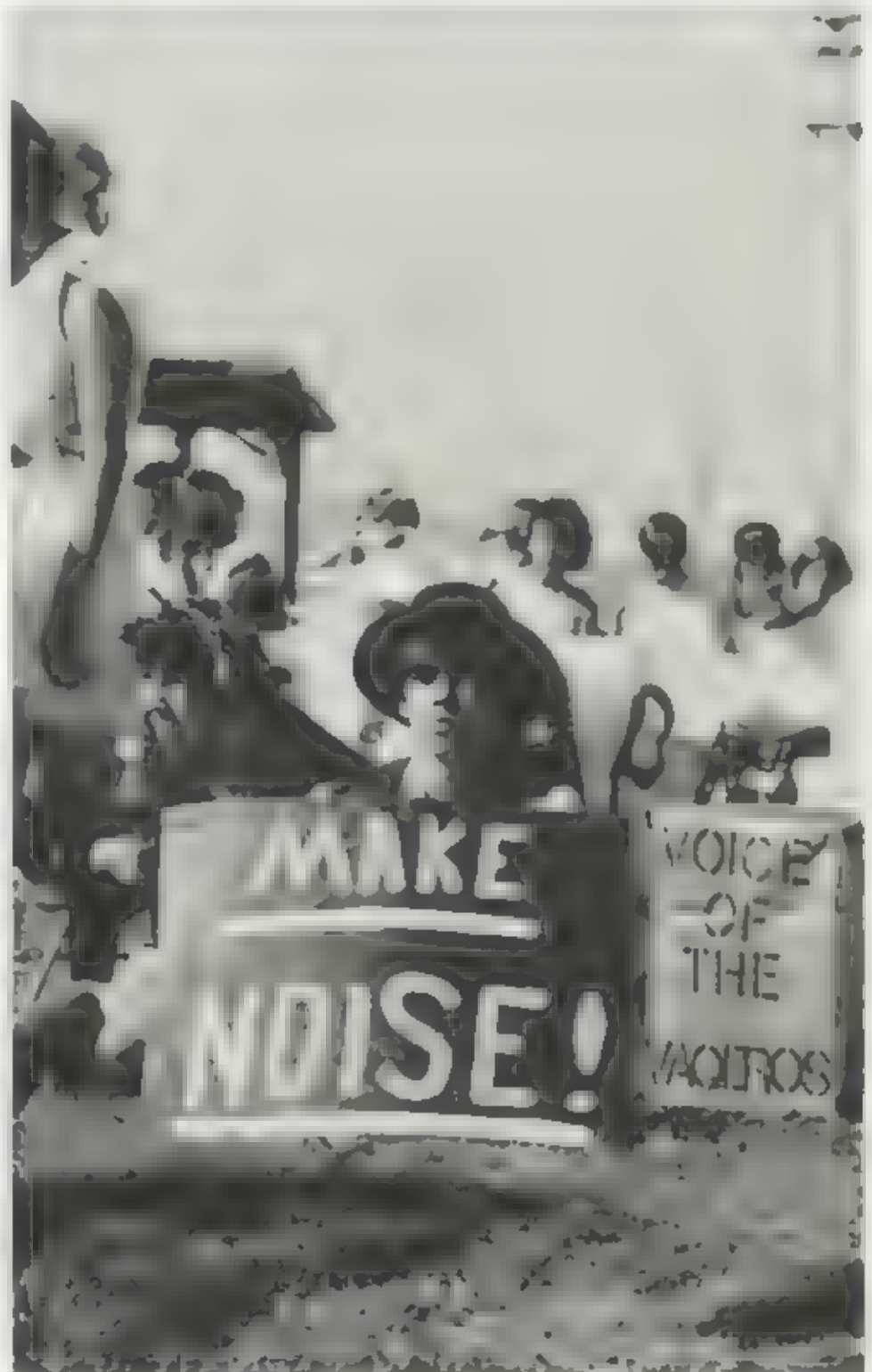
**Connie Darby** — B.F.: L.T., K.K., L.W., J.C. Most mem: Football games with L.T. and R.H. F Plans: College and a career Nickname: B.S., Brat Fav excuse: Just because Best year: Sr. year



**Mark Darwell**



**Paul Dautremont** Most mem: Summit trip, 83/84 year B.F.: D.B., C.B., K.B., Wall gang Most emb: 7-11/83 Pet Peeve: 83 Weakness: Long legs, blue eyes, nice smiles Fav excuse: Brain fade P.P. Rockers, mods and want-to-be's



Mascot Brian Leung encouraging the students to "make noise" during the Homecoming Assembly



R... D... M... R N hitting me with his truck B F Lisa S, Fanie L, Robert A, Laurie E, Jeff H Nickname: Rodol Weakness: Blonde hair and blue eyes Act FFA 1-4 Fav teacher All 6 of the ag teachers from 81-85



T... D... F... serious? Hob Tennis, cars. Weakness: Tall guys w/dark hair, blue eyes, nice tan, nice build Fav group Scorpions. Fav song Crossfire



S... D... L...



T... D... B... le, Radio Fav saying Hey, I know the dude! Weakness: Guys, guys, guys! Pet Peeve Campus supervisors Fav song The Wall Fav group: Motley Crue



Karen Denton B F Julie H, Karen D... Weakness: ...



Devin Dietzen — Most mem C I F, ... and field 1-4, I-C Club Nickname: Ladies man Best year '84-'85 Pet Peeve: People who brag



Laurie Dillavou — Most mem 84-85 ... bies Volleyball, softball, eating, talking on phone, football



Michelle Donati — Most mem Loving ... R M Most emb Being dragged through Jr and Sr Hall backwards by Mike Martinez F plans To party every day of my life! Weakness: Romantics, muscles, naturally curly hair Fav teacher Dave Waasted



Devin Curtis, Mr. Bransk, and Van Bocke competing for the Seniors in the class competition



Connie Edge — Most mem: The Who concert, Bineyard zoids, SO TGIW Act Yobs, Cheab. Most emb Laying the big smooch on R J Hiss Weakness: The BS, B... MS, KA, SF, CZ HA Fav saying you can dress her up, but you can't take her out





*John Roberts* - Music Teacher  
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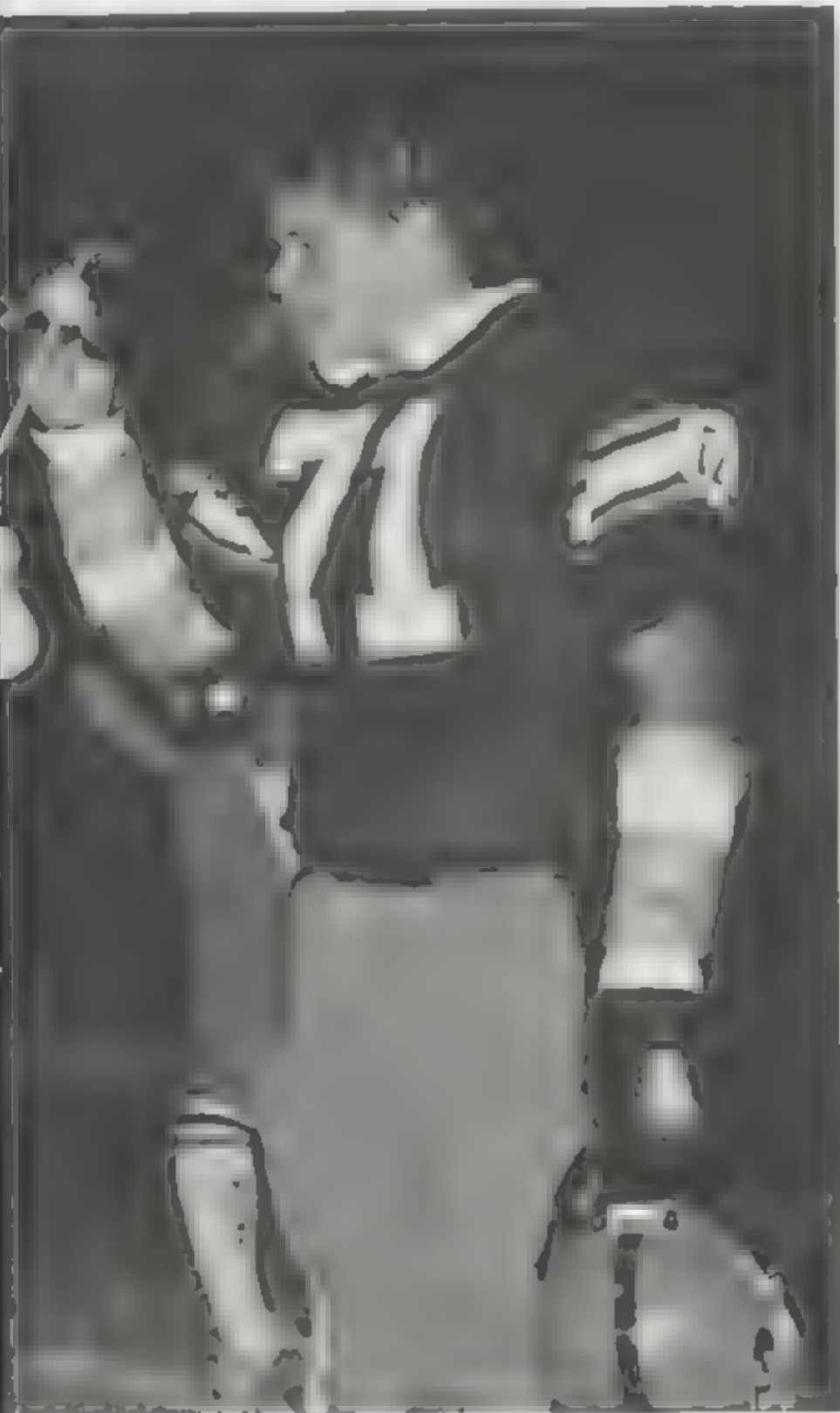
*Debra Davis* - Music Teacher  
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*Shirley Davis* - Music Teacher  
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*Mary Davis* - Music Teacher  
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Rob Roberts is quenching his thirst during an exhausting football game



*Debra Davis* - Music Teacher  
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*Debra Davis* - Music Teacher  
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*Debra Davis*



*Debra Davis*



*Teresa Evans*



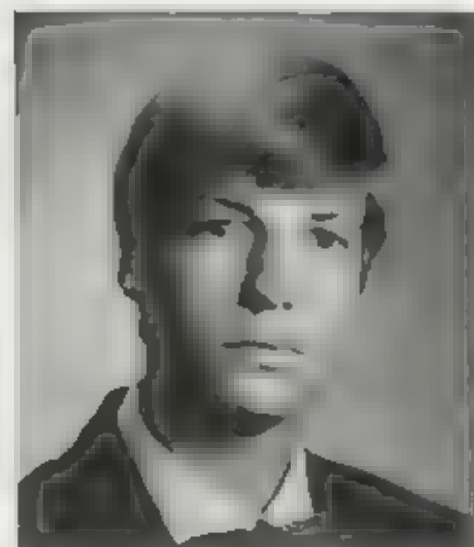
*Matthew Ever* — Most mem Tahoe '84 B.F. Mark. Stew. Act. Track 83-85, Soccer. Nickname: Eyes. Fav group: N47 Squad. Best year: 83-84



*Christopher Fain* — Most mem: Easter river trip 84. B.F. SS, RL, MA, JV SS, BC, football team. Fav saying: Here boy. Hob: River trips, riding my jet ski. Weakness: True blonds. Fav excuse: I only had one



*Cory Falter* — Most mem: Summer 83 with KH, Bri friends and uncles. B.F. RS, BF, CS, BJ, JL, TS, LG. Hob: Motocross, surfing, scammin', jetskiing. Fut. plans: Motocross, or become a engineer. Fav group: Inxs, De peche Mode. Fav. song: If this is (Kate)



*Matthew Fare* — Most emb: Is getting Mt. Dew all over you. Fut. plans: Fly in F-16 in the air force. Fav song: I lost on jeopardy. Fav excuse: He/she did it first. Best year: This year, it's a breeze



*Alan Ferreira* — Most mem: In the Sauna room at Caesars. B.F. Eric G. Caesar S. Tony F. Weakness: Jump suits. Nickname: Mel. Fav song: Little girls. Best year: Summer of 82



*Kirk Fichter* — Most mem: 9-4-84 L.W. B.F. DS, EC, TA. Hob: Cars. Weakness: Nice figures. Best year: Senior. Pet Peeve: Squeaky voices



*Michael Fischer*



*Shawnee Flint* — Most mem: Mod hunts with S.W. B.F. JC, SW, JC, TT. GP Act: Football. Most emb: Running out of gas the first day of school. Fav. saying: Hey what do you say gang. Nickname: Ant man.



*Thomas Fox* — Act: Baseball, Golf. Hob: Playing golf. Fut. plans: Go to college, architecture. Nickname: Junior. Best year: Junior year.



*Tiffany Francois* — Most mem: 10-19-80 Getting together with Bryon Antonacci. B.F. T. Manry, K. Kelly, T. West er, B. Antonacci, R. Taylor. Fav. saying: Here boy, Ooh la la. Fut. plans: Marry Bryon and spend eternity together. Nickname: Biff, Tin tin. Fav song: Turn around bright eyes, Dog eat dog



*Beth Frason* — Most mem: Hitting school bus 9-14-84. B.F. BT, TL, MH, CS, KS, MG. Act: Soccer 3-4. Fav. saying: Give me a break. Fav group: Judas Priest. Pet Peeve: Mods and punkers



Scott Freeman - Act Football Base  
ball Soccer C.S.T. Teacher's club  
Fav song I did you so Fav plans  
College, marry Brenda, \$100,000 in-  
come. Weakness Brenda's feet Fav  
excuse I didn't have time Pet Peeve  
Brenda in a bad mood.



Michael Gabriela - Mow mow  
Scorpions concert at B.I. Bret Mar-  
in Act Classmates Teach's  
Most emb Rich's party Fav saying  
See ya. Weakness Eyes, Legs.



Taby Green - Most men B.K.B.  
Fav day computer reading in  
B.B.B. B.I. M.I. N.W. w. L.  
Ducks Lee Wright Act Comp  
Soccer, sking, doing crazy things  
T.Ping Fav saying Oh my God  
Fut. plans: To be happy and successful  
Pet Peeve Smart mouths, bad drivers



Kenneth Gannon - B.I. H.I. J.B.  
Fut plans Marry in black. Weak-  
ness Public speaking Pet Peeve  
Mud.



Brenda, Brett and Jon wasting time between class





People dressing up for pageant and the homecoming assembly



*Lori Gaustad* — Most mem Summer of 83 BF TG, SH KH, the girls Most emb When R C came up to me and kiss me at 7/11 Weakness Guss w/muscles Chip and Dale style Nick name Lori-Lay Fav Group AC DX Rati



*Sherry Gebhardt* — Most mem 9th grad summer BF GB, NR cheer 1-1 Hob. Dancing, acting, singing Act Cheer 1-4 Dance troupe 1-2, Tennis 2 Fut plans College, marry Gehrig, career in law Weakness Gehrig, pizza



*Scott Gordes* — Most mem Summer of 83 BF IM DD CM All DECA 3-4 Soccer 2 Cross country 1-4 ASB 4 CSF 2-4 Fav saying Beef is best Hob: Surfing, parties girls Fav group Fox



*Eric Gibson* — Most mem The Studio room at Caesar's BF Alan Ferreira Caesar Santos, Eric Daniels, April Rochstien Act Being with April Most emb Being at Mulvany's with a girl and having two girls duking it out because of yours truly Fav saying Check it out guy Hob Frisbee, the outdoors



*Don Graham* — Most mem Lived in Italy for 9th-11th grade Fut plans Become a computer programmer and set up my own business Fav teacher Mr Peabody Fav song I'll wait Fav group Van Halen Best year 11th grad in Brindisi American High Italy



*Jason Green*



*Lance Gibson* BF Brad Mitch Barton, Ted Cuevas, Carl Cato, Don Graham, DT, CF, AH MS, KW, AI Fav saying Crud, yea right Weakness Girls, mustangs Nickname Lance romance Fav group Air Supply Fav song When doves cry



*Bradley Gibson*



Chris, Todd, and Brett waiting to open their care packages



William Grimsley — Most mem Mr Fellman's 6th per class BF Andy Lppenkamp Fav saying Never seen I do that way before Nickname Grims Juv teacher Mr Fellman Fav excuse I forgot



Juan Cruzman — Fav Saying Going to the pro. Fut plans To be A L T of he CA Highway Patrol Fav group Night Ranger Fav song I wear my sun glasses at night Fav excuse I got up late PP People saying you can not do it



Amy Hageman — Most mem 10-28-82, poems from tiger, roses, Police concert BF Jon Strelie, SB, BS TS, JB Act Cheer 2-4, Ski club 3-4, EC Conn, 2 Most emb 10-28-82 Jons truck on my hill Fav saying You know what I mean Weakness Tiger's BB's, smile, legs, BBQ chips



Aubra Hague



Jeffrey Hamen — BF RA, FL, IS, RD, KP, KG, RK, LE, CH Act FFA 1-4 Fav group Alabama Fav song Dixieland Delight Fav excuse I forgot



Richard Hamilton



Sidney Harris



Brandy Harrison — Most mem Blue Ford Truck wearing bags Hob Taking the walk home at the beach Weakness All the teenage boys Fav group Billy Idol Best year Semester of 84 Pet Peeve Lovers dead weekends at home



Cherie Haugum



**Curtis Heckman** — Most mem. Sum-  
mer '84, B.F.R.M., G.P., N.B., R.S.  
Fav. saying: Casual, Hobo. Sking, com-  
puters, riding motorcycles, Weakness  
Blue eyes. Best year: Senior



John, 1994



Daniel Heiser



*Deanna Hernandez* Ac 3 Wheel  
horse backriding 4 x 4 5 years  
Rock n Roll Hobbs 6 Wheel  
Horse 4 x 4 Full Plans 1 year  
Ac 3 Wheel 5 years Ap 10  
years 1 year Newbie 1st Month  
1st teacher Worker



Lunch breaks are fun breaks when spent with friends



**Julie Herrington** — Most mem. Meeting John How, B.F. J.H., K.D., B.B. Act. Band, Most Emb. Car broke down on the way to school, Fav saying Really?, Hobs. Band, Skating, bike riding



Sophie's Hunt Most mem  
Wendy's parties, B F G S W A I G  
K H N G D W H n's Beach going  
danc'g tennis counc's W nness  
Nice cars, cuties at the beach, gentle-  
men, Fav song, Mad World, P P Stuck  
up people, Fakes



**Cassandra Hinkle** — Most mem 11-  
2-83 1-83 8-11-83 BF Debbie  
K m, Derek, Korina. Act Basketball  
2-4, Journalism 3-4. Most emb Walk  
ing into a parked car, Fav saying Oh  
well, are you serious?, Hobs: Derek  
Donald Ducks. 4-H



Thomas Hicks





**Trisha Hock** — Most mem: Times with Ken and all my friends. Summer '84 Hawaii, Mammoth and Palm Springs all in '84, B F K B, M B, P S S B S G, N R, Act J V and Varsity Cheer 2-4, DECA 3-4, Journalism 3-4 ASB comm of student affairs 4. Soccer 3, allusions 4, EC Club 4. Fut Plans. Having fun and being happy

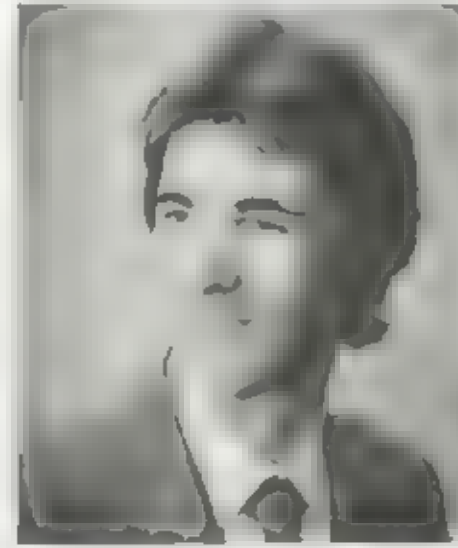
**Terra Hofmann** Most mem: Summer of 84 B F L B M P S M Most Fmb. Jack in the Box near SDSI Hobs. Skiing, beach, guys. Weakness E S. P O and nice cars. Nickname *[unclear]*



**Mike Hogate** — Hobs. Beach car racing, Fut. Plans: Be a bum. Fav Teacher: Peabody. Fav group: Lena Ford. Fav song: You gotta let go. Fav excuse: What homework? Best Year Senior

**Dave Holt**

Debbie Pierce showing her "best side"



**Jaquelin Hoog** — Most Mem: M H M C. I'll never forget the LPBM, sea side & V H 84, B F M H, P M, J I T W, D D, J W, P, M V, D M, I luv ya Act SD 1-3, Var CC 1-3, Var Track 1 3, OTL 1-4, Fav Saying: Oh yes, right whatever Nickname J J, Dandalion Fav excuse: I forgot

**James Houk**

**Steven Houll**

**Donald Huntington** Fav Saying: I try. Hobs: Backpacking, Canoeing, Kayaking, Fut. Plans: Aeronautical Engineer. Nickname: Dragon Fav teacher: Mr DeKock Fav excuse: My Dragon has a temperature



## ALL EYES ON HEATHER ARTZER

by Cookie McLean

On September 16, 1984, senior Heather Artzer was crowned Miss West Coast Golden Beauty.

Being crowned isn't new to Heather. In 1980 she was named Junior Miss Lakeside and our 1984 Homecoming Queen. She was also voted cutest in the senior class, class president her freshman and sophomore years and was involved in

drama, dance, key club, and the E C C

Sound impressive? It did to the judges too. The contest involved a 2-3 minute interview, sportswear competition, evening gown, poise, beauty, and a question given to the 17 finalists.

"This pageant was an excellent experience for me," stated Heather, "It made me feel good about myself."

Among the list of prizes awarded were a trophy, a bouquet of roses, a scholarship to John Robert Powers, a 3 month scholarship to The Dance Scene, a model's portfolio by Marin Kosmicki, a scholarship to D.J. Sullivan's Actor's Workshop, a signing by modeling agent Tina Real, a designer evening gown, a watch, and a cruise aboard the *Invader Schooner* as guest of honor.

Does this lengthy list make you want to run out and enter a beauty pageant? Well, Heather doesn't advise this because "Not every girl would even enjoy the experience."

Heather feels the pageant has opened new doors. She has received many opportunities that would have been difficult to obtain. "I would really like to do well as a model, I guess it's every girl's childhood dream."



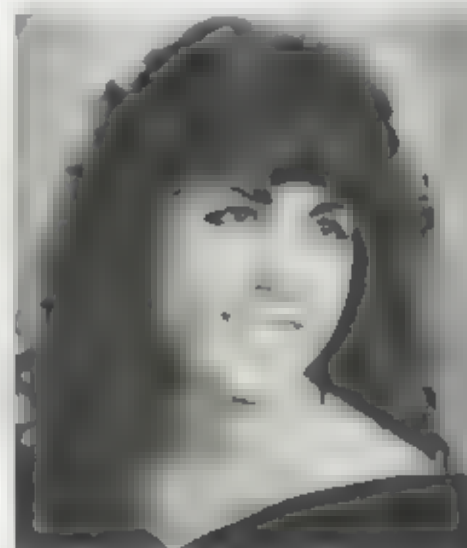
**Bridgette Ironside** — Most mem: Going to the beach with family and Ron. B.F. R.H., T.U., B.M., P.G., Fav Saying: Oh brothers!, Fut. Plans: Go to 4 yr college. Weakness: The sunset, and Ron. Fav excuse: I didn't know.



**Debra Keenan** — Most mem: Summer 84, B.F. Juli, Susan, Janea, Karen, John, Scott, Act: Specialty team, I Club, Key Club, Fav Saying: C'est la Vie, Fut. Plans: Veterinarian construction. Weakness: Boys, Big Brown eyes and a nice smile.



**Ian Isaacson** — Most mem: Going to Mountain and Bobby McGee's with T.S., B.F. T.S., R.K., R.S., D.D., D.A., J.T., M.G., P.H., Act: Water polo 1-4, Swimming 1-2, Key club 1-2, Fut. Plans: Navy 30 years. Nickname: Whale, Half moon, Skin head. Best year: All of them. 1-4.



**Helen Jones** — Most mem: Getting my "Z", Aug 84 going out with [unclear] and Friends. B.F. Michelle Donati, Tami Peiry, N.S., D.M., Mom and Sis, S.R.Q.R., R.E.N., Fav Saying: Move it or Lose it, Fut. Plans: Stay single, become filthy rich and live happily ever after. Weakness: C.F., AC/DC, brown eyes, strawberry soda. Fav Song: Sin City.



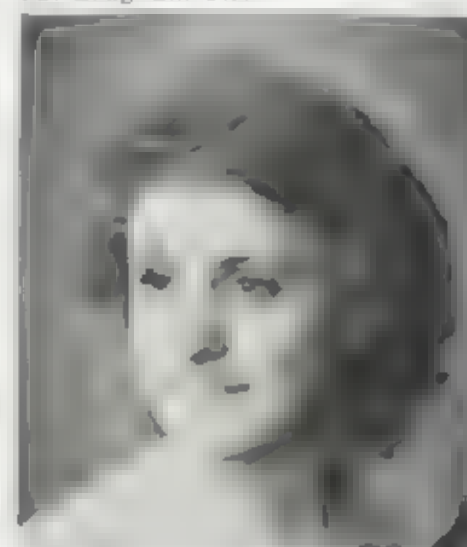
Craig Johnson



Christina Johnson



David Johnstone



**Christine Jones** — Most mem: Tim Weston, Mom and Dad, B.F. N.B., S.O., K.L., J.C., and T.W., Fut. Plans: College and a good job, Fav teacher: Legacy, Fav Song: Honesty, Best Year: Junior.



*Sandra Aessinger* — Most mem. #1  
Slippers, B.F. Julie Gross and  
Laurie Lesh, Fav Saying: I am sure  
they will get over it if not, oh well!  
Weakness: Wendy's Hamburgers, Fav  
Teacher: Mrs. Romaine, Best Year:  
Junior year — 1983-84



*Martin Kindreich*



*Stephanie King* — Most mem: Italy  
81-83; 4-7-84, B.F. E.R. T.W. S.H.  
J.W. and Mom, Most emb: You'd bet-  
ter roll up the window!, Fut. Plans: Go-  
ing to college and being happy, Fav  
excuse: It's Monday, It's Tuesday,  
Wed., etc.



*Michelle Kirby* — Most mem: Mike  
B. in civics class and beach house with  
Mom, B.F. J.C., M.C., Mom, Dad, J.R.  
B.R., C.C., T.C., R.K., C.K., Most emb:  
Shaffer's house, Fav Saying: See you  
later Jelly Bean, Hubs Sking, Snows  
king, beach guys, cruising, Fut. Plans:  
Go to college, become a doctor, and  
live in La Jolla



*Doug Kitten*



*Lori Klebocker*



*Marc Klein*



*Gavin Knapp* — Fav Saying: Oh  
Well!, Fut. Plans: Go to SDSU, Major  
(Electrical Engineering), Fav Excuse:  
I forgot, Best Year: This is it!, P.P.  
Terminal Freshmen



*Kathy Knapp* — B.F. Deanna Tack-  
ett, Most emb: BR 1st day 84 Shirt,  
Fav saying: Right now?, Fut. Plans: Go  
to college, get married, be rich, Nick-  
name: Bezzie Brides, Fav Group  
Journey



Mr. Measures third period class taking around class school picture





**Cathy Kuitavary** — B.F. Heidi Avant, Toni Dawes, Mary Carlson, Act WSS Sports, D and D, School Clubs, Hobs Soccer, Horseback riding, stamp collecting, Fut Plans, College, be an engineer, Nickname: Cookie, Best Year Senior Year



**Kelly Krueger** — Most mem 84 Easter vacation, Mexico, B.F. Connie Darby, Cheryl Myers, Dena C. and Tammy A., Fav saying: Lo siento mucho, Fav Group: Pat Benetar, Fav song: Against all odds, Best Year Senior year and sophomore year



Near the student store, Connie Darby enjoys her free time during lunch



**Catherine Kuhner** — Most mem Meeting Robert and being with friends, B.F. Janine W., Robert I., Lorraine D., Laurie D., Fav saying: I'm sure, Fut Plans: Go to college, be rich and happy, get married, Fav song: If ever you're in my arms again, Fav excuse: We were talking, Best Year Junior and Senior



**Aristie Aundrat** — Most mem Hawaii 82, B.F. J.B. TV TE DW JB KR GR, Act Band 1-4, Fav saying: I love you too, Nickname: Krispy, P.P. People cutting the less fortunate down



**Rex Kye** — B.F. Bobby Bridges, Jeff Neann, Ernie Lawler, Robert Abbot, Lisa Robeson, Hobs: Raising Birds, riding motorcycles, Fut Plans: being a Hero, Nickname: Cradle baby lover, Best Year: My last one (12th grade)



**Jason LaBlond** — Most mem: Sr Year, B.F. T.W., C.J.H., Fav saying: Good Job! Fut Plans: Marine reserve, College, Fav excuse: I forgot, Best Year: Senior



**John LaCue** — B.F. S.V. DK DP SI, Hobs GO Fut Plans: Retire rich, early Weakness: Getting up early, Geometry, Best Year: Junior



**Jolce Lacher** — Most mem: Summer of 84, B.F. Chris Romero, Tammy Rogers, Fav saying: Get Real, Fav Song: Cherish, Best Year: 1985, P.P. Slow moving People



Anthony Lachica



Scott Lajore — B F Greg Mason, Chris Martinez, Sam Tuckey, Act Bike Club, Fav Saying Chicamoles, Hobs Bicycling, Camping, Fishing, Hunting, Stamps, Fut. Plans. San Diego State; Electrical Engineering Major Megabucks, Fav teacher Mr DeKock



Tom Larimer — Most mem: Season 1-3, Track 2, Fav saying Hey Dudes!, Weakness food, Girls, Fav Excuse: I gotta go to work, P P Home-work



Ernie Lawler — Most mem: Del Mar, anglers of America, Act FFA, Wrestling, Track, Fav saying: Sometimes you gotta say what the heck!, Fut Plans Go into Army and become a man, Fav teacher Mr Norwood



Karen Lenahan — Most mem: Summer 81, Christmas 83, B F Michelle Carbone, T S, M N, S C., and all the girls, Fut Plans To be with James and Plan a career with James, Weakness: James Alveraz and Bon Scott, Fav group: AC/DC, Bon Scott Style, Ratt



Michele LePire — B F Sabrina, Janine, Chanel, Bonnie Fut Plans Go to college, Fav teacher Mr DeKock, Mr Yount, Mr McGuire, Fav song I don't like Mondays, P P Being called a mod



Karl Lepker



Brian Leung — Most mem: Conflict Spivey, Freeman, B F Jandy Schuster Scott, Act. Horizon, Mancut, Allusions, ASB, Fav saying Merry Christmas, Fut Plans: Network News in 2007 or before, Best Year: 1984-85 The Year of Leung



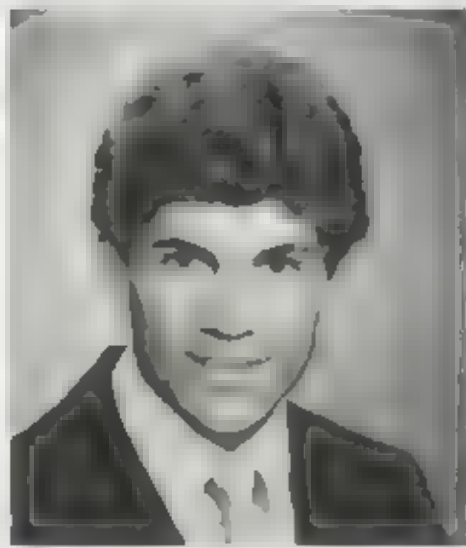
Brenda, Kim, Lou, Darin, Amy, and Crystal waiting for their shipment of Fuji film



Becky Long — Most mem 9-3-84 6  
8 84. BF CM DB, SS SL. Fav  
Saying Hola-Hiva. Weakness Mark  
Ladas, Rockers, Nickname: Speedy  
Fav Group Motley Crue



Mary Longo — Most Mem 6-18-87  
RB, BK RTW, BF SG, TS,  
KC, ST, SM, SBT, CL, CH  
Act Softball Varsity — 4. Track Var-  
sity — 2, Fav Saying: Goo bee, Weak-  
ness WC & DM with TS. Fav Ex-  
cuse I didn't mean it



Jesse Lopez — BF: Bret Martin  
Dominic Sprecco, Matt Eyer, F Plans  
Plot, Fav Teacher Russ, Furrow  
Fav Group: Van Halen, Fav Song: So  
This Is Love, Fav Excuse: Do it later!



Karyn Lowe — Most Mem '83 De-  
Mar Dance Competition, BF Scotty's  
Clan, Fav Saying: Guess you had to be  
there, Hob: Dancing, Horses, Chu-  
Chu (my dog), Weakness Blonde. Blue  
eyes & enjoys dancing, Nickname  
Tinker



Sports fanatics Guy and Toby cheer on sports day during Homecoming week



Wayne Lozier — BF: MM, KC  
RB, MM, Fav Saying: That's tight  
Hob: working on trucks, Weakness  
Women, Nickname: Buz, Fav Group  
Quiet Riot



Susan Lucas — Most Mem: Doing  
banquet with Mr. Waasted, BF Katrina  
Sevensma, Becky Long, Little Sis  
Act: I-Club — publicity '83, Sec/Tres  
4, Most Emb: Tripping in Mr.  
Waasted's 1st period '83, Nickname  
Star Wars, pee wee, shorty, Fav  
Teacher: Mr. Waasted, Mr. Graham



Tony Lybarger — BF RW, MW  
FA, RL, LS, Most Emb: Wreck-  
ing my mom's car, Hob: cruising,  
spending money, F Plans: get rich and  
have a nice truck, Weakness: La Jolla  
beach girls, Fav Group: Journey, Van  
Halen



Matt Manescu — Most Mem: sum-  
mer of 83-84 BI, DO, WL, DW,  
RE, BG, ME, Fav Saying: That's  
tight, Weakness: Dawn, blondes, blue  
eyes, money, Fav Group: Scorpions  
PP Mods, waiting in line





**Tanva Manry** — BF Steve, Karo.  
L... H...  
Weakness Steve Best Year 83-84



**Jack Marks** — BF DH, D7, DS.  
L... B... W...  
Jack Fav Teacher Peabody Best Year Senior



**Bret Martin** — Most Mem 1st date  
L... H...  
fishing Fav Group Zeppelin Best Year Senior P.P. Mods



**Joe Martin** — Most Mem 4-26 with  
L... H...  
new. Sexy calves & blue eyes Fav Song Let's Go Crazy Fav Excuse I  
R... I thought you said IR #1



Scott and Debbie in a heavy discussion at a football game



**Tim Martin** — BF John B. Scott B.  
Chris M. Hub Motorcycle riding &  
fixing cars Weakness A nice looking  
girl/rx Fav Teacher Mann Fav  
Group Journey Best Year Senior



**Darlene Martinez** — Most Mem.  
CC's at the beach. BF NS, H.I.  
M.D., D.M., T.T., TGIW Fav Say-  
ing. Whats your problem. F Plans.  
Spending someone else's money  
Weakness. Hunks. Nickname Marti  
ni Fav Excuse Um, well va see, va  
know



**Paul Masch** — Most Mem: Special  
25, IMF, TERRORISM BF RS.  
RR, CF, DC, Fav Saying: Help  
Me Hob: Bajas, canyon racers, I  
Plans. 4 yr college TV camera man.



**Greg Mason** — BF Scott Lajoie,  
Chris Mendoza. Act Bae Club Fav  
Saying Oh well F Plans Pilot Weak-  
ness Dumb movies Fav Excuse I fell  
asleep



**Michael Mayers**



Van and Taby in their way to a victorious win in the Chariot Race on Toga Day



**Sandra McAdams** — Most Mem: Desert trips, Tahoe and Flynns, off-roading. B.F. Maureen Flynn, Allison Flynn, mom, M.N. Fav. Saying: oh well it happens. Weakness: guys with dark hair, hazel eyes, gold diamonds flowers. Nickname: Beach P.P. People who bai



**Benni McAllister** — B.F. T.M., C.Y., L.T., P.M. Fav. Saying: No problem. Hob: Horseback riding, cooking, concerts. Weakness: Chocolate. Fav. Excuse: I forgot. Best Year: 83-84



**Troy McCann**



**Ron McGuire** — Most Mem: Summer 84. B.F. D.O., R.R., K.T., K.S., J.B., B.B., M.B., A.B., B.P. Act. C.S. Fav. Teachers: Lipitzky, Peabody, McClain, Yount, DeKock. Best Year: 85



**Brett McIntosh** — Most Mem: S.M. bathroom roof. B.F. R.L., L.O., J.S., A.H., A.F., C.S., J.M. Hob: Fav. Saying: No gain without Pain. Hob: Surfing. Weakness: Surf



**Roxanne McKeechni** — Most Mem: Dances with C.H., G.R. & J.M. B.F. C.H., K.B., G.R., D.B., B.C., G.P. Act: Tennis, Band. Weakness: Cute, Sweet guys & chocolate chip cookies



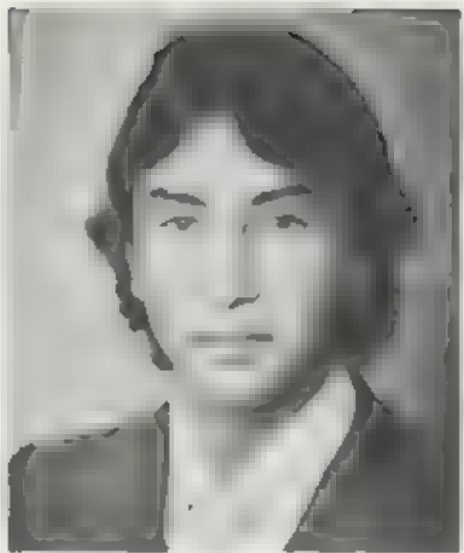
**Jean McLean** — Most Mem: TGIW girls, mom #2, Aunt Fanny, The Monkey. B.F. Debby Corcoran. Fav. Saying: "Woof and Tweet Live On." F. Plans: Editor-in-chief of GQ. Weakness: Gorgeous Guys. Nickname: Cookie



**Brian McNulty** — Most Mem: M.P. at my house '83. B.F. C.D., J.W., S.B., T.S., R.L., L.C., P.C. Most Emb: 502 at Santee drive-in, with C.P. & S.C. 10-14-83. Hob: Water skiing, 3-wheelers. Weakness: Chevie D., River, C & P. Fav. Song: Walk All Over You



**Shelly McVicker** — Most Mem Summer '84, naming the Bears. B.F. Dezha Ralph. Act. Tennis 1-4, Softball 1-4 Basketball 3, Stat. Girl 4, E.C. Club Ski Club. Most Emb. Having my car TP'd in school parking lot. F. Plans play softball at UCLA. Fav. Saying Let's Get Crazy.



**Chris Mendoza** — Most Mem MHB at Disneyland. B.F. Scott, Greg Treavor. Mark. Act. Martial arts. Hob. Cruisin. Weakness. Girls in half shirts. Nickname. Cheese (origin unknown).



**Teresa Mergens** — Most Mem. 1-4-84. B.F. Shelly McVicker & Desire Ralph. Act. Basketball 2-4, Volleyball 4, Band 2, Choir 2, Track 2. Most Emb. Shooting at wrong basket. Menta Vista. Fav. Teacher DeKock. Fav. Group Prince Best Year Senior.



**Shawn Meskimen** — Most Mem. Laguna run with Nelson. B.F. David, Hayden, Gary, Jeff, Peter. Hob. Going to desert with friends & DSR 1. Plans. Graduate, have grad party & get rich. Weakness. Blondes with blue eyes and T.A. Fav. Excuse I went to the doctor.



lared scrubbing away at a Senior car wash



**Valerie Miller** — Most Mem Football game with T.B. '83. B.F. S.M., T.H. K.S., T.B., M.M., J.E. Act. Varsity Swim 1-2, Hob: water skiing, 3-wheeler riding. Nickname: Melvin. Best Year Senior.



**Chris Millsap**



**Christina Millsap** — B.F. Stephanie Swank. Becky Long. D' Anna Butcher. Fav. Saying Hota Hiya. Weakness. Axl & Los Rockers. Nickname. Aces. Fav. Group Motley Crue. Best Year 4.



**Laura Moen** — Most Mem Meeting Harry Rogers 4-16-82. B.F. H.R. C.W., S.L., S.N., K.H., B.B., Harry's mom & the Gang. Most Emb. Seeing "bears" at the Flats. F. Plans. Marry Harry and have rad 4 x 4's. Weakness. Harry's crying baby blue eyes. Nickname. Sparkie.





Mark Morrison - B.F. Kent, Matt, Tony Buzz, Slew Joe Act Soccer truck skiing Fav Saying Yah Baddy Weakness 200 lb bench press & California Nickname Marko Best Year 3



Lydia Morrissey



Stewart Morse - B.F. Dave Weaver, Matt Ever Act Tennis 1-4 Soccer 2-3 Bike Club 1-2 4 Ski Club 3-4 Fav Saying G'day mate Hob Sking bking, body surfing Weakness Women with green eyes Fav Group The Cars.



Sharon Muir - Most Mem. Bass Lake '83 B.F. Darin Valerie Jasane Plans Further education marry D.M. Weakness ice cream D.M.'s smile Fav Teacher Mr. Catnam P.P. Men who are always late



Ryanne Mueller - Most Mem. Tom's Ark Alvin 10/1/84 B.F. Erica Rasmussen Alvin Morris C.M. K.W. C.H. K.W. Act Track 1-4 Cross Country 2 All-American Letterman Club Fav Saying Never solemn F.P. Plans Cross Country Best Year 3



Brad getting a nice kiss from his mummy at a pep assembly



Michael Myers



Michelle Neal - Most Mem 6-16-84 Eddie's Party & 7-14-84 B.F. S.M., K.L., L.V., T.S., L.R., C.R., D.C., M.C., M.B., C.B., A.C. & Skippy Most Emb. Running out of gas after 10th yr F. Plans. Get rich be happy & own a killer 4 x 4 Weakness Guys who don't say right answers & Rad trucks Fav Group AC/DC



Jeff Nelson - Most Mem 84-85 trip to mtns with Shawn B.F. S.M., K.W., P.L., G.S. Most Emb. The back of a cop car Fav Saying: Go ahead make my day Weakness Kathy Nickname Pinshury Dough Boy



**Shari Nelson** — BF Merilee Gunnells. Hob Scamming on guys. Weakness: Shawn Mori Fav Group Scorpions Fav Song St II Loving you.



**Aaron Nestor** — Most Mem Western Regional. Shannon Sted DECA Weakness: I eyes Nickname: Ker Bear Best Year



**Sara Ninteman** — Most Mem. Weakness: Guys in tight white cords



**Suzanne Nolan** — Most Mem. County Fair B.I. Troy Cox & Kendra. Fav Song: My Steer Ale II



**Steve Noriega** — Most Mem. On-stage & backstage with Andi, S.G. '82 & Jan '84 BF Nick German Bobby Lane, Jill Randolph Rhonda Cates. Hob: Dark poetry readings, surfing, skateboarding F Plans: Major in design Weakness: Smiles from the female gender. Fav. Teacher: Mr. DeKock.



**David Nowlan** — Most Mem. El Cap 21 Helix 7 '83 season pre game BW & SN BF BW AF SN '83-'84 baseball & soccer 1-4, Varsity football 3-4, Sr Class P Fav: Saving the dog, are you serious? P Fav: having a good time being successful Fav Teacher: Duke & Waasted



**Gregg Osborn** — BF BW, SP. Weakness: Who me? Best Year: Senior



**Ray Oshe** — BF Robert Walters Fav: Troy Wigham, Kim Burnworth Fav: Saying Let's do it Hob: Surfing Fav: Christina Castro Fav: Christina Castro



**Doug Owens** — BF R.R., R.M., K.T., R.S., P.M., K.S., M.O. Act Football, Most Emb Cal Poly '84 Hob: Russian Rou, etc, F Plans: College, Computers. Nickname: Slug.



**Kathy Pacheco** — Most Mem. Jr Prom night. Weakness: Chocolate, food & getting people's Song: I need a lover who won't drive me crazy P.P. People who are nosy cheap and stuck-up



**Carrie Pangborn** — Most Mem: Secondwind '84 Butterfield Ranch '87-'83 summer of '87-'84 with Jeff B.I. NB BW JB Fav: Campus Life 1-4, soccer 3 Most Emb: Cheer pyramid with rear showing to crowd Nickname: Care Bear Fav: I just didn't see that one coming



**Manuel Paniagua** — Most Mem: See- ing M.I. got drunk B.I. Fav: Home Bobby Priddy Gregg Osborn Scorpions Fav: Saving Patience is a Fav: Lovola Mary Fav: Benny Best Year: Senior



Brian Patrick Most mem 84 BF AB AS MR TB BB Act Basketball 14 Track 14 JV Baseball 14 CSF 14 Most emb Being a slave and wearing a diaper Fav saying You put some kind of problem in my Avoiding homework



Merrie Paskie Most mem 84 BF 84 BF Terry H. Sexties Group Fav plans College Weakness Cookies and milk Fav teacher Mr Peabody



Kay Peghtal Most mem 84 BF Der Shauna Fav Debbie Fav plans College Weakness Misses eyes Fav excuse But mom and Best year Senior



Terry Peters Most mem Jan 14 1984 BF 1984 BF IM HI mom sis Tigger Act Sober 14 Tennis 14 Varsity Coach 4 Fav plans College and marriage Weakness Todd's blue eyes Fav teacher Mr Waasted Mrs McCain



The cheerleaders and mascot get the crowd involved during a pep assembly



Tina Pfehl Most mem Times with P and special needs BF FR P L AS RS Fav saying The Love Fav plans To live and use the word Nickname Tina Fav group The Rave Ups



Saraphan Phatavanon BF Dean Monro and Dancer Act Tennis Fav saying I'm a nice guy Hob Tennis swimming meditation Fav plans Business banking and administration politician Nickname Nuts



Debbie Pierce Most mem Summer of 84 and 8 16 with BW BF Tony Stoner JC RH Most emb T.S.'s livingroom Hob Skating swim Fav plans Marry into money Weakness Guys in levis



Tracee Pierce





*Ronda Pinnell* — Most mem when I got my trophy for the outstanding discus thrower 84, Fav saying: Go for it big guy, Fut plans College for 7 years to be a pharmacist, Weakness: Cute guys with blonde hair, Fav excuse: B I wear the hairnet



*David Prentice* — Hob fishing swimming and camping, Fut plans: Be a school teacher Fav teacher Mr Peabody, Fav group Hank Williams Jr Fav song Attitude adjustment, P P People that think they know it all



*Allison Presley*



*Robert Proddy*



*Daniel Pritchett* — B I Ricky Smith Woody Schneider, Fav saying Bonzi let's party, Hob Stay out of trouble Fut plans Surviving, Air Force, Nick name Hey you, Fav teacher Mr White Mr Furrow



Joey Till getting undressed after a hard practice



*Sean Quigley* — Most mem 83-84 football and basketball season, B I Christy Jo, Nikki B Act I-Club 2-4 Key Club 3-4, I-Club pres, Key Club V P, pres, senior class pub Fut plans: Best Year, Fun or



*Dexhuree Ralph* — Most mem Desert 84, B F Shelly McVicker, Fut plans College, get married, Best year Senior year, P P Prejudiced people



*Jill Randolph* — B F Penny Hubert mom and Steve, Act Cheer 2, varsity A S B 3, Best year 10th grade Fav teacher Mrs Romaine Weakness Sleep, Nickname Jilly



**Donna Rather** — Most mem meeting Donny and Marie Osmond, B.F. Joe Hall and Ken Bolton. Hob listening to music, singing and dancing. Fut plans to become a paramedic. Fav group Night Ranger. Fav song Sister Chris



**Kay Raymond** — Most mem Jan 10 July 26, 1984, tour 81-85, B.F. Greg Dana Lisa, Kristie, John, Tom, Michele Act band 1-4 swim team 2-4, and sax player 3-4. Fav saying it was so funny, weeeeee, plans passing time away with Greg. Weakness Greg's body and when he sings to me



Krista and Dier hanging out in the parking lot after school



**Robin Reesor** — Most mem. Spending time with Heather, C.F. and friends. B.F. H.A., T.W., S.K., T.M. Fav saying whatever and oh well. Fut plans happy and Rich. Weakness nice cars and pretty eyes. Best year 81-82 freshman



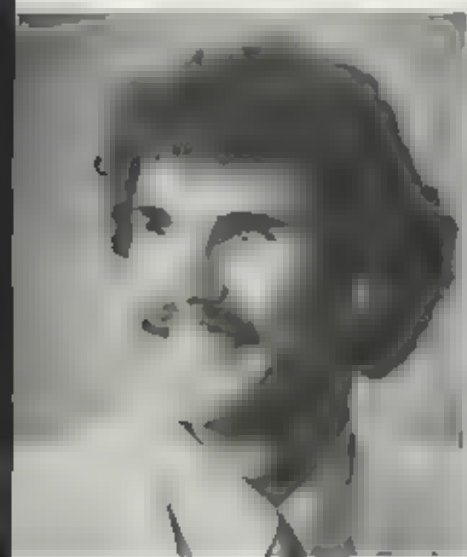
**Krista Register** — Most mem 84 2000s Vag. B.F. Sam Shreck Jim my Vag. T.S. D.W. Hob watch Jim my work Fut means merry Jim. Weakness blonde hair blue eyes. Jim my Vag. Best year senior



**Dominique Revels** — Most mem summer of 1984 B.F. Sherry G. S.B. T.H. S.M. T.P. Act tennis 1-4. Varsity Club 4. Allusions 4. Fut plans college and veterinarian med. Weakness I.N.T. smile. Fav teacher Mr Waasted, Mr Taggart



**John Reyes** — B.F. Harold Hill, Jim Seelle, Carlos Negrete. Weakness tall, slender pretty girls. Fav group Beatles Fav song Day tripper. Fav excuse I don't know Best year summer 1987



**Ronald Rhoades** — BF Davis, Greg and John. Act Football and track Fav saying You're ugly. Weakness Debbie Apton. Nickname Caveman Fav group The Bantles



**Erica Rice** — Most mem Havisu July 83 and summer of 84. BF L.P., K.W., R.M., S.B., S.M., B.E., J.H. Act Track 1, tennis 3-4, Sr class treasurer F.C. connection Aluxions 4. Letterman's Club 4. Fav saying Totally cool. Weakness Gorgeous eyes, red roses. Best year 84 85



**Jeffrey Rice** — Most mem. Summer of 84. BF C.C. Team. C.Y.O. D.I. D.C., K.G. Fav saying What can I say? Weakness Big waves and beautiful tan girls P.P. Water polo



**Scott Richards** — BF Kevin Woods Fav saying Hey dude let's party, Hob Racing street stock cars and RC cars and head banging. Fav group Iron Maiden. Leather Wolf and Armored Saint. Fav excuse I don't know, P.P. Punks, mads and hicks



**Darren Riker**



**Shannon Ring** — Most mem Fun and crazy times with Jules. BF Jules N.B., T.U., D.W., M.C., C.F., R.S. Most emb Incident at football game with Jules. Fav saying Aw-wowoh baby. Nickname Shannie and Ring-a-ding. Fav excuse Jules fault



**Jennie Rios** — BF Bobbie Lynne Yolanda and Mary. Fav saying What Fut plans? Business college. Nick name Jen. Fav teacher Mr. Colman. Mr. Fish Fav excuse I forgot



**Dawn Robbins**



**Robert Robertson** — BF M.B., M.B., B.B., P.M., A.B., D.O., B.P., K.S., K.T., R.M.C., Act Football 4, Golf 2 Fav saying The la bamba, Hob Desert, bajas, dunebuggies. Fut. plans College 4 years



**Erik Robinson** — Most mem Ripping my pants at fair dance. BF M.I. & C., W.L. Act F.F.A. Fav saying That's tight. Hob Hunting and fishing. Fut plans Forestry

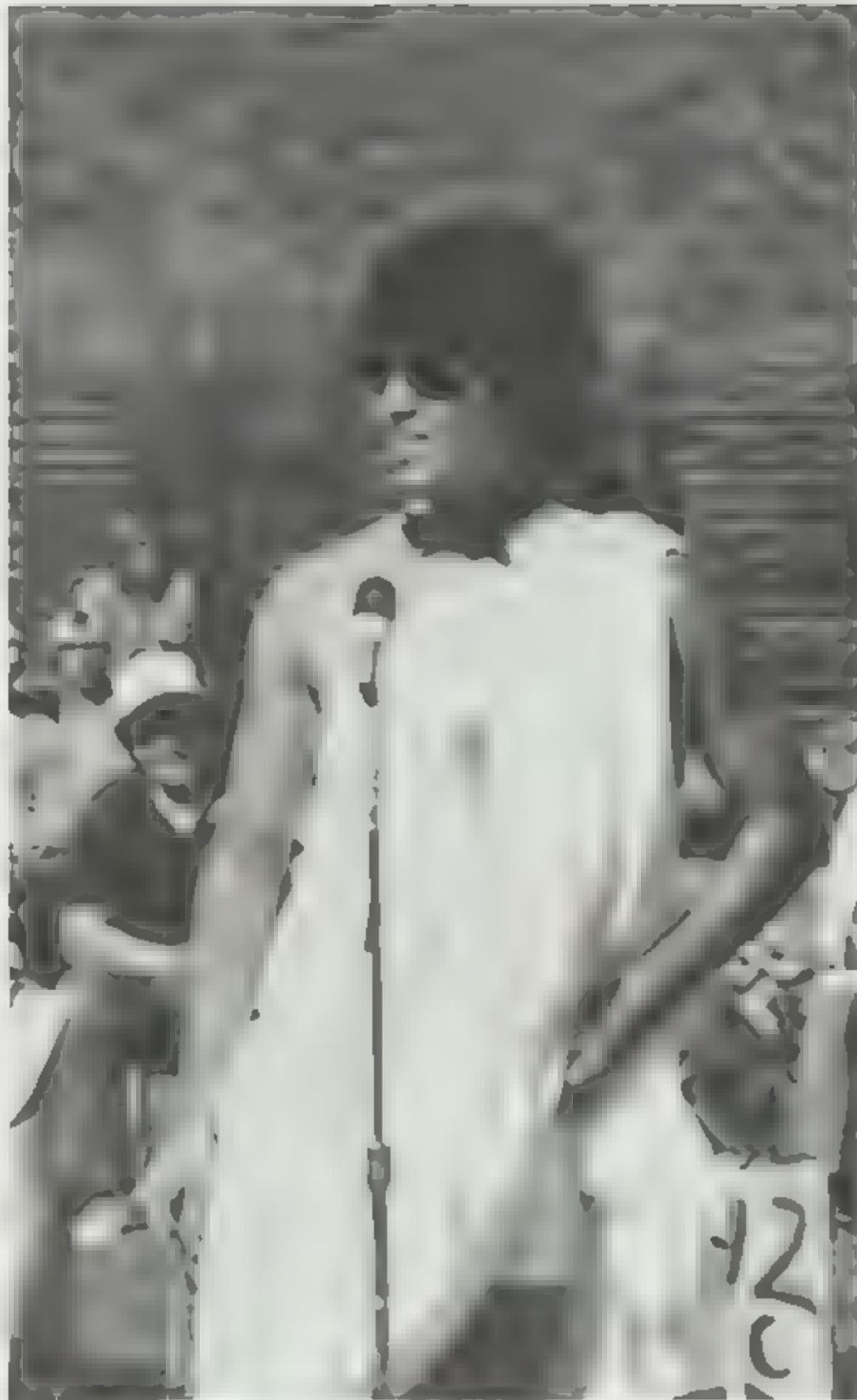


**Raydell Robinson** — Most mem meeting Joel and falling in love. B.I. Shari Nelson, Brad, Jack. Act Key Club. El Cap Connection. Most emb Have your boyfriend carry you off the quad. Fav saying Hi guys what's happening? Hob Horses, boys, swimming, back packing



**Donna Roders**





For Commencement wearing Larry Harmon's Homecoming dress



Christina Romero



Christopher Row — Most mem Rear ending Mr Eabank's "Z", B F Mf, WS, RR, TA, DI, TS, IS, SF, JI, T N T, Fav saying Let's party, Hob Off-roading w/Marc Ennis, Posters, F plans Party for 1 yr, go to Arizona, Weakness Bondes



James Rupp



Greg Rushing — Most mem J n 1984, B F Ronnie, Davis, Kay, Tom, T C, Act Band 1-4, Swim 2 4, Water Polo 4 Hob Music, swim Weakness Bikinis, mini-skirts, Fav group Billy Joe



John Russell



Laura Saiz — Most mem Brett Crockett, 10-2-82, being with Helen and w/W B F BC, HJ, SC, LC, TM KH, KC, Most emb C B car with SC, L.C., H.J., at 7-eleven, F plans Hopefully get married (B C), get rich Weakness B C, blonde hair and blue eyes, sad brown eyes, Fav group AC DC Bon Scott style



Randy Salewske — Most mem 1-8-84, B F J.V., B C, C F, S S, A D, the Boys, F plans Get a job, Weakness A D, J D, C L., Cop, S B, Fav excuse I ran out of gas, P P Break-dancing, punkers



George Sanchez



Michelle Sanders BF Jaime Mac  
chelle BH TS IC BW RS  
LB Act Swim J-4 Track 1 Basket  
ball 4 Jr class VP Bike Club. Most  
emb night at CTC w/Suzi, Fav say  
ing. Hey bud, Weakness Blue eyes  
Levis, Nickname Mitch



Cesar Santos



James Scanlin — Most mem. Artesia  
81, BT JB, KK, TV, TE, GR,  
KR, Act Band 1-4, F plays Cim  
munity College. Fav teacher M.  
Schuster Best year 82-83



Natalie Schifano Most mem. July  
31. BF BH k II. DM DM  
TGIW. F plus Bumping on the  
beach Weakness N cr eyes and body  
Fav excuse I can't help it



Forrest Schneider — B1 DP, RS  
(R S) 1st NY, 2nd NY, 3rd NY  
Englebright, Weakness. Sheri Engle  
bright Fav teacher: Sonja Duchow  
Fav group Iron Maiden, Dio, Ratt  
Fav song Fast in line by DIO



**Rich Schulenberg** Most mem Special 25, midnight task force, Hob Cars, motorcycles, spear fishing, 1 plans, Underwater demolition, Weakness Legs and explosives, Nickname Schulee



**Dwayne Selman** BF JM, DT, DZ, BP Act Baseball 2, Hob sports, Weakness, Girls, Fav song Hard habit to break Best year Senior



**Stacey Servant** — Most mem B-11, '83 B-1, Karina I, Michelle B, Sue J, D H, A R, Fav saying "Oh yeah", how gay, Weakness: Ice cream, yellow con., VW Fav group: Beatles, Fav song: Darling Nikki



**Katrina Sevensma** — B-1 Susan Lucas, Lisa Baker Act I-Club sec tres '83/'84, Fav saying "No way, give me a break, you tunga, Weakness: Snicker candy bars, carnations, Nickname Trina Fav excuse I forgot



**Pam Shafer** — B-1 Joy Williams, Most emb Getting punch spill on you, Nickname Pamela Rosa, Fav group Scorpions, Fav song Still Loving You, Best Year '85



**Brian Shirley** — Most mem River and desert trips, B F C F, M A, S R, J V, R L, Weakness: Blue eyed blondes, Nickname Squirly, Fav excuse It's not mine



**Ray Shrover** — B F G R, M G, R A, C H, R K, Act Basketball 2, Water Polo, Bike Club, Lettermans Club 4, Weakness: Blue eyes, mini skirts, Fav group: Judas Priest, Fav song: Let the good times roll, Best year Senior



**Tammi Signs** — Most mem Times spent with C S, R C, and friends B F Kelly, M A, K L, Westers, S T, M S, M P, D S, S R, S C, M I and all the girls, Most emb Brian McNulty's party, Fav saying Whatever, Weakness: Blue eyes, nice legs, light wranglers, gold, Nickname Bee Bee, Tammy



**Lauren Skinner**



**Darryl Sloan** — Most mem Beer with Tawny, B F Vic Carlingo, Alan Lynch, Kirk Fichter Hob Bass fishing, three wheelers, truckin', F plans Go to school in Arizona, Weakness: Blonde hair and blue eyes



**Jill Smith** — Most mem Buddy Winkerson, B F Buddy Robin Dane Mom, Most emb Louise Osuna, Fav saying "Yah ya are!", F plans College, life with Buddy, Weakness: Buddy green eyes



**Richard Smith**



**Tom Smith**



**Kathy Snowden** — Most mem Seeing M D and J W for the first time, B F C V, J L, J S, V M, and the gang, Fav saying "Give me a break", F plans Marriage in L A, temple, to be a surgeon Weakness: M D's eyes and J W's body, Nickname Bee Bee's





Jon and Rich pondering the meaning of life



Brenda Spivey — Act Cheer '82-'83, '84-'85, CSF, ASB. Fav saying: That's it. F plans. Marry Scott, 4 year college. Weakness: Scott's puppy eyes, Favorite teacher: Mrs. McClain. Best year: '84-'85.



Dominic Sprecco — BF: B.M., J.L., L.S., S.N., F plans: Go into law enforcement. Weakness: Blue/green eyes, Fav group: Scorpions, Fav song: I can't drive. Best year: Senior



Diana Stallard — Most mem: Meeting David B., BF: D.B., K.T., D.R., J.S., T.H., S.E., S.H., Fav saying: Oh god, F plans: To be rich and famous. Weakness: Guys, dark tan. Big Macs. Fav teacher: Mr. Peabody and Mr. T. gace



Lisa Standing



**Karl Stanzick** — BF B.P. J.B. M.B. B.B. A.B. Act: Tennis, Band, B.ke club, Fav saying: Shut up Mia, Hob: Tuba, bicycling, tennis, F plans: College and making millions, Weakness None



**Cheryl Steward** — Most mem 9-18-83, Act Band 1-2, Weakness Ken Roach, Fav excuse: Alarm didn't go off, Best year: Freshman, senior



**Gary Stewart** — Most mem Sophomore year with C.P., BF S.M. J.H. T.P. C.P. D.M. B.M. Most emb M.ke Elleries water jug keg, Hob: Partying and off-roading, Nickname Stew Best year Senior



**Kevin Stone**



Bert Weiss announces the football plays as press box members look on



**Christina Stoner** — Most mem. Summer vacation '84' BF Debbie Pierce, J.C. R.H. B.W. K.E. Most emb: Sunday afternoon at J.C. grandmothers, F plans: College and marry wealthy, Weakness Muscular masculine chests, P.P: People who dress like slob



**Paula Stoodly** — Most mem. Mammoth '84, Hawaii '84, Palm Springs '83-84 with M.B. and friends, BF Mia Branski Trisha Hock K.D. R.B. S.B., K.W., D.B., P.D. Act J.V cheer 2, Varsity cheer 3-4, soccer 3, Most emb: Pop-top on Maui with M.B. T.H., K.W. Weakness Mia begging for McDonalds



**Aileen Stone** — Most mem Spending time at the beach during summer BF M & D. S.C.C., Sis. T.S., M.L., Act: Basketball 2, Journalism 4, F Plans: College — orthopedics, get convertible Mustang, Nickname: Leeme, Fav. Teacher Mrs. Romaine



**Jon Strelich** — Most mem. 10-28-83 Western bass 83 Alamo with J.W., 10-2, 9-8. BF A.H., J.W., B.M Act Soccer 1, 2, 3, Hob. Fishing Weakness Amy Lynn, bacon cheeseburgers, chevy trucks, champion boats Best Year Junior, Senior



**Mark Sullivan** — Most mem Superstitions, BoJa, B F E L, J C, C M M T, T M, Fav saying 'By all means' Weakness Woman, Harley Davidsons Fav group C A A



**Glen Sutton**



**Stephanie Swink** — Most mem 6-8 x4 9-1-84 B F Christina (Acev) Mill sap, Becky (Speedy) Long, Fav saying: Hota-Hiya, Dairndt, Weakness Ruckers, Nickname Ampy-Duff, Fav group Motley-Crue



**Leilani Symonds**



Football player Ken Brinegar cheers on the cheerleaders during a pep assembly



**Linda Tagney** — Most mem Football games with C D & R H, B F L W C D, K K, R H, Weakness, Broad shoulders and green eyes, Nickname Woble, Fav song Hard habit to break, Best year Senior



**William Taylor**



**Alan Thompson** — Most mem 9-10-81, B F D W, P R, J V, P J, K M, Act. Marching Band, Most emb: 11-24, 82, Fav. saying: I'll try anything once, Hob Fishing, skiing, clarinet



**Tracey Thompson** — Most mem Summer of 84', B F Debra, Bret, C B T B, C J, F plans To be filthy rich and own a red MG, Weakness. Blue jeans, tight Levis, 64 Ramblers, red MGs, Fav. excuse We were just talking and lost track of time!, P P Getting up in the morning





Tracy Thompson



Fav 1 Fav saying Interesting  
Hob Trips to L.A. and the beach, F.  
Plans College life, Nickname Holsy,  
Fav song Invisible Sun



Todd Thompson Most mem Class  
mont League Champs, B.F. The Wall,  
Roejob, D.D., Act Football 1-4, soc-  
cer 1-4, tennis 1-2, Letterman's Club  
1-4, A.S.B. 4, Hob. Surfing, parties,  
Nickname Torque, Fav excuse I've  
got a broken hand



Fav Teacher B.F. M.D. DE K.P.  
M & D, Act Dance 1-4, Most emb If  
you see anything you like, just grab it!  
Fav saying: Have a clue, F. Plans  
Professional dancer, Weakness Guys  
in 501's



Kerry Trecher



Bonnie Trecher B.F. Mom Dad  
Warren, Craig, Mary, Act Drill 1-3,  
Drama 3, Allusions 4, Journalism 4,  
Dance 1-4, Sr. Class 4, Most mem. 6-  
10-82, F. Plans College, Career



Lance Truhart Hob Fishing  
hunting, motorcycle riding, F. Plans  
Go straight to work, Fav teacher Mr.  
White, Fav group Hank Williams JR.,  
Fav song All my rowdy friends, Best  
year Senior



Tracy Truhart Most mem Tak-  
ing a cruise to the Carribean, Julie  
Shannon, Brigitte, and Nikki at the  
football games, B.F. Brigitte, Shan-  
non, Nikki, Mom, K.K., Mel, D.W.,  
G.S., Act Publications 3, Deca 4,  
S.S.C. 4, Most emb Filling the back of  
Dad's car with gasoline, Weakness  
Guys with rad bodies, dark hair, and  
green eyes, Best year Senior



Damian Vancura B.F. Home boys  
being gay, Mom, Sgt. Dan P. Act  
JV football 1-2, Varsity football 3-4,  
Weakness: Lat nas con ojos grandes y  
color cafe, Fav teacher Sra. McClain,  
Fav group Camo, Dazz, Time,  
Prince, Fav song: Room 1, 2, 3



Karen Vanderhyde Most mem  
Sept. 5, 1984 B.F. James Vantrease  
Debra Keenen, Robert Niebauer, The-  
resa, Vargo, Stacy Schmidt, Tracy  
Vanderhyde, Fav. saying I don't  
wanna, Weakness: Blue eyes and  
smiles, Fav. song: Hard habit to break  
Best year Senior



James Vantrease Most mem Sept.  
5, 1984 B.F. Karen Vanderhyde, Rob-  
ert Niebauer, Debra Keenan, Theresa  
Vargo, Weakness: Women, Fav teach-  
er Mr. Legace, Fav song Hard habit  
to break, Best year Senior



Stephanie Varden Fav group And  
barn Fav wig And wiggly hair  
al



Alan Bocko proves that chivalry is not dead by carrying Lois's books



Theresa Vargo — Most mem: Ocean-side Parade, Hawan '82. BF: K K I S, J S, K R, G R, A R, A T, Act Flag team 1-3, Banners 3-4, F Plans Computers, Weakness: James Scant in, Nickname: Smurfette



Scott Vermillion



Lennie Vockrodt — BF: Ben Sardinha Fav saying: How awful and too bad Weakness: Tall guys with dark hair Fav teacher: Mr. White, Mrs. Ro- mane Fav excuse: I forgot, Best year: 9 and 12



Lennie Vockrodt — BF: Mom, D W, A C, S W, S P, M N, C B, T M, Act FFA 1-4, Fav saying: you betchus, Hob Rodeos and cowboys, F Plans Be rich, happy, get married, Weakness: Cowboys in tight Wranglers and S.S

## Where Have Our Heroes Gone?

John Wayne, John F. Kennedy and Nadia Comaneci, all gone in one way or another. Remembered for their feats and admired for their courage. But the saddest part, there is no replacement for these everyday life. Sure, there is Rob Lowe, Ronald Reagan, and Mary Lou Retton, but the aura around them is not that of being a hero.

The hero image seems to have

disappeared in today's society. We only admire these people for their feats instead of idolizing them like people past. Heroes have always been a big part of American society but now they have disappeared from the scene; a dying breed. Long ago, parents could depend on heroes their teenagers could look up to and follow. Now teenagers are doing their own thing as they lack someone to idolize, making for a nation

of seemingly individualistic teenagers. Without heroes these teenagers have no dreams; without dreams there is nothing to achieve.

The problem may be seated in the fact a great many heroes turn out to be disappointments. For instance, Chuck Muncie turns out to be an excessive drug user as well as a top running back. Vannesa Williams

poses nude before gaining her title of Miss America. It could be that the American people do not have faith in those that seem unbreakable.

Bonnie Tyler sings she is *Hold-ing Out For A Hero*, let's hope she does not have too wait long.

By Laurie Erdman



**Jim Vogt** — Most mem 5-7-84 Sissy Register, Easter vacation '84 river B F S R S S. B C. C F R S. R S M A. S S. T W. Act Soccer 1-4 baseball Most emb Easter vacation at river, F Plans. Marry, get rich, Weakness S R



**Crystal Von Feldt** — Most mem Mammoth '84 Feb. B F D W. C B C S. T S. K W. D C. Most emb Rear ending Jared's car before school Weakness: Guys, orange M&M's Fav teacher Mr Peabody. Fav group: The Cars



**Janine Wall** — Most mem 11-19-82 '86-83, meeting Jeff 82-85 being with friends. B F Jeff M. Cathy K. Julie W. Laurie D Fav saying How cute, F Plans go to college, be rich happy, marriage, make Jeff happy forever, Fav song All out of love, Fav excuse We were talking, Best year Junior and Senior



**Timothy Walter**



**Robert Walters** — B F Forrest Adams, Tony L., Troy W., Ray O., Carlos C., Fav saying Here boy, Hob Surfing, water skiing, three wheelers, skating, F Plans Make a lot of money Weakness Girls and the beach Fav excuse Just couldn't make it!



**Julie Wardell** — Most mem Crazy times w/Shan & Trace Jim — ILL! Tina Mom & Dad & Paul you're the best! Nickname Jules Acc. B F Shan, Trace, Jim, L.A., D S., C E., D O., B M Mom, Dad, Paul Most emb: Wetting pants at football game being with Mom and Diana anywhere! Hob Ice skating, Fav. excuse Waiting for Shannon!



**Trevor Warren** — Most mem. Hawaiian Freshman yr. B F G O., C M, B W., Hob: Piano, drama, singing, F Plans: U.S.C., Weakness: Girls in tight jeans, mini skirts, Fav song Faithfully



**Lisa Watkins** — Most mem 9-4-84, 9-9-84, Mission Bay, B F Kirk, Jama, Jaime Jon, Dezharee, Act Softball volleyball Most emb: Skiing at Del Mar fair, Weakness. Tall guys, massages, getting tickled, K F, P P Squeaky voices, dumb blondes



**Sandra Watson**



**David Weaver** — B F J F, J P, M B, S M, J H, T P, M M, Hob Football, hunting, fishing, F Plans Fishing bum, Weakness: Legs, Best Year Senior



**Deanna Weber** — Most mem Rosita w/S B., B B., 2nd wind 83-84, yaz airband, B I concert, B F C V., B B., C P., S B., D A., Y R., M O M, Act Swim 2-4, H2O polo mgr 1-4, swim mgr 1, C I F 1-2, publicity 1, 2, 4, Campus Life 1-4, Lettermans club 4 Fav saying: My buddy, my pal, my best friend, Nickname: Gidget, dee



**Kathy Webber** — Most mem Hawaiian 84 — summer, B F K m Weiser, E R., K W., Act. Basketball, tennis 2, Jr class treasurer, Hob Beach, water skiing, shopping, F Plans strive to be all I can be, Weakness: Pizza, clothes, guys in levis





**Kimberly Weiser** — B F Kathy Webber, Ronda Pinnell, Renee Mueller, Devin Detson. Act: Cross-country, basketball, track, TGIW. Most emb: Track practice '83, Fav. Saying: "... drives me crazy" Weakness: Nice levis. Nickname: Sniffels



**Bert Weiss** — Most mem: Summer of '84, R C's party, pre-game football celebration with D N in 10th, the football team beating Heax in '84. B F D "BIRD DOG" N, J C, the wall, T S Hob. Racing the Bert mobile, Weakness: Girls with blonde, brunette, brown, or orange hair, white or tan legs, brown, green, or blue eyes



**Cathy Weslowski** — Most mem: Jesus helping me through out my 5r year B F Jesus Jessi, Jenny T Mom Fav. Saying: Jesus loves you. F Plans: Bring more people to Christ, Fav. Group: B J Thomas gospel, Fav. Song: Love shines



**Teresa Wester** — Most mem: Meeting Greg", river with dad, J W, D S K H, M F, B F Greg, Stephanie, Jodie, Kelly, Fran, Mom, Fav. Saying: Whatever, F Plans: Be happy and rich with Greg, Weakness: Greg and Ferrari's, Best Year: 81-82, Freshman



**Robert Whisman** — Fav. Saying: You're mother cries at night, Hob: Un-icycles, ATC'S, Nickname: Whizzy Fav. Song: I LBT's, Fav. Excuse: I didn't know

## Our All American Boy

"... a young man preparing for his future.", is how Scott Freeman sees himself. But the rest of El Capitan High School pictures Scott as the "all American boy". Scott plays the position of quarterback on the varsity football team, plays on the varsity baseball team and plays the piano. He has a 4.0 grade point average; likes apple pie; has a steady girlfriend, Brenda Spivey; and spends most of his time doing homework.

"I don't do anything different than other people," says Scott. So what makes him so different? The fact that Scott is not seen as a partier and he

does not get into trouble, along with doing well in school, contributes to his image of the "all American boy."

Scott attributes his image to being able to do what he wants to do. He never did what others expected of him, set his own goals and went his own way to achieve them. In the fall Scott is planning on majoring in computer science. His future plans are to be happy and successful in his career and family. Three cheers for our "all American boy"

*By Laurie Erdman*



**Leslie White** — Most mem: Ricky IL Y' crazy times with Deb, Tiff and friends B F Ricky mom, Deb, Tiff, Connie, Scott, Linda, Jackie, F Plans: Happy successful life with Ricky, Weakness: RICKY" Fav. Group: Prince, Fav. Song: You're All I Need (Ricky)



**Brian Whitlock** — Most mem: El Cap's 83-84 football season, Most emb: Pushing a shopping cart down an aisle with items falling out, F Plans: Technical school then Computer field Fav. Teacher: Mrs. McClain, Best Year: 1984-85, P P: Slow drivers driving in the fast lane on the freeway



**Marissa Whittemore** — B F Lolly SS, K C, C C, Mom and family Fav. Saying: Hold it down, F Plans: College, Weakness: Sailors in uniform Fav. Group: Journey, Fav. Song: Separate Ways



**David Wigham** — Most mem: When I broke my leg, B F Karen Miller, Robert Walters, George Sanchez, Hob Fishing, going out with friends, F Plans: College, Nickname: E T, Wiggys



Michelle Williams — Most mem: Junior year, B.F. Shawnee Flint, Jeff Colburn, Troy Pitts, Todd Torgerson, Act Football, Fav. Saying: Hey gang, what do you say?, Hob: Shotgun, F. Plans: Big business, Weakness: Girls, food



Arden Williams — B.F. S.B. C.M. DC, CV, DW, CP, ER, R.M., TGIW'S, Act. Track 1, tennis 3-4 publications 3-4, publicity 4, Most emb. T.C.'s party, being chased by dobermans with Renee, F. Plans: Go to a four year college, Weakness: Eyes, GQ men, pizza, Fav. Teacher: DeHock Yount, Best year: Sophomore, senior



Marc Williams



Jay Williams — Most mem: I've dated with Mike, B.F. Pam Schafer, Tracey Pierce, Mom, Most emb: Date with Marshall Thompson, F. Plans: College, Fav. Group: Night Ranger, Best Year: Senior



Carrie Vavorosky — Most mem: 9-14-84, B.F. Lisa Standing, Teresa M., Benni M., Most emb: Physr's trip, Weakness: Cate's, I've excuse I didn't hear you



Christine Zehm — Most mem: Christmas 82', B.F. K.R., F. Plans: Becoming Mrs. Roczey, Weakness: Kevin, Fav. excuse: I forgot, Best Year: Sophomore



Shawn Zimmerman



Danny Zwolenski — B.F. Laura, Dwayne, Jack, Fish, Fav. saying: This life, F. Plans: Attend San Diego State, Nickname: Nick, Fav. group: ...



Steve Napierskie — Most mem: Weekends, B.F. Bill, Hob: Change tires, F. Plans: Make money, Weakness: Cute eyes



David Rousey

## Not Pictured

Rita Aguirre  
Todd Ambriz  
Tony Archer  
Michael Barnes  
Eric Clark  
Gordon Deason  
Clvde Fitzsimmons  
Barbara Fontaine  
Michael Friedman  
Rick Harrelson  
Harold Hill  
David Hohn  
Sharon Hoover  
Michelle Keenan  
Jeffery Keener

Buddy Lackey  
Tadman Lai  
Steven Napierskie  
Robert Nebaur  
Eric Peterman  
Dominique Pether  
Alice Piebel  
Penny Poffenbarger  
Alph Potter  
Michelle Sanchez  
Larry Snow  
Dennis Tolley  
Steven Tyrel  
Richard Willis  
Bill Witt

# The Early Grad Catches Opportunities

Although most seniors felt that June was nearing too quickly to graduate from high school and go out in the "real" world, others were a bit more anxious to get an early start. The 1985 January graduates were: Jon Isaacson, Katrina Sevensma, Donna Roders, Christine Jones, Raquel Davis, Jill Randolph, Susan Lucas, Lisa Standing, Clyde Fitzsimmons, and Julie Herrington. The future plans of these seniors varied, but they all agreed that the main reason for graduating in January was to get an early start on their college education, military careers, and in some cases, marriage. Jon Isaacson decided in his sophomore year that he wanted to go to Annapolis, but realized he had not taken the necessary tests for admittance. He then decided to join the Navy to try to get a nomination to Annapolis. If he failed to get nominated, he planned to make a career in the Navy in nuclear electronics. His plans after the service include moving to Nebraska and becoming a rancher.

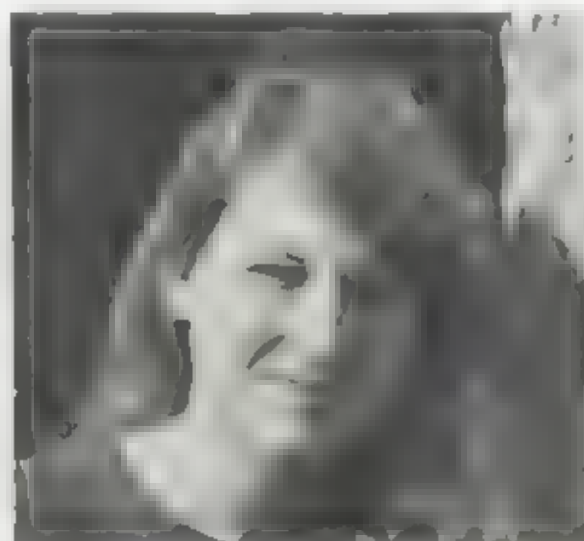
Although most of the seniors were anxious to begin their various careers and schooling, most were going to miss high school. The things they will miss are school spirit, basketball and football games, friends, sports, and the memories they would miss in the last months of high school.



Jon Isaacson: I am graduating early to get an early start on my military career in the Navy. I am hoping I will get nominated to Annapolis in the Navy. I'm going to miss El Cap, and I would like to thank Mr. Finch for turning a boy into a man.



Katrina Sevensma: I wanted to graduate early because I am anxious to get started in my education and career in computers.



Donna Roders: I have a whole life ahead of me and I am ready to take advantage of it now beginning with my marriage and move to Oklahoma.



Susan Lucas: Although I am going to miss everything at El Cap, I am especially going to miss school activities, school spirit, and Becky.



Christine Jones



Jill Randolph



# To Have And To Hold

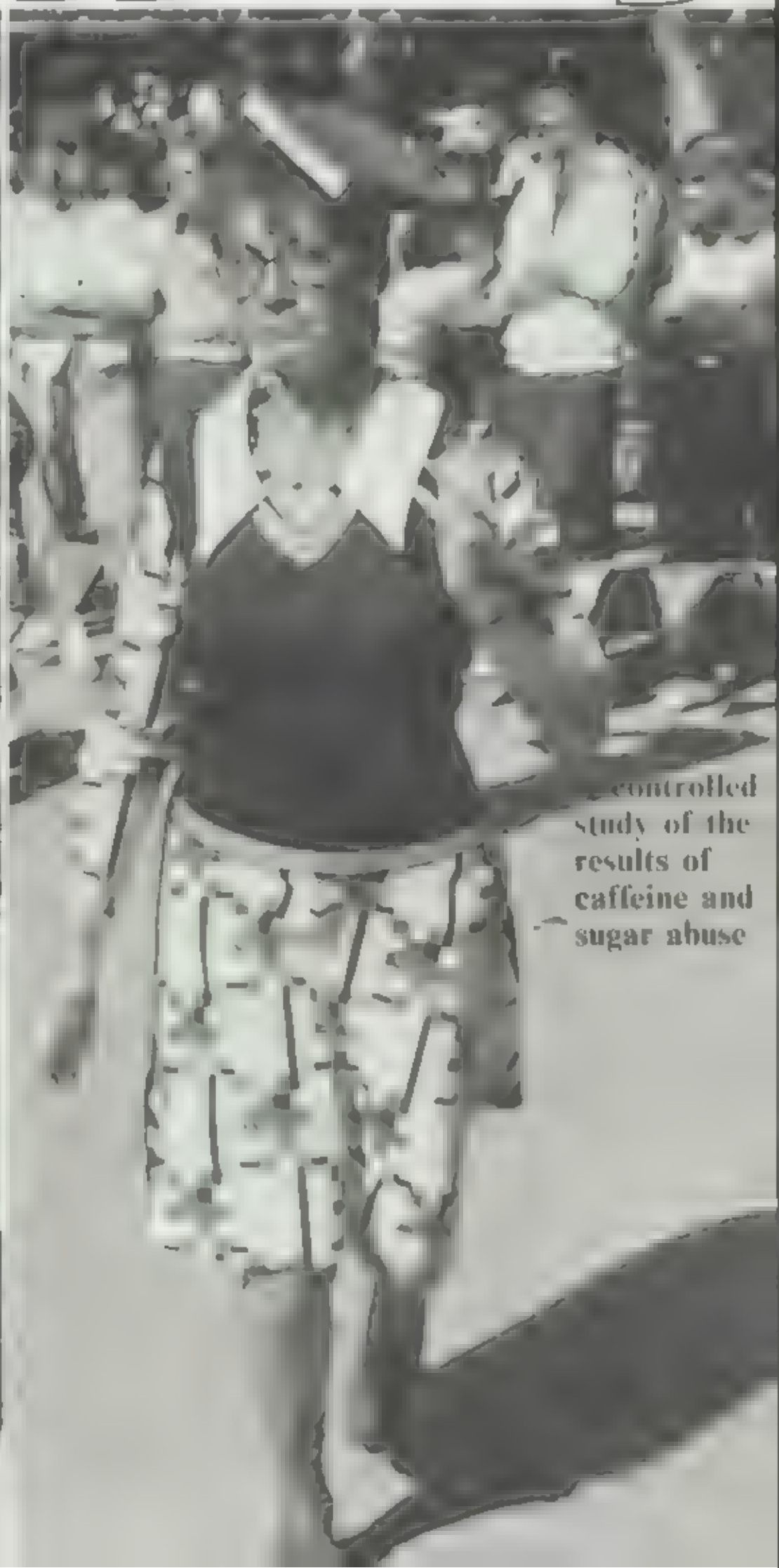
More teenagers have been considering marriage than they did in the past. Is this a reoccurring trend? Parents today seemed to think teenagers should wait until they've "experienced" life. They tell their kids to finish school, go to college and live a little before tying yourself down and taking on the responsibility of marriage. But how old were your parents when they got married? Some were barely through their sophomore year. Maybe they were speaking to you through the voice of experience, but times have changed. They tell you to wait until you are 24 or 25, when you are ready for this kind of responsibility. Two seniors, Donna Rodgers and Leslie White have decided they are ready to spend the rest of their lives with the men they love. Both felt they have many things to experience, but why not experience them together?

Although marriage is a major commitment based on love, it requires additional work to make it last. Donna and her fiance Steve are entering marriage knowing that if things start to go wrong, they are not going to get a divorce, they plan to work things out, together. Leslie said, "Why wait? Just because a person is older doesn't necessarily mean that they are more responsible or more prepared for marriage. It's not age that matters, but the people themselves. I'm ready to commit myself to my fiance and build a life together. but not everyone is ready for that. Then again, some people may never be ready."



JUNE 1985

# psychology today



A controlled  
study of the  
results of  
caffeine and  
sugar abuse

# Appositive Thinking

By Kim White

Having problems with appositives? The views of Albert Camus? Endless essays, papers, speeches, and reports? How about the mountains of vocabulary? or finishing an outside reading book?

The cause of all your troubles is El Capitan's merciless English Department. This department wishes to fill you with rules of grammar, punctuation, and spelling. But that isn't enough, they want to expand your horizons with vocabulary, literature, and cross-disciplinary writing.

English skills will follow you throughout your life, whether it's writing complex laws in Washington or writing about why Johnny was absent. As you can see, the need for writing will always be there.

The English teachers here at El Capitan

have a variety of styles — students love Mr. Hanson for his jovial attitude and relaxed manners, students respect Ms. Harley for her knowledge and discipline, while others like Mrs. Schuster because of her temperament and poetry unit.

Most of the teachers on campus have interests outside their classrooms. Ms. Harley is the junior class sponsor. Mrs. Schuster heads Publications and Journalism. Mr. Hanson contributes his time to the production of *Allusions*. These contributions help the student to fulfill their goals, in the classroom and out.

All the teachers in this department are striving to make their students more literate and to introduce them to complex thinking. They spend hours with their students on the basics — then even more time having them read the greatest works in history. To fill the gap between these two,



Jan Coulsby



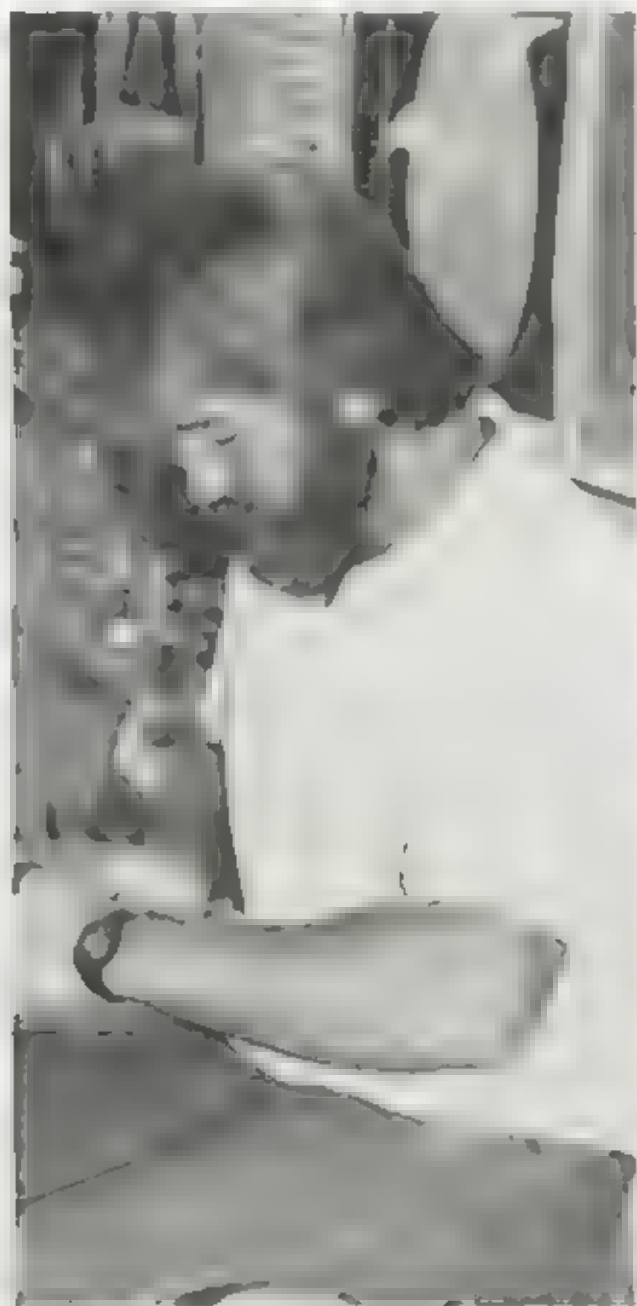
Mary Flett



Mark Hanson



Ed Lagace

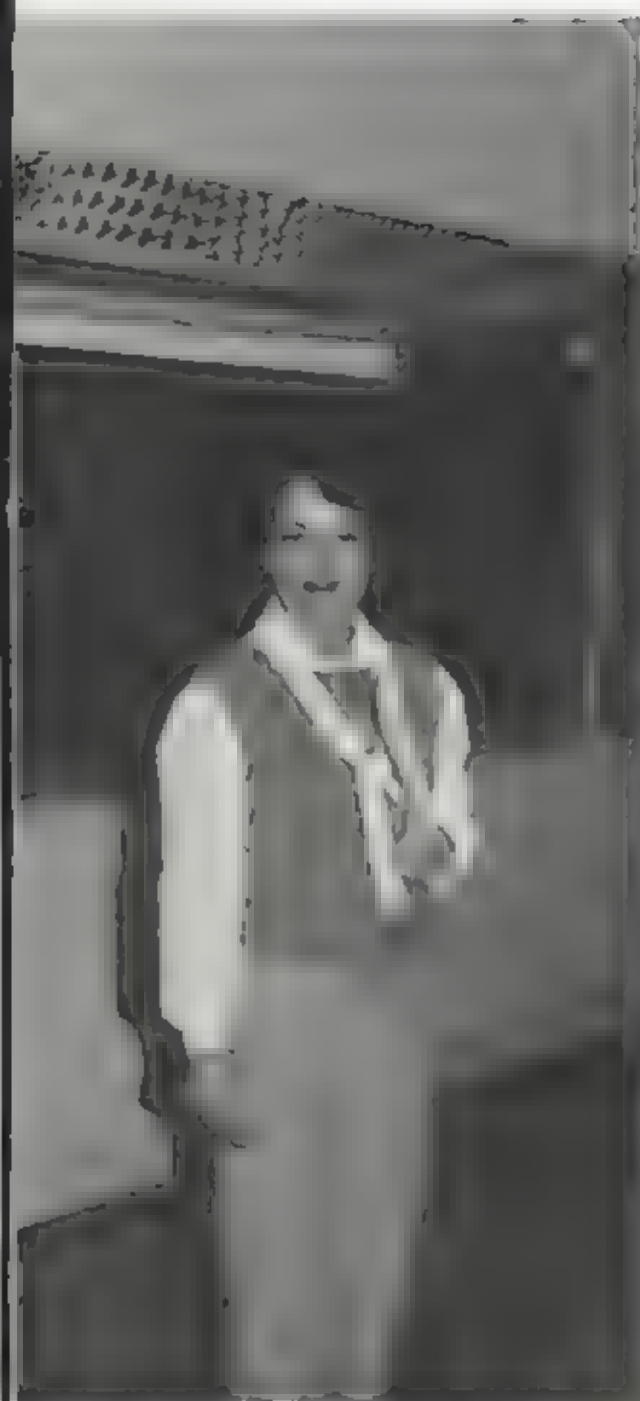


Mr. Waasted  
computing a curve



Mr. Lagace directing  
traffic?





Mrs. Mc Quillan lecturing to class



Mr. Taggart catching up on his reading



Gene Lenz



Jackie Lynch



Coach Waasted is never quite himself without his coffee



Bob Reck



Sandy Schuster



Bernard Taggart



Lincoln Westal

they make their students write, and write, and write . . . They are laying the foundations for a successful college career whether college is a goal or not

You have all heard the question, "Why can't Johnny read?" Here at El Capitan you will never hear that question or its mate, "Why can't Johnny write?" **NOT PICTURED:** Ms. Harley, Ms. Mc Aulian, and Mr. Waasted

# Learn To Create

By Debbv Corcoran

"I am convinced that El Cap has one of the best art departments in San Diego County," stated Mr. Fish, art instructor. What makes El Cap distinguished from other schools?

One reason is that the department is divided into three distinct areas. "Art" at El Cap could fall into the categories of crafts, photo, or class in instruction. The skill of ceramic and jewelry making is learned in craft classes. In photography classes students learn how to operate a camera, develop and print black and white film, and create studio portraits. Our photo department has been exceedingly fortunate to have excellent photographic equipment. Not only did students have access to a "litho" but an etching machine as well.

Very few schools in the nation have both machines," informed Mr. Fish. In art classes ranging from beginning to advanced students learned, design, drawing, painting, and print-making. Encouraged students have also taken advantage of the opportunity to compete in San Diego art exhibitions. Seniors Greg Buffin and Sherry Engelbright and junior Francis Carillo competed in the Del Mar Fair, with the East County Art Association, and the Alpine Art Association.

Home Economics is not what it used to be stated Mrs. Swennes home economics teacher. Home Economics at El Cap is a collage of sewing, cooking, child development, and single survival.

Home Economics students operated in a free, liberal environment this year. Several field trips were planned, where single survivalists visited banks, car dealerships, and apartment complexes. In addition the home economics class hosted 25 guest speakers who explained about their trades and professions.

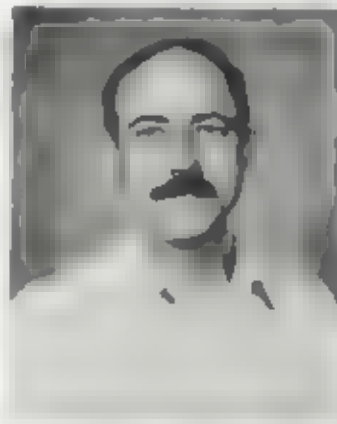
The workshop type class gave students realistic hands-on experience. Mrs. Swennes felt this was an important learning tool because "home economics is a part of your life." Home economics and single survival prepare students for the real world after graduation.

Beginning in May, child development students put to work what they had learned in a student operated on campus nursery school. This was a great opportunity for students to see if this was what they really wanted to do after for a living.

The class earned money from the nursery school, cookbook sale, and the sixteen year traditional fruitcake sale.



Amber Bradley



Dixon Fish



Peter Nelson



Stacey creates her own unique style of clothing



Leon Roloff

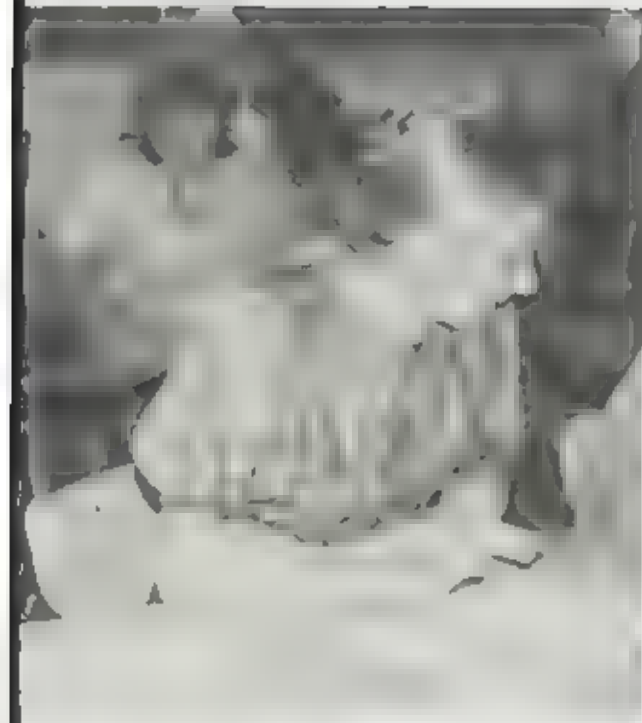


Donna Swennes



Mrs. Bradley helps with the kitchen cooking duties

# Skills Are Tutored



Mrs. Rita Williams explains a possible format to answer algebra problems for students needing help



Mr. Miller attempts to have a student help himself by jumping in with a math problem



Mr. Miller looks over Bob Shaieb's report card to see where he has improved



Mrs. Debbie Jerd



Mrs. MaryAnn Jones



Mr. Forrest Miller



Mrs. Jane Nolan



Mrs. Nancy Rhodes



Mrs. Barbara Rita Williams



Mrs. Carol Stevens

By Kristine Stanick

What would you have done if you had problems with basic English or math skills? There were seven teachers on campus who tutored students in these basic skills. The four teachers and three aides in the special education department were here to help you to learn.

Mrs. Nolan, the head of the department, and Mrs. Rita Williams assisted students for one or two periods a day while Mr. Williams and Mrs. Jerd taught students different subjects for most of the day.

These members of the faculty tested students and assisted the ones with low test scores with classes such as geography, science, math, and English. The ratio of teachers to students was one teacher to every six students.



# Multiply Your Chances

By Kim White

Do you end your week with "A thought for the weekend?" Do you begin your week with an analysis of Friday's game? Or do you just spend all your time looking for car keys? All these activities actually depend on which Math teacher you have. Each of them obviously have their own personalities and teaching methods. It is not uncommon to see two classes of Algebra using different text books.

Mathematics takes logical thinking, and that is what Mr. La Blond, Mr. Hoss, Mr. Till, Ms. Pears, and the others are trying to instill into your minds. Once you have mastered logical thinking Math just gets easier and easier.

These teachers don't limit their energy and enthusiasm to only the classroom either. In the first weeks of school the Math department participated in a dunking booth to help the A S B. For a dollar you could submerge your favorite (or least favorite)

Math teacher in water. Maybe to get back for that lousy test grade . . . The booth was an enormous success, due to the spirit of our "Dunkies."

Even though an atmosphere of fun and games seems evident, there is a serious side to the department with courses of Basic Math, Algebra, Geometry, and Calculus. Any variation of these classes imaginable is offered at El Capitan. In daily living, death and taxes can be counted on; in high school there is Math homework. Most teachers base their lessons on the previous night's homework results. This insures understanding which is the key in any subject. At El Capitan understanding is the goal of the department.



Ms. Pears handing back text to hopeful students



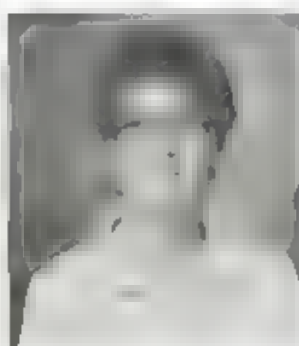
Mr. LaBlond



Richard Landstedt



Dan Pough



Sue Sutton



Joe Under



Mr. Hoss flashes his sly grin



Mr. Tilt - Football, Chess or Mah



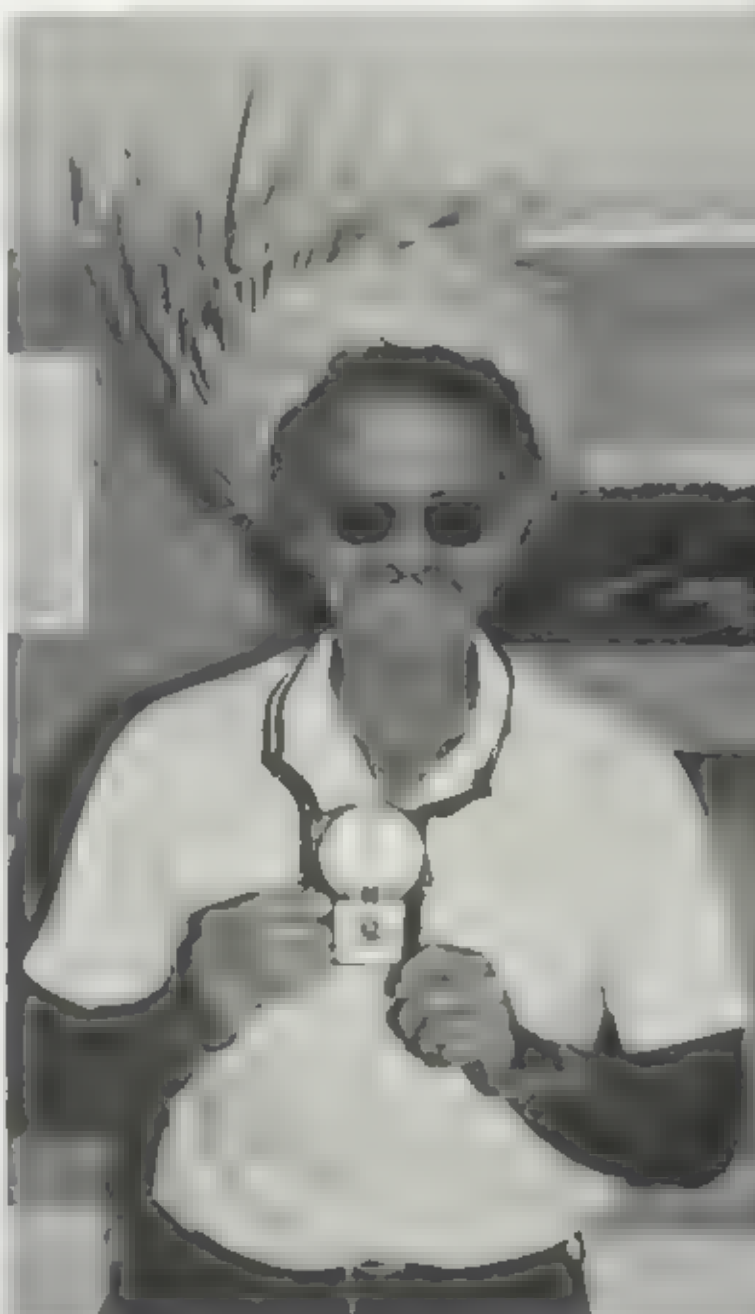
Steve Vickers



Dick Wilkins



Mr. Brooks impersonating Mr. Hess



Mr. Hess impersonating Mr. Brooks

# Scientifically Speaking,

Two new teachers and Biology 3CS-4CS class started the science department off to a new year. Among the steady science teachers were a couple of additions, Mr. Hedburg and Mr. Price.

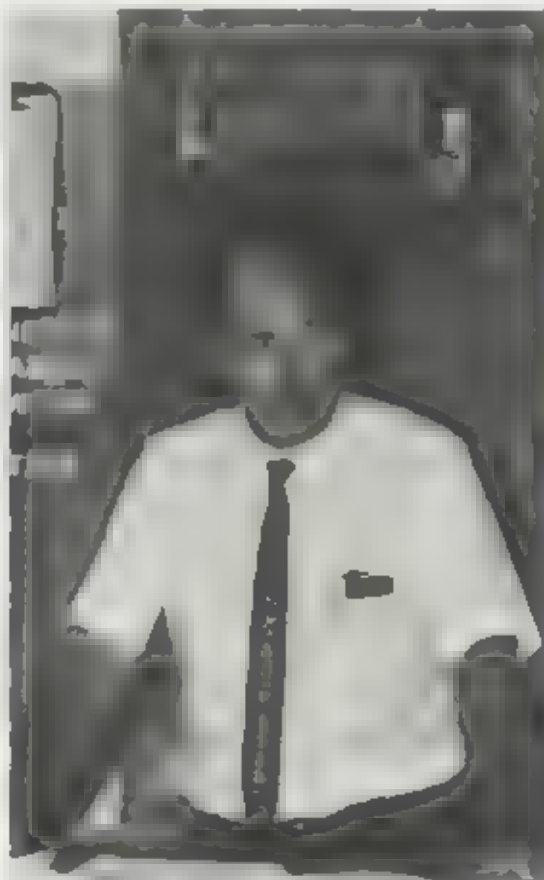
Science was for those who sought a career in any one of the science fields. Roster's show that a growing number of science oriented students enrolled in the science classes this year. Because students actually chose to enter the classes, the responses and enthusiasm from the students and teachers themselves were at much higher levels. Thus, enabling the teachers to teach in a new and exciting atmosphere.



So, here is a little humor in a chemistry class, right Mr. Price?



Mr. Peabody expresses there is more to biology than meets the eye.



Mr. Pendleton giving a physics lecture to students.



Jim Peabody



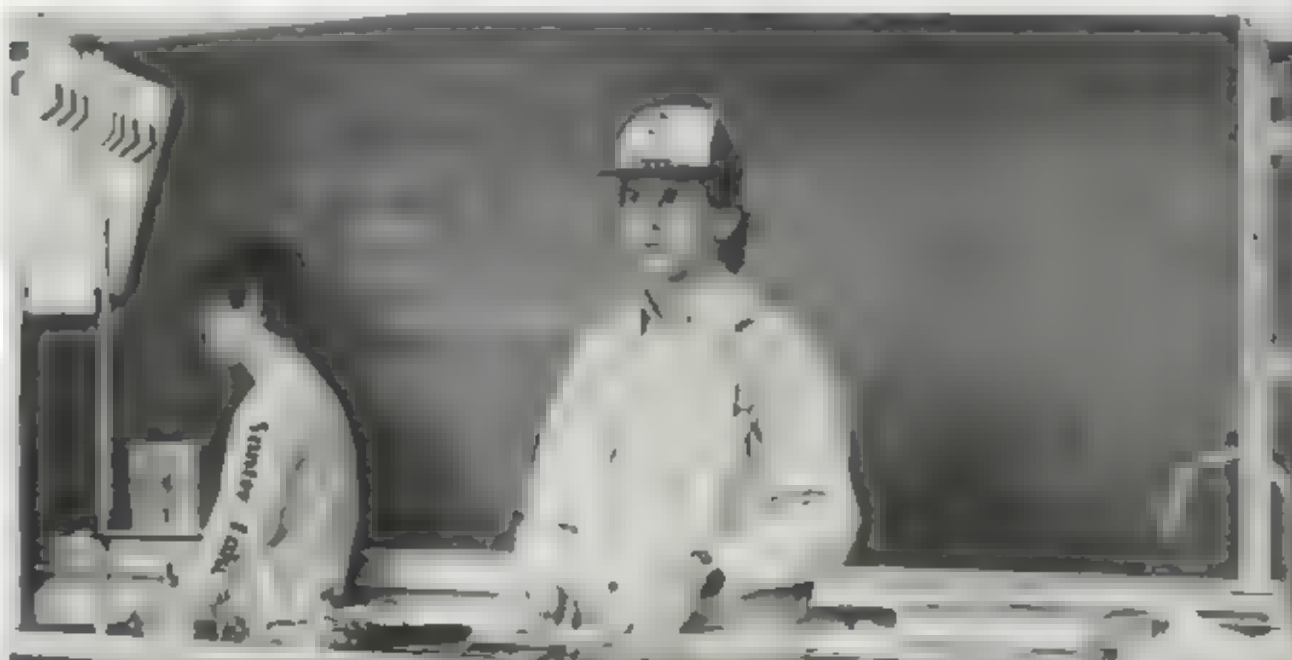
Paul Hedburg



Rick White



Phil Villani





# 



Steve George



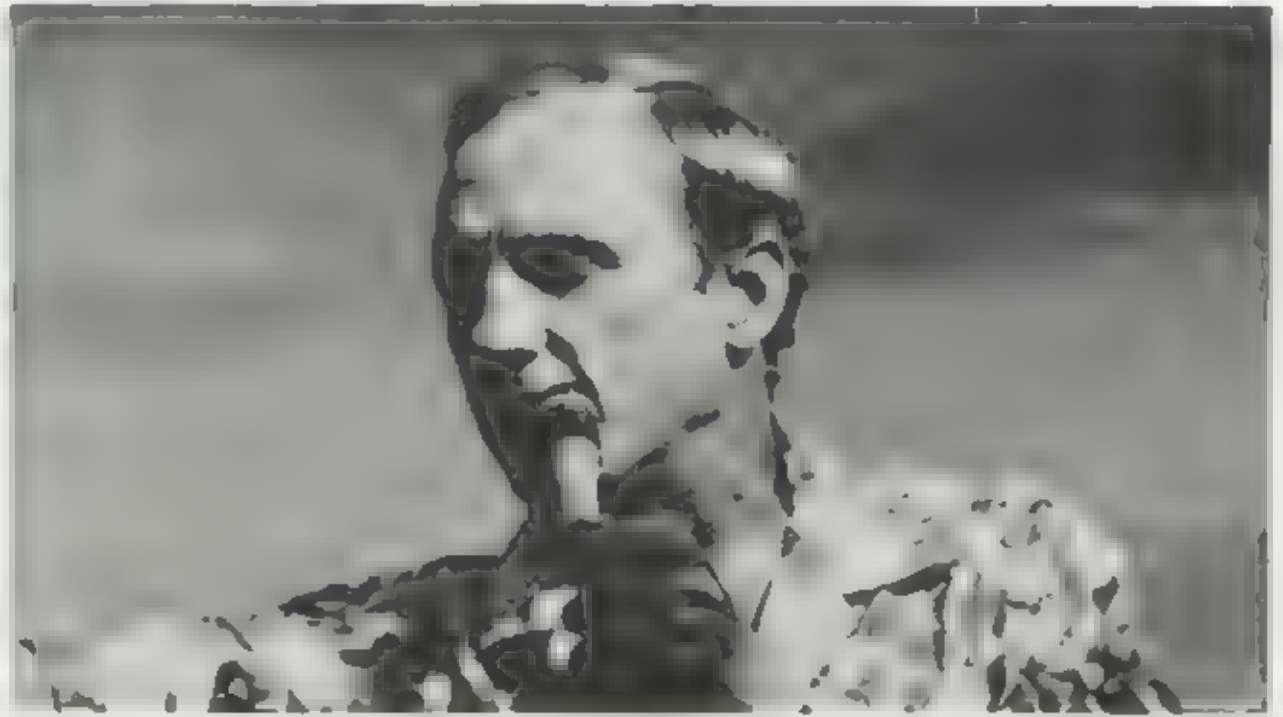
Donald Cleland



Joe Rockhold



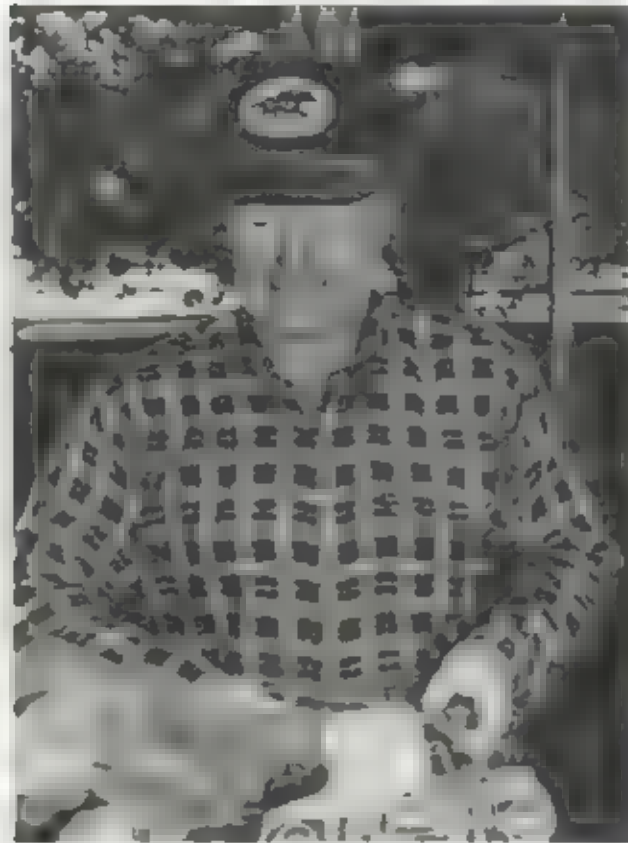
Lloyd Overbay



Mr. Rockhold demonstrates his authority outside of class



Mr. Eubanks explains the assignment to one of his students



Mr. Newman shows students the proper way to use a sander

Apprenticeship is the main idea kept in mind for those taking mechanics, woodshop, or a maintenance class. The students who took the classes enjoyed the atmosphere. The teachers were friendly and liked teaching those willing to learn. A lack of confidence or knowledge of their study was often the first reaction from students. With help from the teachers, the students gained certitude in new skills

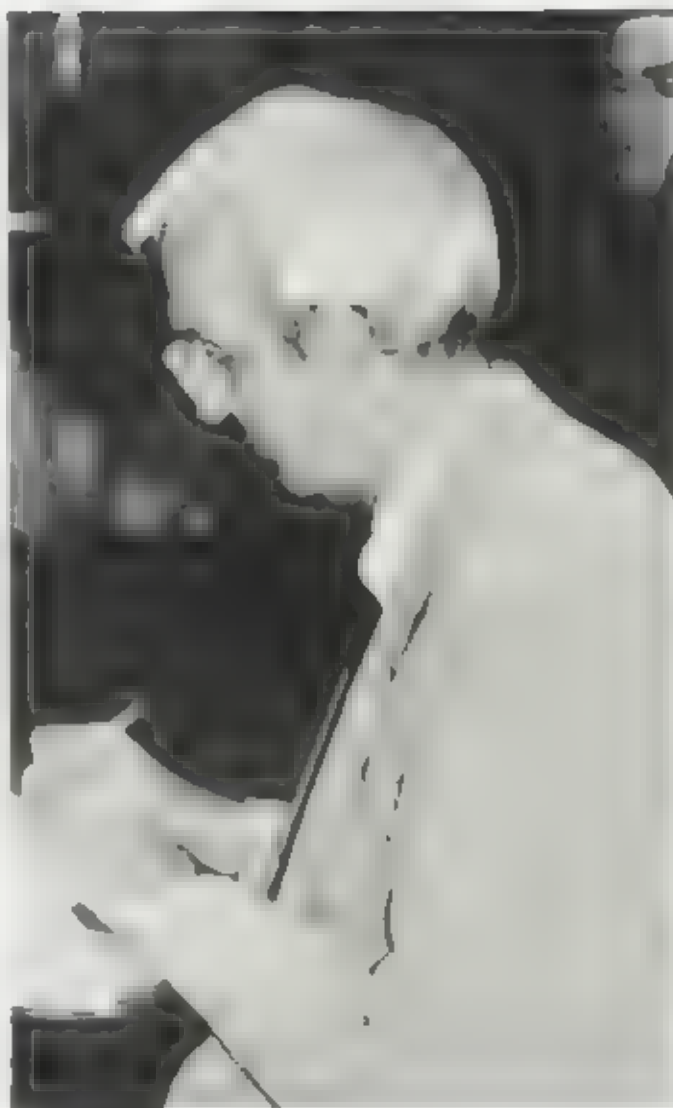
Students from the mechanics class brought their vehicles to work on while obtaining class credit. Many of the students from the advanced woodshop class found careers using the skills they acquired. Classes were meant to learn a technical skill so disciplines had to be followed, such as safety rules and regulations; without these, there was no steady foundation to follow. The opinions of the students were ones of positive attitudes and over all pride in their work

# Students Experience The World

Our Social Studies Department consists of many different classes and styles of teaching. Geography was taught by Mr. Benfante, Mr. Lipetzky, Mr. Gramham, Mr. Brown, and Mr. Duke. U.S. History was taught by Mr. Furrow, and Mr. Gramham. Civics was taught by Mr. McGuire, Mr. Felice, and Mr. Brimhall. Included in the Social Studies Department is American Studies taught by Mr. Yount and Mr. DeKock. It combines history with English.

Geography is a required freshman course. The class covers physical geography, cultural geography, and world affairs both past and present. More specifically, students learned the basics about weather and studied a variety of land formations such as mountains, volcanoes, and glacial topography. They learned about the way people in other countries and other walks of life lived and how their governments operated compared to ours. In one class, the students were required to write about an imaginary vacation through the countries of Europe and were rewarded for their efforts with a light snack of escargot!

During their last year in high school, students were required to take Civics. Civics is the social science class for seniors. It is a blend between activity oriented courses the students have experienced in earlier years, and more structured approaches found beyond high school. A variety of approaches were used including, note taking, discussion, political decision-making, personal budget-planning, lab experiments, maze races, and a simulated trial or congress. Mr. McGuire, Mr. Felice, and Mr. Brimhall focused on the many aspects of government, and psychology. The course includes study of our political system, theories on behavior,



Mr. DeKock analyzing a students speech on Voluntary Simplicity

ior, and economic problems. The main idea was to focus on real issues confronting the student now as a young adult

The two hour American Studies class generated feeling of past times to let students decide if the historical values remained the same today. American Studies prepared students for college as well as life, by helping them discover their beliefs. The class conducted simulations and committee activities which help students speak up and share their point of view. They also reflected their feeling and thoughts in writing. The general feeling from the students was good attitudes and input. Not only are these classes to learn, but also to bring out new ideas and issues to carry on for future use

Not Pictured: Mr. Furrow



Paul Benfante



Richard Brimhall



Roger Brown



Paul DeKock



Mr. Duke takes role, whole one of his favorite tourist comforts him



Mr. Yount, American Studies teacher, talking about Dumbo.



Mr. Felice making a point on the economy.



Mr. Lipetzky sharing his rock collection with his Geography class.



Lee Felice



Tom Fellman



Sandy Graham



Jerome Lipetzky



Lloyd McGuire



# Break A Leg; Performing Arts



The El Capitan banners performing at a football game



Mrs. Joan Baker-Bush



Mr. Nugent's second childhood?

By Kristine Stanzick

The performing arts department consisted of drama and choreography classes, band, choir, marching band, and banners. The two performing arts teachers were Mrs. Joan Baker-Bush, who taught drama and choreography, and Mr. Jim Nugent who taught band, choir, and also directed the marching band and banners team.

With the guidance of Mrs. Baker-Bush the drama classes were taught the arts of the stage. They learned how to project their voices, how to flow on stage, and how to create a mood with their expressions and body language. Mrs. Baker-Bush taught the choreography classes how to move to music. The beginning classes learned basic dancing moves and the more advanced classes learned the finer points of dance.

Mr. Nugent taught beginning and advanced band. The classes were taught to read music, to play a musical instrument, and to play in harmony with the other members of the band. The choir classes learned to use their voices in harmony with others and also how to find their individual pitch and range.

Mr. Nugent spends many of his after school hours practicing marching with the marching band. As with sports, marching band is an extra-curricular activity. The band and banners team learned to march and play in unison. On weekends they entered parades and competed against other schools in their class. They were judged on appearance, sound, and precision marching. The banners team competed as part of the band doing marching routines carrying a Vaqueros banner.



Mr. Jim Nugent

# Experiencing Culture

*By Kristine Stanzick*

Have you ever had the desire to learn a different language or experience a different culture? Mrs. Louise McClain, Mrs. Gail Romaine and Mr. Miguel Muniozguren, the teachers in our foreign language department teach these things. Mrs. McClain teaches beginning and advanced Spanish, Mrs. Romaine Spanish and French, and Mr. Muniozguren beginning and intermediate Spanish.

Many activities were related to foreign language this year. Mrs. McClain and Mrs. Romaine took their students to see Spanish plays and the advanced Spanish class produced a play in Spanish. The French class created a cabaret for the orientation of the freshmen including songs and music. A key activity was Cinco de Mayo when all three teachers helped the classes draw murals and make posters to celebrate the Spanish holiday. The school was decorated in Mexico's red, green, and white. Mexican food was served, and the performing arts department provided Spanish dancers and music. The Spanish students recieved extra credit if they took part in helping to celebrate.

Not Pictured: Mr. Miguel Muniozguren



Mrs. Louise McClain



Mrs. Gail Romaine



Mrs. Romaine's students are dreaming of faraway lands



Mr. Muniozguren laughing at his own jokes



Joey Till earning extra credit with Mrs. McClain

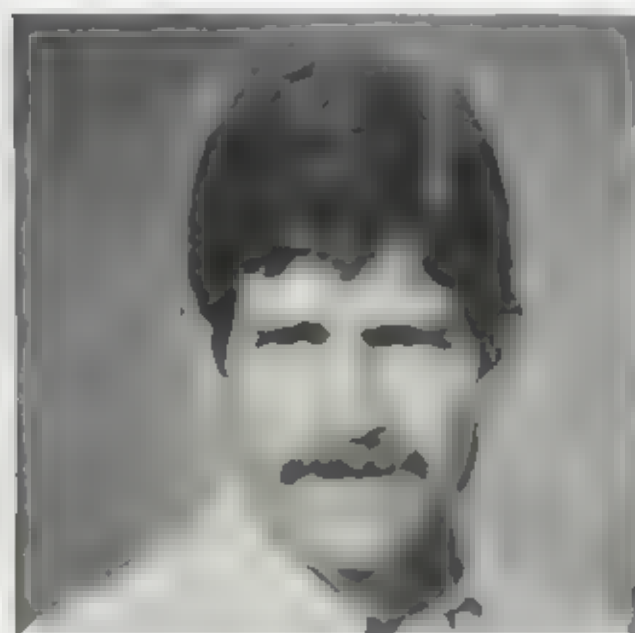
# Marketing Knowledge

*By Kristine Stanzick*

The business department which consists of typing, accounting and other related classes, is beneficial to our students. Mr. Williamson, Mr. O'Malley, and Mr. Gilmore teach students business skills they can utilize throughout their lives, whether or not they plan on entering the business world

The accounting classes teach logical thinking and how to use math in a business manner. The typing classes teach a skill that can be used regularly at home or school

*Not pictured: Mr. Gilmore and Mr. Williamson*



Mr. Jack O'Malley



Mr. Gilmore getting into the swing of normal life



Mr. Williamson foreseeing the prowess of his students





# "Byte"-ing Into The Future



Mr. Paradowski introducing new computer lingo.



Mr. Dave Varvel

*By Kristine Stanzick*

Computer Programming is taught by Mr. Lieberknecht, Mr. Paradowski, Mr. Varvel and an assistant Ms. Sansom. The classes are taught in four semesters. The students learn to program several popular computer systems that use the BASIC computer language. They are also able to work at their own pace, writing programs that range from solving a simple algebra problem to making a home amortization table.

Computers are our link to the future. By learning to understand them now, we are better prepared for our ventures into the working world. The teachers in this department are aware of this fact. They try to initiate better computer literacy through their teaching curriculum. The students are given the opportunity to increase their knowledge of computers for easy access into the computer world.

*Not pictured: Mr. Paradowski.*



Mr. Scott Lieberknecht

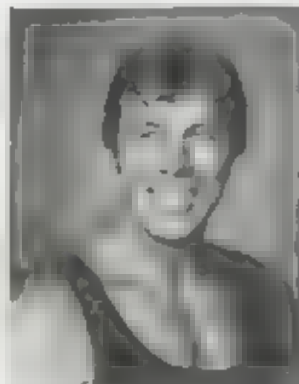


Ms. Sharon Sansom

# Beyond Calisthenics



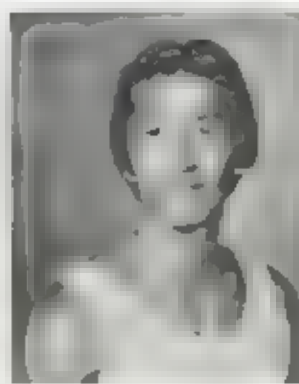
Cathy Fogarty



Thomas Mann



Ed Olsen



John Yasuda



Coach Yasuda cheers Coach Mann



Freshmen class playing volleyball

The description of physical education in the Webster's Dictionary is "instruction in the exercise and the care of the body". These teachers really do not say this but they try to get it pass you by playing different types of sports. These sports are played usually in a six week grading period. We here at El Capitan are lucky enough to have all the right sport equipment and places to play. We have a swimming pool, soccer, baseball, football fields, racketball courts and a weight room plus a lot more. Physical Education has moved to afterschool. It helps get the students involved with school spirit. It helps the students stay out of trouble afterschool, plus staying fit and having fun.



Coach Storm prepares for class



Coach Newton dressed up in a costume

# Agriculture Keeps America On The Grow



Ernie pulls out the swather used to cut hay



Jeff and Ernie examine a damaged part in the seeder



Mark Fry bucking log



Mark and Jeff rearranged some wires to use the tractor



Dion comforts the calf while a tractor is started



Sam Walker

Agriculture is America's number one industry. One hundred fifty El Capitan students were being prepared to keep that tradition alive through instruction in their vocational agriculture class. In the vocational agriculture classes students were not only instructed in agriculture, but in leadership, FFA, parliamentary procedure, public speaking and record keeping. Contrary to popular belief, ag classes are hard and rigorous, and do require good study habits. Since agriculture is such a large industry, Mr. Sam Walker was very eager to persuade his students to pursue a career in this field. But even if they wanted to be a doctor, he was satisfied with his role in making the students aware of agriculture contributions to this country. Not pictured: Penny Duncan and Mike Gorham.



# Kiss The Cooks

During the past year, the Food Service Department of the Grossmont Union High School District generated a new school cafeteria program. It consisted of a nutritionally balanced lunch: 3/4 of a cup of fruit, two ounces of cooked protein, bread or starch, fruit, vegetable or vegetable containing at least two grams of milk. One goal of this program was to show students there were choices available in a lunch. On March 6, they began serving the School Lunch Pattern Meal every first working Wednesday of the month for 50¢ rather than \$1.25. By doing this, they helped promote the National School Lunch Program which currently accounts for about 15% of this program. Depicted: Marilyn DuVall, Mary Ann Slokowski and Bonnie Smith.



Mary Ann taking a break after the lunch rush.



A cafeteria worker counts change in order to see the profit that was made.



The making of a fruit cup behind the scenes at the cafeteria.



Lora Sleeves



Cindy Sampson



Virginia Collins



Elizabeth Boone



Glory Bledsoe

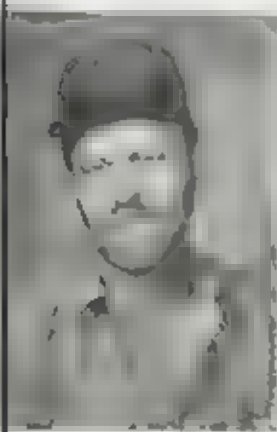
# Custodians Clean Up



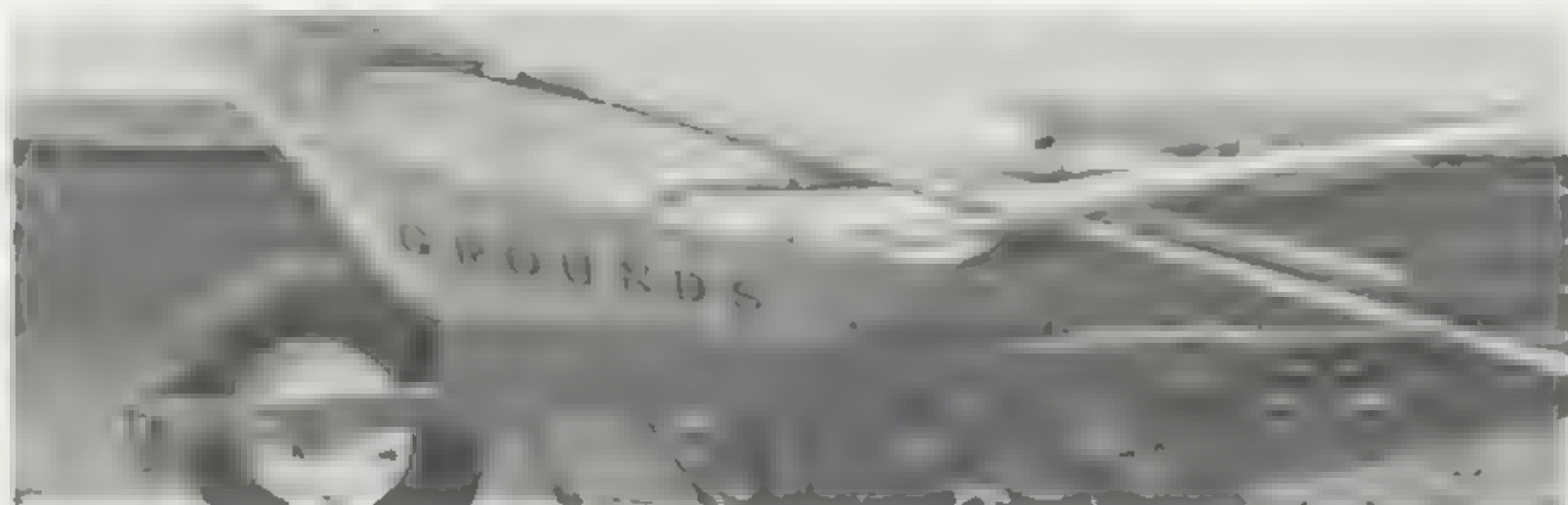
Pauline Kniss rakes the leaves of autumn.



Ellen Pontius transports Molly Burton to the book room



Terry Buchanan



Mark Leewave



Pauline Kniss



Mark Leewave carries fertilizer to the senior lawn.

El Capitan was ranked third in the district for the cleanest campus. This was largely because the custodians spent many after school hours, ranging from 2:30 to 11:00 at night maintaining the campus. The duties of the custodians may have seemed few when thinking about the small mess made by one person, but multiply that by 1900 students and consider we only had nine custodians on staff.

In reality, there were many duties that the custodial staff had to fulfill. They repaired the many broken desks, blown lights, and any spills the classrooms may have encountered. They prepared the auditorium for assemblies and maintained the playing and track fields for the various sports.

Besides the preparation for our activities and the repairs on the school property, they also maintained the landscaping of the school. This included the cleaning of the lunch areas after the student lunch.

# 1984-85 Office Staff's Essential Leadership

What if there was no one to keep track of tardies, absences, or scheduling? What about when you're sick, or want to get a book? From a teachers standpoint, doing this on their own could be a nightmare

The people who kept this nightmare from occurring was El Captain's office staff. The staff was made of the secretaries, the book-clerk, counselors, the bookkeeper, and of course, the administrators. These people were the organizational nucleus of our campus. They made sure people and things were at the right place at the right time

This year the job of tabulating tardies and absences was made easier by the computer, HAL. Thus it removed the responsibility from the faculty and gave the teachers more time to concentrate on their courses. The staff focused on the needs of the students and counselors were offered who altered classes while they helped to get a students into a university

*Not Pictured:* Tom Nelson



Jessica See and Robin Croteau enjoying a snack out on the quad



Lucille Bevington



Peggy Bocko



Molly Burton



Rudy Chavez



Jane Clark



Robin Croteau



Jean Debus



Sonja Duchow



Linda Frieze





Carol Pugh



Susan Miller



Judith Miller



Penny



Linda Scott



Jessie Scott



Linda Scott



Pat Scott



Diana Snyder



Sherry Taylor



Mary Taylor



Tony Nelson entering the office of the late



Lynet Webb



Nadine Wehman

# The Vital Link

The Administrative staff dealt with discipline and scheduling problems, as well as linking the staff and parents together.

Mr. Wong handled class scheduling conflicts and single class offerings seeing that each class had as even as a distribution as possible.

Mr. Finch was in charge of discipline and all classroom referrals were directed to his office. In addition to this, he conferenced with students and parents regarding discipline, suspension, and expulsion. Mr. Finch also was in charge of discipline for all campus and extra curricular activities.

Mr. Avani, among other duties, attended meetings outside our school and on campus. He met with district officials, PTA, governing board, and the administration.

El Cap's coordinator between the student and parent was Mr. January. When problems arose, he tested and counseled students and also was a bridge between parents and their children.

The three counselors provided information for colleges, scholarships, and helped students decide on career goals.



Bob Avani



Richard Brown



Roger Buller



Joyce Hardin



Isabelle Piccini



Carl Wong



Mr. Finch and Mr. Avani discussing school business



Mr. January on his way to his office

# CHANGING JUNIOR

## THE "MEDIAN-MIDDLE" STATE OF BEING

What did it mean to be a junior? The "median-middle" state-of-being was a point between underclassmanship and the ever-susht-after authority of seniorhood. For most juniors this temporary condition was the hardest year of their high school life. The degree of difficulty was determined by how involved the student became, or by the level of academic classes they took.

In most cases, by a student's junior year he/she had become reasonably established in his/her life. Whether in the tenth or eleventh grade they had become involved in a special activity, or in a sport. They had taken up your average hobby, or they had become a member of a club. They had become a part of the school community, and they had become a part of the future.

El Capitan meant accepting the challenges that made themselves ready. The enthusiastic eleventh graders. They had appeared on the scene. The PSAF or drive. Test taking. All these things helped prepare for the future.



# Junior Officers Are Changing El Capitan



Advisor Cherie Hayes



President Mike Ascher



Vice President Scott Murray



Secretary Kim White



Publics Robin Sansbury (at right) and Yvonne Phillips (at left)



Treasurer Rachel Brawdy



Tim Aaron     Barke Abel     Ralph Acerno



David Acosta     Geoff Adams     Ron Adams



Mike Alvarez     Erin Ames     Jesper Anderson



...Dende ex... play...



Tammy Anderson     Jennifer Arnaiz     Diane Arnold



Jennifer Ashburn     Tim Askins     Charles Atchinson



Patricia Atberton     Maria Axelson     Anthony Baird



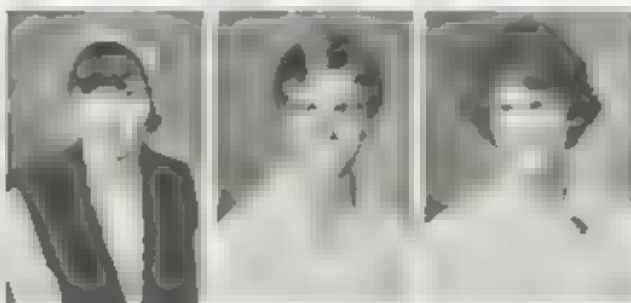
Jody Baker     Eric Bakman     John Bales



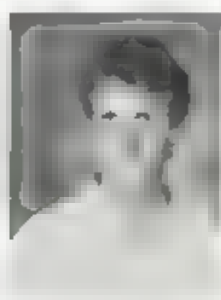
Richard Bulk     Steven Barbeau     Matt Barlow



Lisa Barber     Kathy Bernard     Brett Barnett



Jill Barnett     Phil Bassett     Glen Bauer



Darrell Baum



Juli Becker



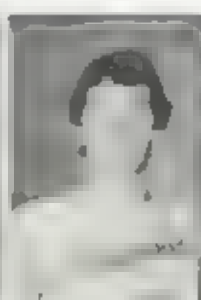
David Bell



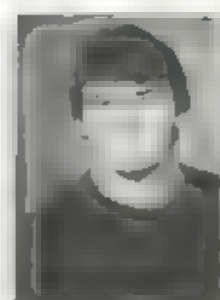
Jeff Bell



Tim Bell



Brad Bennett



Eric Bertrand



Lori Beyer



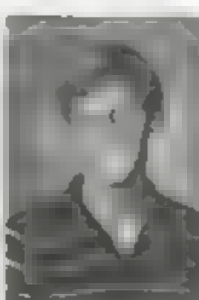
Nicole Birke



John  
Blackledge



Melissa  
Blanchard



Jeff Blanco



Serena Blanks



Brian Boggess



Troy Boggs



Rovilla  
Bollinger



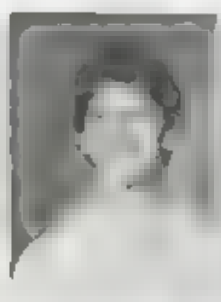
Stefanie  
Bonvoulour



Eric Boll



El Cap gladiators cheering on the chariot races



Richard Bowe



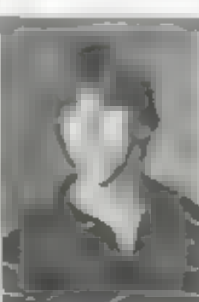
Marci Boyes



Michele  
Bracco



Greg Brackley



Cliff Branch



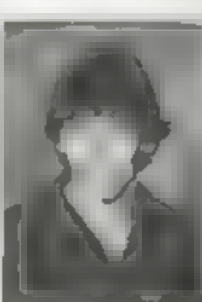
Rachel Brawdy



Robert  
Breedlove

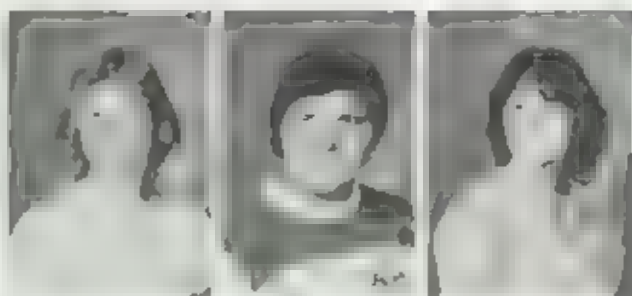


Jane Brennan

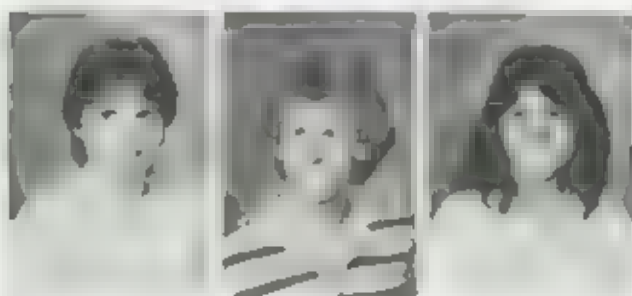


Dave Brewer





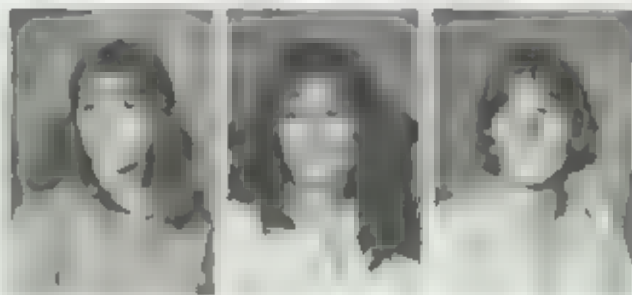
Terri Bridgeman    Jen Bruegar    Terri Brock



Lisa Brown    Todd Brown    Dawn Browning



Robert Cahn    Rodney Calkins    Delia Camarero



Nancy Cardozo    Kim Carlton    Matt Carlson



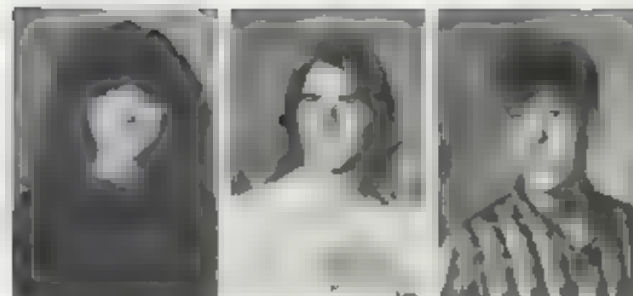
Edwardo Colaya    Cheryl Chaney    David Chereonsuphaht



Candy Christman    Michelle Clark    Victor Clark



Steve Nowan is a member of KHS Varsity cheer.



Debbie Brooks    Patrick Brooks    Ricky Brooks



Murl Bruton    Mark Bryan    Steve Burroughs



Tim Campbell    Amyot Campos    Gerardo Campos



Kelly Carmichael    Francisco Carilla    Sandy Castle



Alison Chase    Nancy Chavarin    Sarah Chisolm



Dorothy Clinger    Jennifer Clinger    Shawn Clifton

# The First Day Of School

By Matt Barlow

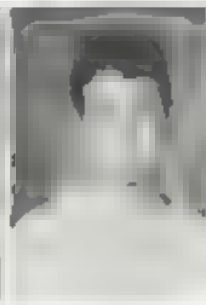
I was running too late to eat any breakfast. I hurried through my shower, and ate on the way out the door. I saw many freshmen as I passed the bus stop on my way to school. Their faces resembled Prisoners of War in front of a firing squad. I glanced over at my brother's friend who appeared as if he hadn't slept in a week. We were extremely early that morning, so early that the few cars in the parking lot seemed to be engulfed in mist.

As I walked up the sidewalk, I overlooked the terrorized faces of the freshmen and the adamant faces of the seniors. I squeezed my way to my locker in Junior Hall to put my books away. As I did this I thought of the past summer. Going to the beach, cruising with my

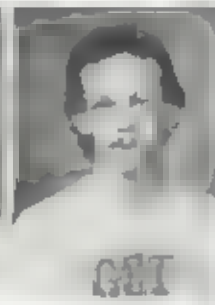
friends, working, and everything else. My thoughts were disturbed by the piercing cry of the first bell. As I dodged my way through the halls, I saw the effects of the last party of the summer which left many kids tiredly dragging their feet to their first class of the new school year. In my first class, I realized school hadn't changed since last year. The teacher introduced herself, called roll, then explained the rules of the class. I fell into a deep trance engendered by staring at the wall. Before I realized it, lunch had arrived. Whew! I needed it badly. I talked to all of my friends and met a few new ones. The other two periods went by quickly, and I was on my way home with seven books.



Michelle Cole



Don Coney



John Conner



Bobby Cook



Brett Cooley



Michael Cozart



Pam Crawford



Todd Crites



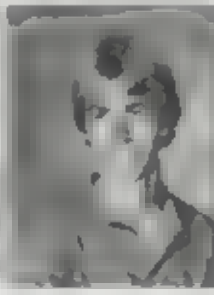
Shelley Crockett



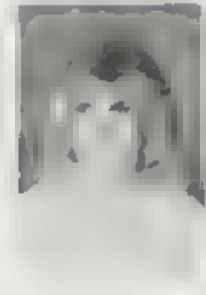
John Cruz



Theresa Cruz



Dan Daffer



Karla Day



Lisa De La Torre



Frank Deichman



Joe Delgadillo



Lorraine Demi



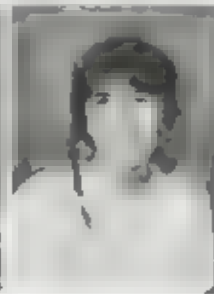
Laurie Dennis



Kirsten Denton



William Desautels



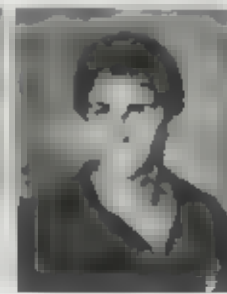
Civita Di Giovanni



Andrea Diaz



Chris Dickerson



Jimmy Donahoe



Scott Dosie



Adrienne Douglass



Nicloe Dress



Brian Duffy



Jim Duke



Christina Durbin



Tim Durst



Doug Easterly



Scott Eister



Mike Elkins



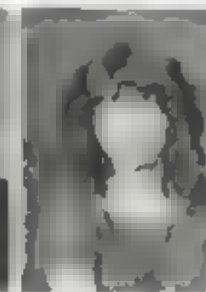
Diana Ellery



Sean Erskine



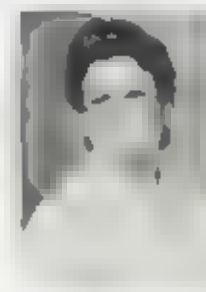
Debbie Estrella



Karen Ethridge



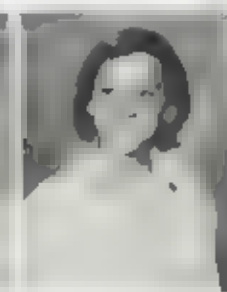
Matt Every



Leigh Fauke



Stephen Fenwick



Leonard Ferreiro



Another year, another seating chart.



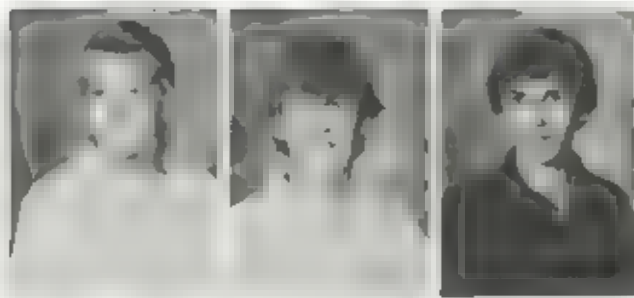
John Ferris Amy Fishburn David Flack



Gail Flemming John Floyd Dennis Flynn



Lisa Fowler Sherry Fraley Tim Fraser



Loretta Freund Mark Fry Don Gabriella



Denise Garcia Elizabeth Gaffney Roy Garoutte



David Garver Jeff Gassaway Kim Gears



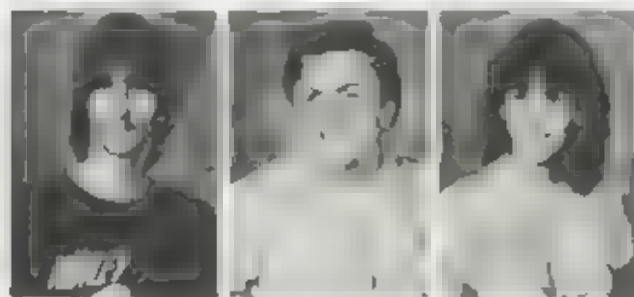
Brian Gerdes Angie German Savannah Gibson



Miles Gleason Janet Goda Paula Gonzales



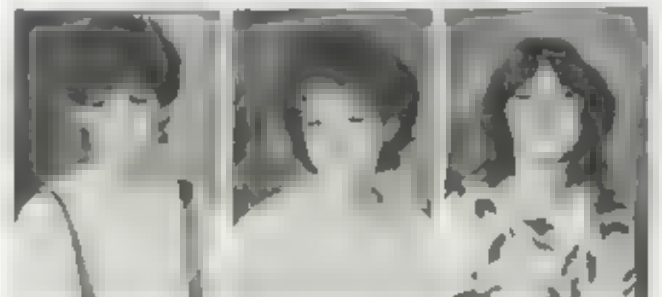
Cynthia Goodell Leslie Gosen Debbie Grant



Jeff Gregory Kevin Griffin Alesha Gross



Maria Guevara Rosemary Guevara Mercedes Gunnells



Cassandra Hadfield Lisa Hale Cynthia Hargraves





Laura Harris Mike Harris Stacy Harris



Christina Harrison Kamee Harrison Greg Hauel



Kristie Hayes Doug Heath Brooks Herald



Bobby Cook, Robert Priddy, and friend comparing notes before class



Penny Herbert Janene Herchy Alan Hertz



Rachel Herzig Tammy Hicks Tammie Miller



Tom Hillin Mike Hinson Todd Hook



David Hodges David M Hodges Janet Hodges



Jill Hollingsworth Doug Hopper Jeff Hoss



Karrie Howes Michelle Hughes Travis Hulbert



Robert Humphrey Tim Hunnell Mike Hurs



Tacey Hutchinson Michele Huvser Ron Jackson



Dana Jensen Aaron Johnson Don Johnson



Victoria  
Larson



Kevin Kaser



Dan Kikalis



Christina  
Kenny



Eric Kennedy



Andrea  
Kefauver



Scott Keppel



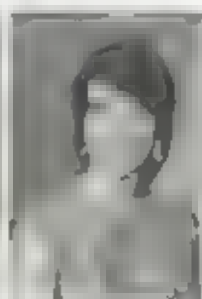
Sebastian  
Kikotich



Ben Kins



Kristina  
Koberstein



Kim Kointer



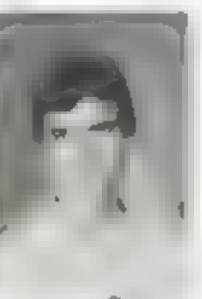
Gary  
Kopperrud



Chris  
Kuckman



David Kuehl



Mike Kuehl



Jerry Kueck



Tammy  
Kunkle



Thomas Kutha



Jeff Hoss concentrating in Granite Hills at half time



Michele La  
Hurd



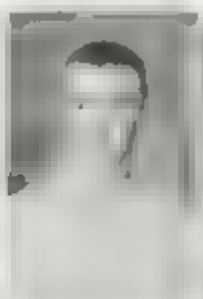
Ray La Costa



Nicole La  
Frenier



Gary Lane



Joe Laashhead



Tommy Leach



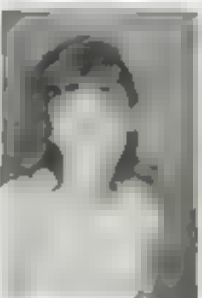
Teresa Lemon



Lori Laddison



Joel Liebe



Tammy Little



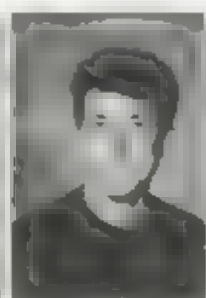
Tonia  
Logewick



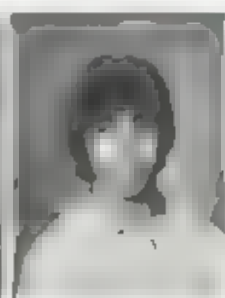
Jami Long



Crissy Longo



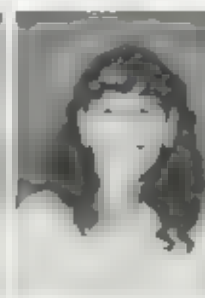
John L. L.



David Luzzo



Irene Luzzo



Cindy Luzzo



Christine Luzzo



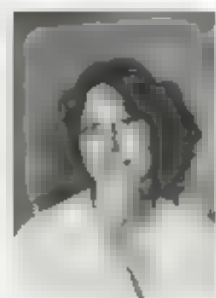
Steve Lupen



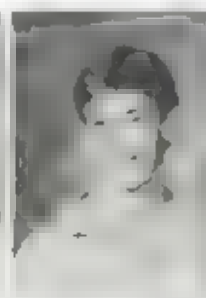
Alan Lynch



Wes Lynn



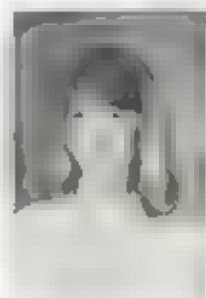
Meegan Madala



Scott Madala



Jennie Madala



Renee Marcks



Anna Marcks



Deanna Marcks



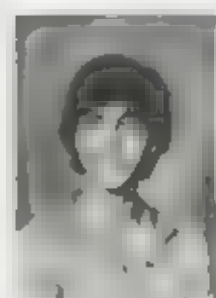
Jeff Martinez



Nathan Moxery



Joe Mc Dermott



Ryan M. Donohue



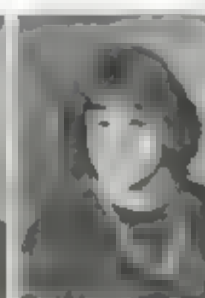
Jeff Mc Coyne



Maureen Mc Coyne



Dawn Mc Coyne



Sarah Mc Coyne



Mike Mc Coyne



Robert Mc Coyne



Steve Mc Coyne



Scott Mc Coyne



Good friends sharing good times



Jim Medina



Sandy Mandel



Richard Messenger



Cassen Miller



Ned Millican



Scott Mills



Cheryl Morgan



Debra Morgan



Donna Morgan

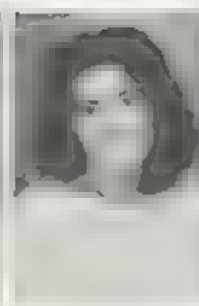




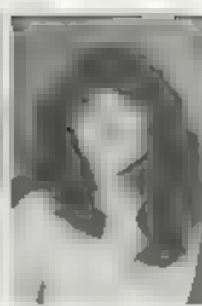
Just been a little bit Mike!



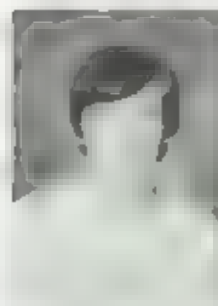
Jim Mortiz



Kelly Marrissey



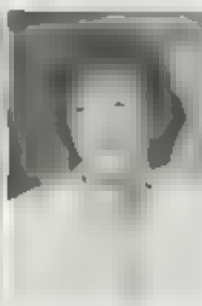
Rosemarie Mueller



Joe Murphy



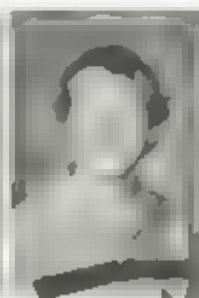
Scott Murray



Lisa Neru



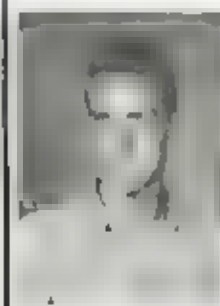
Linh Nguyen



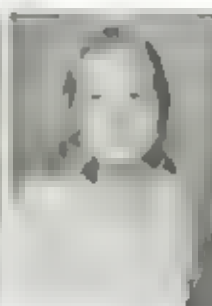
Mike Nichols



Frederick Nunn



Steve Nowlan



Traci O Connor



Dawn Olszewski



Lissi Osuna



Roberta Osuna



Christine Pangborn



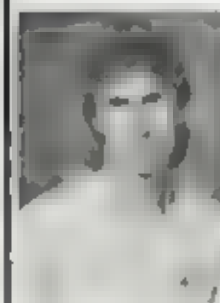
Robert Pangborn



Michelle Pardue



Lois Paris



Eric Parker



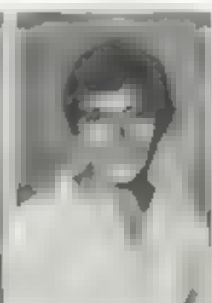
Kurt Peckman



James Peck



Ron Peeler



Daniel Perez



Josephine Perez



Kathy Perez



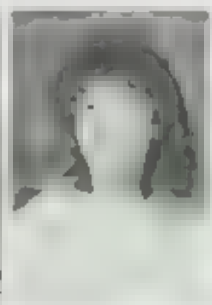
Tiffany Perkins



Noel Peters



Lisa Petersen



Robbie Peterson



Anjanette Pether



Robert Phares



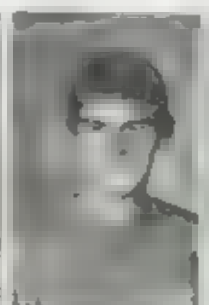
Yvonne Phillips



Jason Pinkerton



Troy Pitts



Kurt Pordexter



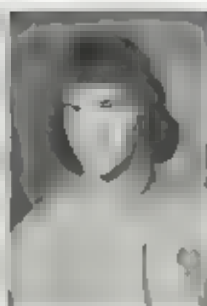
Mark Principe



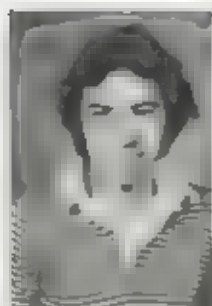
Dan Pritchett



Molly Purce



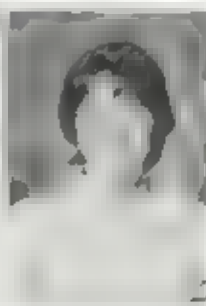
Tam Quance



Maria Rangel



Anthony  
Rascon



Kim Reed



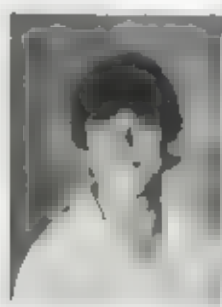
Lisa Reed



Mike Reed



Tracy Reeves



Tim Reily



Jamie Rice



Debra Roy



Karen Riss



Richard Riss



Priscilla Royce



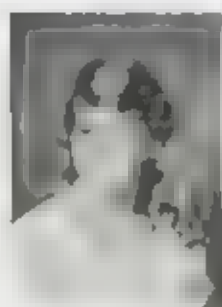
Mike Rivera



Tim Ruch



Debra Roberts



Leeki  
Robertson



Shauna  
Robeson



John Robinson



Rhonda  
Robison



Cathy  
Rockwell



David Roesch



Delia, Christy, Deanna, "The three musketeers"



Brian Roland



John Rose



Martin Ruzek



Jason Sandoval



Laura Sease



David Schmidt



Matt Schmidt



Lois Schneider



Tim  
Schwuchow



Jeff Scott



Mark Scudder



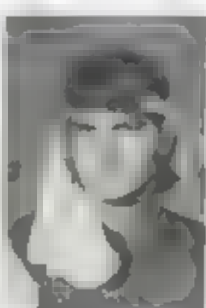
Traci Seaver



Patrick Sewell



Amy Sharp



Wayne  
Sheldon



Matt Shreve



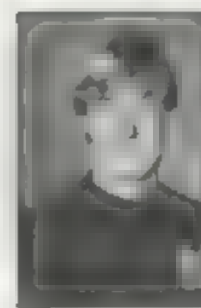
Tina Signs



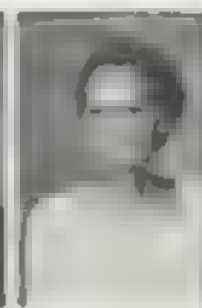
Tawny Siler



Junior class debating Homecoming float



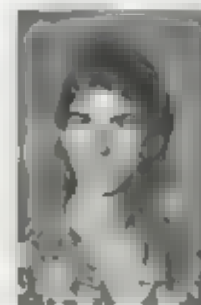
Dion  
Simonides



Cecelia  
Simpson



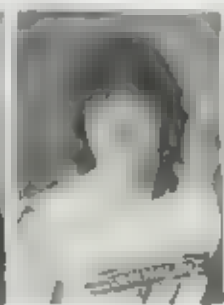
Madonna Sisk



Shane Skaggs



Megan Skinner



Jeff Smith



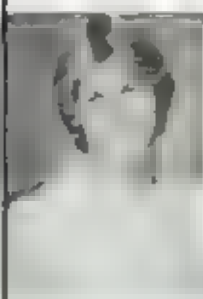
Jeff Smith



Natalie Smith



Sam Smith



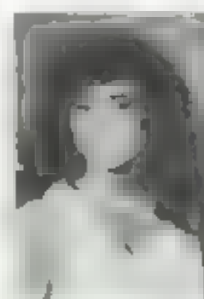
John Snoen



Dan Spencer



Angie Sprecco



Desiree Startz



Robin  
Stansbury



Kristine  
Stanzack



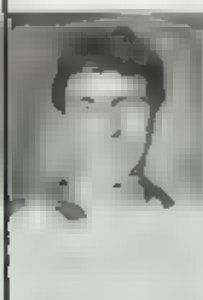
Carol  
Starkweather



Kevin  
Stephenson



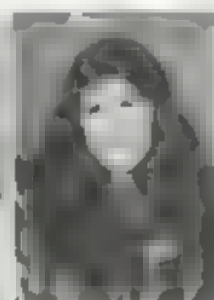
Craig Stewart



Mike Stolzer



Gina Storck



Tina Storrs



Jennifer  
Strong



Jay Suhama



Jeff Sumner



Troy Surratt



Lorne  
Symonds



Mike Tapley



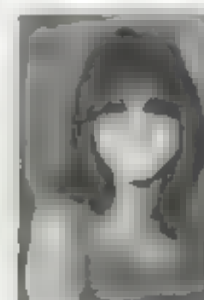
Lisa Tapp



Victor Teasly



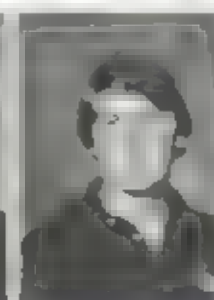
Travis Tilley



Kym  
Timberlake



Jim Tixer



David  
Tochtrop



Andy Tolley



Stephanie  
Topping



Kevin Trotter





Peggy Turpin Peter L. Zunov Anthony Van Bostel



Eric Van Der Lee Shane Vanderveur Scott Varvel



Corcen Walker Lance Walker Wanda Walker



Lyrraine Warner Tim Warren Louise Weber



Sean Weddle Sabrina Welch Gary Wenning



Lari West Jo Deane Wester Shawn Westg



Kim White Myrinda White Heidi Whitmann



Shaela Trumbo Kristie Wikoren



Donna Whit Laura Wicke Ken Wikoren



Don Wilkins Denise Williams Tammi Williams



Dan Wilson Devon Winthrop Don Wooten



Mike Worrall Amy Yahey Kim Zurline

## ASB ACTIVITIES

ASB planned many activities this year to motivate El Capitan students. There were class competitions held every Friday including a book relay, a water balloon toss, a donut eating contest, and a three legged race. During Homecoming week students participated in nerd day, tourist day, sport day, and toga day. The winner of this year's competition is to receive a hefty sum of \$200 to add to their class treasury



Nicole Birkel and Pam Crawford lost at Disneyland Where is the Matterhorn?



Peace, love, and the Day After

## Not Pictured

Charlie Allen  
 Tom Berkshire  
 Steve Burroughs  
 Antonette Cairo  
 Bernardo Celava  
 Kevin Dobson  
 Gene Gana  
 Edward Gilman  
 Kristine Hague  
 Stacie Harper  
 Dain Hasson  
 Mike Hooper  
 James Kimble  
 Kim Lane  
 Reggie Lennon  
 Michele Mayers  
 Johnna Morel  
 Margie Munoz  
 Dean Potter  
 Heidi Riese

Daniel Romano  
 Gary Romano  
 Tim Rudkin  
 John Ruse  
 Mona Simunovich  
 Tracy Smith  
 Larry Snow  
 Andrea Stephens  
 Michael Stolzer  
 Aileen Storie  
 Shane Tarbell  
 Vito Tocco  
 Jason Unrein  
 Shari Valley  
 Scott Vermillion  
 Brian Wells  
 Karla Whitaker  
 Marissa Whittemore  
 Vincent Wimberley  
 Michelle Yarbrough



David Hodges

# The Summoning Of Everyman

By Jeff Cole

"I pray ye all give your audience and bear this matter with reverence by figure a moral play."

The Summoning of Everyman™ was performed by drama first semester. Beginning in process, the play grew as changes in student directors and casts were made. Finally, plans were made to perform twice after school for the English classes and once in the evening for friends.

The cast found the play was an experience in unique and exciting make-up application in addition to an "avant garde" expression in costuming.



Ken Guinnup experiments with different make-up techniques to enhance his portrayal of Discretion.



Director Carol Starkweather also played the lead role of Everyman.



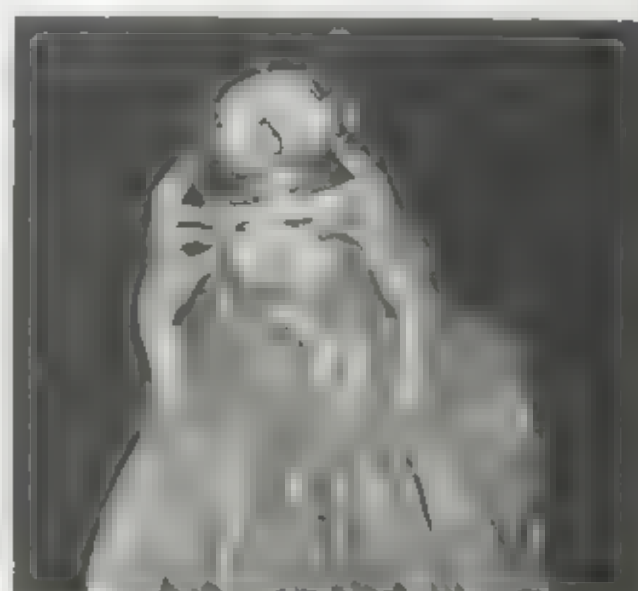
Getting into character. Knowledge, otherwise known as Jody Clifton, lingers behind the curtain opening night.



Brian Wells used Liquid latex to achieve an old wicked look in his portrayal of Desch.



Michelle Myers, Tracy Reeves, Sean Hartley, and Joe Laughhead ham it up after a successful rehearsal.



Solman, thoughtful, and in character, Don Peterson prepares himself for his performance of God.



# STERN

11-5

CATCHES IN  
1953 AND 1954

But I think that the middle class has been disappointed. It has been disappointed more than the proletariat. It has been stuck in the middle of the road, stuck between being a lower class and being an elite upper class. It had the feeling that it was not doing as well as it should — better — the feeling that it was not having the privileges of the upper class. Its feeling for salvation is a

September or ma  
The driver's  
most event in  
entered the t

...ly responsibilities. The

sophomore  
the life of  
to be desired  
High school is  
an exciting new adventure, and the  
old thoughts of college have not yet be-  
come the of friends to be there for the next  
two years and to build social status.

But do not sulk too long for the junior year is just around the corner, promising more fun and adventures. Not to mention the added homework.

# Sophomore Officers Began Making Plans



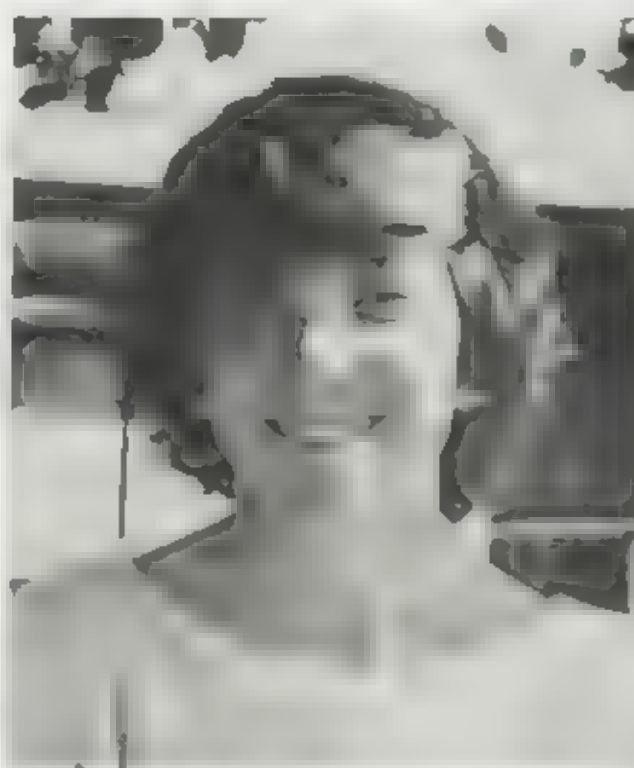
Advisor Rick White



President Chris Blanco



Vice President Michele Vaughn



Secretary Jennifer Howatt



Publicity Kathy Ashworth (at right) and Lisa Daniel (at left)



Treasurer Julie Damchen



Nicole Adams



Manny Adamson



Cesar Aguilar



Zenaida Aguirre



Jerry Aldridge



Sherry Alexander



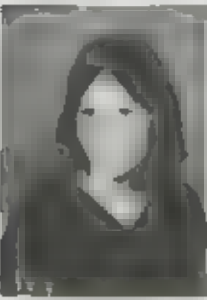
David Allen



Tammy Allen



Tim Allen



Mary Ambriz



Sherry Andrews



Tony Andrews



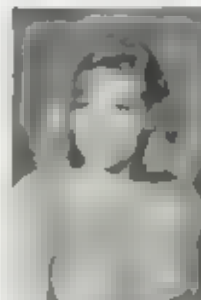
Kath Arnold



Robert Arnold



Jolene Asaro



Kathleen Ashworth



John Autry



Stanley Bacinell



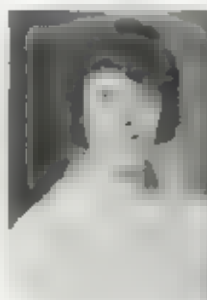
Tom Bagalini



Angie Bailey



Steve Baird



Gwen Bancroft



Dwayne Barbee



Kathleen Barber



Hank Barlow



Ken Barnum



David Barrett



Sophomores go Greek during Homecoming week





Kenny Barrett

Missy Bass

Christina  
Bauer



Justin Baxter

Jennifer Beall

Richard  
Beckman



Leah Behnke

Barbara Bellis

Ann Benion



Rene  
Berkheimer

Douglas Berry

Jason Bertrand



Michelle Betts

Angie Biffle

Jeff Bigler



Nancy  
Blakeman

Brian  
Blanchard

Chris Bianco

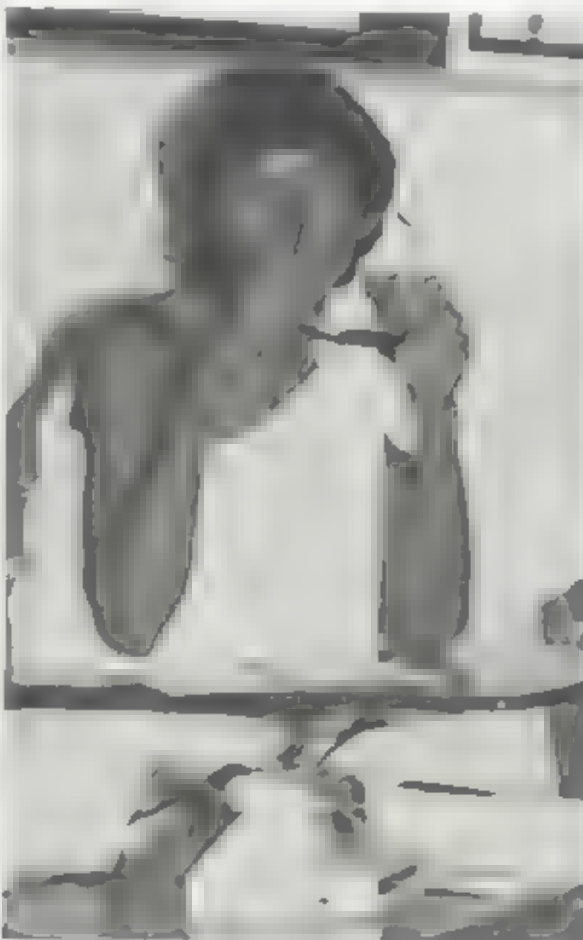
## Driving Dilemma

by *Laurie Erdman*, Driver's license; highlight of the sophomore year. But the driver's license is playing a lessening role in high school. Due to budget cuts, sophomores had to travel to participate in the driver's training Program

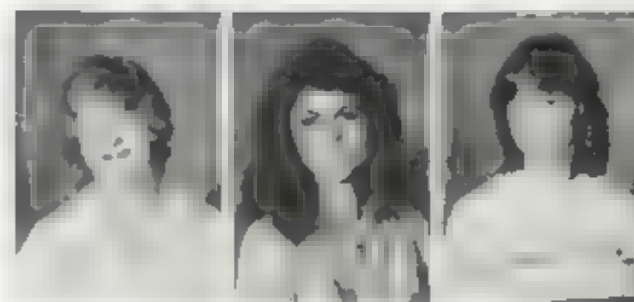
Despite the new hassles, the excitement of gaining the license has not died. The sweating palms, shaking hands and knocking knees still appear as another, DMV required, task is about to be performed

Hours of studying the little yellow driver's manual finally pays off when 100 is placed on the top of the finished exam. A sigh of relief is released while anxiety builds for the coming of the simulators. After the first few experiences, simulators become trite and relaxing. No longer are you afraid you are going to break the gadget.

Nerves really start to jump as you step into the car and sit behind the steering wheel. The fear mounts and you are off, driving with the guidance of an instructor. Next the nerves calm and the relaxation takes over leaving room for a building confidence. Only to be replaced by more jitters when the day of the test arrives.



Ray is taking the driver's license process in stride



Ruth Bledsoe

Lisa Bluffin

Rachel Bodel



James Bonano

Jenny Bonnett

James Bordine



Gino  
Borsellino

Cindy Boswell

Jill Botzer



Anita Bradley

James Bradley

Heidi Branch



Mike Branski

Ray Brassell

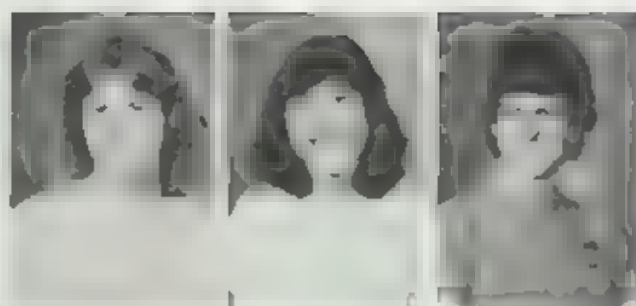
Clifford  
Broadbent



Michael Brock

Peter Brooks

Ron Brooks



Susie  
Brotherton

Geneva Brown

Keith Brown



Shelly Brown

Mark  
Browning

Shane  
Browning



Angie Bryant

Charles  
Brzezinski

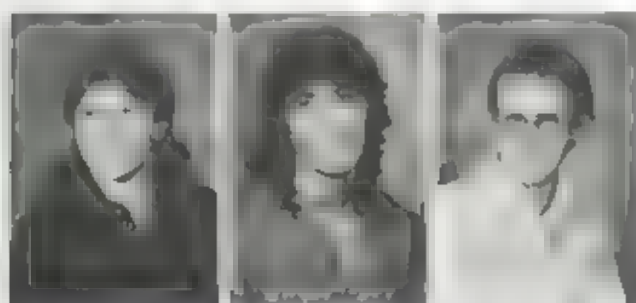
Janice Bue



John Burke

Kevin Burke

Kim  
Burnworth



Samantha  
Buser

Tina Cabello

Scott Callcott



Bobbi  
Camarato

Dennis  
Campbell

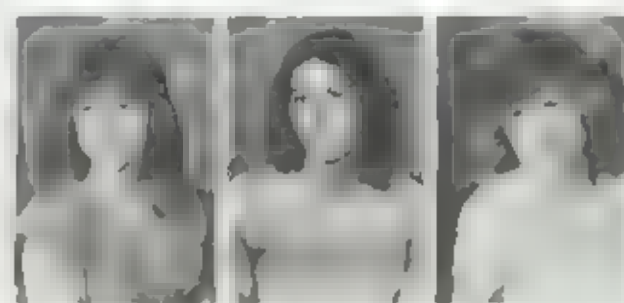
Pace Carbone



Tanya Carbone

Derek Carol

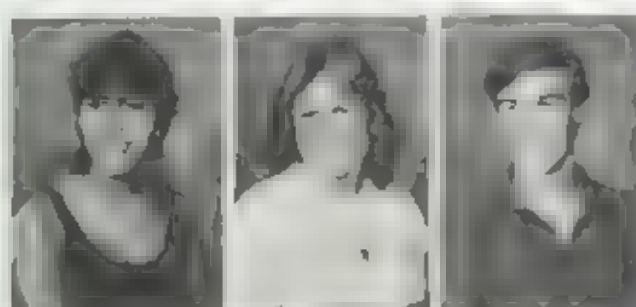
Devin Carol



Shelly  
Carmack

Kim Carson

Annette Carter



Cristina Castro

Lisa Chaffin

Mike Chelsea



Tammy  
Chitwood

Chris  
Christiansen

Rene Cincotta



Lisa Crotti

Cheryl Crick

Becky Clark



James Clark

Lee Clark

Louise Clark

## The Teenage Conflict

*by Debby Corcoran*, How can growing up be such a blast and such a total trauma at the same time? Imagine being totally, positively, absolutely sure of yourself one minute and out of control and insecure the next.

This is a conflict felt by many young people from time to time throughout their growing up years. We often feel like the rope in an emotional tug-of-war, being torn between dependence and independence. At times we feel ourselves wanting to scream out, "leave me alone, I can handle this, I'm an adult." But too quickly we forget these thoughts and reluctantly plea, "Oh Mom Dad, where are you? I need you," and expect the immediate beckoning of our supportive parents.

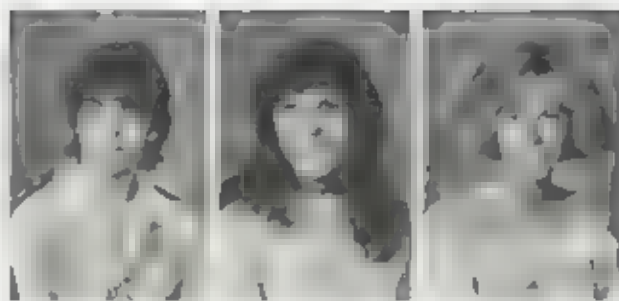
Independence seems so welcoming; that first car, grades, dating, jobs, college, growing, learning and constant challenge. Is this adulthood knocking at the door so soon? I gave at the office. "They never said it would be like this!"



Michelle's journal is an opportunity to work out conflicts.



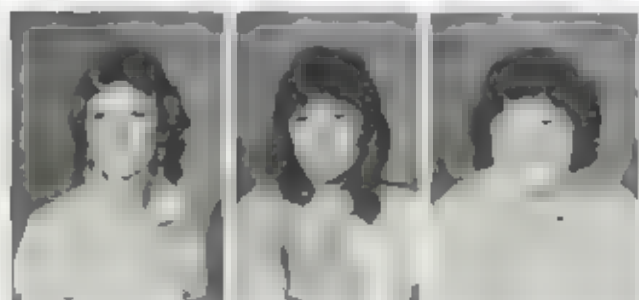
Amy Clarke Erin Cleland Grant Clinger



Dean Cole Kelly Cole Nancy Coleman



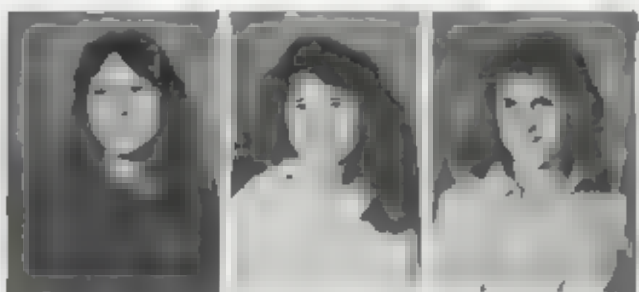
John Conney Kristina Contreras Rigoberto Contreras



Audra Cook Sherry Corduan Andrea Colombe



Troy Cox Robbie Creed Nora Cruz



Secora Cruz Andrea Cunningham Gina Cupp



Jim Bradley cruisin' the quad



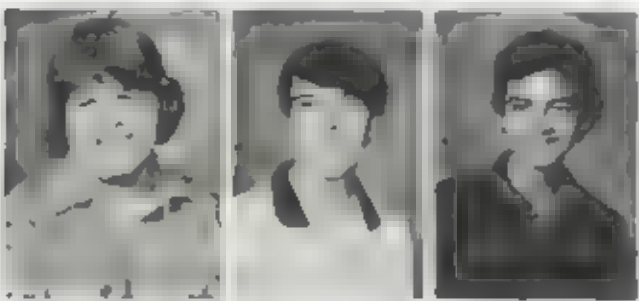
Chris Curiel Daniel Curtis Janice Curtis



Joseph Deluz Cheryl Daily Julie Damschen



Lisa Daniel Chris Daniels Bret Dautremont



John Davis Kenneth Davis Martin Delatorre



Shannon Dewalt Mary Delgadillo Jon Delong

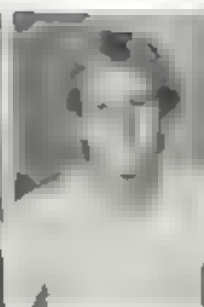


Kent Dempsey Casie Dennis Ron Densford





Carrie  
Destenango



Michele  
Desnoyer



Sherr Diaz



Darrin Dietzen



Andrea  
Digeran



Terr Dixon



Jamie  
Donahue



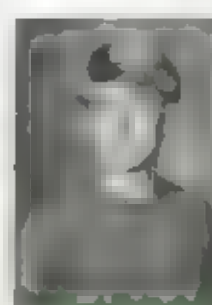
Kell Draine



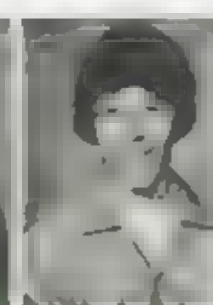
Mike Drier



Melissa checking out the guys



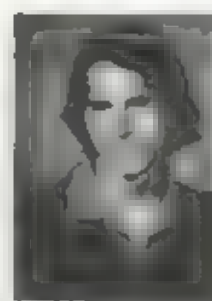
Lyle Drury



Steven  
Drywater



Steven Duffy



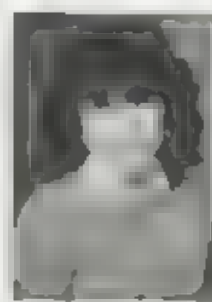
Dustin Dumas



Kurt Duncan



Angie Dunham



Colleen Dunn



Amy Durst



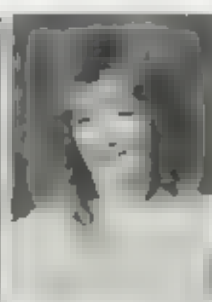
Arca Eckert



Scott Edwards



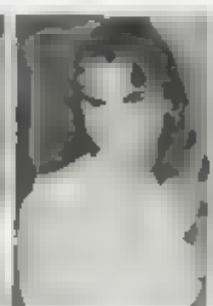
Sher  
Eisenbarth



Sharon Ekins



Tim Elliott



Michele Engel



Mike Ennis



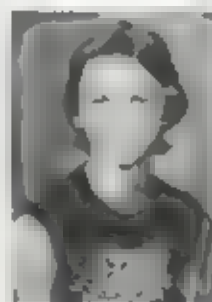
Sarah Estrada



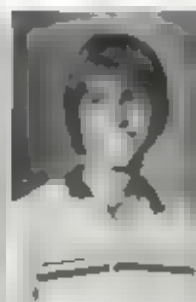
Monique Fain



Kelley Falter



Shawn Feele



Eddie Fischer



Laura Forrest



Robin Foster



Elizabeth  
Freeman



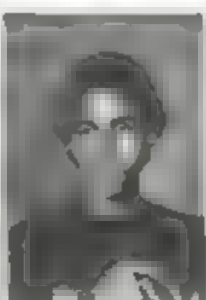
Christen Frude



Check this out, Mr. Peabody



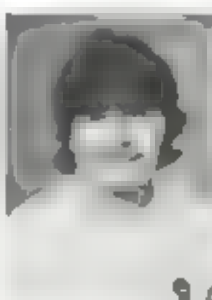
Kevin Gallup



Taza Gaoa



Andrea Garcia



Dale Garcia



Patrick Garcia



Shelly Gardner



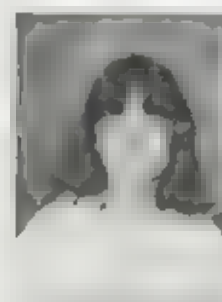
Billy Gaston



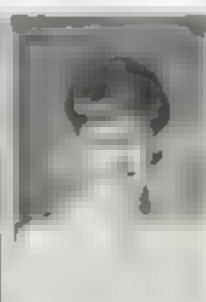
Gina Gentile



Fred George



Nicole Gerdes



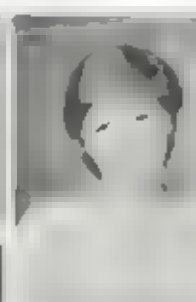
Sandra  
Geroche



Patrick  
Gervais



Rikki Gibson



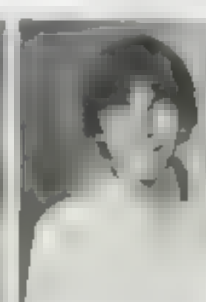
Diana Gish



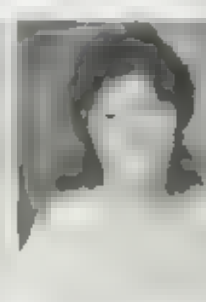
Charlie  
Gladman



Robert Glance



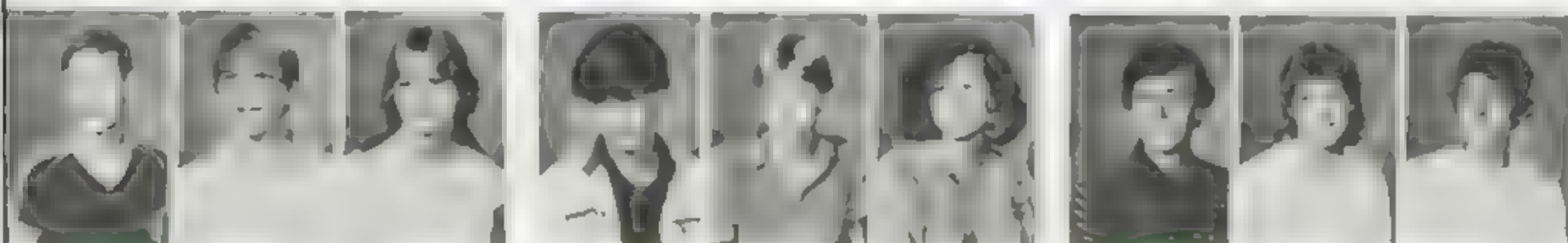
Richard  
Gonsalves



Menssa Goode



Carl Gey    Wendy Gey    Lisa Geyde    Irish Greenwe    Jordan Greer    Rachel Grenquist    Mike Greas    Raymond Grassie    Jani Grevali



Wes Geyer    Mike Gimmelman    Lisa Gwyn    Kurt Hahn    Trevor Hamilton    Laura Hammond    Scott Harpner    Tommy Hardy    Phil Harp



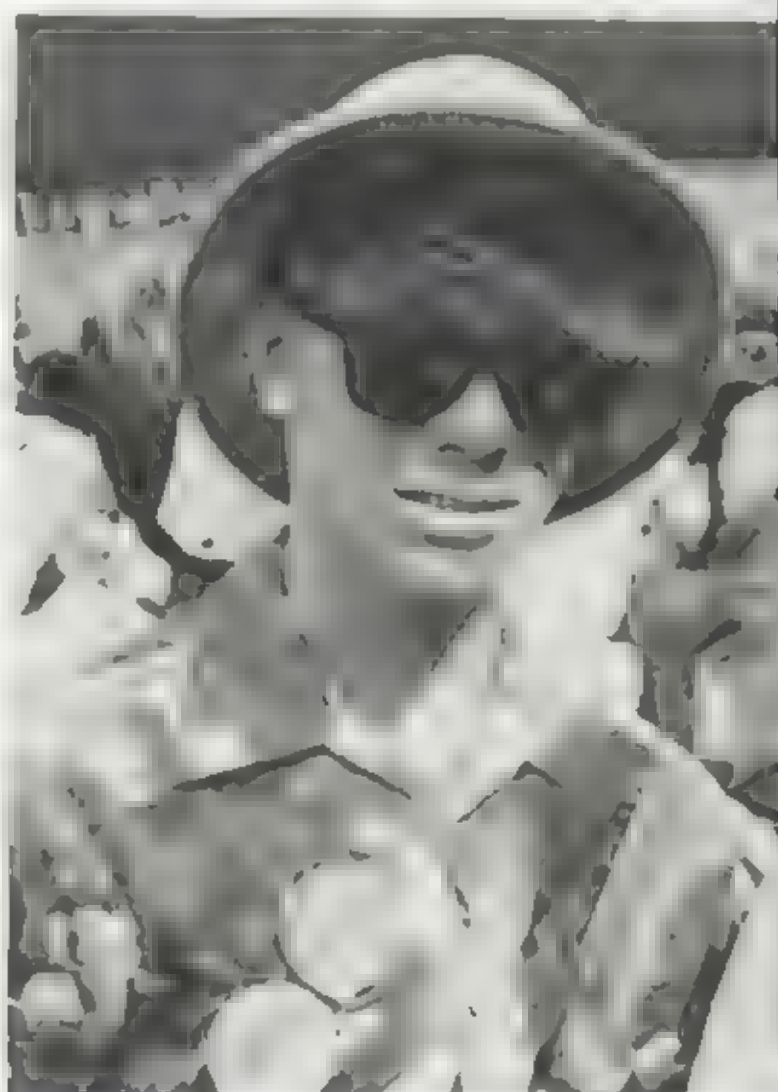
John Hudson    Hayden Hultquist    Sheri Huxley    Shea Huxford    Lisa Hawkins    Chris Haysler    Sandra Hernandez    Mike Hecker    David Herbig



Jon Hicke    Tracy Hebert    Frank Hilder    John Hirt    Anne Hirsch    Laura Holmsten



Welcome to Paradise Canyon



Chris Dines plays guitar





Jennifer  
Hollingaworth

Lisa Honey

Tracy  
Hopwood



Jennifer  
Howatt

Shawn Howes

Marc Hubbell



Chris Hull

Tom  
Hunington

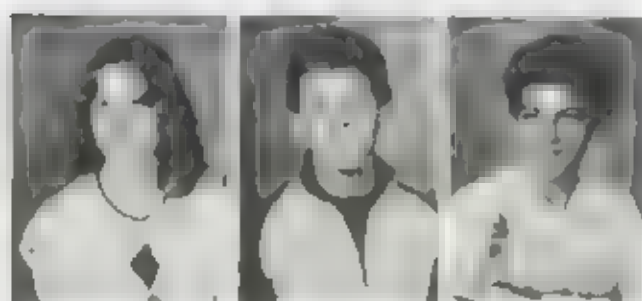
Kym Icke



Robert Imhoff

Sue Ivey

Tyra Jacques



Rose Jagera

Brett Jennings

Gilberto  
Jimenez



Holly Johnson

Jenniann  
Johnson

Katherine  
Johnson



Steven Johnson

Sean Jones

Bruce Jordan



'Who says M & M's melt in your mouth not in your hand?' asks Serena



Raquel Keenan

Wayne Keener

Shawn Keller



John Kemp

Samantha  
Keppel

John King



Kathryn King

Noah Kingery

Stephen Kilo



Jenny Klee    Melissa Klump    Marlo Knorr



Karen Kobliska    Marsha Koch    Bob Krueger



Corey Kruse    Tim Kundrat    Tom LaCrue



Renee Labadie    Christina Laird    Robert Laird



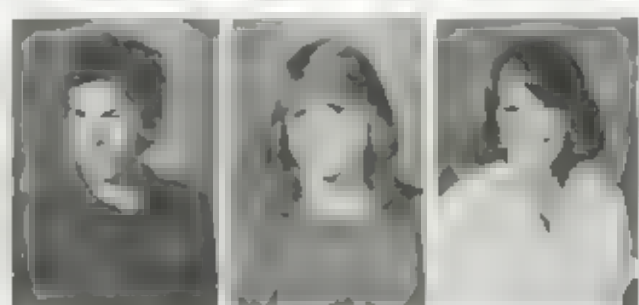
Sheri Lajoie    Scott Lanswick    Mike Leavitt



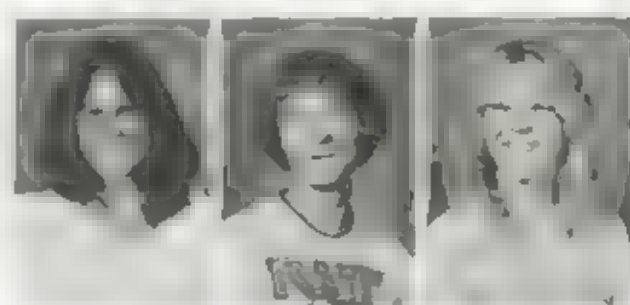
Anxious Sophomores hoping to get on TV when Larry Himmel spoke at Homecoming



Steve LeGault    Ross Lee    Jeannette Lehre



Justin Leinen    Kim Lemon    Jennifer Lenkewec



Sara Leo    Joel Lies    Teresa Little



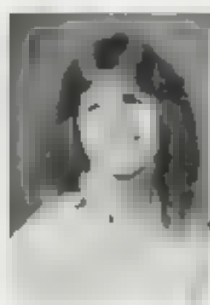
Jerry Livingston    Marion Locke    Kim Lager



Gina Lombardo    Mike Lombardo    Sonia Lopez



Cheryl, Rhonda and friends enjoying their favorite subject — lunch



Michelle  
Lavetti



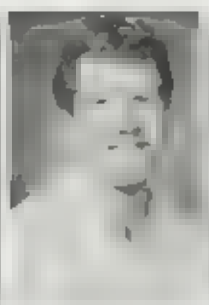
Nancy Lowe



Alisa Lozano



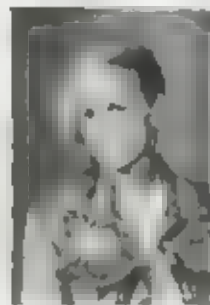
Henry Lozano



James Lynch



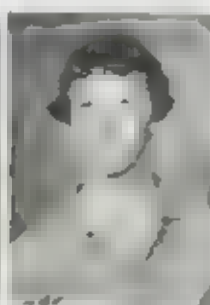
Troy Lynch



Michele  
Miketa



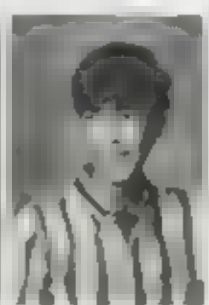
Colleen  
Malmquist



Aaron Malone



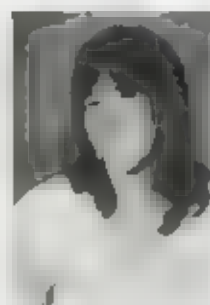
Henry Manette



Harris Martin



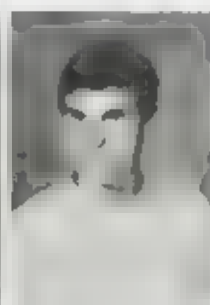
Javier  
Martinez



Rhonda  
Martinez



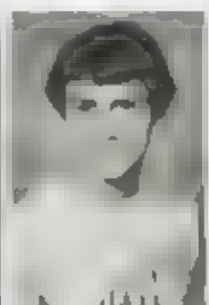
Ron Mason



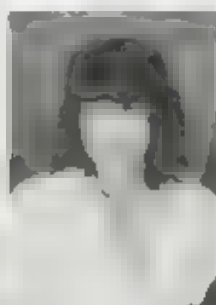
Scott Mason



Stacey Mc  
Conaughy



Eric  
McCormack



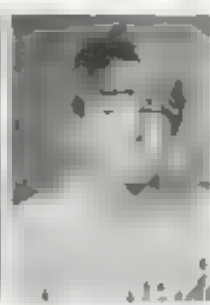
Leann  
McCullagh



Melissa  
McDermott



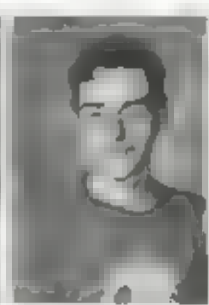
Jillian McFaul



Justin  
McMahan



Matt  
McMillan



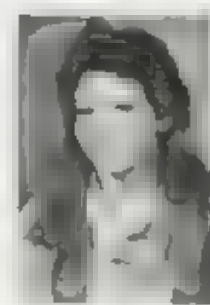
William  
McMullen



Mike  
McVicker



Jennifer Howatt participating in Homecoming  
Week activities



Michele Mills



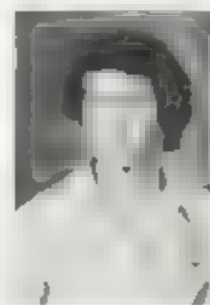
Jeff Minch



Claudia  
Mitchell



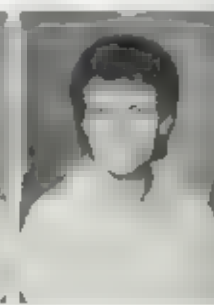
Who's taking me home today?



David Mitchell



Tracy Mohr



Lisa Monfils



Lynn  
Montagne



Robert  
Morawski



Jason Morgan





Jerry Morgan    Matt Morris    Jeanette Munkins



Jeff Murphy    David Myers    Wendy Nash



Mark Nease    Daniel Nesheim    Stephanie Newberry



Rashe Nichols    Mike Norheim    Corey Norrington



Steve Duffy taking a break from his Biology Lab



Sean O'Dell    Robert O'Hanlon    Nelson O'Neil



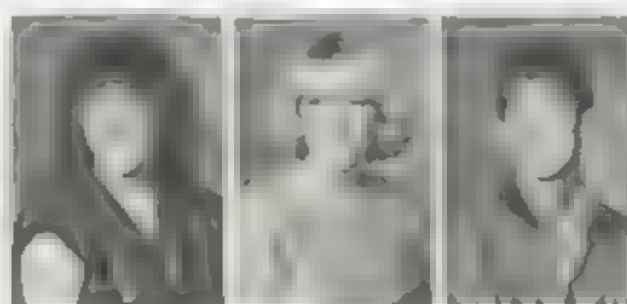
Pete O'Leary    Kevin Osburn    Gretchen Osce



Jennifer Owens    Jeff Over    Michele Parker



Kim Pauley    Jeff Payne    Eddie Pendergrass



Tiffany Perry    Erika Peterson



Walter Pendergrass



Shawn Pendergrass    Brenda Pendergrass    Teresa Pendergrass

# Passing The Buck

by Jeff Cole, One can read their thoughts as they prepare to deliver their speech "Wasn't it just last week that I had plenty of time to write this?" and "If I had just one more day ..." But because they are obligated to speak today or forever lose their grade, these unprepared souls start out with the basics: Title, author and publisher. The rustle of jackets and the chilly sound of winter can be heard because everyone knows these are the infamous snow blowers, those masters of procrastination. "Procrastination is the thief of time," said Dr. Young, and Milton's light answer "Let me not let pass occasion, which now smiles."

The high school students would simply state "No time today!" "What about the game?" or "I have a whole week." And yet the pens fly when these junior philosophers see the light — ten minutes before speech time. Many are found to be students of French who said, "Speak but little and well, if you would be esteemed as a man of merit.", as they scribble down the barest simile of a cribsheet. But hope shouldn't be forsaken. Upon entering college or the business world as one UCSD student put it "You're paying for it so you might as well do something while you're there."



Missa is in the spirit of home during week



Preparing for a last minute speech Jeff Payne procrastinates



Chris Palmer



Chuck Potter



Marne Potter



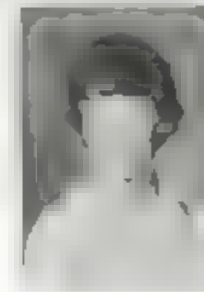
Brenda Potts



Cindy Prasser



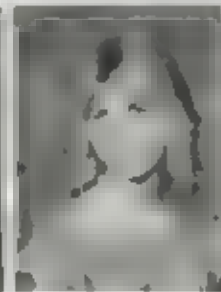
Matt Pucci



Ewen Quigg



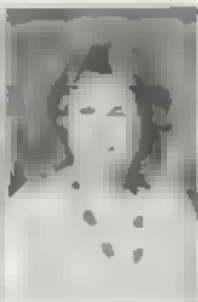
Kim Rambo



Susan Rampach



Karen Ransweiler



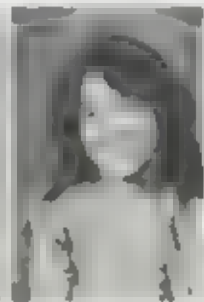
Desiree Rawls



Chanel Rayne



Anna Raymond



Ana Real



John Redd



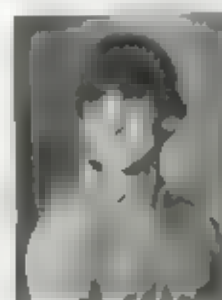
Shanon Redle



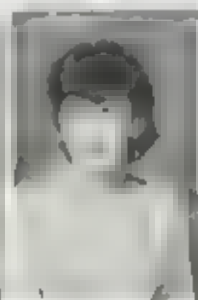
Glen Reese



Frank Reid



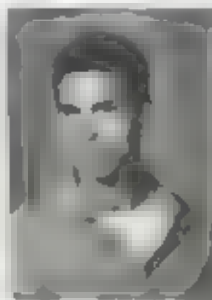
William Reilly



Dynise Reinbold



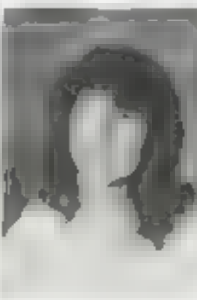
Angela Rel



Adrian Reyes



Cliff Rhodes



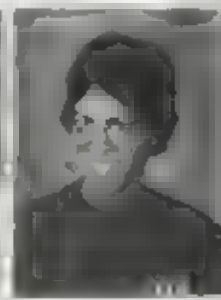
Susan Richards



Andrew Richardson



Monte Richardson



Henry Ring

# Making Excuses



Chris is thinking of an excuse to snow Mrs. Schuster with

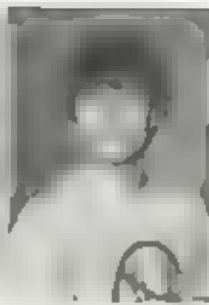
by Jeff Cole, The scenario is familiar. A student didn't do his homework but is quite content to pay the consequences as long as the teachers doesn't ask, "Why didn't you do your homework?" He would have been happy to leave it as an incomplete but now the teacher has blatantly asked for the long list of excuses that each person carries with them. He plays out his role for the sake of tradition, and when he finally hits upon an excuse that is acceptable to both the teacher and himself, he can relax from this exhausting ritual. But according to an article in *PSYCHOLOGY TODAY*, by C.R. Snyder, the ritual of excuse making is actually beneficial to ones well-being. "We all make mistakes of one kind or another and find ourselves in predicaments in which we don't perform well. Something has to be done with these disappointing outcomes so that they don't restrict and intimidate us; that something often takes the form of excuses



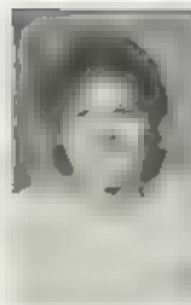
Kim Rippey



Julie Robbins



Eddie Rogers



Adriana  
Romero



Melissa Rose



Wendi Roskos



Jennifer Ross



Michelle  
Rudkin



Mary Ruis



Mark Russell



George Russell



Reid  
Rutherford



Renee Saenz



Cindy Sauter



Scott Salyers



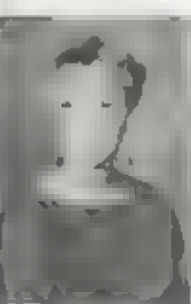
Jeannette  
Sanchez



Richard  
Sansom



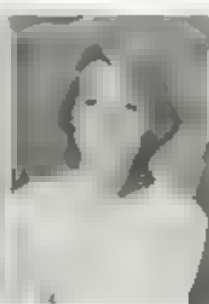
Debbie  
Saunders



Laura Sauter



John Schater



Gina Schiavoni



Mellanie  
Schifano



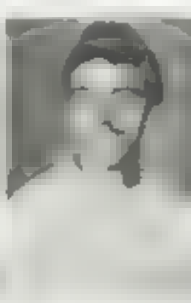
Stacy Schmidt



Cindy Schmitt



Kandi Scott



Jim Seeley



Laurie Shamp



Richard  
Shekey



Michele  
Shunka



John  
Shoemaker



John Simler



Cathleen  
Singer



Geri Smith



Jerry Snow

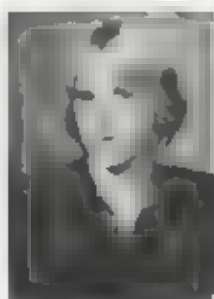


Vicki Snowden



Tom Sobehrad





Joel Spira



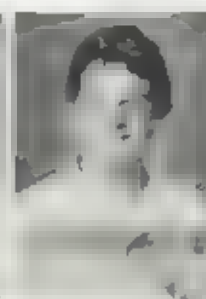
Lance Stacklie



Deana  
Stamper



Linda  
Standing



Scott  
Standing



Michelle  
Stanley



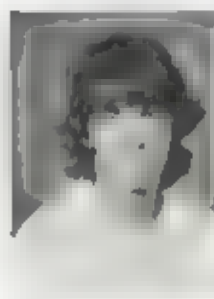
Lara  
Stephenson



Shelly Stevens



Brad Steward



Anthony  
Stewart



Michelle  
Stewart



Jim Stilson



Crata Stovall



Albert Stray



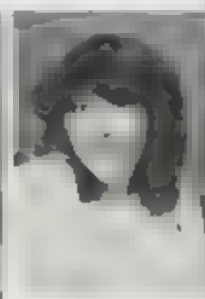
Jim Stultz



Janet Sturges



Michelle  
Sulphur



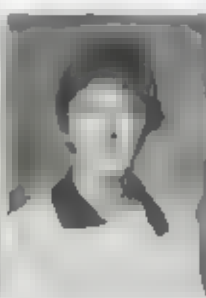
Mechelle  
Taber



Sam Tagney



Ruben Teliez



Todd Teucher



Jodee Tharp



Frank Thoeny



Jenny  
Thomann



Mike  
Thompson



Todd Throp



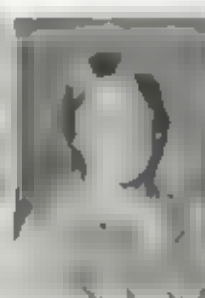
Terry  
Tibitowski



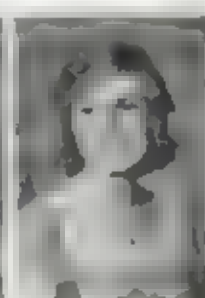
Scott McMillan asks Jim Donahoo, "Did you see that girl?"



Brannon Tiley



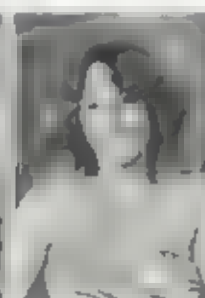
Richard  
Tschopp



Susan Tomer



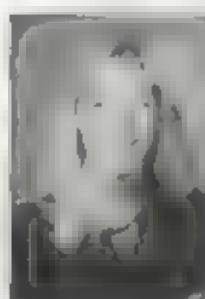
Lisa Torres



Dorothy  
Trattner



Erik Truplio



Cheryl Tyler



Andy Uppenkamp



Paul Uzan



Jeff Urquhart

Philip Van  
Paepeghem

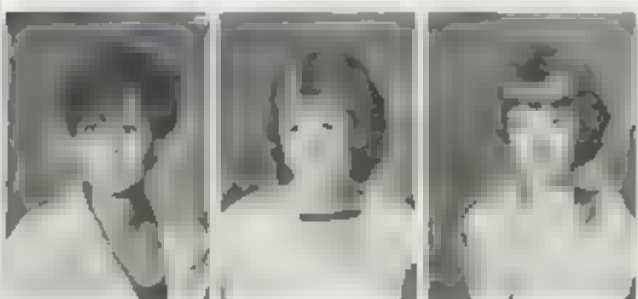
Michelle  
Vaughn



Michael  
Velesko

Elissa Vick

Richard  
Virginia



Janine  
Vockeroth

Danice Von  
Feldt

Jamilyn  
Walker



Melissa  
Walker

Sean Walker

Doug Wallace



Christine  
Walier

Robert Waller

Kelly Wash



Lisa Walters

Daniel Ward

Steven Wasko



Christina Castro enjoying another day in English



Daniel  
Wasserbauer

Mike Weaver

Kathy Wells



Lorette  
Werner

Don  
Westerberg

David  
Westerhout



Tiffany  
Weston

Heidi White

Linda White



Eric Whitlock

Nicole  
Whitlock

Janine Whitten



Jodi Wildasin

Monica  
Williams

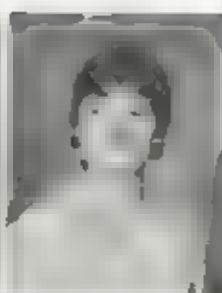
Scott Williams



Friends gather together to talk during lunch



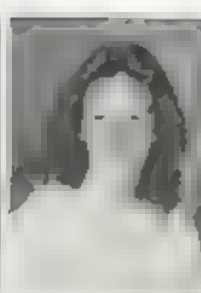
Rita Kyno



Tammy Willis



Kim Wilmers



Cindy Woertz



Cory Womack



Chris Wood



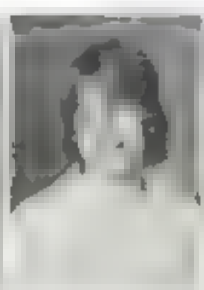
Crissy Worix



Debbie Work



Julie Wyborny



Sam Yeager



Melanie  
Yambo



Gary Yates



Leann Yates



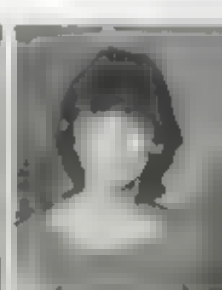
Lon Yates



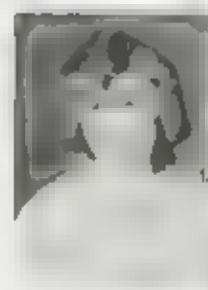
Cindy Yendon



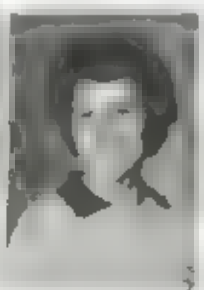
Brian Yette



Polly Young



Denise Zidlick



Travis  
Zimmerman



Tracey  
Zumstein

## Not Pictured

Georgina Amavisca  
William Beard  
Keith Becker  
Keith Belfer  
David Blair  
Elizabeth Burton  
Pete Carroll  
John Cogburn  
Scott Colson  
Mylee Combs  
Joel Creed  
Debbie Dalton  
Aaron Deason  
Carrie Destefano  
Charles Gilman  
Shannon Graham  
Orie Haynes  
Lynn Herlihy  
Jeff Johnson  
Leslie LePage  
Michael Leavitt  
Ricky Lentz  
Tim Martin

Shawn McCranie  
Chris Moore  
Richard Morse  
Claudia Nadeau  
Todd Neville  
Crista Newcomb  
Ricardo Ortega  
Mike Patrick  
Robert Perry  
Laura Pierson  
Carlos Rosas  
Troy Saylor  
Daniel Solomon  
James Spear  
Dennis Stone  
John Stroud  
Amal Vandervoort  
Becky Villa  
Victoria Williams  
Chris Worix  
Charles Yendon  
Francisco Zavalza



Julie, Susie and Shawn enjoying a leisurely lunch on the lawn



June 13, 1985

# JACK AND JILL™

## FRESHMEN ARE "MOVIN' ON UP"

By Laurie Erdman

It was the start of what seemed to be a whole new life. The walk onto campus that first morning of their freshman year, was one they will never forget. The mounting excitement grew inside them as the next four years of their life was about to begin.

The excitements of geography, algebra, English and physical education were only a start to the new experiences. Lunch time and passing periods were a nightmare in themselves. "Where is room 1406?" they wondered. But their intense fear surmounted the urge to ask someone or even pull out the handy dandy map which the office gave them. The panic increased as they dashed around madly, when all of a sudden the bold, black numbers 1406 shouted out from around the corner.

Lunchtime was left to find their friends. "There must be a thousand kids on this quad. Where could Debbie be?" Once again the fear mounted and they walked the other way, too afraid to step out onto the quad.

Worst of all their freshman year brought them criticism. The cut-downs and the hazing were sometimes more than they could handle. "Is starting out at the bottom always so hard?"

Even so, as the year came to an end, the freshmen had a spark of hope to know they were movin' on up to bein' an upper classman.



# Freshmen Officers Fight For A Strong Start



Advisor Shirley Tector



President Susan Sancer



Vice President Thom Lane



Secretary Dawn White



Publics Nancy Thomas and Diane Bradley



Treasurer Christie Baum

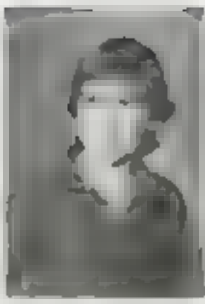
# Autograph



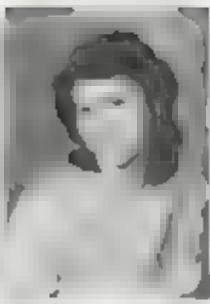




Gary  
Abrahams



Richard  
Aguilar



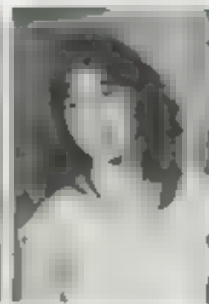
Aedra Aguirre



Monica  
Ahlfeld



Leoncio  
Alderdyce



Judy Almeida



Robert  
Amavisca



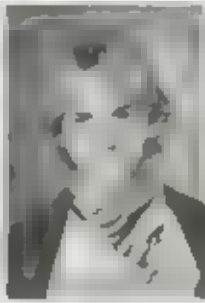
David  
Anderson



Tracy  
Anderson



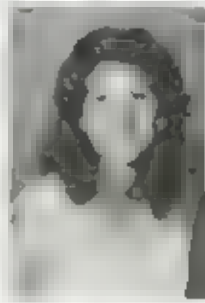
Jason Anglin



Peter Antych



Robert  
Arvey



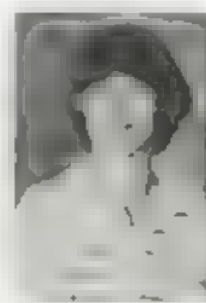
Joan Atkins



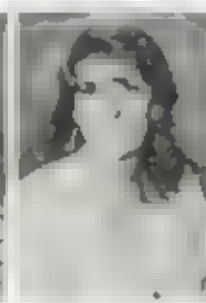
John Ausderin



Melissa Ayers



William Bagby



Dawn Barnes



Corey Baker



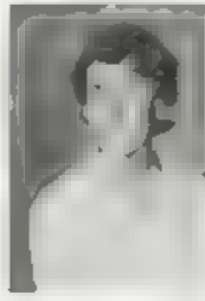
Tracie Baker



Mark Biles



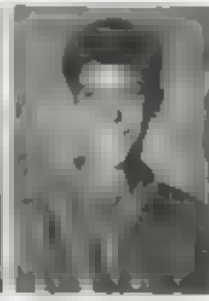
Pat Bick



Jason Barbera



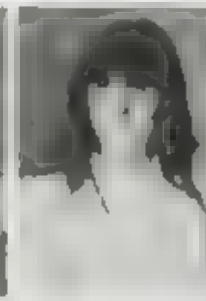
Danny Barbee



Marcus Barlow



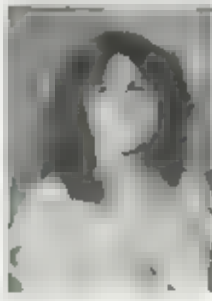
Heather  
Barrett



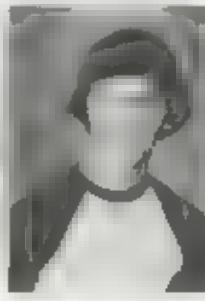
Stacy Barrett



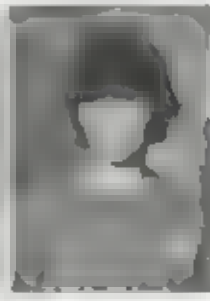
Curt Barry



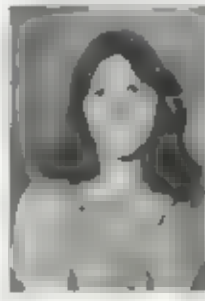
Shawn Barry



James Barton



Darn Bassham



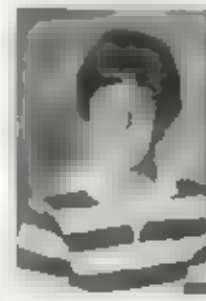
Kristie Baum



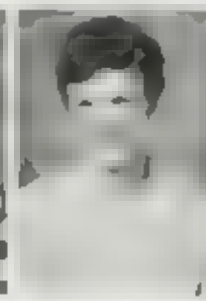
Gerald Bea



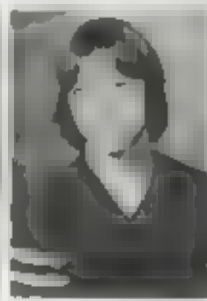
Michelle Beaso



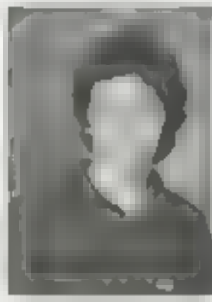
Timothy Beaty



Michael Beck



Freddie Becker



Ryan Becker



Derek  
Bekhamber



Thomas Bell



David Belis



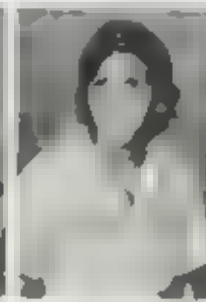
Deanne Bender



Jason  
Berkshire



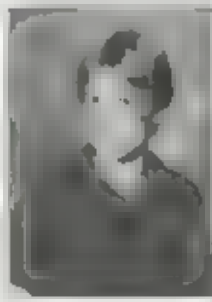
Meany Beyer



McNeil  
Bishop



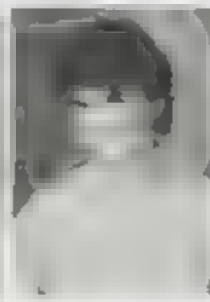
Bradley  
Blanchard



Thomas  
Boland



Serena  
Bollinger



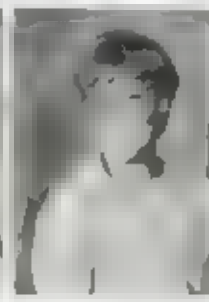
Camille  
Berland



Cherie Boryla



Brian Bott



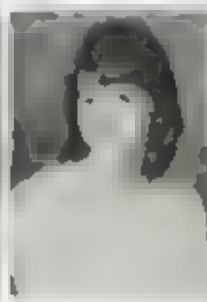
Steven  
Bowman



Kandi  
Bracewell



Diane Bradley



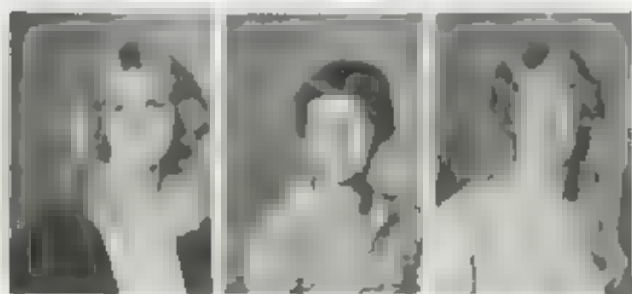
Christine  
Bradshaw



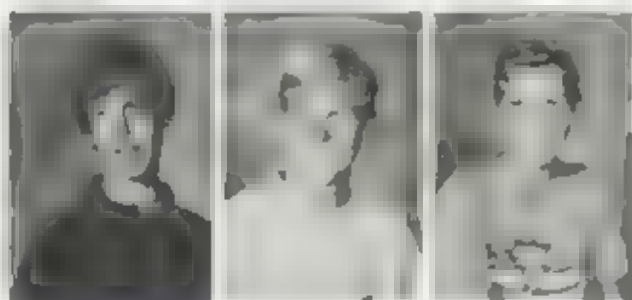
Greg Bryan Lisa Brynwood John Bryan



Timothy Brinegar Russel Brock Carey Brown Kara Brown Thomas Brynwood Lee Huntington



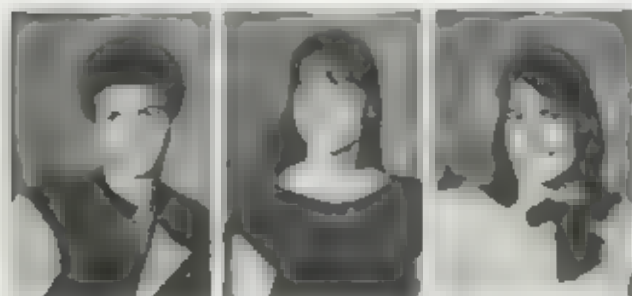
Jeanie Burch Todd Burka Sheryl Bushree



Eddie Buston Corey Bacher Jeff Byers



Stacy Byers Wendy Ceballos Tam Cobe



Clemente Cardenas Mirella Cardenas Michelle Carlson



Frank "shielding" for a test fifth period



Chris Carmichael Deann Carpenter Wendy Carr



Peter Carrillo Dawn Carson Robert Castillo Christina Castle Clinton Catell Brent Centineo



Chad  
Chapman

John  
Christopher

Robert Church



Stephan  
Cincotta

Dana Ciolli

Kim Clark



Jody Clifton

John Coffey

Tracy Cole



Candice  
Compton

Michael  
Copenhauer

George Costa



Tammy Creed

Mirella Critti

Peter  
Crookston



Wendy Cruise

Kelly Cruse

Elizabeth  
Cundri



Leticia Curo

Jason Curry

Michael  
DeFuz



Carol Dakin

Sandra Dauter

Phillip Dancie



Theresa Daniel

Ron Darby

Theresa  
Darwel



Bret Davis

Eric Davis

Barbara  
Dawson



Marlene  
DeMatteis

Greta Decker

Erica Deese



Steven Dell

Jennifer Demi

Barbara  
Desautels



Curt, Donovan, and Brad practicing bike tricks after school in the student parking lot





Damon Dimaio   Gina Dolan   Nathan Drake



Steve Drimmer   Matthew Drogo   Jada Dupax



Charles Dunkleberger   Tiffany Duplant   Amee Durn



Robert Dutra   Casey Easley   Lisa Eddins



Camille Edwards   Jennifer Ellison   Perry Emerick



Denise Englebright   Thomas Espinoza   Patrick Eyer



"Another day of getting ready for football practice," says Carlos



Kelly Fairs   Patrick Fain   Anthony Falcon



Heather Farrell   Tami Fenn   Dana Fennessy



Kimberly Ferrara   Shawn Fillet   Roger Flores



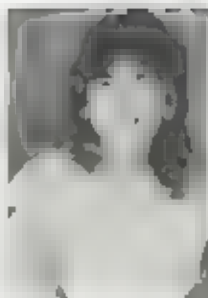
Lisa Fooks   Patrick Fordham   Peter Forte



Mikee Fowler   Leslie Frum   Judy Fuentes



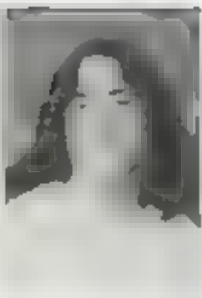
Jamie Fugget   Alan Fullerton   Tyler Grier



Alison  
Greewski



John Gajour



Christy Gall



Shawna  
Galloway



Leonard  
Gamble



Kathy Gardner



Michael  
Gerber



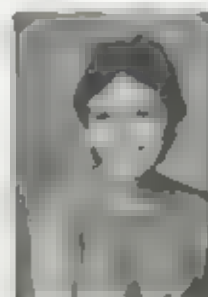
Leah Geroche



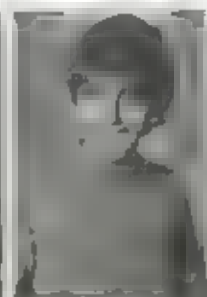
Lissa Gonzales



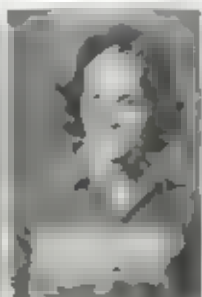
Lisa West and Ray Oshe engaged in an in-depth discussion that started with his topic.



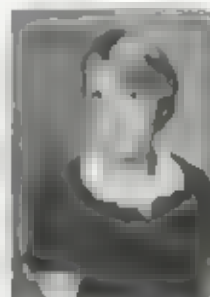
Priscilla  
Gonzales



Javier  
Gonzalez



James Graham



Tricia Gramse



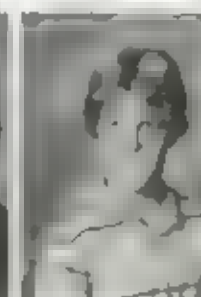
Kristen Graves



Diana Greco



Scott Gregory



Shane Griffin



Daniel  
Grubstad



Ken Guinup



Reese Gurney



Carlos  
Gutierrez



Chris Hagan



Lisa Hale



Chris Hall



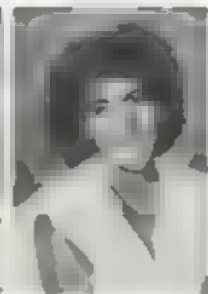
Eric Hall



Kellery  
Humeln



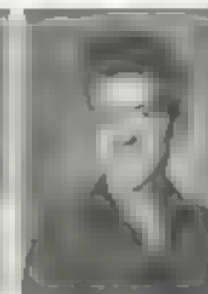
Raeann  
Hamilton



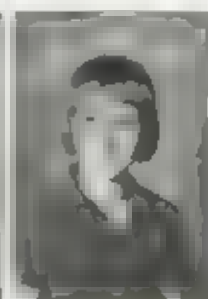
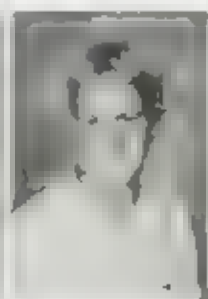
Mary Hanna Maria Harmon



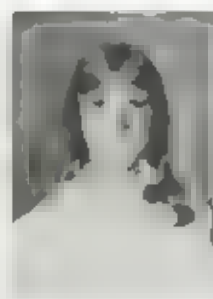
Julie Harper Cynthia Harris Steven Harris



Brett Hart Shaun Hartley Jonathan Hartman



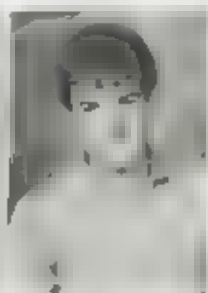
Monique Hatch Troy Hayden John Healy



Robin Heaton Charles Hendrickson Jaquell Heruhy



Bobby Hermosillo Jon Hernandez Manuel Hernandez



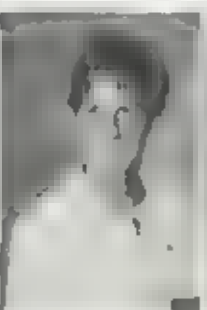
April Herrera Danny Hertz Kevin Hicks



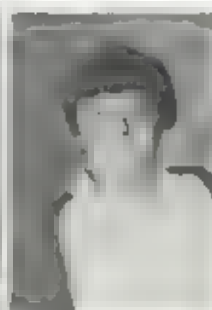
Paula Hiczewsk David Hilberg Lara Hilker



Dore Hixson Angie Hedges Patrick Hogan



David Hogate Sandra Hohn Mike Hollinger



Jay Hollister Stephen Hooper Karla Hopper

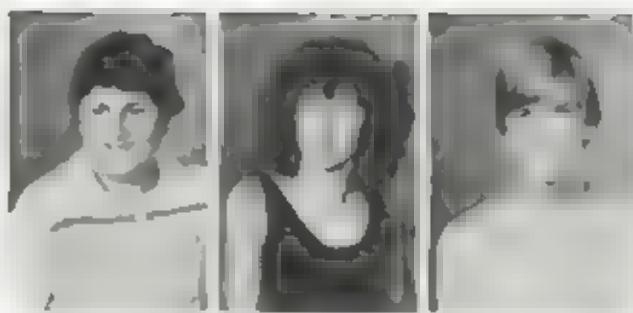


The freshman class displays Mel's Drive-Inn for their homecoming float.

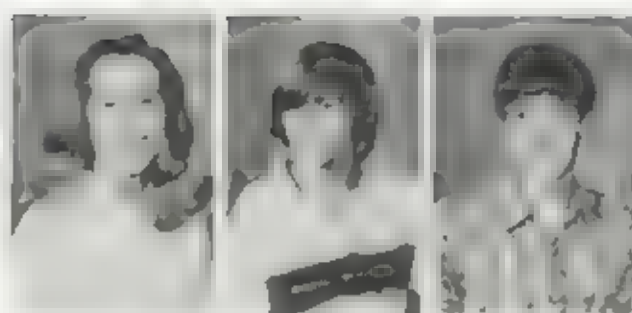


Jeff thinking hard on the quad during lunch





Larry Houk    Dianna Houline    James House



Michele Houseman    Michael Howe    Neil Howell



Chrysta Howie    Melvin Hunnicutt    Cheryl Huntley



Patti Hutchinson    Kevin Huyser    Jason Hyde



Kevin Jackson    Sherrie Jackson    Dan Jagers



Deborah James    Heather James    Todd Jardine



Kenny Jarvis    Angie Jenkins    Tammy Jennings



Kurt Wilkins expressing excitement.



Lisa Jensen    Jeff Johansen    Andrew Johns



Dennis Johns    Kim Johnson    Scott Johnson



Brian Jones    Janel Jones    Kimberly Jones



Scott Kaczmarek    Maile Kahananui    Bruce Kassin



Scott Kerth    James Kemp    Jon Kennedy



Jeff Kiley    Diana King    Geoff King



Tracie Kirk    Patrick Kitts    Tammy Kniffing



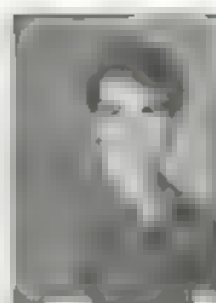
Mark Knott    Kevin Knechahr    Lynda Kromer



Joe Ksiazek    Karen Kuhner    George Kumke



Pee Chee in hand, Mark Russo goes prepared with his new friend.



Jeremy Kynke



Ryan Kwall



Jeff Kyne



Eric Li  
Chappa



Lawrence Li  
Chappa



James Lin  
Beacon



Dennis L.  
Laguna



David Lash



Denise  
Lambert



Brad Lane



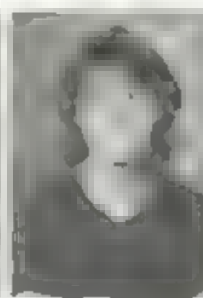
Thom Lane



Clifford  
Lapan



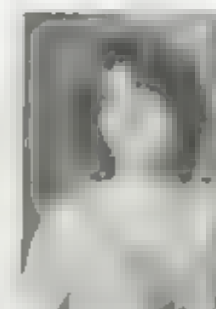
Kathryn  
Leighton



Cathy Leach



Peter Leach



Charlene  
Lechner



Joan Lee



Anne Leiker



Anissa Tucker



Michael  
Lenahan



James Lenz



James Lester



Karen Dies



Stephen Link



Jed Littlepage



Jana Lodish



Heather Logan



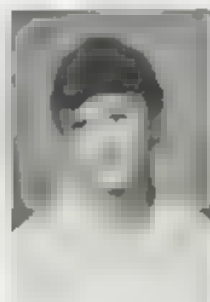
Donavon Long



John Lopez



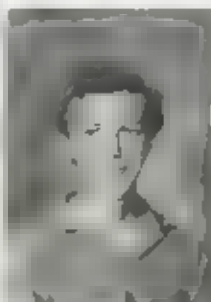
Shannon Lorr



Cesar Lotero



Michele Lowe



Mark Lucchesi



Esther  
Luevano



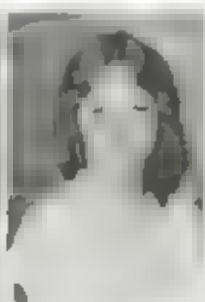
Tracy Lynn



Michelle  
Maganna



Allen Magarell



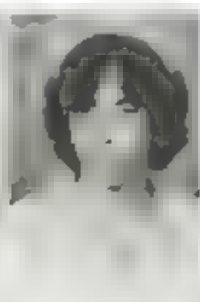
Rebecca  
Mangold



Raynaldo  
Mariano



Archie Marron



David Marrs



Tammy Marsh



Arron Martin



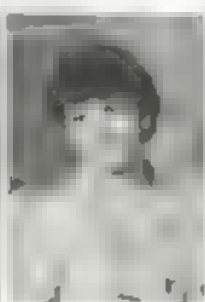
Chris Martin



Pamela Martin



Jason Martinez



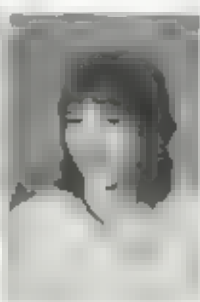
Rachel  
Martinez



Brian Mason



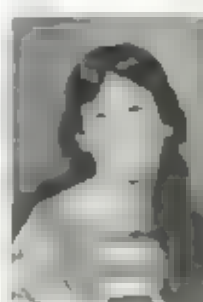
Ann Massey



Shanna  
Mathison



Shannon  
Maxwell



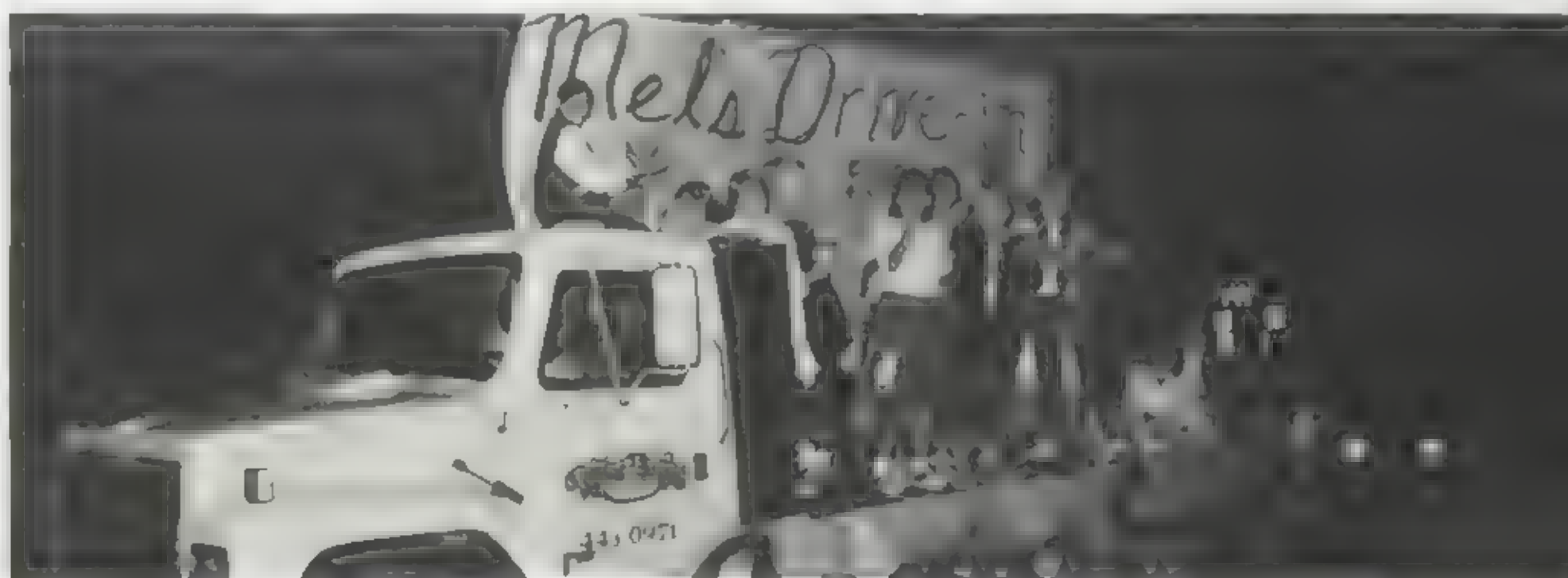
Rhonda Mayes



Heather Mc  
Cawley

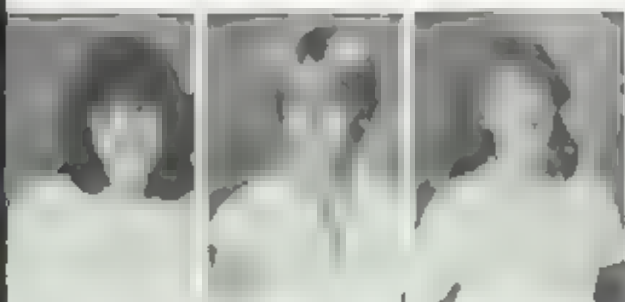


Leif McClees



The Freshmen class show their pride on the number one float at Homecoming





Barbara McCullough    Darren McGarvie    Amy McGuire



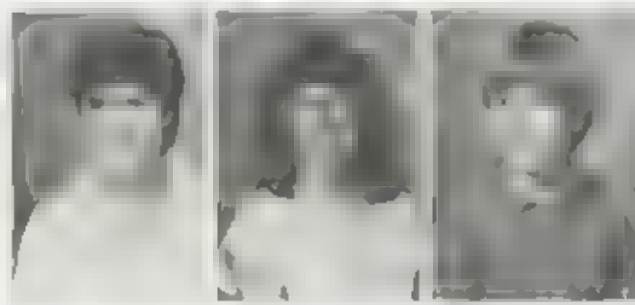
Kevin McKay    James McKee    Toby McLaughlin



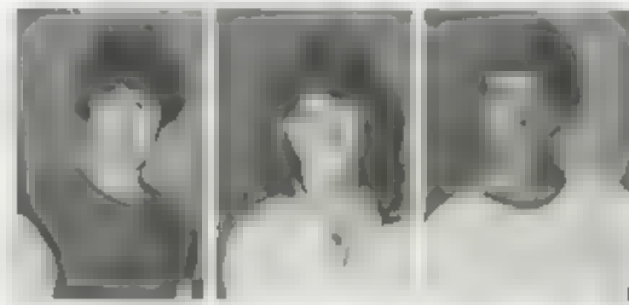
Steve McNamara    Kurtis Meeder    Annette Melchior



Doane Mercer    Scott Mispaghi    Chris Mirechy



Veronica Moreno    Kimberly Morgan    Sean Morgan



Ted Morrison    Shawn Munn    John Munn



Shari, Tammi, and Madonna flash their smiles at guys passing by



Todd Mover    James Moyer    John Muller



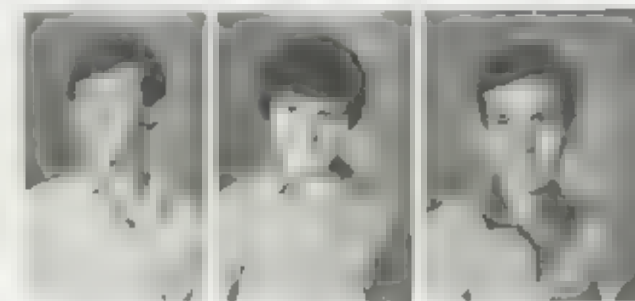
Kaden Mumford    Denise Nash    Daniel Nguyen



Gina Nelson    Jeff Nelson    Scott Newhan



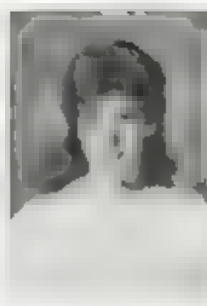
Quong Nguyen    Sherry Nichols    Katherine Niebauer



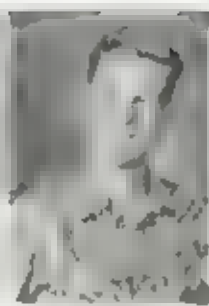
Terrance Nolan    Marcus North    Brian Nunamaker



Heidi Nyström    Michael Ogilvie    Jeremy Olan



Rachel  
Oppenheimer



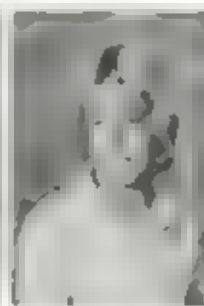
John Ord



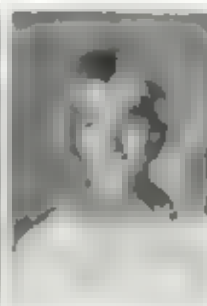
Michelle Orr



Cindy Ortega



Scott Orth



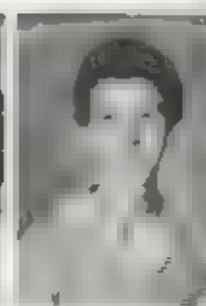
Todd Owens



Bryan Palmer



Amy  
Paradowski



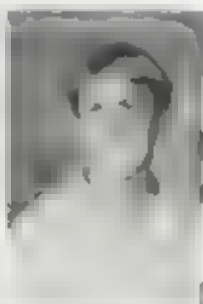
Daniel Paris



Eason Parker



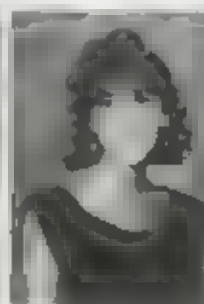
John Parker



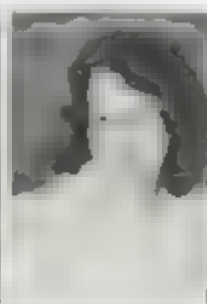
Richard  
Parkhurst



Lori Parrish



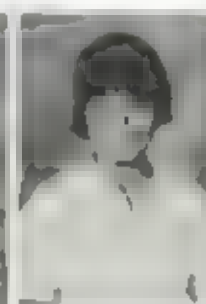
Sherry Peck



Windy  
Pemberton



Danc  
Pennington



Valeri Perez



Catherine  
Perry



Stephen Perry



Patricia Peters



Donald  
Petersen



Christine  
Peterson



Dodie Peterson



Amy Pettersen



Krista Pfuhl



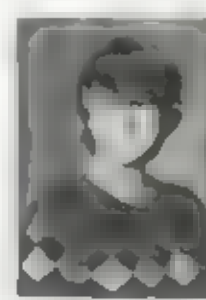
Cherie  
Piatkiewicz



Randy Pickton



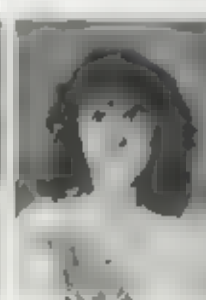
Stacey McConaughy and Debbie Work dressed for "Tourist Day"



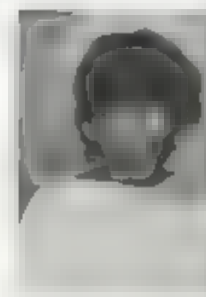
Missy Pierce



Erik Pinkerton



Christine  
Piontele



Michelle  
Plymoe



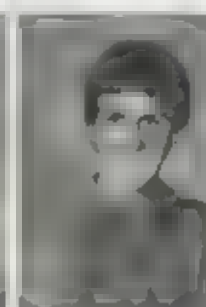
Deanna Porter



Shawn Potter



Robert Paratt



Michael  
Presley



Joy Principe



Rocky Principe    Valerie Prapst    Bruce Prevost



Bret Pucci    Nicole Puentes    Lynnette Quick



Ed Quigley    Cynthia Quintana    Tammy Radlinger



Jim Rak    Robert Ransweiler    Brian Rapp



Justin Rasco    Travis Ray    John Reade



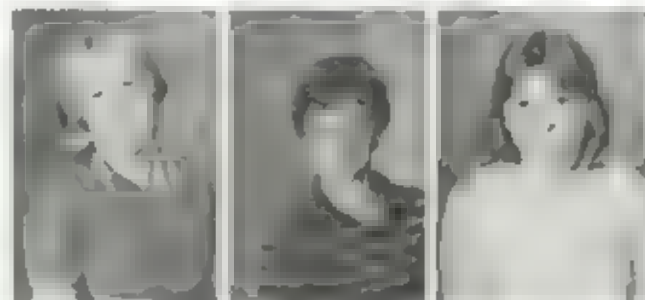
Theodore Reed    Connor Rees    Stacy Reesor



Tracy Reesor    Nicole Rehbein    Dustin Rehn



Just taking a break.



Barbara Reidy    Robert Reis    Terri Relaford



Georgina Renaudo    David Renison    Penny Rhoades



Tony Richardson    Daniel Ricketson    Mike Rios



Lisa Rivera    Eric Roberts    Marc Robertson



Terri Robinson    John Robison    Michael Rogers



Tanya Romero    Maria Rosas    Ronald Rose



Diane Rouza    Luke Rowland    Mikelene Rupe



Amber Rutherford    Shawn Salley    Mark Sanchez





Rebecca  
Sanchez



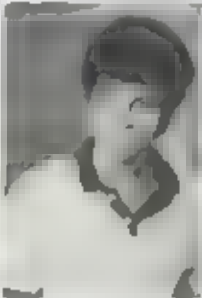
Lisa Sandecki



Marion  
Sandoval



Charles  
Sappington



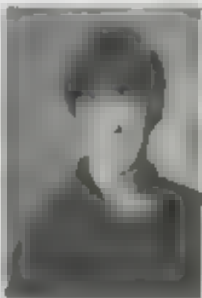
Robert  
Sarmiento



Erin Sawade



Vince Sealise



Craig Scantlin



Troy Schmidt



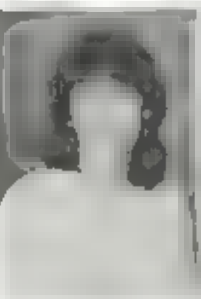
Clifford  
Schulenberg



Diane Scott



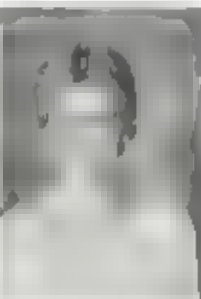
Robert  
Scribner



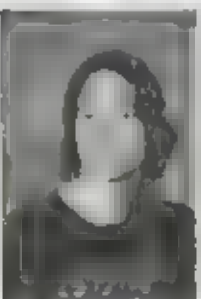
Deana Shands



Darin Sharp



Lorrissa  
Shenefield



Jeremy  
Sherman



Rochelle  
Sherman



Scott Shernillo



Students at the homecoming assembly show their appreciation for Larry Himmel on toga day



Beth Cundar isn't sure if she should laugh or not at one of Mr. Lipetzky's jokes



James Shields



Victoria Silva



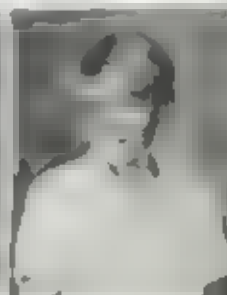
Lara Silver



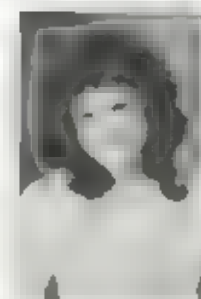
Glenn  
Simmons



Scott Simmons



Michael Simon



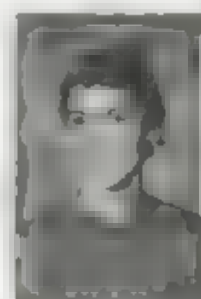
Kathy Simpson



Charles  
Singleton



Thomas  
Skibinski



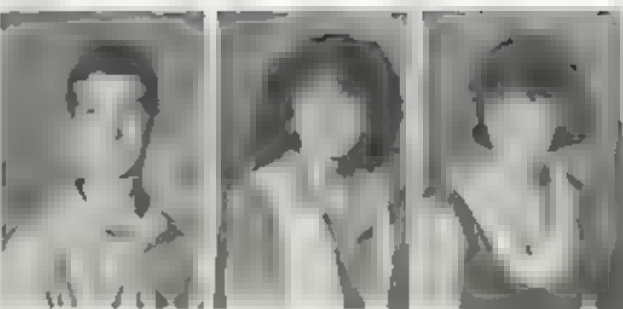
Justin Saldave



Shannon Sloan



Brian Smith



Mark Smola Iodi Snyder Stacy Snyder



Greg Spielman Tom Sprecco Jason Stacy



Matt Stephens William Stilson Dennis Stone



Dan Solomon Michael Solomon Stacey Spencer



Pam Standing Carmen Stanley Shannon Stanley



Norven Storrs Danielle Stovall Grant Strawn



Michelle Plymale demonstrates good listening in Mrs. Ellett's freshmen English class



Ricky Strom Kim Stults Kim Sylvia



Mary Tallman Amy Taylor Nicole Taylor



Mark Tejero Tiam Tellez Tung Tho



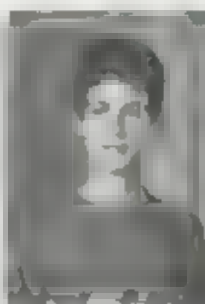
Brenda Thomas Na Thomas Darby Thompson







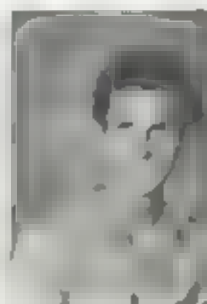
Richard  
Thompson



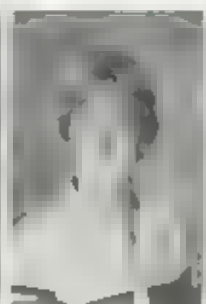
Michael  
Thorman



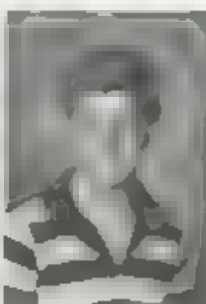
Henry Tietz



Brian Tindall



Dion Tippet



Chris  
Tockstein



Heather  
Torgerson



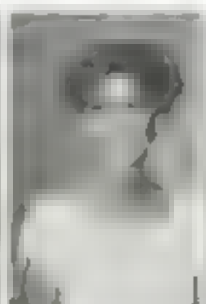
Valerie Towe



Glenn Troiano



Lisa  
Tucciarone



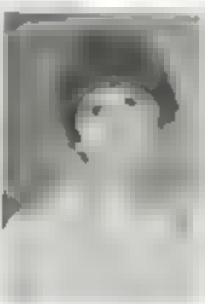
Liza Tumang



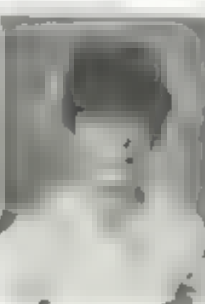
James Turner



Shannon  
Turner



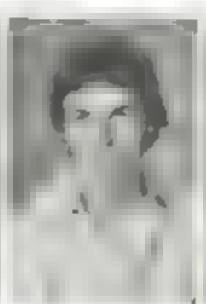
Brian Tuttle



Michael Tween



Jon Tyrrell



Paul Uhrig



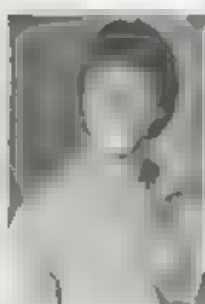
Dean Urquhart



Lisa Traver and Dori Epstein dancing to their routine of "Hello Again"



Students look on at the first assembly of the year



Robert  
Urquhart



Susan Uzunov



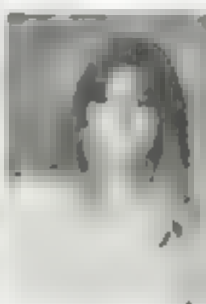
Karen Van  
Eseltine



Sol  
Vanderveer



Tina Varden



Shannon  
Vaughn



Rich, Paul and Ray competing in the 100m race on the field



Tracie Vega    Stacy Vetter    Thomas Vockeroth



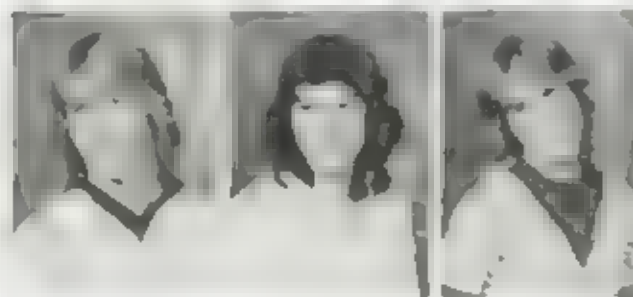
Robin Vogt    Jeff Voorhees    Matt Wagner



Jennifer Walker    Shawn Wall    Jason Wallace



Robert Wallace    Donald Walters    Anne Wasko



Richard Watson    Brenda Weaver    Kathleen Weaver



Lora Weaver    Karen Webber    Tammy Webster



Jennifer Weeks    Robert Weiner    Ted Welch



Tracy Welch    Lori Wendt    Lisa West



Tammy Wetzig    Lisa Wherley    Dawn White

## FUNDRAISERS

By Laurie Erdman

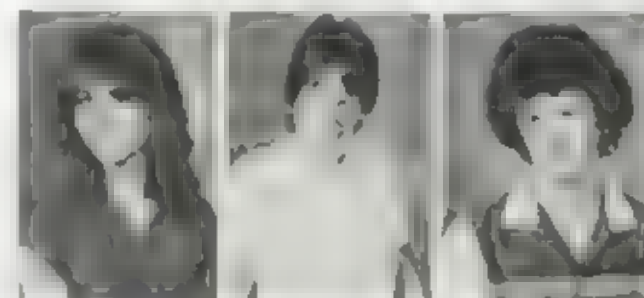
It all Started September 4, 1984. The members of various campus clubs and organizations, of El Capitan High School, were warming up their vocal chords and practicing their sales pitches. All in hopes of selling the most T-shirts, stuffed animals, beef jerky or raffle tickets for their club. All kinds of gimmicks were used to increase club funds. Rock-a-thons, cookbooks and slave auctions were just a few forms of money-making schemes this year. But no matter how "off the wall" the fundraiser, they all had one goal. That goal

was to insure a richer bank account. And that they did

Fundraising is definately not new to the high school campus. You could almost call it a pastime. And the pastime got started early this year. Clubs and organizations such as the ASB, Senior Class and Cheer fought to get a week or two on the Master Calendar that hung in the front office. With this assured the clubs started "pounding the pavement" selling their prospective money-maker. "A high school campus can be the greatest place to raise money," said a former teacher of El Cap.



Scott White    Sean White    Glenn Whitford



Anne Whitlock    Chad Whitlock    Thomas Wilkins



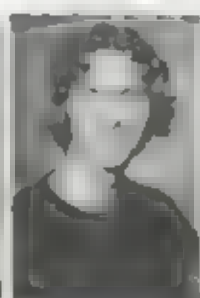
Derrick Wilkins



Cathy Perry went all out for her campaign



Kurt Wickas



David Williams



Shannon Williams



Teri Williams



Robert Williamson



Troy Wilson



Chad Windus



Arnold Wingler



Trisha Winningham



Carin W



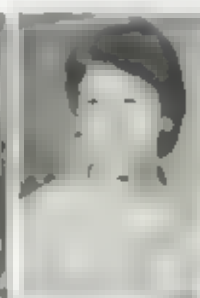
Lars Wydak



Daniel Wood



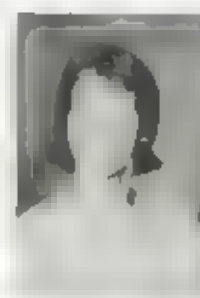
Tammy Woods



Randy Woven



Heather  
Worre



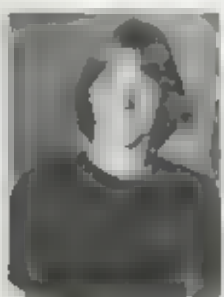
John Wright



Nicole Wright



Ben Young



Robby Zimmer



Lauren  
Zimmerman



Toni  
Zimmerman



Joseph Hellam



Paula  
Hildebrand



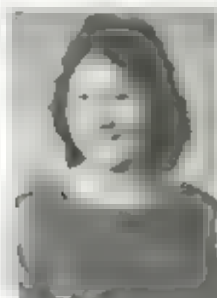
Kathleen  
Leiczewski



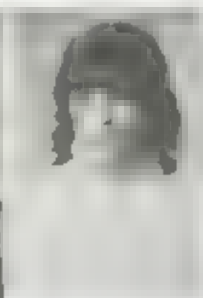
Darren Mc  
Knight



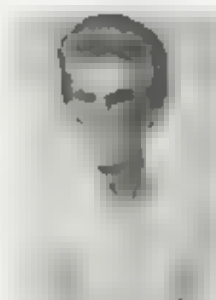
## Too Late To Classify



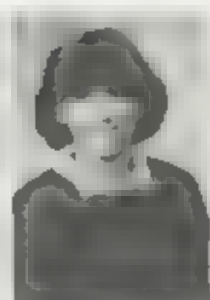
Amy Brown



Mylee Combs



Kevin Dobson



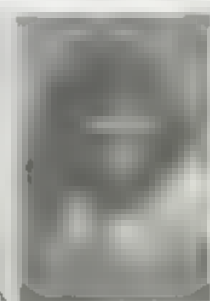
Chrissy Nargas



Danny  
Romano



Gary Romano



Shari Sanders



Vincent  
Wimberly



**Kim Seallorn** B.F. Deb. Deb. and  
Nails Most Mem. New faces, old  
places, T.P. runs, Marechurios and  
fun  
Hobbies Drives through Fuchy Hills,  
french fries, pizza, shaving cream, toi-  
let paper, making friends, B-Ball  
games, Black and Gold  
F Plans SDSU, crew, growth, inde-  
pendence, and many happy experi-  
ences



Mark Fry grinding his weld in Agriculture Construction and Repair

## Sports Illustrated

[illegible]

# Reaching For Poise, Pride, And Promise.

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
| 76 | 98 | 19 | 71 | 91 | 45 | 11 |
| 36 | 77 | 85 | 42 | 35 | 10 |    |
| 58 | 75 | 73 | 11 | 54 | 74 | 64 |
| 65 | 72 | 81 | 17 | 22 | 24 | 29 |
| 33 | 70 |    |    |    |    |    |

76 98 19 71 91 45 11  
 36 77 85 42 35 10  
 58 75 73 11 54 74 64  
 65 72 81 17 22 24 29  
 33 70  
 76 98 19 71 91 45 11  
 36 77 85 42 35 10  
 58 75 73 11 54 74 64  
 65 72 81 17 22 24 29  
 33 70



Statistics can not evaluate a team's intensity, pride, and will to win. Never was this more evident than in the case of the 1984-85 Vaquero football team. Their strength led in its defense in which many starters returned. Linemen such as Troy Pinkerton and Brett Crockett were in continuous pursuit of the quarterback. Linebackers such as Chris Fain, Ken Brinegar, and Todd Torgerson played in excellent form despite injuries. Secondary starters such as Dave Nowlan and Tom Larimer batted down many passes and came up to make crushing hits. The offense was subject to a massive rebuilding process, but their inexperience was made up for in their pride. Three year lettermen Brid and Mitch Burton, led the team in receiving and were a force to be reckoned with. Quarterback Scott Freeman had a fine year despite being hurt in the second to last game. Receivers such as Greg Bluffin and freshman Carlos Gutierrez didn't see much action but gave 100% with each reception. Running backs such as Joey Till and Rich Bowe were known for their great second efforts and ability to get to the open field. The line consisted of first year players such as Rob Robertson, and juniors Chris Dickerson and Jeff Sumner who did an excellent job picking up the blitz giving the quarterback time to throw. The Vaquero football team showed poise, pride, and promise for the future.

Front row - D. Wilson, J. Hunnall, D. Nowlan, T. Pitts, J. Till, K. Brinegar, J. Murphy, M. Hurst, J. Donahoe, C. Canfield. Row two - J. Hosa, T. Tilley, D. Waasted, D. Duke, J. Till, J. Rockhold, S. Vickery, R. Chavez, I. Legace, S. East, R. Rhoades. Row three - T. Crites, T. Cuevas, G. Bluffin, S. Freeman, A. Lynch, R. LaCoste, C. Fitzsimmons, D. Owens, D. Weaver, D. Valencia, S. Wilkey, M. Cabell, C. Fain. Row four - T. Dorst, J. Brinegar, T. Pinkerton, M. Barlow, B. Crockett, G. Reese, K. Pundexter. Row five - T. Torgerson, J. Sumner, W. Pimentel, T. Larimer, R. Bowe, S. Nowlan. Row six - C. Dickerson, C. Atchinson, B. Burton, R. Robertson, M. Burton, B. Baggew, D. Krugh.

by Matt Barlow



Team captains, Todd Torgerson and Scott Freeman.



Tom Larimer, Todd Torgerson, and Troy Pitts eagerly await playing.



Karl Prosdexer has his knee checked for possible injuries.



Tim Linn, a key figure.



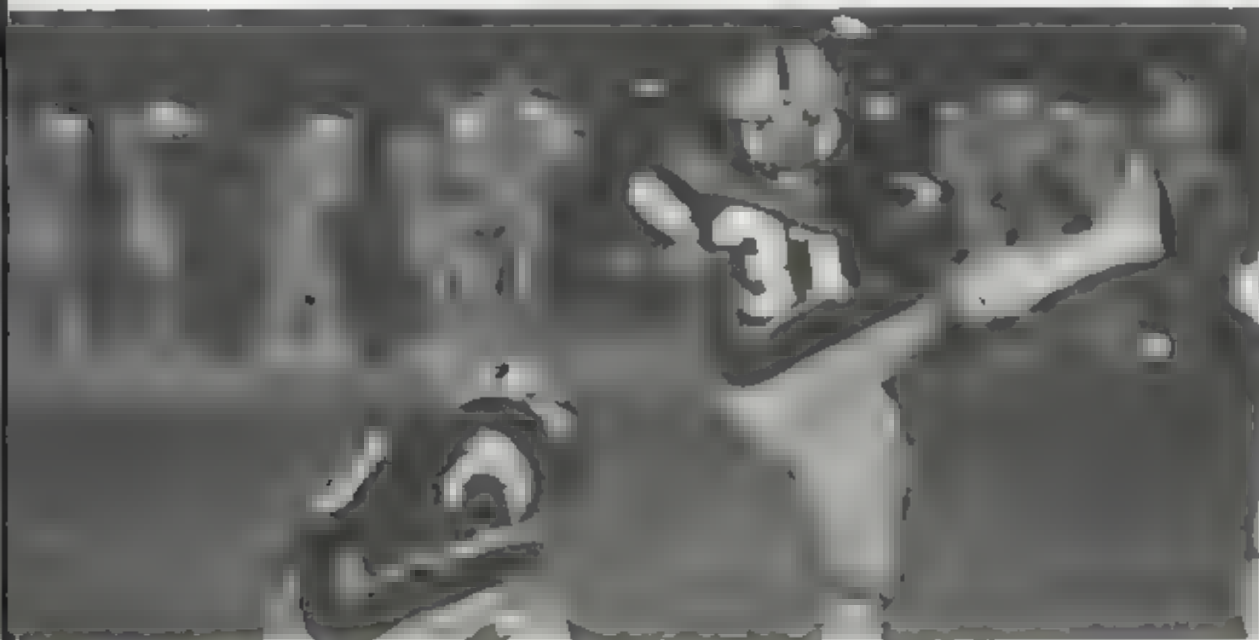
Defense ready to track.



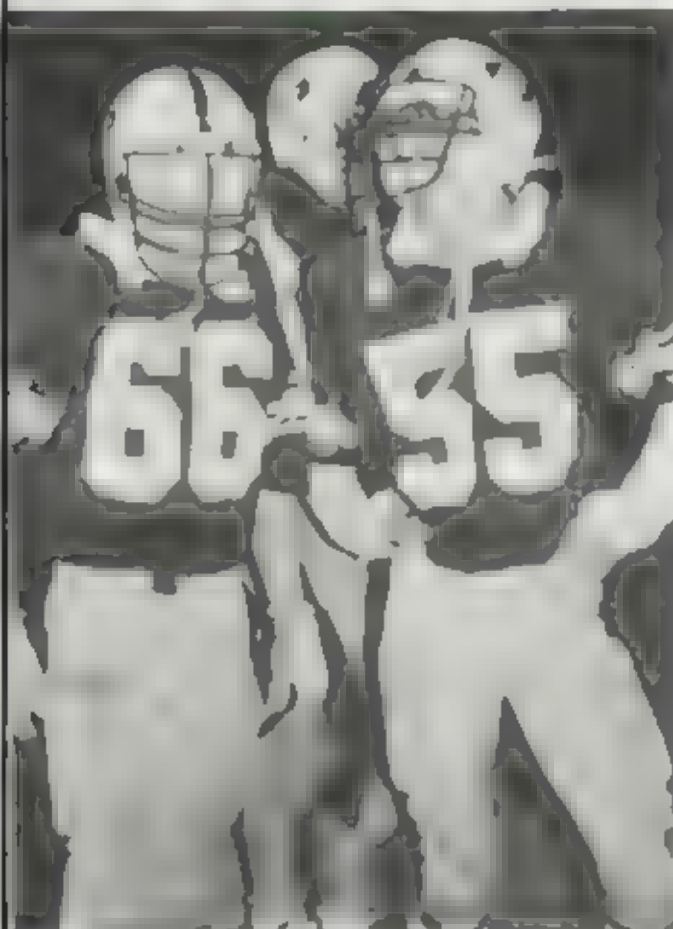
MIKE BURR (91) MAY HAVE EXPENSE



JIM (119) DONAHUE CATCHES HIS BREATH ON THE SIDELINES



BUD DWYER (31) WAS GOING FOR EXTRA POINTS



WILLY AND BILLY DISCUSSING AFTER GAME PLAYS

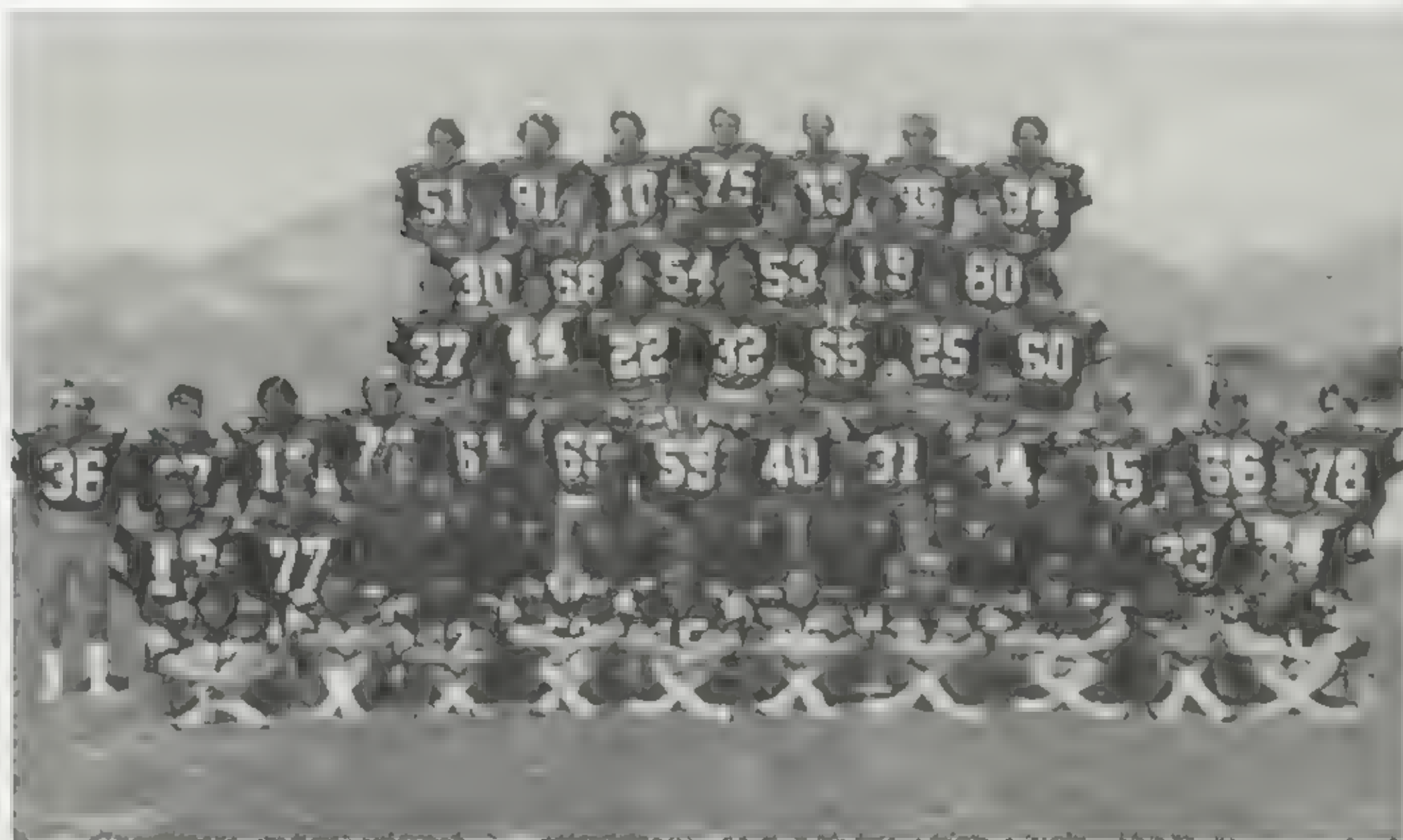


LINEBACKER WANTS TO CHEW UP M. M. GUE'S OFFENSE



# J.V. Football Tackles

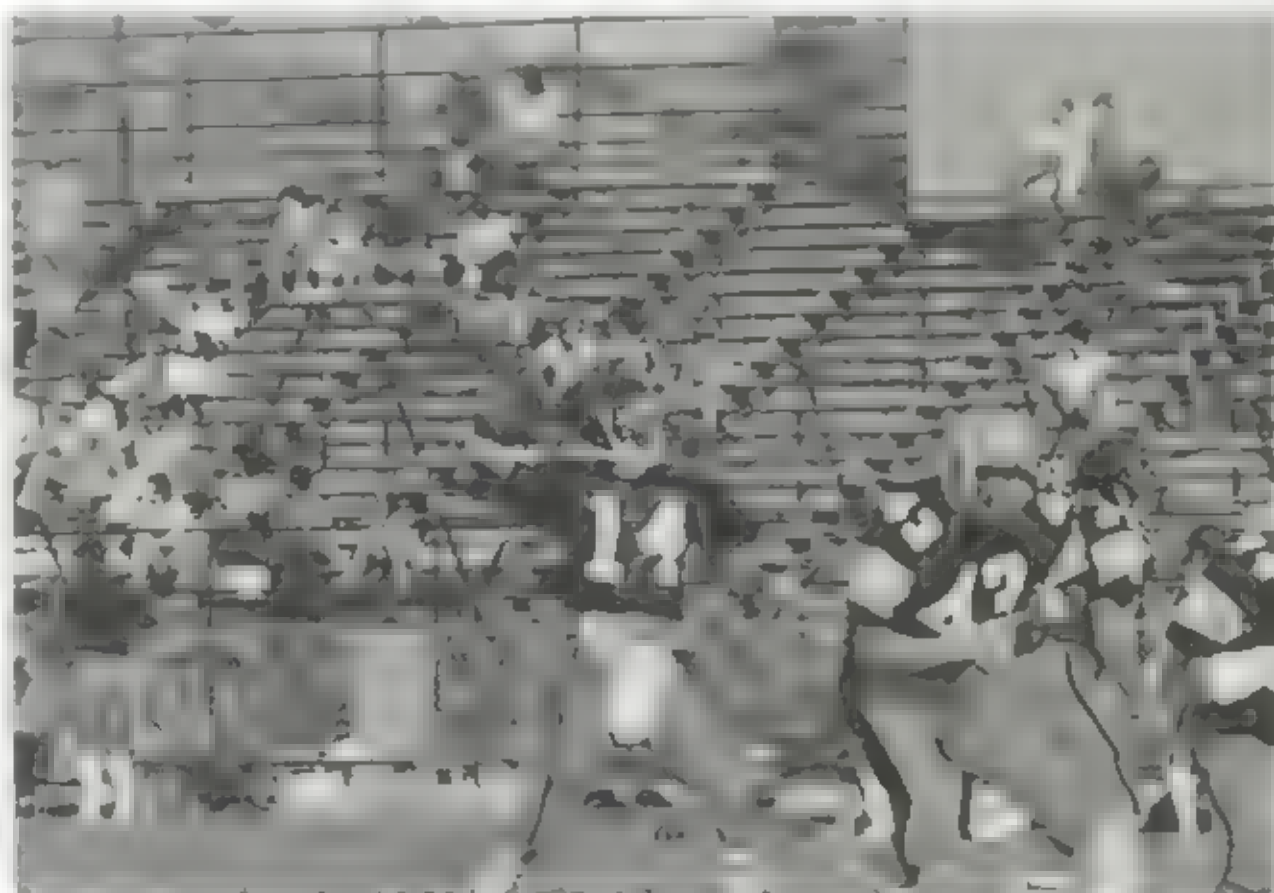
## The 1984-1985 Grossmont League Championship



Front row: Robert W. Moore, Robert Telez, Steve Kito, Robert Breedlove, Tyler Gaeff, Chris Barnes, Gray C.inger, Tim Reilly, Martin Ruzek, Troy Lynch.  
 row 2: Dave Zimmerman, Billy Reilly, coach W.asted, coach Duke, coach Tim, coach Vickers, coach Rickard, coach Chavez, coach Lopez, Andrew  
 Johns, Dave Tochtrop.  
 row 3: Eric Walker, Bill McMan, Raymond Gussak, Richard Tochtrop, Nathan Starns, Mike DeWitt, Gary Line, Kirk Widons, Noah Rogers, Chris  
 Kruse, John Hirt, Steve Drimmel, Jeff Johansen.  
 row 4: Stan Bacinett, Troy Cox, Cliff Branch, John Lopez, Chris Christensen, Carlos Gutierrez, Brian Tuttle.  
 row 5: Brian Duffy, Matt Purcell, Robby Phares, Jim Baxter, Anthony Van Bostel, Mike Elkins.  
 row 6: Jack Ferris, Joe Ferris, Mike Thompson, Nathan Masters, Jason Berkshire, Cliff Rhodes, Jim Bradley.  
 Not pictured: David Krugh.

El Capitan's 1984 Junior Varsity Football team won the Grossmont League Championship by defeating Grossmont 12-6 in their last game of the season. It was a year of team dedication, enthusiasm, and spirit. Through adversity and injuries our team proved that mental attitude is essential to succeed and in the end they finished the season with a 7-1-1 record. Since the purpose of the J.V. program is to build for the varsity team, we hope that all of the J.V. players will continue their enthusiasm and "can do" attitude with the varsity team next year and the years to come, in hopes of bringing another varsity championship to El Capitan.

Although all the players put out an outstanding effort this season, the most valuable players were Steve Kito, offense, and Alan Lynch, defense.



David Krugh throwing a long pass



Anthony at 100



John Hirt in deep concentration on the sideline



At the 100-yard mark

# Varsity Water Polo Makes A Splash!

By Matt Harlow

First year coach, Paul Hedberg had a strange feeling about this season. The predicted standings at the beginning of the year placed El Cap Vacquero water polo team in last place, a usual finish for past teams. After the conclusion of the season, El Capitan surprised the league by compiling a 7-9 record and finishing in 5th place overall. The 7 league wins were the most ever recorded in El Capitan water polo history. The team was led by the Grossmont League co-coach of the year, Paul Hedberg. Coach Hedberg received this highly-coveted honor in only his first year of coaching. Troy Surratt, who scored a team high 52 goals, was selected to the All Grossmont League Second Team in only his junior year. Brett Barnett (34 goals) and goalkeeper Dave Berens (184 saves) received honorable mentions selections. Bill Crookshank, a first year senior player, greatly helped to inspire the team. Crookshank received the Coach's Award for his dedication and athletic ability. Other players such as senior Jon Isaacson (13 goals) and sophomore Bob Krueger (16 goals) showed superior ability and the desire to win.

The 1984-85 water polo team had all the qualities of a true winner — a definite change from the past.



Front row — Dave Myers, Troy Wilson, Kevin Krickbahn, Scott Hassen Middle row — Brad Bennett, Troy Surratt, Greg Rushing, Miles Gileston, Rob Krueger Back row — Coach Hedberg, Burke Abel, Ray Shroyer, Jon Isaacson, Brett Barnett, Chris Krickbahn, Bill Crookshank Not pictured — Mike Velasco and Scott Edwards



Paul Orlando ready to pass



Coach Hedberg



Team Captain Troy Surratt



Coach Hedberg giving his team some encouraging words



Rob Krueger keeping the ball away from a defender



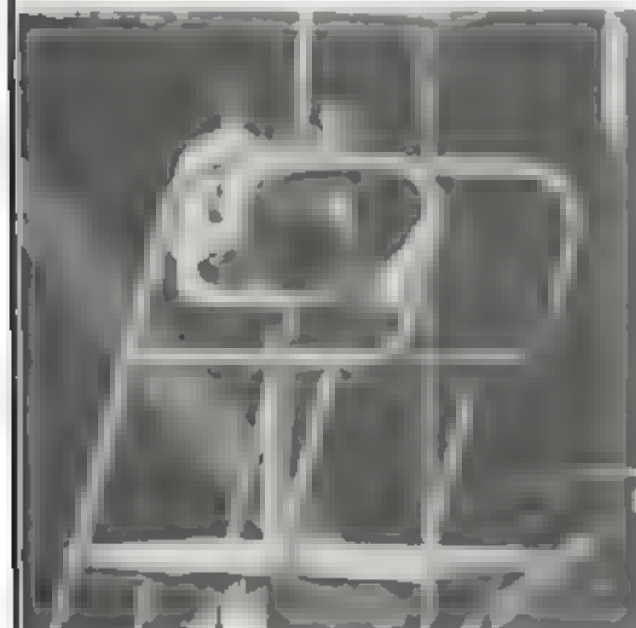
# Treading Above H<sub>2</sub>O

How different is water polo? To the uninformed spectator, it seems more like a swim meet than a contact sport. Actually, water polo is an extremely demanding sport. It takes long periods of time to develop even the most basic skills. The 1984-85 junior varsity water polo team proved this during their "learning" season. The team was led by talented freshman, Troy Wilson. Troy received the freshman of the year award from Coach Hedberg to be honored for his excellent play and team leadership.

Despite a 2-14 season, the team won over El Cajon (19-2) and Santana (15-5) along with one point losses to Valhalla and El Cajon.



L-R Scott Hansen, Kevin Krickbahr, Scott Edwards, David Meyers, Troy Wilson, Jim Shields, Coach Hedberg



Assistant Coach Guy Magliato



Brett Barnett shooting for a goal



Troy Surratt trying to prevent their opponent from scoring



# Real Men Don't Double-Fault

The 1985 season for the boy's tennis team was one with new goals and changes. Some of Coach Newton's goals were to bring the team's standing up and to send two singles players and one doubles team to CIF.

The starting line up for the varsity team, was a strong one with Geoff Adams, Bill Crookshank, Richard Balk, Glen Bauer, Karl Stanzick, Mike Alvarez, Stewart Morse, Mike Chelsea, and Carlos Matillo. The junior varsity consisted of Suraphan Phutayahon, Mike Hinson, Brian Bott, Mike McVicker, Dean Potter, and Mike Nichols.

The assistant coach Ernie Moreno helped the team along with George Copper who gave pointers to the doubles teams.



Back row Richard Balk Carlos Matillo Bill Crookshank Geoff Adams Karl Stanzick Coach Newton  
Front row kneeling Mike Alvarez Suraphan Phutayahon Mike Chelsea and Stewart Morse



Bill goes for the ace



Stewart Morse and Mike Chelsea discuss game plans



Stewart Morse returns a serve with a powerful backhand while his partner Mike Chelsea looks on



Spinning the racket is like flipping a coin, Geoff Adams spins for the serve



## Varsity On The Upswing

This year the tennis team started conditioning the last two weeks of summer vacation. New team coach, Maureen Newton started getting the players into shape by having them run, practice on their footwork, and working out with weights to develop their arm and leg muscles. The girls worked on specific drills that improved their forehand, backhand, lobs and net game. Coach Cooper taught the doubles teams game strategies

The teams returning letterpersons were Shelly McVicker, Tami Petry, Nikki Reveles, Yvonne Phillips, and Shelly Crockett. Tami Petry and Shelly McVicker were this year's team captains. They organized the team's secret pal gift giving. This year, for the first

time, the team received secret pals that gave small treats at home matches

The girls' tennis season competed with difficult opponents like Grossmont and Valhalla. The team, with its winning spirit had a 4-12 win-loss record. Every year all varsity players go to league finals, many of the girls did well, most won their first matches. Coach Newton is very excited about the coming year, she feels they will have an even better team if the girls practice on the off season.

This year's tennis banquet was held at Pancho Villas on November 20. The most valuable player was Shelly McVicker and the most improved players were Shelly Crockett and Debbie Brooks



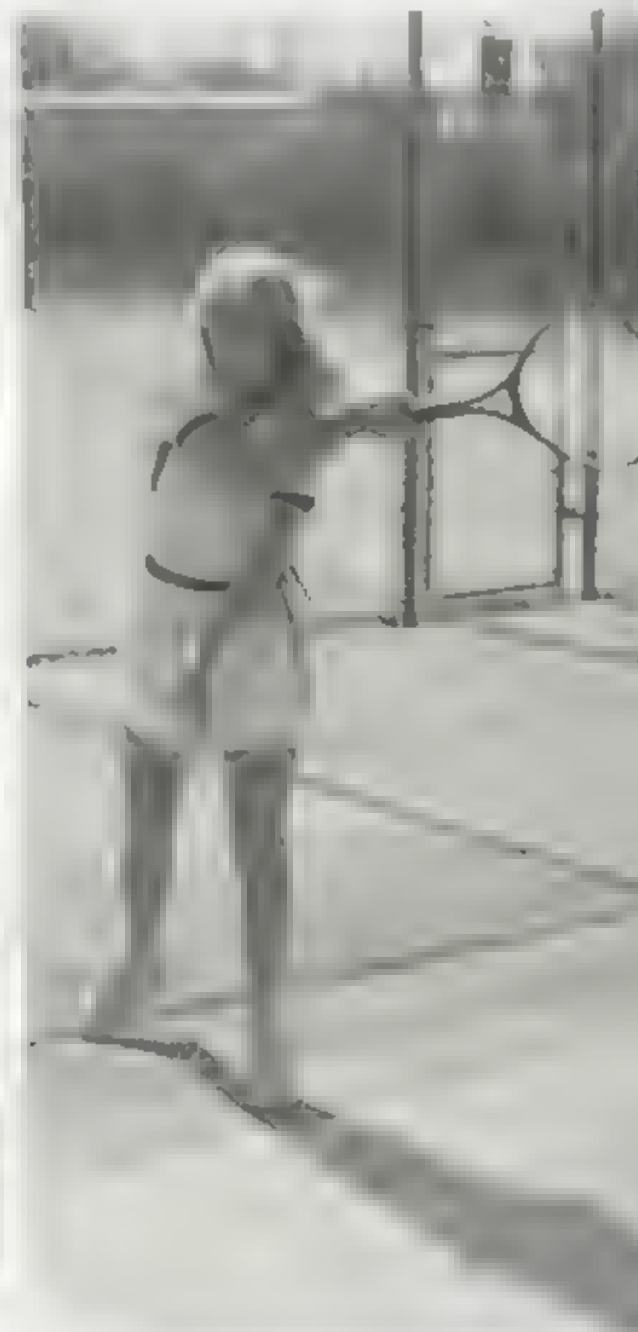
Shelly Crockett returns the ball with a powerful forehand.



Suzy Bass hits a smooth forehand



Tami Petry sets up for a backhand smash



Yvonne Phillips shows her grace and form



Shelly McVicker displays the form which makes her one of El Caps top singles players



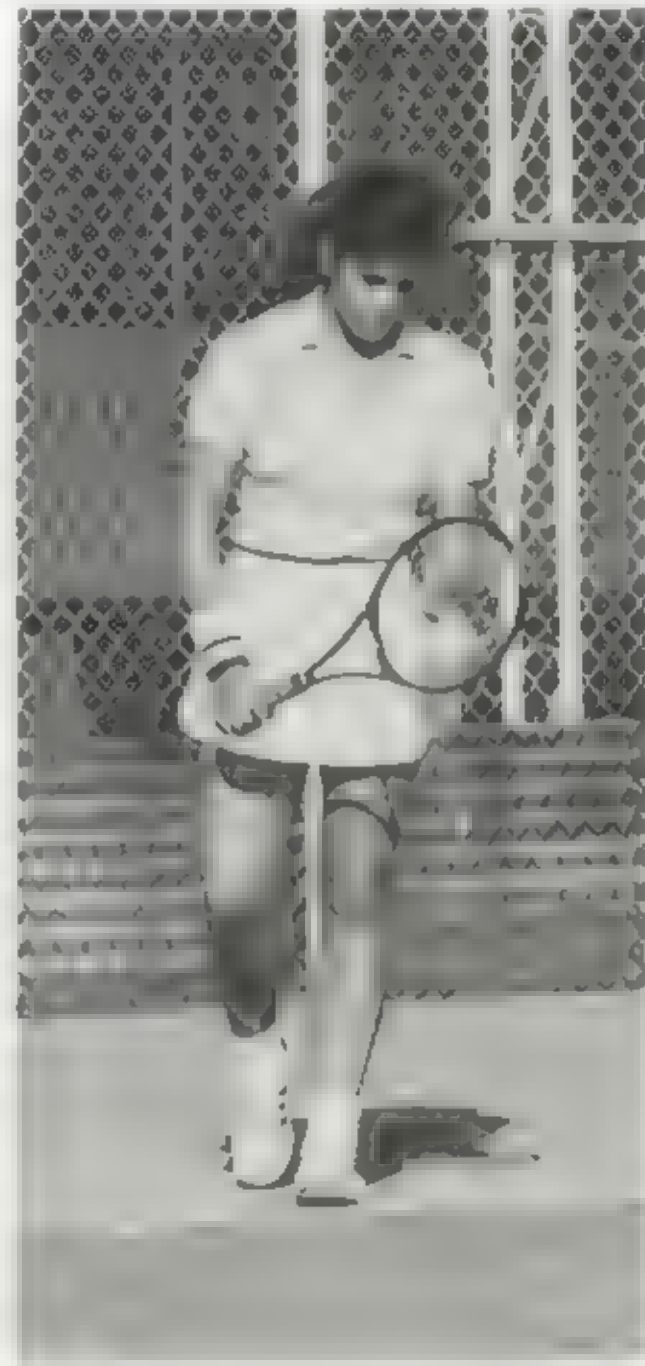
Yvonne Phillips and Jeri Bullington, El Caps number one doubles team



Front row Shelly McVicker, Tami Petty, Suzy Bask, Jennifer Howatt, Nancy Coleman, Nikki Reveles  
Back Row Yvonne Phillips, Jeri Bullington, Erica Rice, Coach Newton, Coach Cooper, Shelly Crockett, Debbie Brooks



Jennifer Howatt puts forth all her effort in her fore hand



Nikki Reveles concentrates on perfection

# Volley To Victory



BACK — Julie Robbins, Melissa Klump, Marsha Koch, Monica Williams, Jennifer Owens, Becky Clark, Nikki Gerdes, Toni Spencer, Tracy Zumstien, Linda Standring, Erika Robertson, an "Squid" Strong, Erika Anderson, Kelli Fisher, Kathy Barber, Fran — Nikki Birkel, Pam Crawford, Sam Butler, Cris Frude, Dorothy Clinge



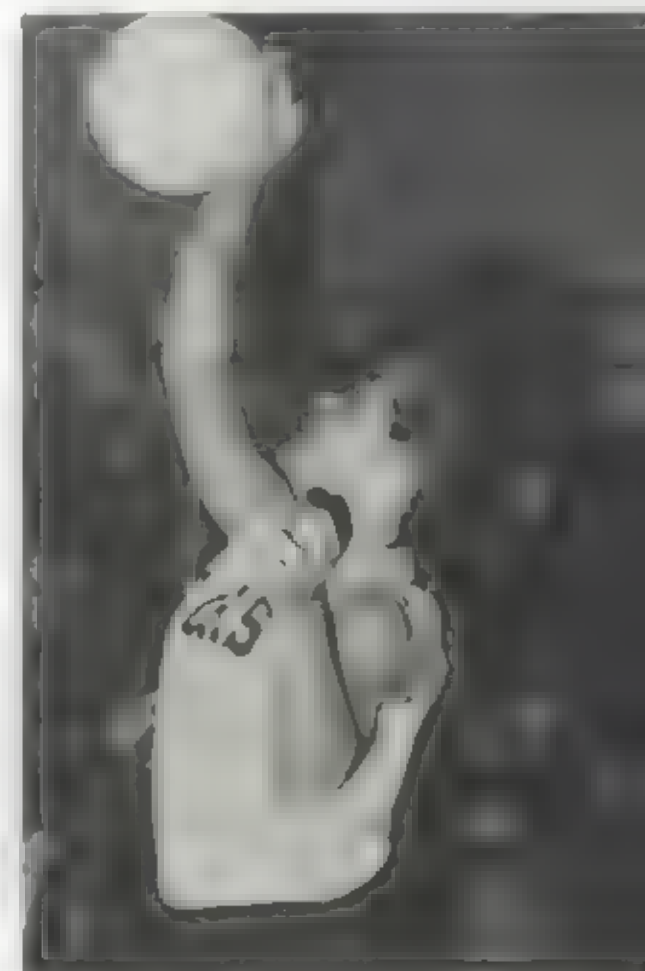
170 Pam Crawford ready to give it all she's got

Because this is Southern California, we have all played Volleyball at one time or another. From this experience, we know it's not as easy as it looks. Most of the time the ball does not do what you intended it to do. To get the skills to place the ball takes intense practice and training.

Coach Yasuda put them through the works; he never let up on service, line, diving, setting, or spiking drills. The girls were well conditioned and ready for a competitive season.

Their record was 6-7 but that does not fully show the improvement over recent years. The girls this year really had the hustle and technique to go out and win even when faced with what could have been moral breaking accidents. Captain Lisa Standring was injured early in the season and out for the whole year. Nikki Gerdes took over as Captain and did a fine job leading the girls on to victory.

The year ended on a high note with a defeat of Grossmont in the final game.



Nikki Gerdes practicing spiking



# Prepared To Win



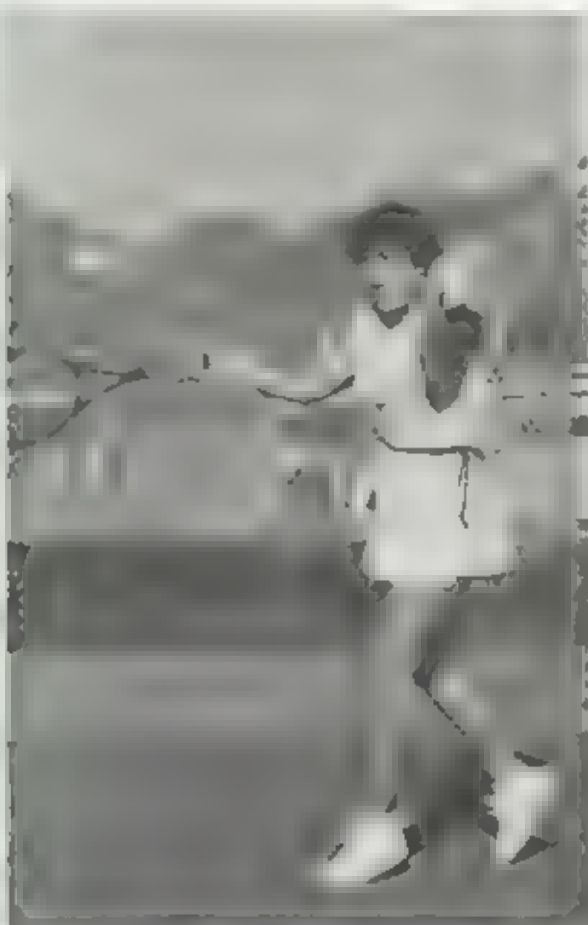
Back row: Shauna Haugum, Missy Bass, Shannon Maxwell. Middle row: Sherri Diaz, Coach Newton, Robin Stansbury. Front row: Veronica Mojarro, Roxanne McKechnie, Cheryl Clark, Kim Clarke. Not pictured: Coach Cooper, Casie Dennis, Maile Kahananui, Nicole Whitlock, Kristin Wilkins.

This year's J V team was greeted by a new coach with a positive attitude. Coach Maureen Newton. Coach Newton kept the team spirit going from the beginning pre-season to the final weeks in the fall. The team experienced a new fitness routine consisting of warm up stretches, running, and working out in the weight room. The girls also practiced line drills, which improved their quickness on the court, and ball drills, which helped strengthen and improve their skills of strategy. The positions on the team varied from match to match with challenge games being held every week to see who would be playing each position. By being so competitive within their squad many players were able to challenge and play with the varsity team. For the top singles position there was a battle between Veronica Mojarro and Robin Stansbury. The top doubles was Kristin Wilkins and Casie Dennis.

Their banquet was held at Pancho Villas with most impressive going to Shannon Maxwell and most valuable player Robin Stansbury. The J V team did an excellent job this year with an overall record of nine wins and seven losses. Coach Newton is especially looking forward to working with these girls next year.



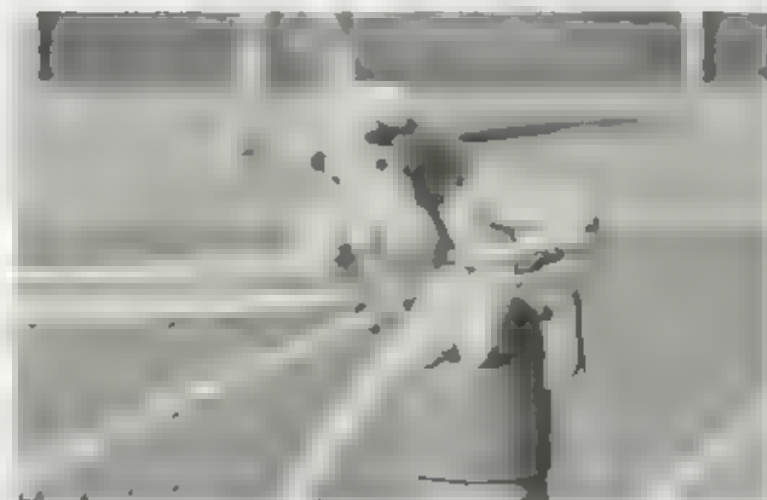
Missy Bass sets up for a forehand smash.



Veronica Mojarro prepared to give a great return.



Shauna Haugum returns a short backhand.



Team mascot.

# Varsity Volleyball Spikes The 1984 Season



From left to right: Angie Bryant, Lisa Watkins, Dzharee Ralph, Amy Fishburn, Tiffany Perry, Jamie Rice, Natalie Smith, Kim Pacey, Karen R. n.weller, Laurie Dillavo, Tiffany Weston, Theresa Mergens

This was a building year for the varsity volleyball team. With the help of the new coach, Troy Lemons, it was a year for becoming more experienced. His influence was apparent since three players made the Grossmont A.I. League Team. Teresa Mergens, El Capitan's Most Valuable Player, made 2nd team, and Tiffany Perry and Tiffany Weston received honorable mention.

The Junior National Volleyball Club is made up of players throughout San Diego County. There are three different age groups: 17 and under, 15 and under, and 13 and under. Three El Capitan girls were asked to play for the club. Teresa Mergens played for the 17 and under while Tiffany Perry and Angie Bryant played for the 15 and under. On the 17 and under there were two teams which involved 28 people.



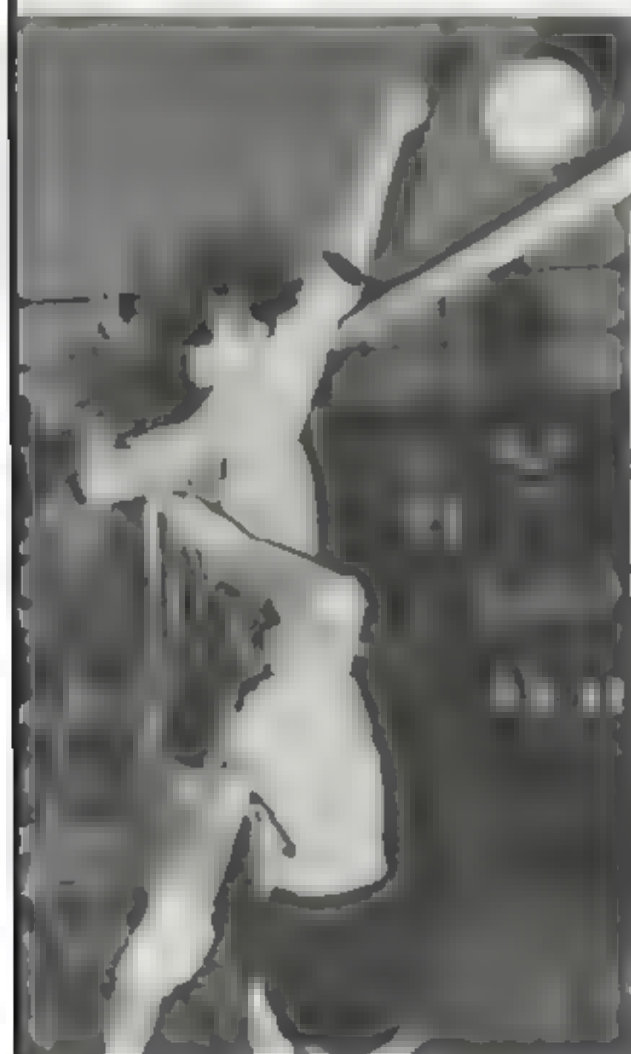
Melissa Rose spikes the ball through Monte Vista's tough defense



Theresa tries to get the ball under control while Natalie gets ready for an underhand pass.



Theresa Mergens goes for a kill.



Theresa Mergens exchanges Amy Fishburn's planned dink for an effective dink.



It takes a tough block from Santana to stop Angie's lefthanded hit.

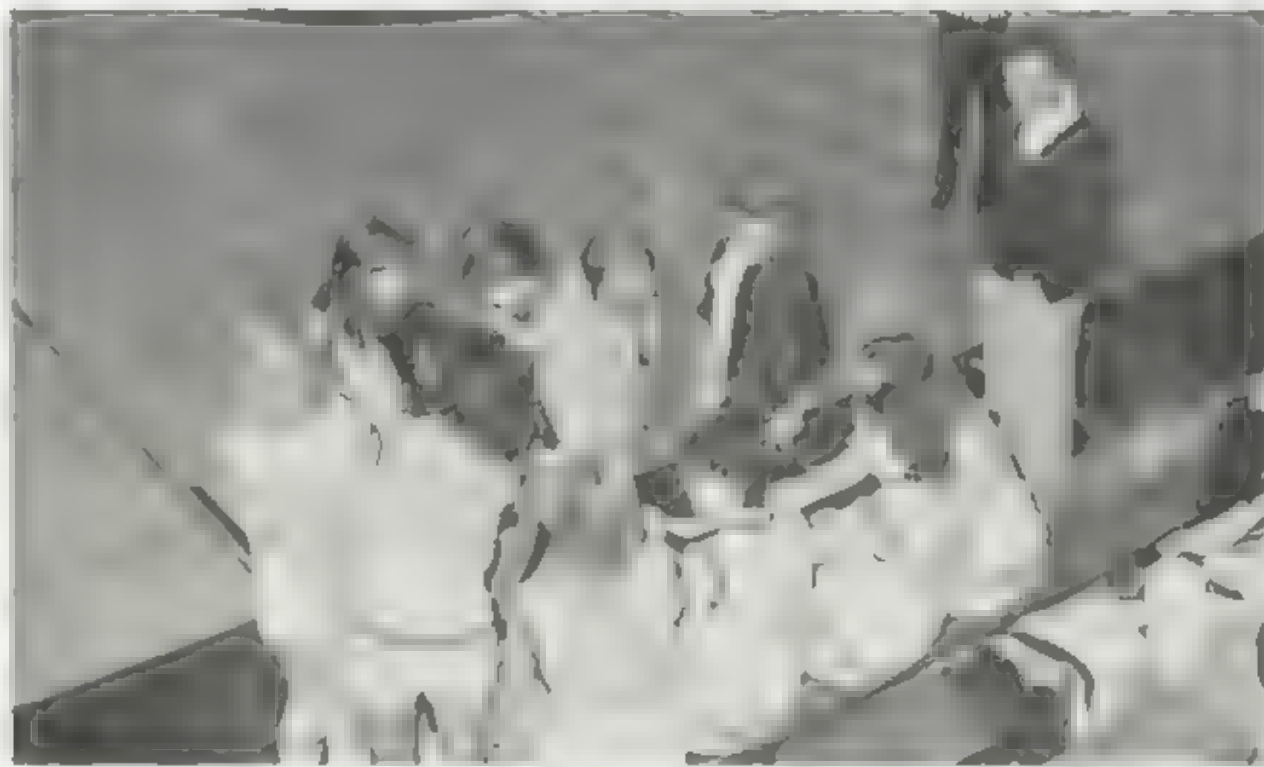


# Togetherness Is The Key

**W**atching the opening minutes of ABC's Wide World of Sports one would think the excitement of sports was limited to the outdoors. The 1984-85 girls' varsity basketball team proved this to be inaccurate. The team created a special excitement and when they played it was with vigor and strength.

Most impressive however, was the unity the team possessed. It seemed the team kept this unity whether they won or lost.

It was a diverse team with six new members and two returnees, Debbie Apton and Teresa Mergens. When described by one team member, the team was referred to as "young" and full of "inexperience". But from the stands, this was barely noticable as team captain Teresa Mergens became their top scorer, and Debbie Apton was scouted by such colleges as Grossmont and San Diego State University.



Coach Furrow giving the girls encouragement during a time out



Janet Sturges, Coach Furrow, Kim Weiser, Teresa Mergens, Shelly McVicker, Pam Crawford, Debbie Apton, Coach Mary, Disharce Ralph, and Kelley Walsh



Left player, [unclear], [unclear] [unclear]



Left player, [unclear]



Left player, [unclear] [unclear] [unclear]

# Shooting For The Top

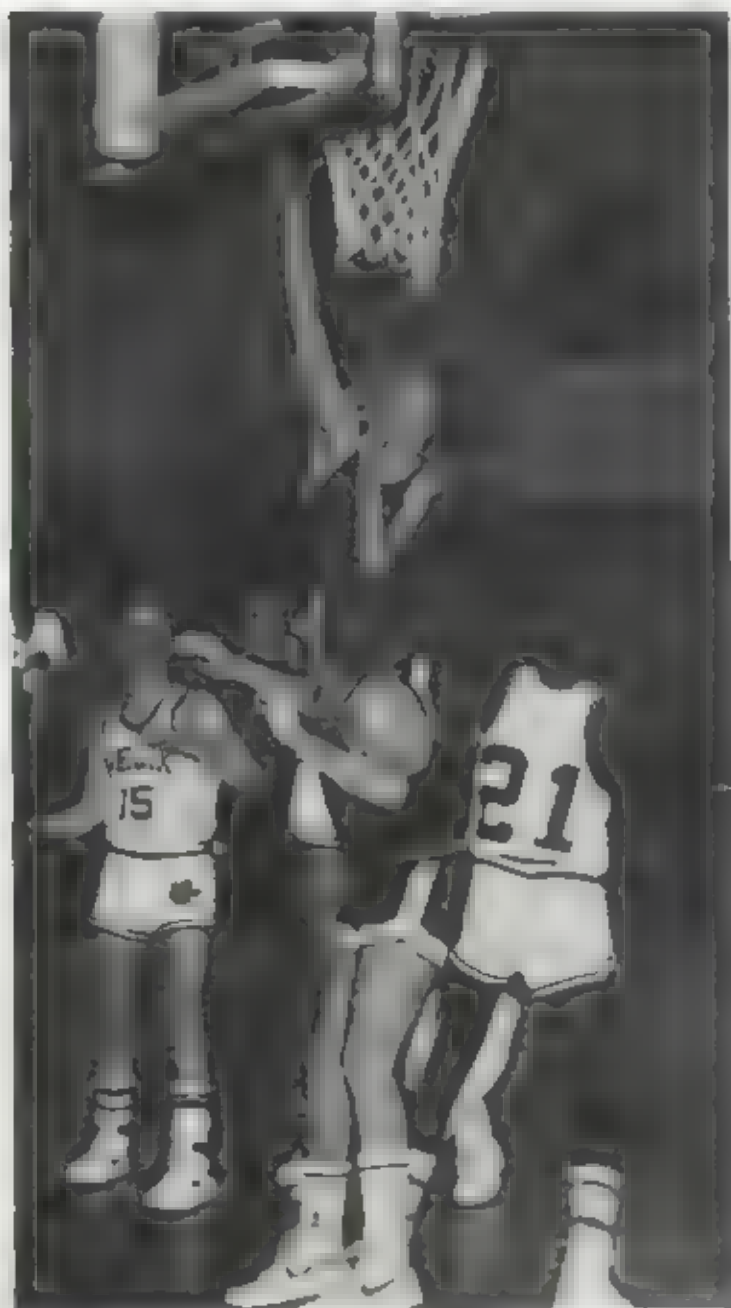
By Matt Barlow

Discipline, skill and experience drove the 1984-1985 Vaquero J.V. basketball squad to yet another successful season. Coach Bill Sullivan had 6 returnees to work with from last year's team. Their inside strength consisted of Greg Hauet and Mike Taplev. The outside shooting attack was led by Brooks Herald and Dave Krugh. In the backcourt, ballhandling chores were provided by Mike Chelsea, Tom Sobehrad, and Danny Curtis.

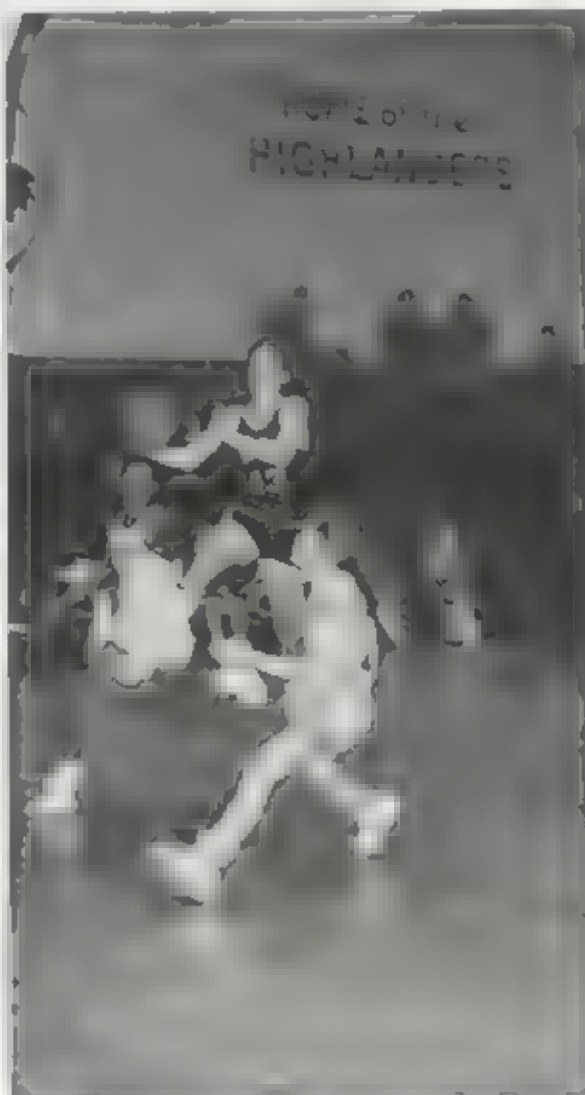
Their record in the first half of eight wins and four losses earned them second place in the Grossmont League. Two close losses, one in overtime, were the only things keeping the Vaqueros from the J.V. championship. The 1984-85 J.V. El Capitan basketball team's skill and pride developed with every game. The skills they have acquired and their knowledge of winning will be a great asset to the 1985-86 Varsity team next year.



Back row: Grant Clinger, Robert Cain, David Krugh, Mike Taplev, Greg Hauet, Brooks Herald, Tom Sobehrad, Coach Sullivan. Front row: Joe Murphy, Danny Curtis, Mike Chelsea, John Stroud, Phil Van Papenghien.



Greg Hauet drives to the basket over Helix defenders.



Tom Sobehrad has no trouble flying over the highlanders.



Nathan Masters struggles for the rebound.



# Take It To The Hoop



Back row: Linda Standring, Toni Sprecco, Dawn White, Kenda Scott, Toni Zimmerman, Sherry Stevens, Angie Red, Shannon Maxwell, Coach Sullivan. Front row: Chris Frude, Toni Zimmerman, Tina Storrs, Zenaida Aguire, Lorissa Shenefield, Theresa Darwell.



Zenaida Aguire's ambitions are high as she reaches for the ball.



Shannon Maxwell shoots the ball for two points over a Helix defender.

This year's j.v. Basketball worked very hard in practice on dribbling, passing and ball handling skills. Their dedication in practice gained each player new skills needed to prepare them for their varsity years. The team's leading scorers were Lorissa Shenefield, Linda Standring, and Theresa Darwell. Toni Zimmerman and Chris Frude took charge of the ballhandling duties. The top rebounders for the team were Kenda Scott, Linda Standring and Toni Sprecco. Although the team was young and inexperienced in high school basketball, they ended their season with great expectations for a fine 1985-86 season.

# Rebounding For Success

The basketball games attracted many vociferous vaquero fans that were known throughout the district as being loud and competitive. "The crowd made our adrenaline high when we hit a slump in the game," said Brad Burton.

Success was the theme of this year's varsity boys' basketball team. The boys worked hard to prepare themselves for the second place title, winning all but two games. The practices were two hours long, full of drills, playing time, and positive coaching from Ross Furrow and Bob Hoss.

During the season, the team practiced six days a week to ready themselves for CIF Play-offs. The first game was set at Sweetwater High School where the players put their best plays into action. Coach Furrow called plays like the pick-and-roll game and the U.C.L.A. highpost offense. Multiple defenses were used as a result of the opponents' offense.

The feeling of the over-all season was positive and full of anticipation, said point guard, Darin Curtis. "We weren't expected to win the CIF game, coach just wanted us to play our best."

The team played good games and usually won them by a 20-30 point spread. The fact that the players worked so well together could be credited to their playing together for two or three years. Each player knew the level of skill of each of their teammates which enabled them to execute only the plays they knew best.

The 1984-85 basketball team can well be remembered for the participation of the crowds, the exciting games, and the composure held by the players shown by their winning record.



Points in search of the Vaqueros as Brian Parnowski shoots for two in the Santana gym.



Alan Bocko makes scoring two points look easy as he scores against Mt. Miguel.



Back Row: Bob Hoss, Steve Nowlan, Darin Curtis, Carl Cato, Mitch Burton, Steve Burroughs, Brad Burton, Matt Schmidt, Geoff Adams, Ross Furrow.  
Front Row: Aaron Johnson, Brian Parnowski, Alan Bocko.



Goal throw is by Jim Lavin, not yet here, who he nearly missed.



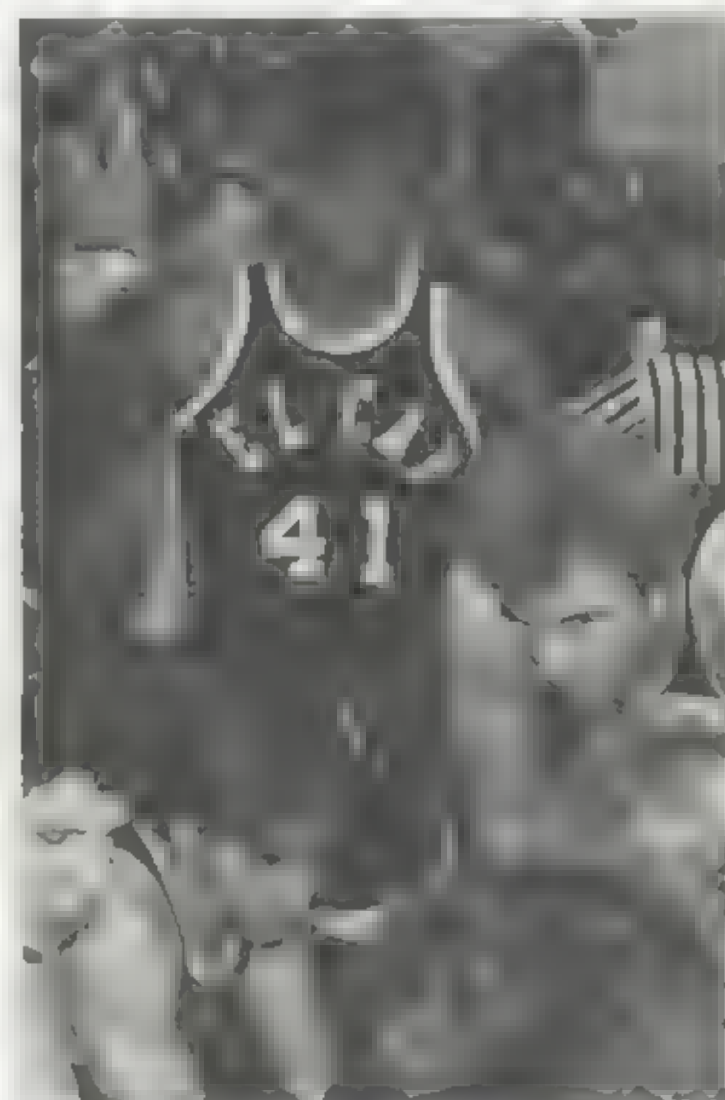
Brad Barton shoots for, while Matt Schmidt blocks an opposing player.



Steve Berris, who is taking the lead point for the Vikings, is in the foreground.



Dino Corbin, the Vikings' player, is seen in the foreground.



Curt Corbin, who is with the team in the foreground, is seen in the foreground.



# Push It To The Limit



Top row: Coach Wilkins, Jeff Rice, Darrell Baum, Jared Brooks, and Phil Aguilar. Bottom row: John Kemp, Don Gabriella, David Westerhout, and Devin Deitzen.

*By Debby Corcoran*

While most of us are still basking in the California sun, cruising to the beach with friends and plain old hanging out, El Capitan's Boys Cross Country team was busy training for the upcoming season.

Runners train six days a week, in the grueling August heat, jogging an average of 8-12 miles a day. In addition, the team does push ups, pull ups, and sit ups two to three days a week.

Staying physically fit was of the utmost importance, but, as Assistant Coach Wilkins stated, "depth was our real strength." This depth was achieved by the returning Varsity lettermen: Jeff Rice, Devin Deitzen, Phil Aguilar, and Jared Brooks. These four were, "the backbone of the team," stated Wilkins, "they kept the team together and stable." This cohesiveness also applied to the additional top runners: Don Gabriella, Darrell Baum, David Westerhout, and John Kemp.



Jeff Rice picks up speed rounding the bend.



Winning makes that worth while



Darren always looking toward the finish



The FIC pack ya in front



Dex is keeping his stride

# On Your Marks, Get Set, Go!!!



Tammy Kniffing Coach Brooks Danice Von Feldt

Cross country tested the mental and physical limits of the runners. Practicing long hours in all kinds of weather, the girls ran as far as Santee and El Cajon to prepare them for each league and invitational meet.

The team was small, consisting of two underclassmen. Returning lettermen Danice Von Feldt, all league first team, finishing ninth and first year lettermen Tammy Kniffing, all league first team, finishing second were the force that filled the positions of the 1984 cross country team. "These two were among the top runners of the district," said coach Joe Brooks.

Brooks also commented that during this season the girls were pushed and driven to achieve their own level of excellence. "They were the more aggressive runners of this league."

Unlike team competitors, runners rely solely on the power of their own will. They determine the scope of their own win or loss. The motto the girls chose was "No pain, no gain."



Philip Aguilar and Darrel Baum show good placement at the beginning of the race



Tammy Kniffing shows her pride with every stride.





Daniel and Thomas waiting for the race



Daniel and Thomas pushing ahead at the start



John Ken pushing ahead of his opponents



Thomas running strong at the finish

Sean Salley pacing himself at Lindo Lake Park

John Ken pushing ahead at the start

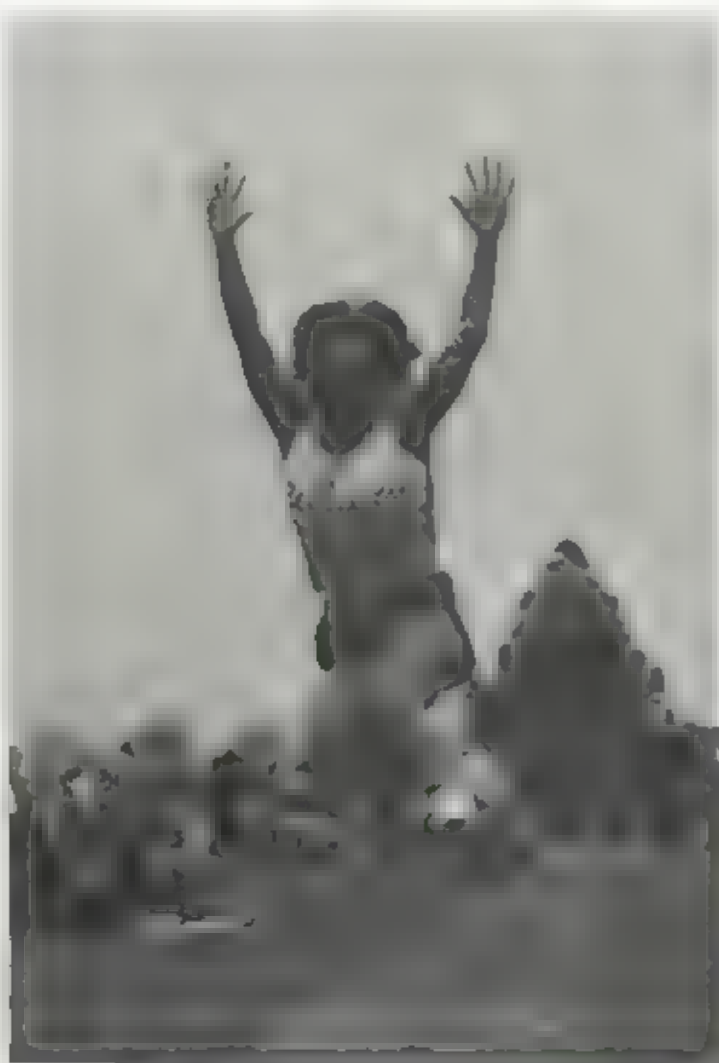
# Stride Toward Your Highest Hurdle



Joy Principe finishes third in the hundred yard run at San Diegoito



Jim Barton hands off to Kent Williams in the way of the 400 yard relay



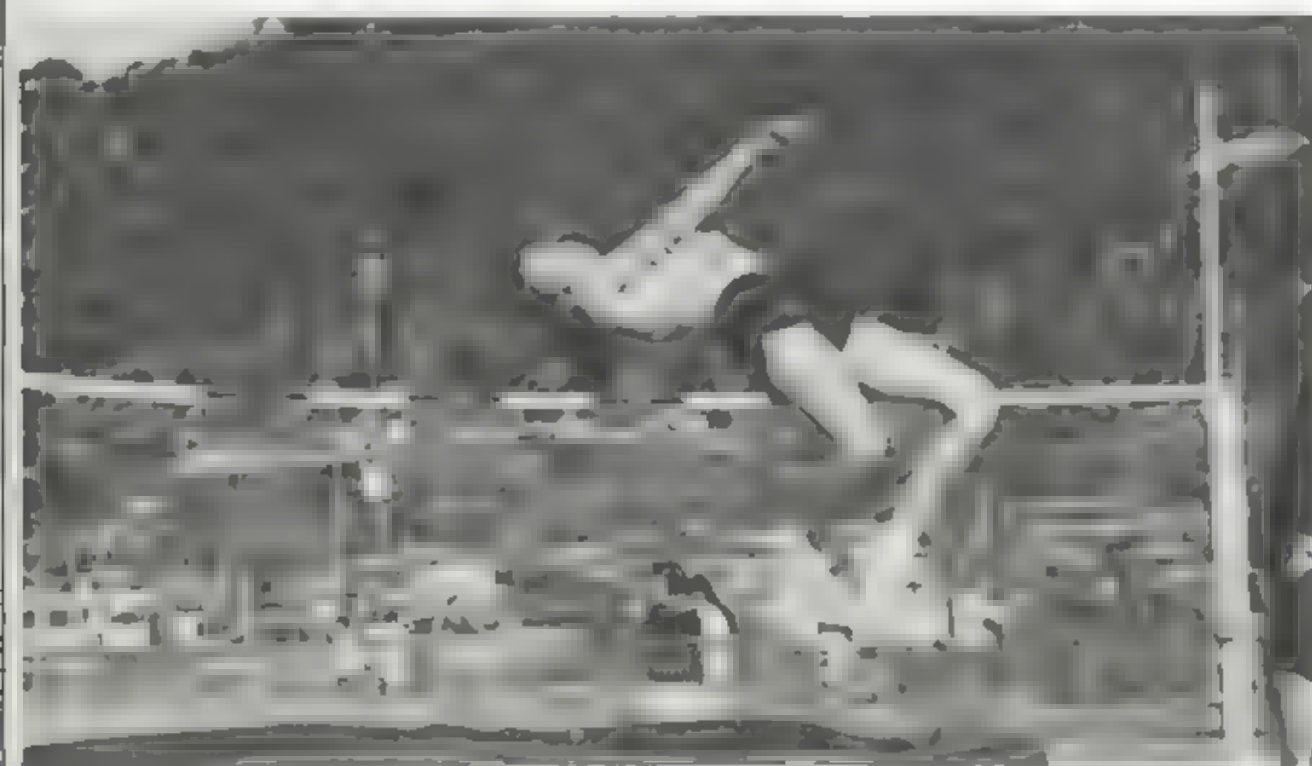
Cathy Noriega soars to new lengths in the lengths in the long jump



Weight men Brian, Sebastian, Matt, John and Gary resting before their competition



Chad Chapman and Jim Barton race for the finish line against Ramona and Army Navy



Tina Sierra soars over the high jump bar



Devon gives some encouragement to Davis before the relay race

Track and Field at El Capitan has progressively gained popularity and prominence. Believing that "quantity breeds quality," the coaches were able to convince over 100 boys and girls to participate and compete on the team this year. This led to the well balanced teams at all levels, girls, boys varsity, and boys junior varsity. It gave the team more depth at each event. This concept has revealed the emergence of several outstanding athletes who were recognized in the count as well as the Grossmont League

The solid nucleus of returning athletes with the "new" freshman and sophomore athletes solidified the girls' team. The entire "All Grossmont League" of Tammy Hiler, Renee Mueller, Jennifer Clinger, and Cindy Noriega returned. Jennifer and Cindy were also excellent in the high jump and long/triple jump respectively

The boys' varsity team featured Brian Boggess in both the shot put and discus, Devon Winthrop in the 440 yard dash and relays, Mike Tapley in the jumps, seniors Brian Paradowski, Mitch Burton, Alan Bocko, and Trevor Warren in the relays, hurdles, and jumps. Davis Robbins led the boys team as captain and the solid crew of distance runners were led by Devon Dietzen and Don Gabriella. This group challenged the Grossmont League Championships

The varsity team consisted of P Aguilar, A Bocko, B Boggess, J Brooks, P Brooks, M Burton, D Curtis, D Dietzen, J Duke, D Gabriella, T Gaerin, G Hauer, J Kemp, S Kindreich, J Leinen, B Paradowski, M Purcell, J D Reyes, R Rhoades, J Rice, D Robbins, M Tapley, J Till, A Tolley, T Warren, D Westerhout, D Winthrop. The jv team was made up of G Abraham, C Aguilar, D Barrett, J Barton, J Baxter, C Chapman, J Creed, D Curtis, R Edsimmons, T Gaerin, R Guassac, S Harris, D Hillberg, M Hollinger, T Huntington, G Jimenez, S Johnson, S Keith, S Kito, M Lenahan, H Manette, S McNamara, J Over, J Payne, M Principe, C Reeder, H Ring, M Russell, S Sailey, C Scantlin, J Shields, G Spielman, M Thompson, D Valdez, L Weiner, K Wilkins

The girls consisted of Z Aguirre, M Bevers, A Bradley, D Bradley, S Butler, E Cleland, J Clinger, N Coleman, M Degado, L Hawkins, R Herzig, T Hiler, T Kniffing, S Maxwell, T Mergens, K Morgan, R Mueller, C Noriega, J Principe, L Rivera, L Shene, V Silva, L Standing, L Tumang, D Vonfeldt, J Walker

Our junior varsity consisted of an excellent group of freshman and sophomores. They showed continued improvement in each meet and a promising future for El Capitan track and field. Some of these people included Chad Chapman, Jim Barton, and Scott Keith in the sprints; Ray Guassac and Kurt Wilkins in the hurdles and relays; Justin Baxter and David Hillberg in the weights; Tyler Gaerin and Craig Scantlin in the pole vault; Greg Spielman in the middle distances; Cesar Aguilar and David Westerhout in the distances and Danny Curtis are Mike Hollinger in the jumps





Dave Robbins running the 150 yard hurdle race



Rachel Herzog and Teresa Mergens running the 40 meter low hurdles



John Keene and Fred Brooks running the 200 yard race



Phil Aguilar El Capitan's leading runner in the mile race



Lucy Sandberg clearing a hurdle.



Mich Burman racing for victory in the 300 yard intermediate hurdles.



Dorise Vande showing her school pride as she participates in the 88.



Lucy Sandberg showing her strength in the shot put.

# Boys Soccer Ties Up The Season

By Kristine Stanzick

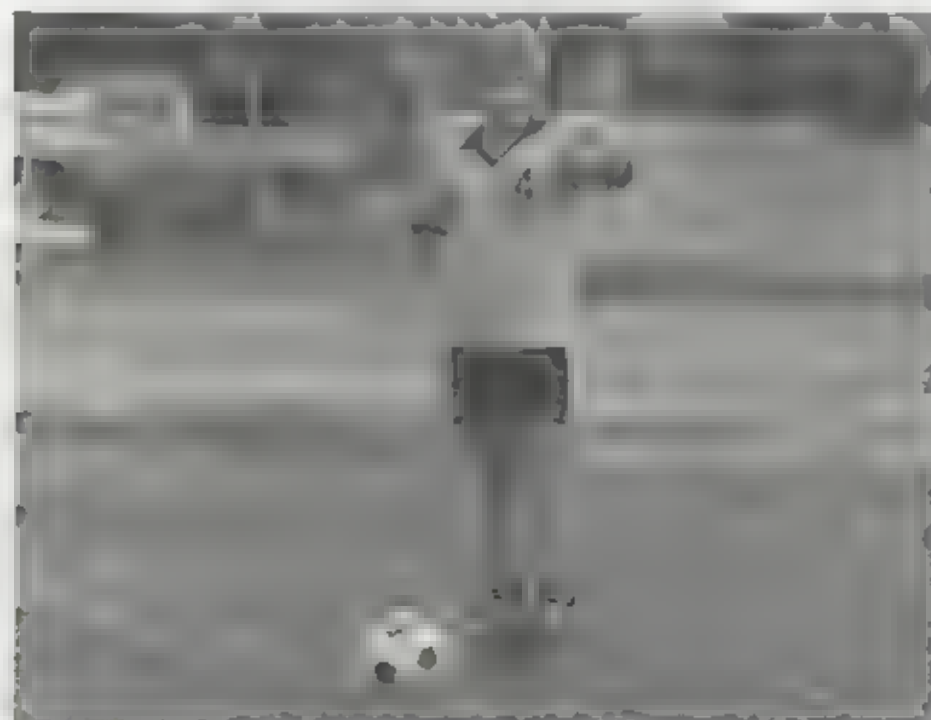
This season the boy's soccer team was faced with many tough opponents. In their first game they took a substantial loss with a shut out to Granite Hills but in the annual Christmas Tournament they showed considerable improvement by allowing them two goals for the win. The rest of the tournament also went well with one win, one loss, two ties that went into overtime, a sudden death and a shootout against Monte Vista.

With the loss of graduates Toby Gaerin, Matt Eyer, Jim Vogt, John Strelie, Jeff Haymen, the team dedicated this year to developing and refining skills. Many passing and dribbling drills improved the skills of the freshmen and sophomores on the team.

"Although we didn't have a winning season, we had fun and that's something to look back on," added senior goalkeeper Bill Kitts.



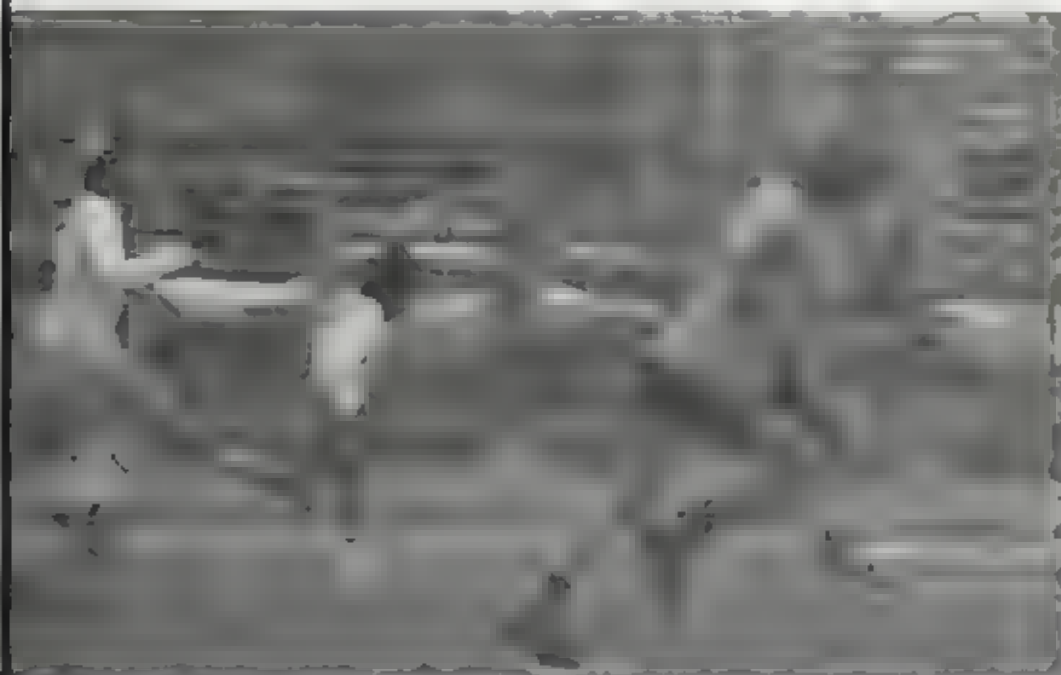
Stan and Gilbert congratulate David on a job well done



Brian gives the referee a few pointers



Robert uses his quick moves to get around the opposing players

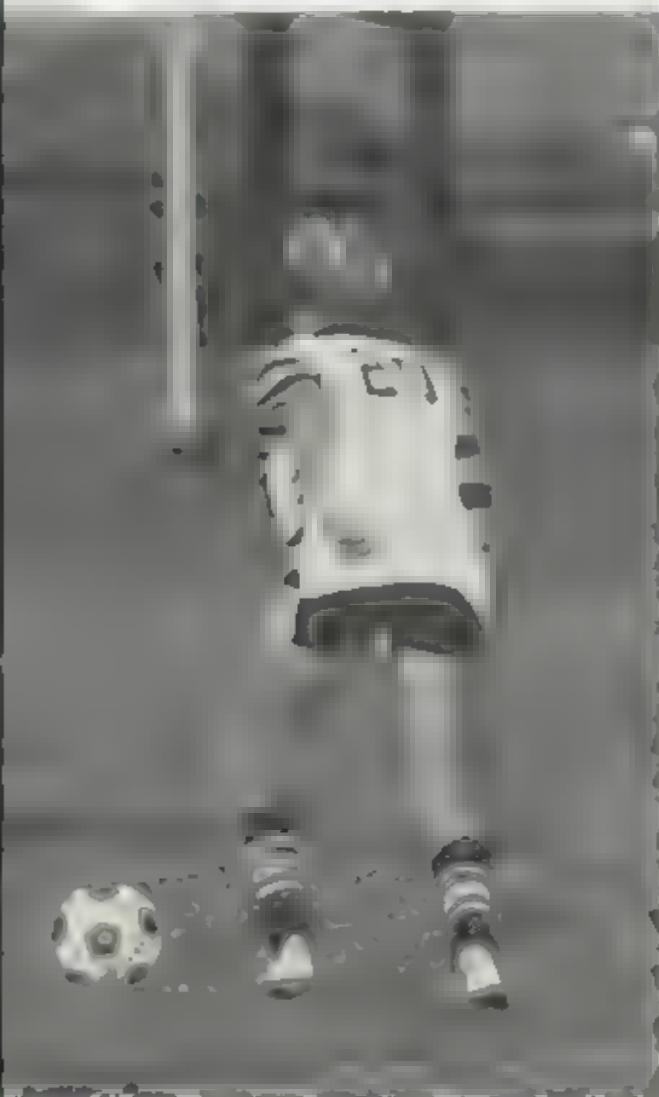


Toby and Ron on a fast break to score a goal





Back row: Coach Phil Green, Coach Tom Johnson, Libby Green, Ryan Jackson, Wes Patten. Middle row: Devin Pong, Ben Pong, Mike Brock, Ben Miller, Kurt W. K., Craig Nelson, Peter K., David T. McLaughlin. Front row: Toby and David Seaton, David Seaton, Robert Rinsweller, Gilbert J. J., Daniel M. Gervic, David J. J., David J. J.



Kurt dribbles toward an open goal



Toby and David using their tough defensive skills

# Girls Swim And Dive Takes The Plunge

The girls swim and dive team is the largest it has been in many years, with 45 members. The team approached the season with a very optimistic outlook. The all-around swimmer to look for was Kathryn King with her record setting times. Michelle Sanders backstroked her way towards many victories. Megan Skinner contributed additional points to the team with her outstanding diving. Although these were just a few of the recognized swimmers or divers, each person was aware of her vital contribution to the team.

The girls practiced five days a week for approximately two hours a day. The majority of the workout was spent in the water practicing various strokes, techniques, and after warm-up, they swam on the average of 100-150 laps a day. The remainder of the day was spent in the weight room or on an aerobic program.

The season consisted of twelve meets. Nine which were league meets and the other were non-league meets and practice events.



Back row: Jason Basso, Marjorie Kohn, Stephen Ashburn, Kevin McKinnis, Susan Ashburn, Carrie Pungborn, Stephen Hays.

Second row: Jeffery Bickel, Aaron Shannon, David Dineen, John Williams, Shannon Williams, Penny Rhodes, Doug W. Miller, Kevin K. Kohn, Jennifer Linkow, Gina Schiovani, Leslie Frain, Karen Kuhnert.

Third row: Matt Smith, Lisa Pappas, Chris W.

Fourth row: Matt Kohnert, Amy Richmond, Jeff Smith.

Fifth row: Michelle Hughes, Kashryn King, Rachel Brawdy, Kelly Kaiser, Cheryl Clark, Deanna Weber, Michelle Smith, Jeff Bickel, Kristie Wikoren, Michelle Kohnert.

Sixth row: Fred, Brenda Weaver, Debbie Pierce, Tracy O'Conner, Lisa Fooks, Donna Steward.





DIVERS: (From left) Kathryn King, Wendy McSkinner, Lisa Peterson, Ann Dwyer.



Kathryn King practicing the breast stroke.



Leslie Fries performing her back dive.



Fred is beginning the Medley Relay with the back stroke.



Eric is performing the breast stroke on the free.



Front Row: Coach Hedberg, Team Manager, Jasper Anderson, Ryan Russell, Brad Bennett, Mike Velesko, and Mylee C. Middle Row: Dustin Dumas, Robert Krueger, John Strand, Troy Surratt, Jasper Anderson, and Ryan Russell. Back Row: Kevin Krickhahn, Barke Abel, Miles Gleaton, Mike Velesko, and Mylee C.

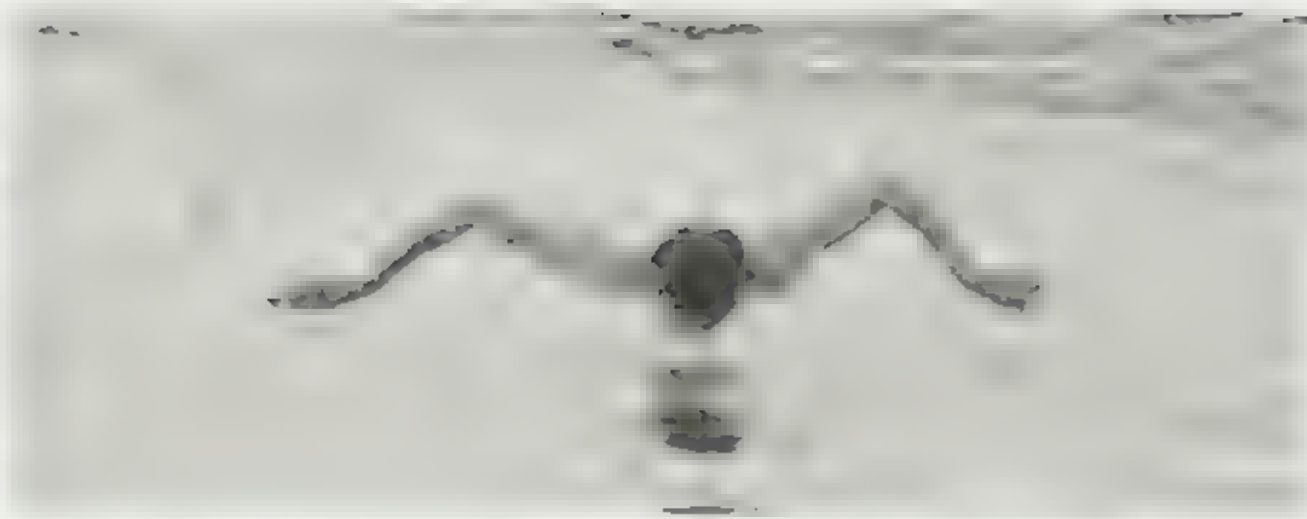


## Poise On The Edge — Race With Courage

The El Capitan swim and dive team was inspired by the numerous gold medals awarded to the swimmers and divers such as San Diego's Greg Louganis in the 1984 Olympic Games. The olympics proved with years of practice and devotion, you can be the best. El Cap is becoming a strong devoted unit. They had to rebuild their team which is something every team must face when seniors leave, but this year there were plenty of new recruits to enlarge the unit. In addition, three of our foreign exchange students became a part of the group. Jasper Anderson was on the diving team and Bjarke Abel and Nashura were a part of the swim team. This year's group had such standouts as Troy Surratt, with his breast and freestyle strokes, John Russell with his successful dives, and Robert Krueger in all swimming events. Other returnees include Brad Bennett and Mike Velesko who also helped the unit. With all the devoted talent the swim and dive teams became a stronger unit.



Two El Cap swimmers racing against themselves to better their times



Returning to the water, Tony Smith displays his race winning butterfly stroke



Leif Lund, after a perfect American paper dive, enters the water from the diving board



Leif Lund, after a perfect back flip



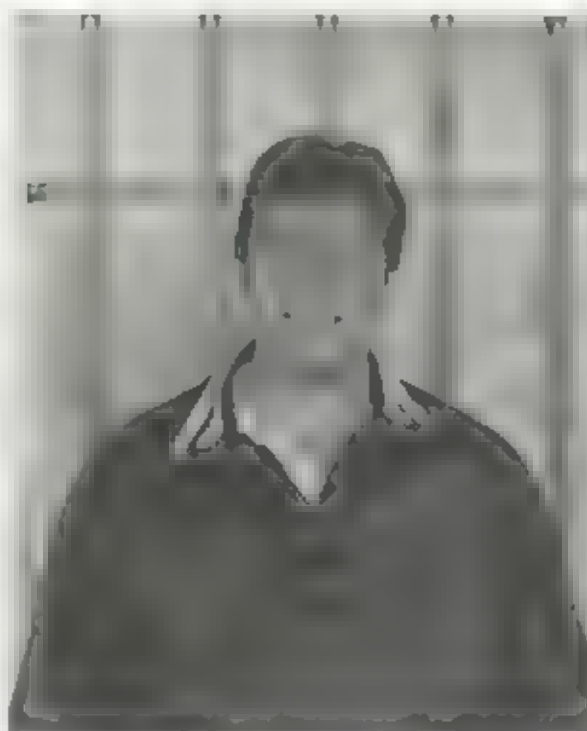
El Capitan swim team prepares for the start of the medley race

# Pinning For Perfection

El Cap was represented by a group of strong wrestlers," stated Mann. CIF was held on February 16, 1985 at Orange Glenn High School. Gregg Osborn, team captain, placed fourth in CIF, Kevin Osborn placed first in CIF, third county wide, and in addition, qualified for state finals. Troy Pinkerton placed third in CII.

The two hour daily practices consisted of running, 20 minute wrestling drills, and intense exercise.

Wrestling is the only sport that requires six minute hand-to-hand-combat. Coach Yasuda added that "wrestling is a character building, challenging, and self-disciplinary sport."



Coach Mann



Coach Yasuda



Front row: Alex Lynch, Gregg Osborn, Troy Lynch, Th. Jung, Eric Lawler, Kevin Osborn, Justin Lohm, B. Knowlton, Brad Whitman, Glen Reese, Chris Dickerson, Troy Pinkerton.

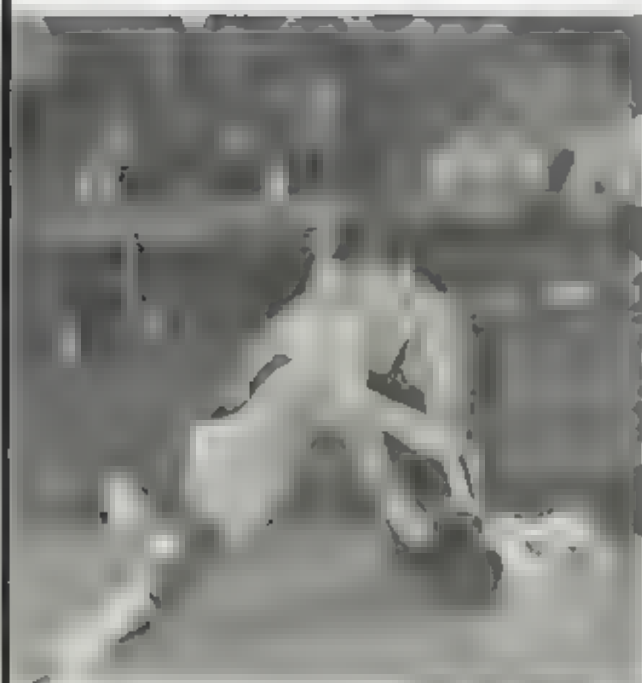




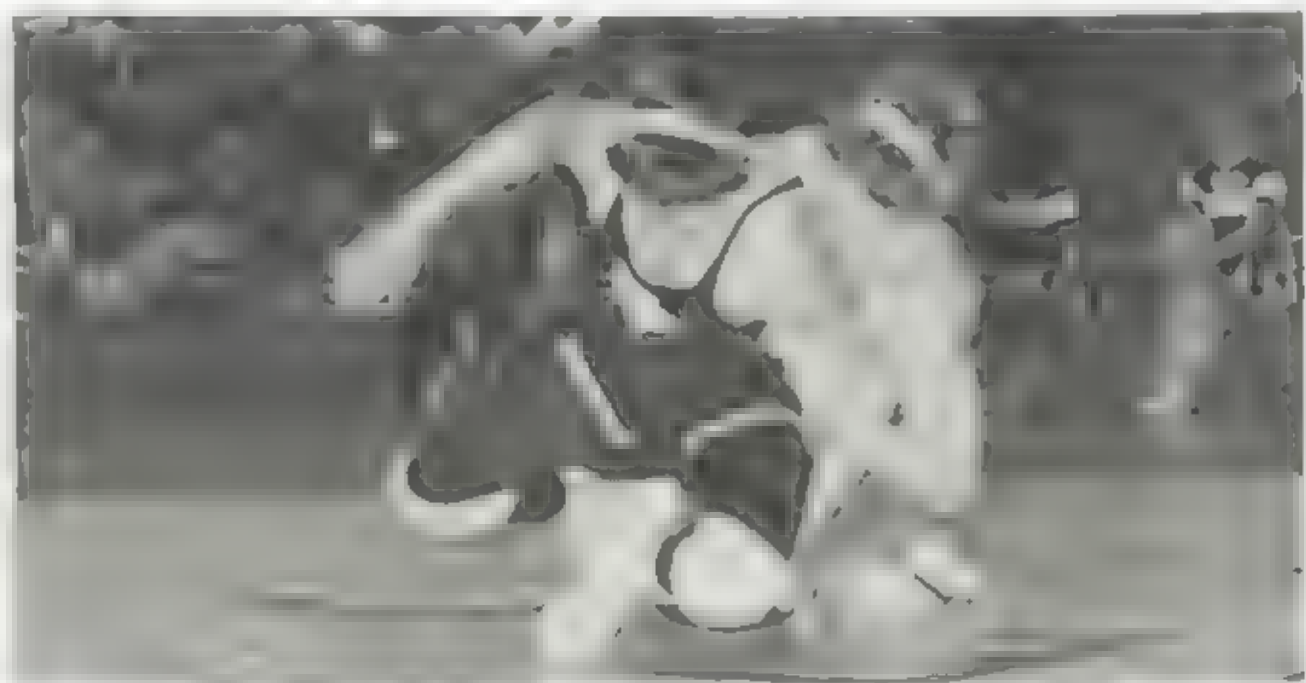
Kay O'Brien blocks an attack



Eric Law controls his legs on his opponent's wrestler



Rex White uses his strength to force down opponent



Curtis Gentry uses his arms to maneuver his opponent



Brad Whitman ready to approach his opponent



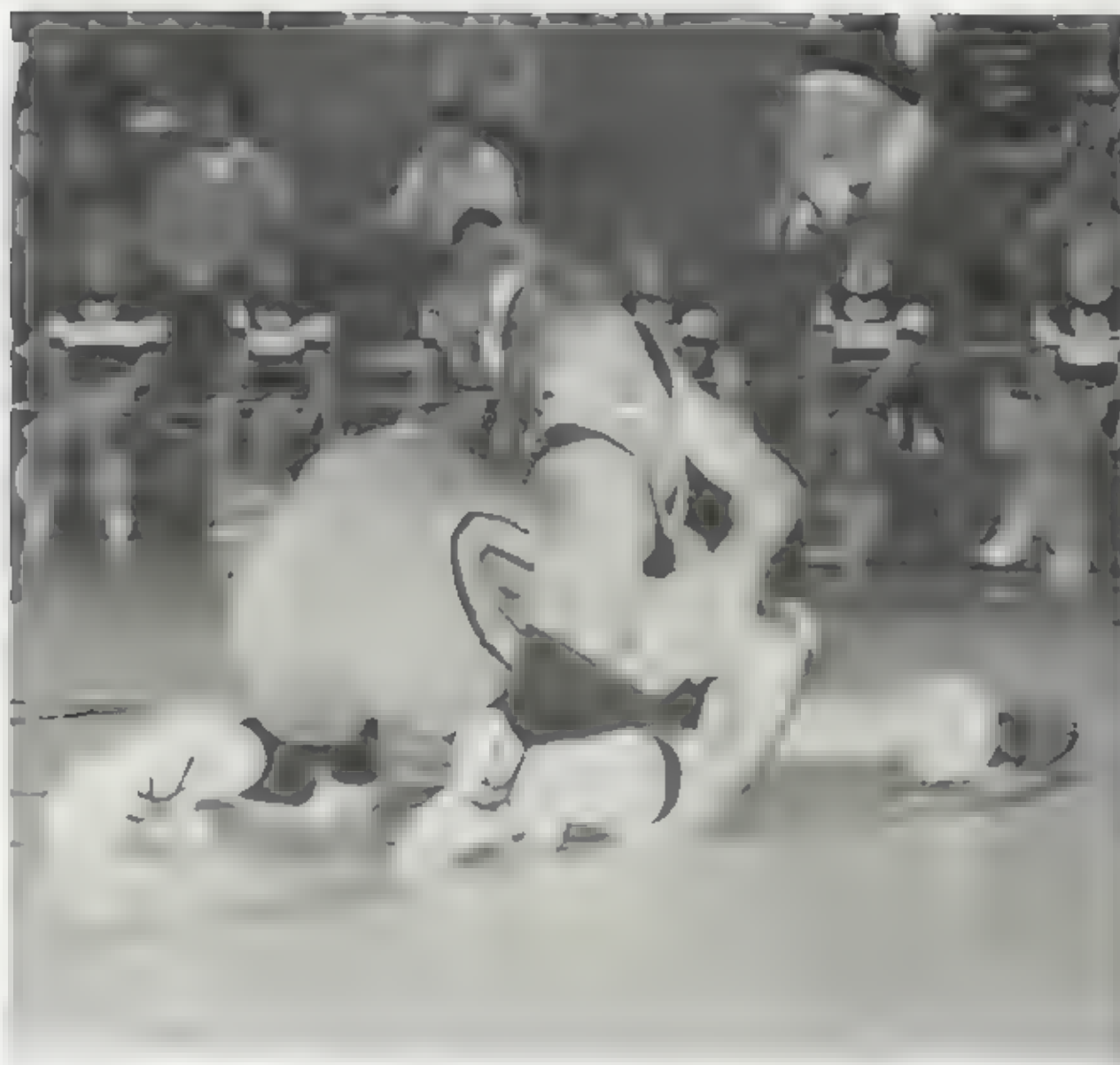
Jason Lemen uses his strength to control his opponent



Coaches Mann and Yasuda watch their wrestlers

## Get A Hold On Victory

The J.V. Wrestling team placed 4th place at the Poway tournament and 6th place at the Helix tournament. The outstanding individual wrestlers were: Tyler Gaerin who at the Helix tournament. The outstanding individual wrestlers were: Tyler Gaerin who at the Helix tournament placed 1st. He also placed 1st at the Poway tournament; Carlos Gutierrez who also placed 1st at the Poway tournament; and David Hillberg who had 2nd place finishes at both Poway and Helix tournaments. Other future standouts are Nino Dimaio, Steve Drimmel and Shane Griffin



Tyler Gaerin avoids being pinned by the tough Granite Hills wrestler



1 Rick McKee 2 Luke Weiser 3 Todd Burks 4 Tim Elliott 5 Robert Scribner 6 Jason Hyde 7 Tyler Gaerin 8 Luke Reed 9 Jason Mariner 10 Mike Johnson 11 Carlos Gutierrez 12 Tim Campbell 13 Kevin McKay 14 Scott White 15 Shawn Pinchett 16 Michael Fisher 17 Steve Drimmel 18 Doug Owens 19 Harvey Gonzales 20 Nino Dimaio 21 Sean Jones 22 David Hillberg 23 Jim Barton 24 Coach Cooper not pictured Shane Griffin

# A Diamond In The Rough



Kent Dempsey fielding a ball



Team Coaches, Chavez and Unden

Cracking bats, smacking leather, and dust settling were some of the sights and sounds of the j.v. baseball team. The team included several motivated freshman eager to do well and succeed in league play. Freshman Kent Dempsey said, "I wanted a winning season and I was willing to work for it."

The team practiced everyday after school from 2:00 to 4:30. The work-out consisted of practice in batting, fielding, and running skills under the direction of the team's new coach, Coach Unden. Unden first began coaching in a successful Mountain Empire program. Currently, he is attempting to bring that spirit to El Capitan. Coach Unden's philosophy of a winning team, "A good practice and a positive attitude are the keys."



Jerry and Coach Unden practicing



Front row: Robert Wallace, Phil Bisset, Cory Kruse, Nick Dimeo, Jerry Alarage, Ruben Torres, Cal Broudbent, Grant Chinger.  
Back row: Rudy Chavez, Kent Dempsey, Rich Gonsalves, Scott Mason, Chris Carmichael, Brett DeMontmont, John Redd, Dan Nesheim, Coach Unden.



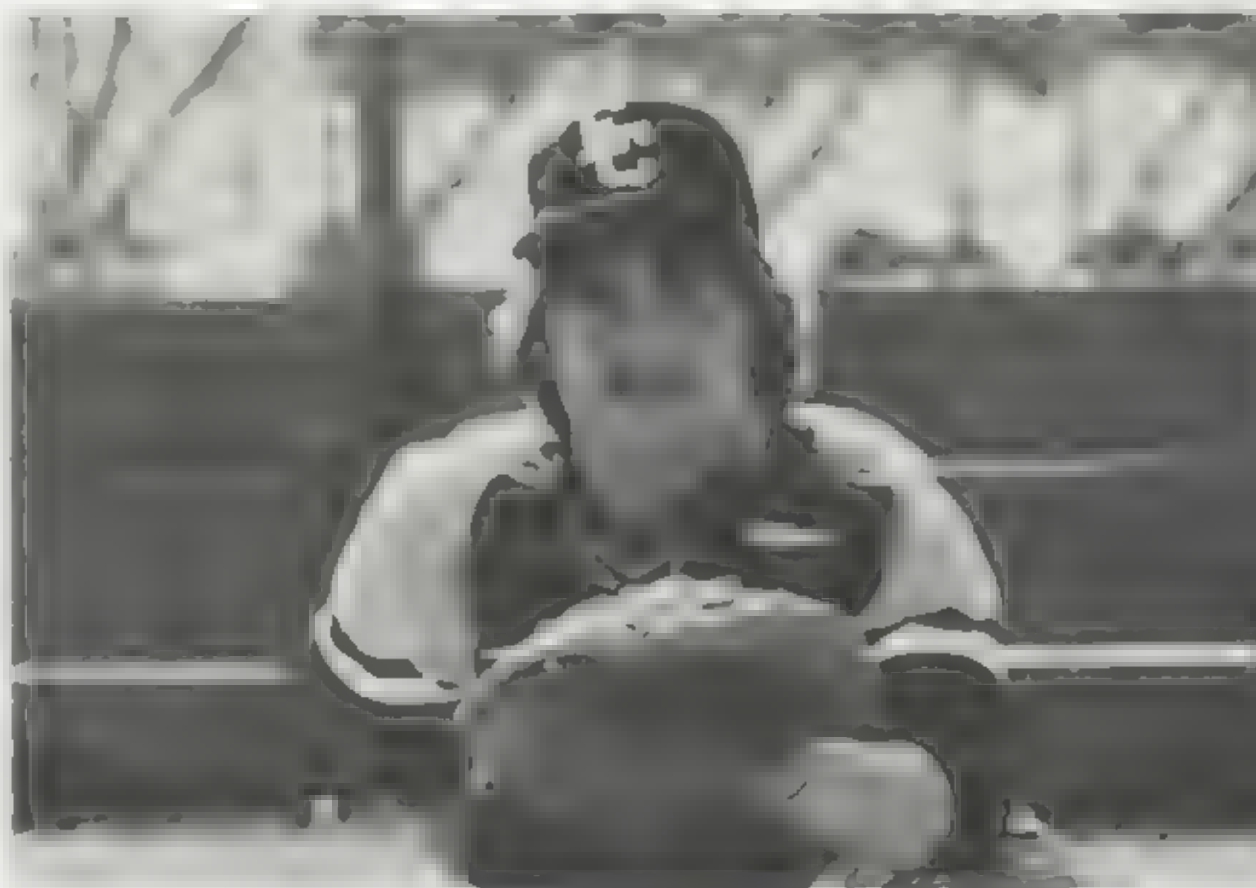
# Varsity Baseball Swings To Success

By Bert Weiss

The Vaquero baseball team's main objective this season was to regain respect in the Grossmont League. To achieve this, El Capitan hired alumni Steve Vickery and his assistant, Tony Boite. Vickery brought with him a previously winning record and a new attitude. "Last year the team had a losing attitude, we wanted to win, but we didn't want to work for it," said second year letterman Curtis Canfield. "this season we worked hard in the off season and went into games with a positive attitude."

A standout on this's ballclub was Captain David Nowlan. "Nowlan pounded opposing pitchers all season with his bat, and his play in the field was also exceptional," commented first year Head Coach Vickery. Senior second year lettermen Martin Kindreich, Scott Freeman and Curtis Canfield were also expected to have outstanding seasons. On the pitching mound, the rotation was built around Junior Mike Reed while Jim Medlin provided relief pitching in the late innings.

Although the Vaqueros had nine seniors, the team was relatively young. The squad had five juniors, including catcher Ron Peeler and starting shortstop Steve Nowlan, as well as three sophomores.



During the summer, Junior catcher Ron Peeler traveled to Japan to play with the elite United States National Team. He gained valuable catching experience while playing in various Japanese cities.



Front row— Scott Freeman, Kevin Grupp, Curtis Canfield, Jim Tixer, Scott Murray, David Nowlan, Bert Weiss, Jim Medlin. Back row— Coach Vickery, Steve Nowlan, Ron Peeler, Rob Arnold, Brad Burton, Martin Kindreich, Paul Dautremont, Mike Reed, Asst. Coach Boite.



Carl is waiting for the pitch



Pig Diatremen throws for an out



Brad Burton catching a pop-fly



Dave Newlan taking a high pitch

# Varsity Softball Covers All Bases



Back Row Coach Pete Jernigan, Mary Crockett, Shelly Crockett, Angie Bryant, Mary Leary, Jeff Rasmussen, Melissa Rowe, Ann Gould, Spry H. Front Row Shelly McVicker, Tammy Korkke, Jeff Zimmerman, Emily Rasmussen, Tami Petry.



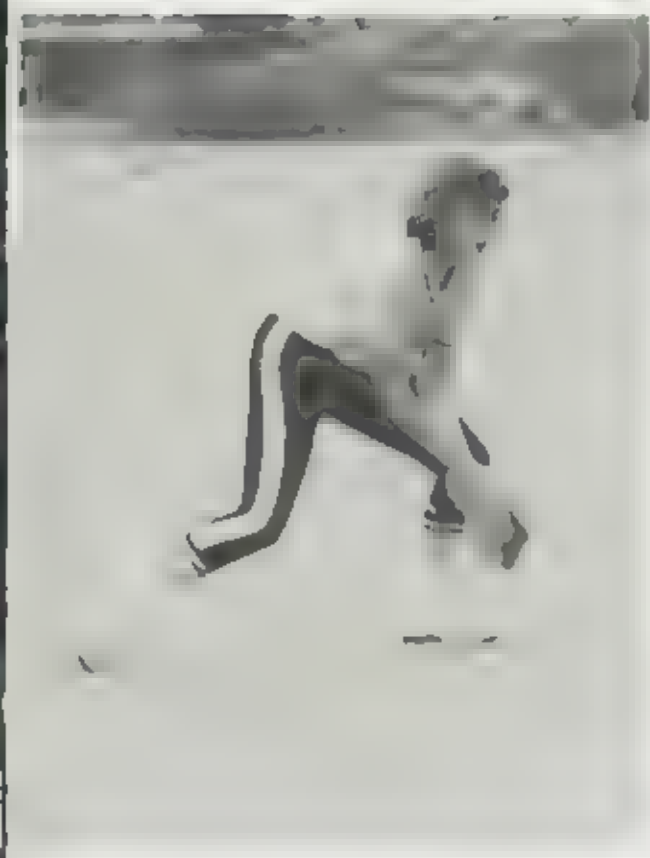
This year the varsity softball team started the season with winning from the first end. A new catch and positive keep boosted the team into the top three in the league. Pete Jernigan, former San Antonio coach, headed the team for the first time. He introduced us to many new things. We appreciated him very much, commented Shelly McVicker.

The team was a well-balanced team with four returning players and three newcomers. The returning players were Angie Bryant, Shelly Crockett, Tammy Korkke, Mary Leary, Shelly McVicker, Tami Petry, Melissa Rowe, and Lisa Watkins.



Tami Petry and Angie practicing before a game





Junior Shelly Crockett, three year letterperson, digs out an infield hit

Tanya and Maja practicing their throwing skill



Maja fields the ball while Tanya backs her up



Four year letterperson Tami Petry pitching a curve ball

# Not Just A Stepping Stone

By Matt Barlow  
Kristine Stanzick  
Kim White

Can a girls softball team be greatly affected by a first year coach? What about a team that has very few returning starters?

These questions were answered by the j.v. softball team. "This year's coach, Linda Harris motivated us to work hard in order to be competitive," said player Casie Dennis. The team started by working over the basics and progressed to game-winning strategy. Two players stood out in their competitiveness throughout the year. Players such as sophomore Geneva Brown and freshman Robin Vogt led the team to a successful season.

"Usually the j.v. team is just a stepping stone to varsity, but this year the team proved they could stand on their own. This team's new faces and new strategies brought along this change," commented team leader Geneva Brown.



Keeping her eye on the ball, Lisa Daniel is up to bat after school practice.



Always giving her all, Paula Hildebrand jumps to catch a fly ball.



Back row: Linda Harris, Casie Dennis, Kristie Braith, Jama Stultz, Robin Vogt, Gail Fienning, Sherry Stevens, Kim Stultz, Nicole Puentes. Front row: Shannon Turner, Lisa Daniel, Geneva Brown, Nicole Adams, Janyla La Chappa, Paula Hildebrand, Toni Spricko.

# Tumbling To Greater Heights

by Kristine Stanzick

Grace, agility, and strength are only a few of the skills necessary to be a good gymnast. This year Coach Diane Perkins and weight-training coach, Mr. Legace have emphasized these points with long workouts and many hours in the weight room.

Aside from weight lifting, Coach Perkins has taught the junior varsity team the basic gymnastic and dance moves needed to gracefully and skillfully perform their routines. The varsity team, including Chris Mendoza, the only male gymnast on the team, have learned the more advanced tumbling and dance needed for their routines. The highest class of high school gymnastics is optional gymnastics. This year El Capitan had four optional gymnasts; Lisa Reed, Michelle Buerkle, Jody Baker, and Kelley Falter. These girls created unique routines designed to fit their own personalities. All three classes of gymnasts competed on the floor, beam, bars, and vault.



From left to right: Michelle Buerkle, Lisa Reed, Marsha Koch, Amy McGuire, Kelley Falter, Crista Stovall, Delia Camarero, Julie Damshen, Heidi Nystrom, Jodie Baker, Kristina Koltavary, Susie Tomer, and Coach Diane Perkins. In front: Chris Mendoza



Jodie Baker exhibits her gymnastic talent on the beam



Heidi Nystrom performs a handstand on the beam



# Potential In Motion

Coach Uden and Coach Sullivan discuss plans for the future of the team. Uden, who has been coaching basketball for 15 years, is looking for players who are able to compete with the pressure of being on a team. Sullivan, who has been coaching basketball for 10 years, is looking for players who are able to compete with the pressure of being on a team. The players are looking for a coach who can help them reach their potential. The coaches are looking for players who are able to compete with the pressure of being on a team. The players are looking for a coach who can help them reach their potential. The coaches are looking for players who are able to compete with the pressure of being on a team. The players are looking for a coach who can help them reach their potential.



Coach Uden and Coach Sullivan discuss plans.



Strong drive to the basket.



Chris Jones looks.



Left to right: Asst. Coach Sullivan, Bruce Kesson, Bryan Palmer, David Clay, Jason Birkshire, Brian Tuttle, Rick Strom, Dave Richert, Lynn Sandvick, front: Bruce Provost. Not pictured: Head Coach Joe Uden.



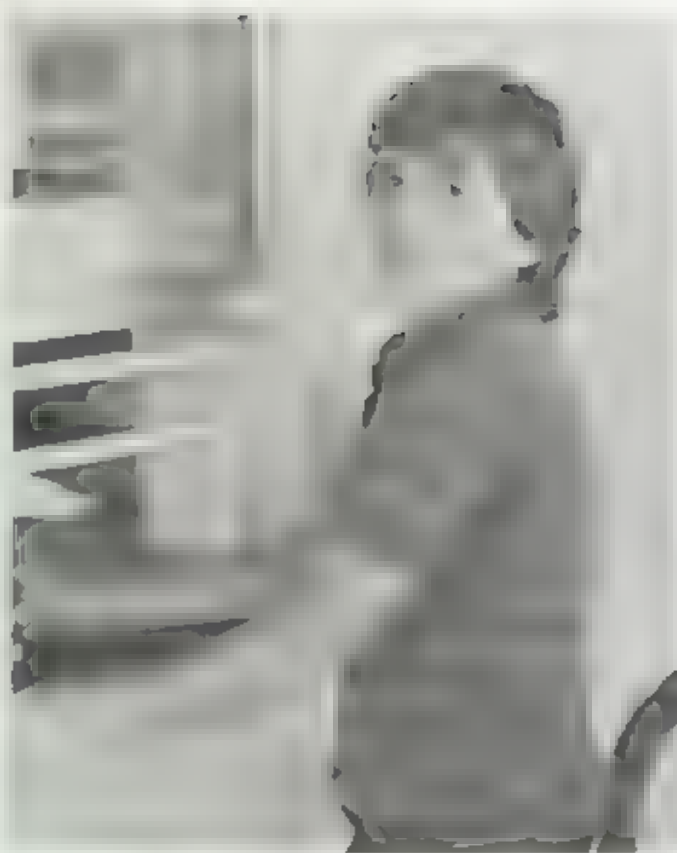
David Clay leaps for points.

JUNE 13, 1985

# People

WEEKLY

AT EL CAPITAN HIGH SCHOOL



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# I Club — Invitation To The World

This year was marked by strong student participation," said International Club President Sean Quigley. This strong student participation was evident when the members held a successful welcome party for approximately 40 foreign exchange students and club members in the fall. The club was kept busy the rest of the year by building a float for the homecoming parade and selling Advent calendars.

The I-club held their annual Global Awareness day on January 31. I-club members invited foreign exchange students from schools throughout the district to El Capitan. Exchange students from Ghana, Cyprus, Yugoslavia and other exotic countries shared their cultures and daily routines with the students.

Besides these activities the I-club held weekly meetings where they often listened to guest speakers. These speakers, many who were from the faculty, shared their travel experiences with the students.

Mrs. Bradley's knowledge of different countries was invaluable to the club as our advisor," said Quigley. With Mrs. Bradley's guidance, knowledge, and the students' dedication, the I-club became a highly visible and active club on campus.



Front Row: Dimitri Dalanis of Greece, Suraphan Phutavahon of Thailand, Monica Mas of Panama, Jesper Andersen of Denmark, Bjarke Abel of Denmark.  
Back Row: Advisor Miss Bradley, Publicity Raquel Keenan and Debra Keenan, Treasurer Katrina Sevensma, Vice President 1st semester Susan Lucas, President Sean Quigley, Vice President 2nd semester Cathy Lucas.



Front Row: Cathy Lucas, Raquel Keenan, Susan Lucas, Sean Quigley, Katrina Sevensma, Debra Keenan.  
Row 2: Miss Bradley, Kim Zurbach, Jenna Steward, Anna Raymond, Erin Cleland, Mary Kahanamoku, Tammy Andersen, Tim Grande.  
Row 3: Melissa Greer, I. Robin Fowler, Brenda Potts, Anna Eckert, Cathy Kostavary, Mary Carlson, Michael Carlson, Laurie Shepp, Zandra Aquino, Wanda Walker, Lisa Hawkins, Kriss Gosen.  
Back Row: Jesper Andersen, Bjarke Abel, Dimitri Dalanis, Suraphan Phutavahon, Monica Mas.



# The Key Club Opens New Doors



Back row: Johnna Morel, Debra Keenan, Mr. Fellman (advisor), Donna Steward, Susan Lucas, Kathy Kavanagh, Michele Carlson, Alison Chase, Sally Crockett, Laurie Dennis, Pam Crawford, Heather Arizer, Mike Tapley, Abby Brack, Karen Severson, Kim Gies, Penny Rasmussen, Tracy Mohr, Scott Hedges. Front row: Mary Carlson, Jody Littlepage, Gretchen Osie, Laura Sauter, Jeniema Johnson, Kathy Lucas.



The Key Club is a service club sponsored by Kiwanis of Lakeside and has over 100,000 members internationally. Their goals for the school were to improve school status by getting a new and better image of it and by getting rid of the "do nothing clubs", to clean up the campus, turn on the fountain in front of the school, put up a marquee on Maplevue, put mirrors in the boys' restrooms, get picnic benches on the quad, and make a new students' manual. They went to improve El Cap's status by showing we care for our community. Their community projects included cleaning up Lakeside, holding a Special Olympics, a blood drive, a Walk for Mankind, a Leukemia Run, a food drive, and to have a Toys for Tots Drive in Lakeside.

Front row: Sophomore Representative, Laura Sauter, Secretary, Laurie Dennis, Finemaster, Gretchen Osie. Back row: Junior Representative, Johnna Morel, Vice President, Alison Chase, President, Sean Quigley, Treasurer, Tracy Mohr.

# "Campus Life Is Everyone's Club"

In today's society, young adults are pressured into many situations while growing up. They need someone to help them understand their feelings and answer their questions during their high school years. Campus Life, led by Lee and Colleen Wright, is an organization which helped teenagers help themselves through various problems. This special club met every Tuesday from 6:46 to 9:00 p.m. at a different student's home each week. The topics of their discussions were normal problems most teenagers face, such as sex, drugs, drinking, peer pressure, grades, parents, friends, relationships, school, and emotions. They also held special activities for anyone to attend such as *Scream in the Dark*, Broomball (at U.T.C. against other schools), and barbeque's, along with trips to the mountains, the beach, Disneyland, Mexico, ski trips, and just hanging around. Most people think Campus Life is a club only for the church-going, but it's exactly the opposite. As one member said, "This isn't a club just for certain people, it's for everyone!"



Toby and Lee showing their best side at the Christmas party



Lee and Colleen Wright, the directors of Campus Life



Everyone playing broomball at University Town Center

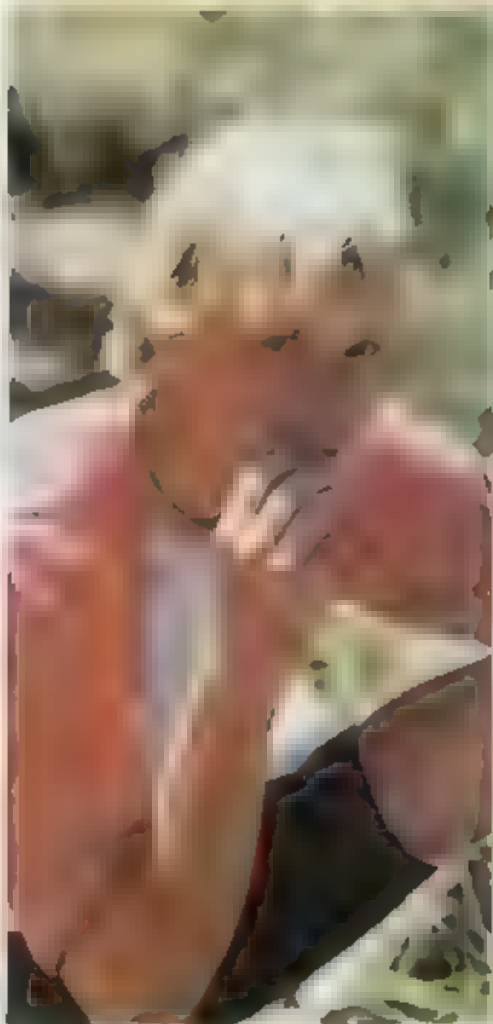
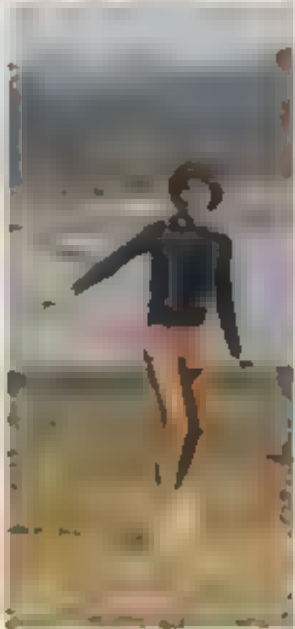


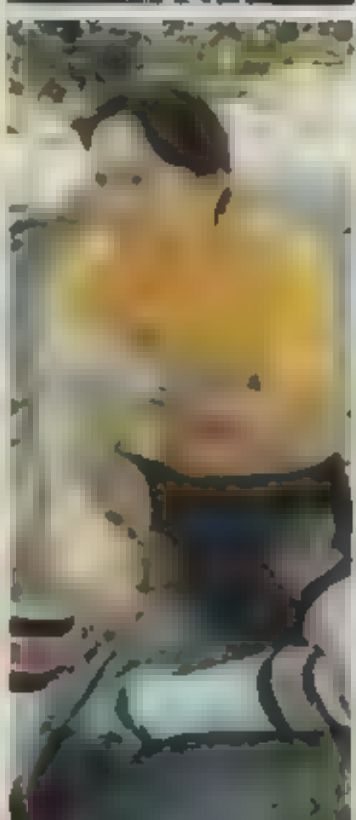
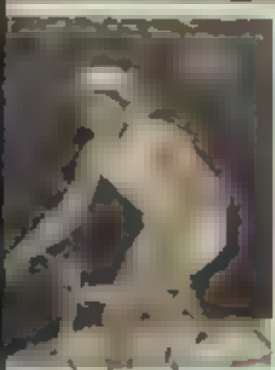
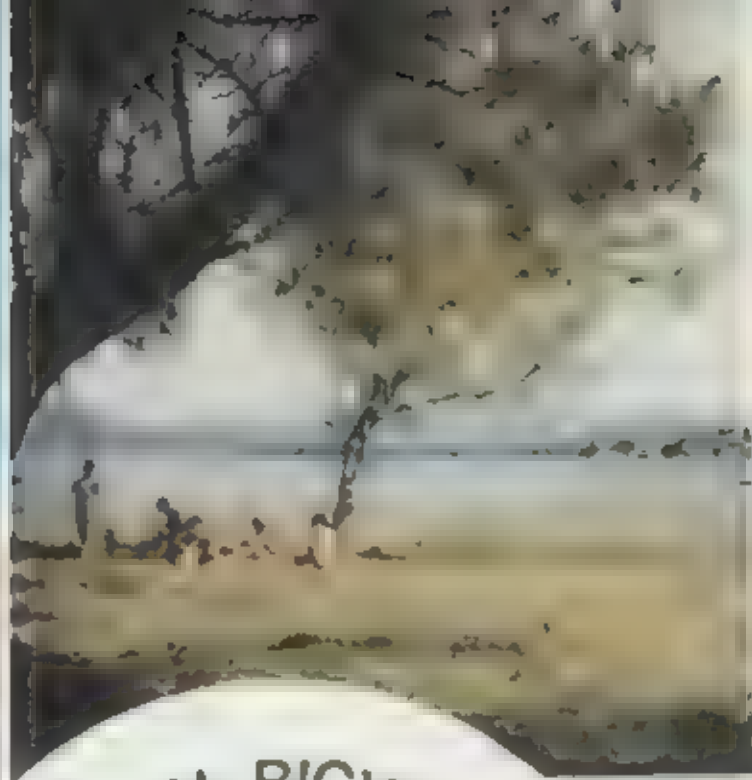
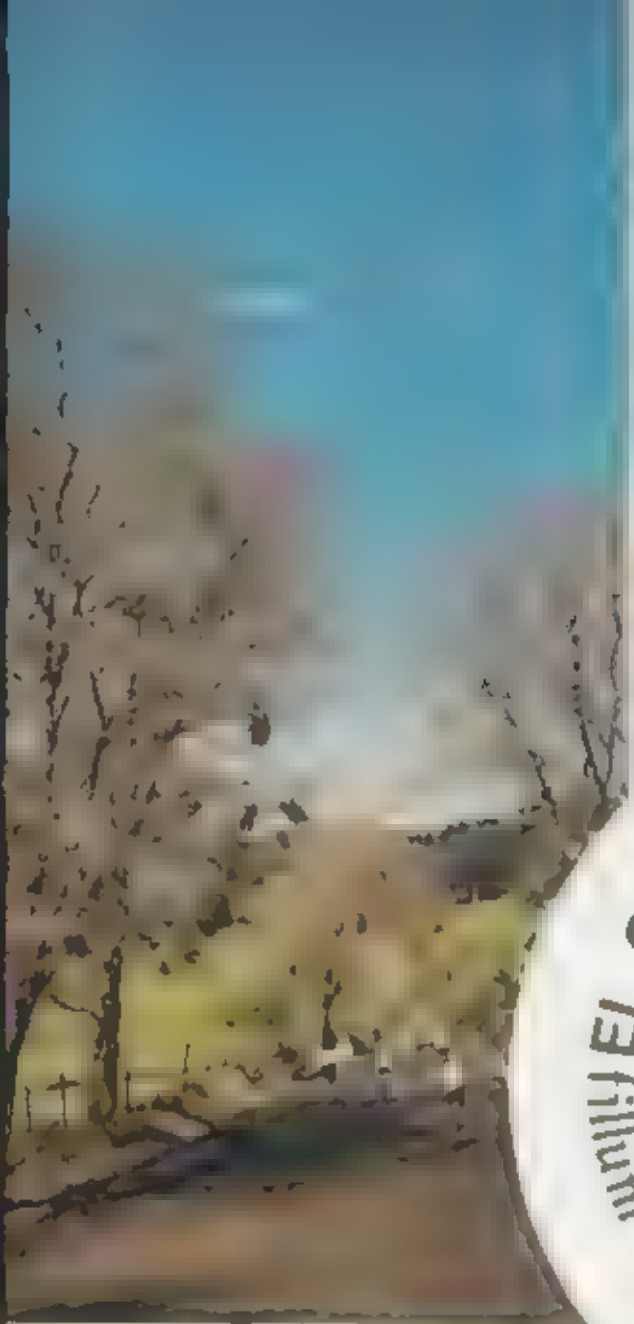
2nd & 3rd Year Students Back Row Christina Romero, Ken Nesvick, Kathy Snowden, Paula Stoodt, Trish Hark, Becky Long Front Row David Gonzalez, Crystal Vonfeldt, Tammi Signs, Richard Balk Not Pictured Ma Branski, Scott Gerdes, Michelle Keenan



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## VARSITY INTENSIFIES ENTHUSIASM

Being a varsity cheerleader may look like an easy task, but it was hard work for the twelve girls to get where they are now.

Tryouts lasted 2 weeks during the month of March. They consisted of a personal interview, teacher evaluation, mock tryouts, regular tryouts in front of a panel of judges, and tryouts before the school body. The girls put in many hours learning a song and cheer taught by the graduating cheerleaders, and

making up a song of their own.

Once making the squad, they spent every morning of the summer practicing together, for two hours, learning cheers, songs, and chants. A month before school starts practice is increased to twice a day, four hours total.

When school begins they cheer for every sport from basketball to water polo. Being a cheerleader may look easy, but it takes dedication and time.







Sherry Johnson, Debbie Anderson, Nancy Briscoe, Carrie Pugh, Brenda Spivey, Julie Brannon, Tina Steiner, Amy Higginson, Mary Brink, Tracy Hall, Penny Steady, and Lois Christensen.



Promoting the success career





Left to Right: Kim Carson, Lisa Balfour, Monique Fain, Lee Ann Yates, Michelle Betts, Lee Yates, Elaine Warren, Stephanie Newberry

"Fight is enough" was the motto of the 1984-85 J.V. cheerleaders. Adorned with short skirts, vests, and gold and white fluffies this year's squad had a growing spirit for the school. As they cheered at all the junior varsity events and assemblies, they promoted enthusiasm in the crowd. But according to the cheerleaders things were not all fun. Being a cheerleader took time, hard work, and dedication.

For the eight cheerleaders, the sound of the 1:35 bell meant more than the end of the school day. It signaled the beginning of hard work, practicing and perfecting routines, and cheering the team on in front of excited fans.

The entire squad agreed participating in cheer helped improve their grades, school spirit and self-confidence. They also felt their practice over the summer created memories and helped fulfill dreams. Being together made them



# JV Cheer: Eight Is Enough



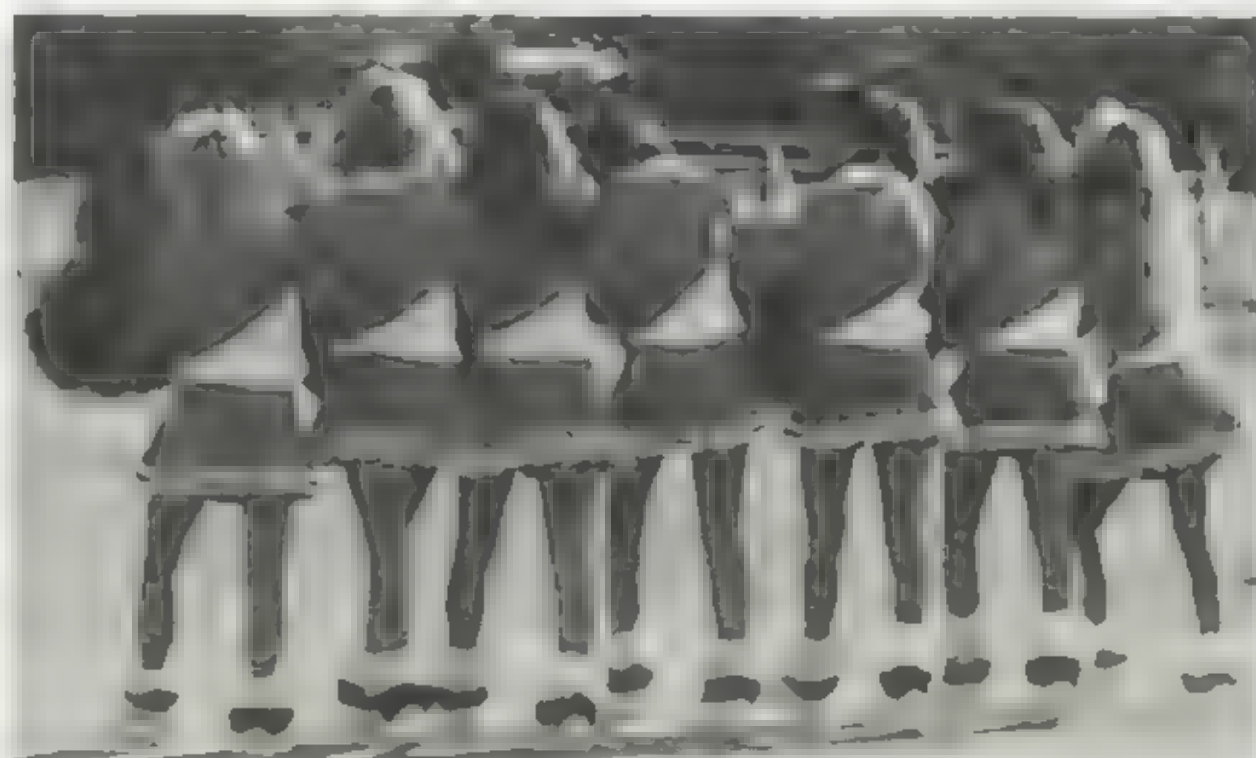
Don't you say I'm a cheerleader



Go, Fight, Win



Monique Fain seems to be feeling the weight on her shoulders



Is it something we said?

Monique Fain enjoying the Welcome Week Assembly

closer as friends and established them as a team instead of individuals

No, the life of a cheerleader was not a story filled with glamour, but rather one filled with hard work to represent El Capitan High School. The '84-'85 junior varsity cheerleaders were determined workers who represented the school well



# A Sacrifice For Perfection

The "Little Giants," small in number but are mighty in competition, was the nickname the El Capitan Band carried the past few years. It was never more true than this year.

How did they become a "giant"? They practiced after school all year, many took private lessons, and then practiced more.

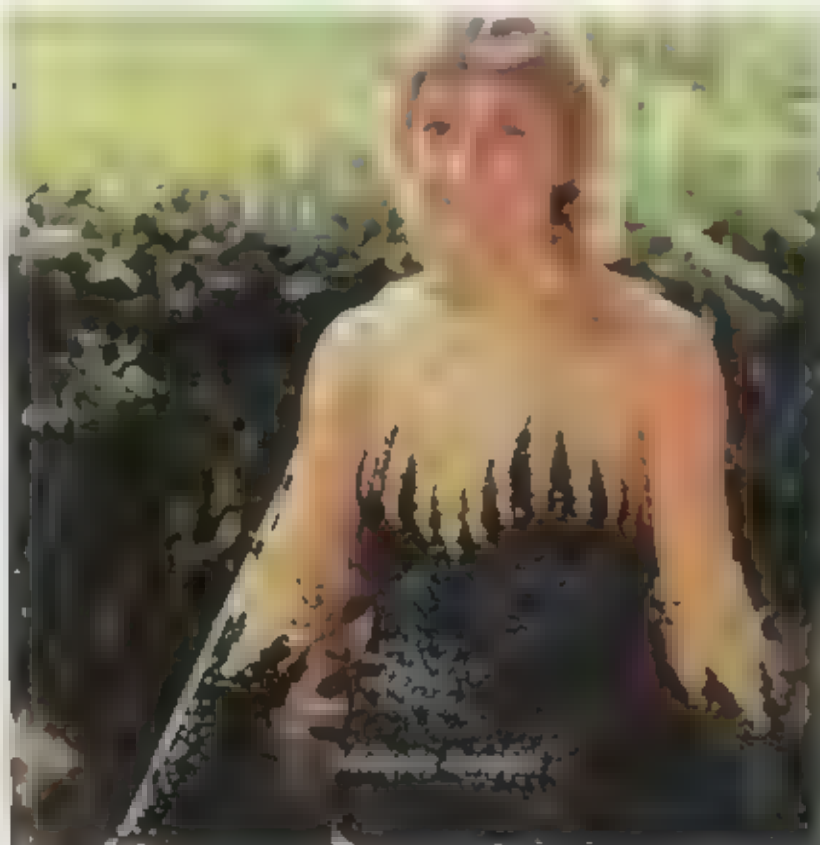
Mr. Nugent, the director, and the band members dedicated and committed themselves to the quality entertainment at concerts and half-time shows.

The sacrifices and dedication they made brought excellent results in the competitions they entered. They placed 1st in Bonsol with a score of 89.4. They also took 2nd place in the Artesia Competition.

Drum Major, Tom Elbert, chalked up another successful year. Over the summer of '84, he held the title of Grand Drum Major. When school and regular competition began, he was consistently rated at the top. In the Oceanside march he received a 96.0, the highest score an El Capitan student has ever received.

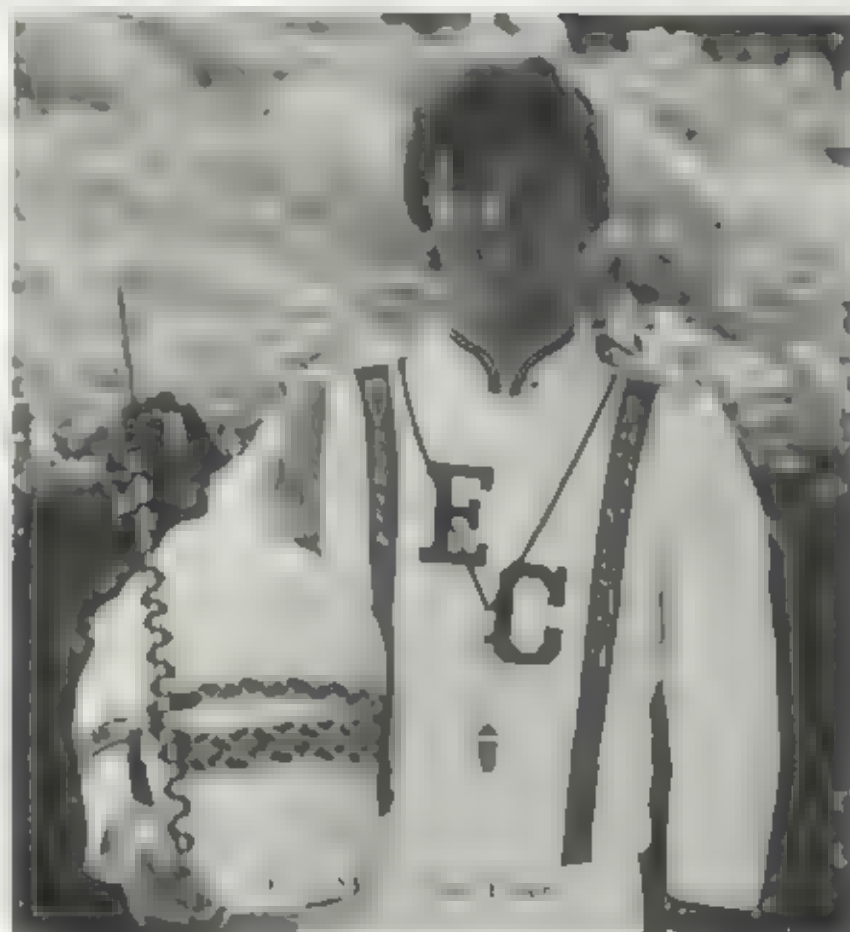
Majorette Michelle Sutphin also had a successful year. She placed second in every competition she entered.

A new addition to the band, but an old tradition, was the Banners. For the first time in several years, the Banners squad was directly affiliated with the band. Captain Michelle Clark and her corps carried the school name at the events.





Front row: Theres, Virgo, Tom Ebert, Michele Staphin, Laurie Forrest. Second row: Ann Ray, and Michael Clark, Nick Drey, Aaron Chase, Andy Hixon, Lance Bink, Tony Mares, Jimmy Lusk, Penny Herbert, Tommy Finn. Third row: Wenden, Kim Clark, and the Rex, Connor Reese, Dan Wasserbauer, and Woerz. Fourth row: Kelly Bland, Nick Kaur, and Huse, Kim Arnold, Christy C., Valerie J. We. Fifth row: Matt Seaton, Arter Martin, Kim K., and Rich Shekey, Jim Crutcher, Penny Limerick, Fred B., and Six. Sixth row: Rex, Nathan, Greg Kushing, Doug Berry, Greg Hux, Robert Merwin, and Dan B., and Back. Seventh row: Mike, Greg Bruckey, She, and Greg, and Chris Moore, and Joe, and Jim Scantlin, and John Russo.





# F.F.A.

by Laurie Erdman

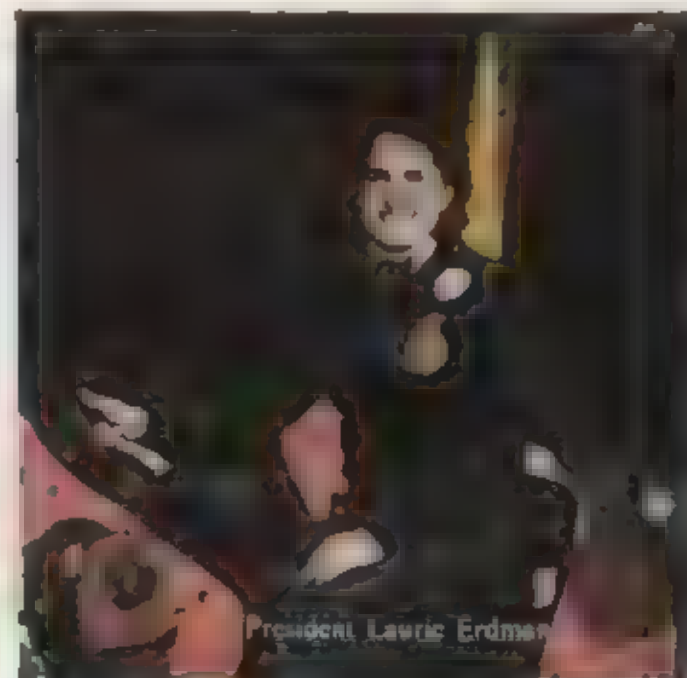
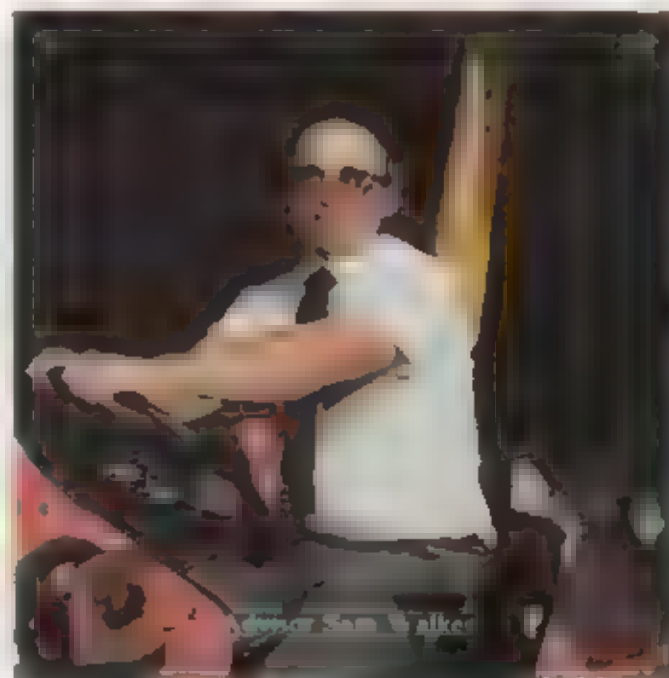
"I believe in the future of farming

"But what is the future of farming? This is just one of the many things members of the El Capitan Future Farmers of America learned. Not only did these FFA's learn about the essential industry of agriculture, but they learned leadership skills, parliamentary procedure, and public speaking

"We are not the hicks everybody thinks we are," said FFA member Becky Clark. We saw they were often adorned with black slacks or a black shirt and a blue corduroy jacket with tie

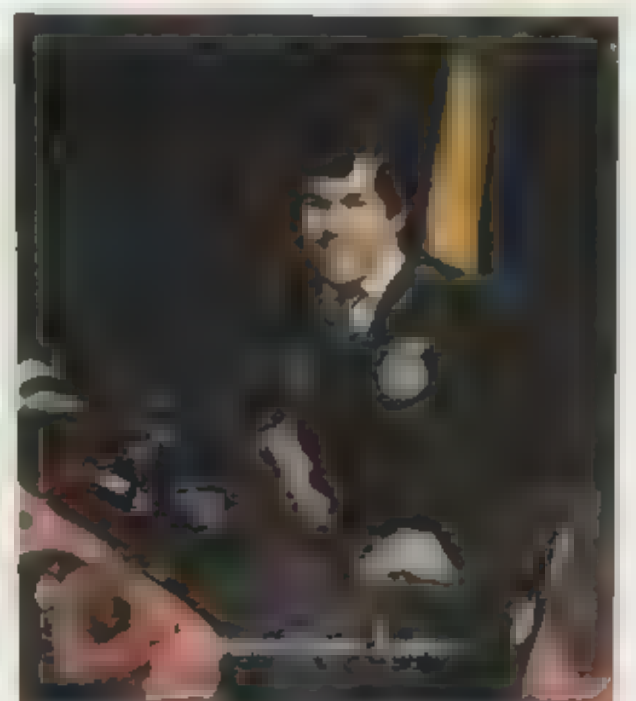
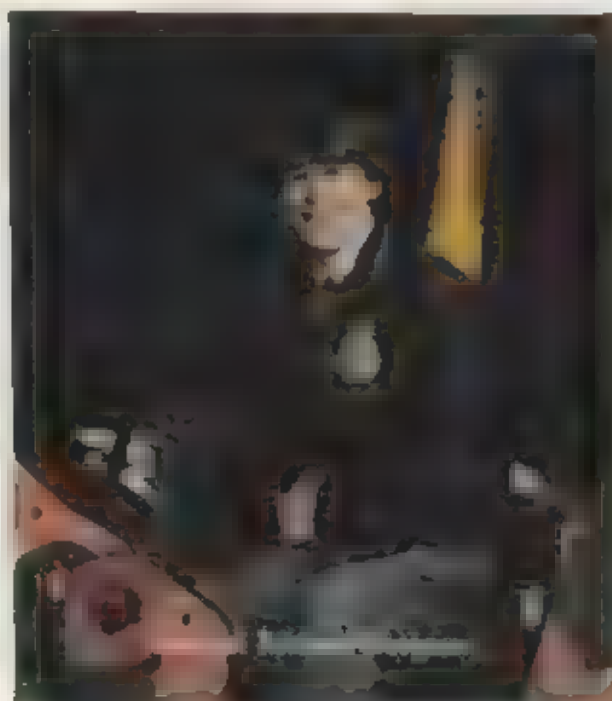
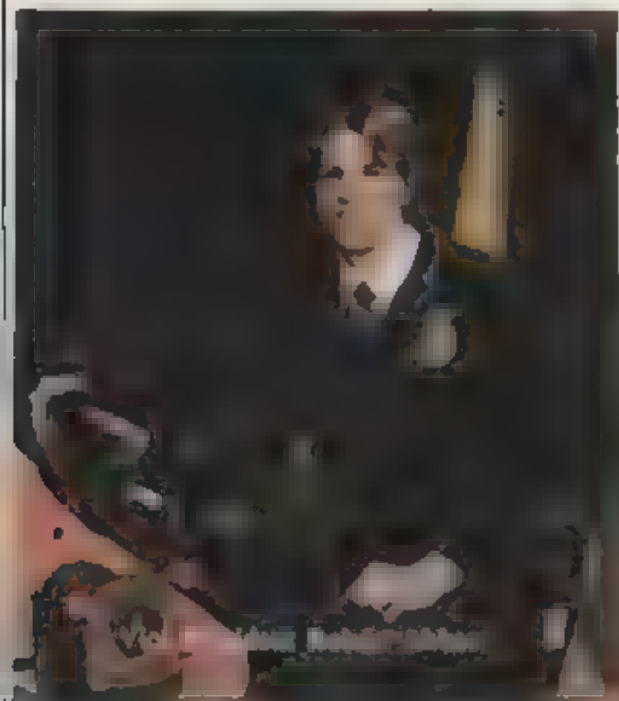
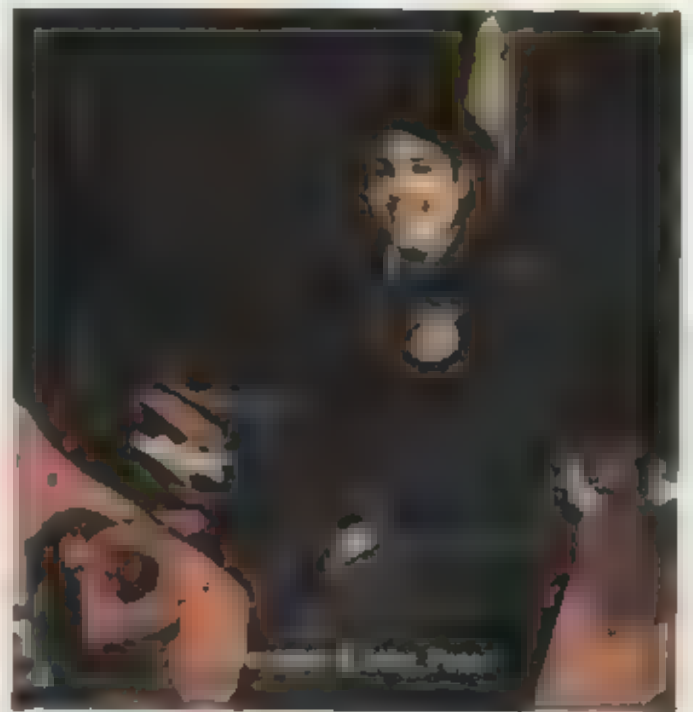
The El Capitan FFA was one of the more active chapters of the 321 in California. The members learned to be good competitors through the various contests FFA offers. El Capitan boasted both novice and varsity parliamentary procedure teams plus livestock, horse, floriculture, and meat judging teams. "Even though the chapter doesn't come from a rich agriculture area, we still have the enthusiasm and ability to compete with the northern chapters," said chapter secretary Cindy Hargraves

El Cap FFA was also very competitive in showing livestock. Some of the members traveled to Los Angeles to compete. Looking at the records, El Cap animals were always making it to the auction ring at the Lakeside and Del Mar fairs. The members learned how to take on the responsibility of caring for and preparing an animal for show. The buzz of clippers and the click, click, click of the hand shears filled the minds of the members and sparked the flow of adrenalin before every fair. This adrenalin was needed for the long hours of preparation that made the animals look their best





# Keeping Agriculture Number One





## See the World of Publications

Yearbook staff requires responsibility and hard work. Sure you get to see all the pictures before anyone else, and if you're a photographer, get into sporting events first.

However, returning staff members met over the summer to have the format, theme, cover design, and end sheets estab-

lished before the school year began.

Then every class period, during the school year, was spent scheduling photographers, arranging for group picture, and writing copy. Then, editors spent long nights proofing pages and editing copy.

All this in hopes of producing the best annual El Cap has published.



Large photo: Front row -- S. Castle, L. Carter, S. Castleberry. Back row  
 C. Harrison, Y. Phillips, D. Estrella, J. Rios, E. Robertson, S. Morse. Pho-  
 tographers: T. Guerin. Photographers: S. Swink, K. Colls, C. McLean, J.  
 Signs, K. Carmichael, D. Coreoran. Top to bottom: Sandy Schuster, Advisor  
 Jeff Cole, Ed. in Chief Cookie McLean, Copy and Production Ed. Front  
 row: Kristin Wilkins, Junior Editor, Debby Coreoran, Ads Manager. Back  
 row: Kim Weyer, Faculty Editor, Debbie Adamson, Senior Editor, Leslie  
 White, Sophomore Editor, Brenda Brussell, Freshman Editor. Not Pictured  
 M. Barlow, T. Cruz, D. Ellett, L. Erdman, H. Jones, G. Kupperud, R.  
 Marcus, J. Morel, A. Sharp, K. Stanrick, K. White, B. Trenholm



# A.S.B. Unleashes School Spirit

by Cookie McLean

The Associated Students Body's motto, "Unleashed in the East," represented the growing amount of pride, spirit, and involvement unleashed in our East County school. Much of this spirit was attributed to weekly pep assemblies and class competitions. "When everyone competes for their class, it creates a pride in it. And, when you have pride in your class, you have pride in your school," stated Suszy Bass, Commis-

sioner of Pep. "The Friday pep assemblies gave everyone something to look forward to."

A S B broke all traditions this year by taking over the job of rechalking the EC on the hill across from school, by selling A.S.B. cards, tickets to sporting events, and pep items, and by making a basketball program. "By having a new advisor and vice principal (Mr. Wong), we could try new things. There aren't any set guidelines or traditions," replied Joey Till.



These are Representatives. Up from Mr. Plough, Advisor Michele Sanders, Executive Representative. First row, top to bottom — Cindy Noriega, Brenda Suszy, Amy L. Smith, Phil Bass. Second row — Abe, Blake, Sherry, Gibbard, Sean Quigley, Cookie McLean, Debby Corcoran. Third row — Scott Murray, Frances Carr, Chad Bramwell. Photo taken at the Mason Street School, Old Town.



President — Joey Till



Advisor — Dan Plough



Executive Council Back row — Brian Leung, V. Mascot, Ken Brinegar, Comm. of Athletics, Scott Gerdes, Treasurer, Todd Torgerson, Comm. of Athletics, Rich Schuenberg, Comm. of Sales, Debbie Apton, V. President Front row — Trisha Hock, Comm. of Student Affairs, Sazy Bass, Comm. of Pep, David Chareonsuphiphat, Student at Large, Jamie Birkel and Carrie Pangborn, Publicity, Liann Bryan, Secretary, Joey Till, President Kneeling — Cathy Singer, J.V. Mascot, Tina Stoner, Comm. of Elections. Not Pictured — Jon Comford, Comm. of Sales



Front row: Allen Sorensen, Bonnie Thompson, Michelle Buckner, Crystal Johnson, DeAnn Walker, Patricia Smith, Brad Burt, Brian Plunkett, Cathy Kott, and Jay Nelson. Back row: Chuck McLean, Domingas Rivas, Brian Loefer, Mr. Hanson, Mr. Philbrick, Debbie Corcoran, Mike Amick, Scott Gibson, Bruce Brown, Frances C. Allen, Mr. Kenner, William L. Loefer, Jay Ed, and Steve Norga.



Sarah Johnson and Rachel discuss poems at a poetry meeting.

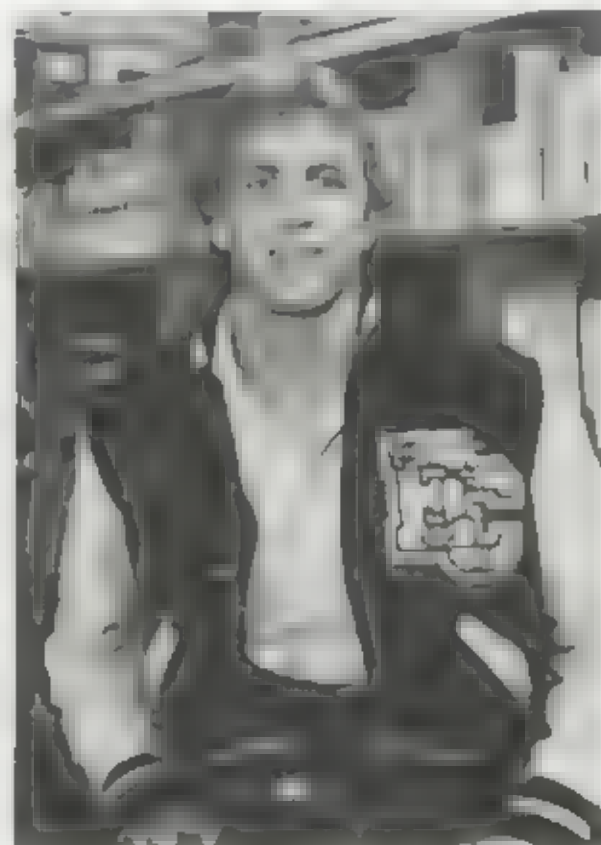


Mr. DeKock and Mr. Hansen find poetry in evening.





Brian Leung — Co-Editor



Mitch Burton — Co-Editor



Cookie McLean — Photography Editor



Brad Burton writing a short story



Cookie McLean contributes her ideas to the Allusions staff meeting

## Express Yourself In Print

by Debby Corcoran

Allusions is a student produced literary magazine that has been published under the direction of senior English teacher Mark Hanson for fifteen years. The magazine had undergone many changes over the years. In the beginning, the Allusions staff handled all it's own layout work, design, writing, and printing. Students actually operated machines and gained practical vocational experience in the process of producing a book. In contrast, today, students have contracted the Sunlight Printing Company to do all the printing work. Staff members are constantly encouraged to look for suitable works in their classes. Allusions receives a variety of creative poems as well as scholarly essays throughout the school year. The student submitted writings are then read by the 25 staff members. Each paper is given five grades that determine it's fate for publication.

The real work begins over Easter Vacation for editors Brian Leung and Mitch Burton. They oversee the proofing process and layout work. The bulk of the work in producing Allusions is completed at this time.

Allusions received a Cultural Journalism Award last year for it's commentary on the historical Lakeside community. The National Scholastic Press Association was consistently recognized Allusions as a first class publication, ranking it in the upper 10% of all student published magazines across the country.

# CSF: Help To Secure Your Future



Back Row: Scott, Frum, Ryan, Muller, Brian, Paradowski, Mitch, Burton, David, Brooks, Joe, Moore, Mike, Jones, Mike, Nichols, Mr. Price, Moore, Row, Phil, Adams, Alan, Beck, Mike, Hickey, Bill, Crookshank, Ken, Ruggie, Front Row: Clayton, Mitchell, John, Kim, M., Jackson, Renee, Mueller, David, Chareonsuphiphat, Nikki, Gerdes, Wyonna, Barrett

Most students here at El Capitan aren't sure of what CSF is or what it does. CSF, is, to define the abbreviation, the California Scholarship Federation. Its function is to make students, with grade point averages of 3.6 or better, aware of the scholarship opportunities that exist.

The El Capitan branch of CSF has had some renovation. The first, is the changing of advisors. Mr. Price is the new CSF advisor and also a new face this year. He teaches chemistry and his enthusiasm is very much welcomed on our spirited campus.

This year's President is Brian Paradowski, a qualified leader. He diligently worked on fundraisers and exciting field trips for the club.

The most honorable position in CSF is the position of a life-time member. A "Lifer" has been a member of CSF (which means maintaining a 3.6 GPA) for their four years of high school. These elite few are eligible for college scholarships from within the Federation.

The Federation can't promise a college scholarship for every member but it does promise a better awareness of the scholarships available.



Back Row: President Brian Paradowski, Vice President Mitch Burton  
Front Row: Secretary Bill Crookshank, Treasury Renee Mueller

# Get A Hold On Change



Debbie Apton announces the agenda

by Laurie Erdman

Ever wonder who makes the rules? Nationally it's the job of the United States Congress but locally, on our campus, it's the job of the ASB Senate. The Senate was made up of presidents, captains, and editors from the various clubs and sports on campus

The first Wednesday of every month brought the Senate together during 6th period. During their meetings the Senate members discussed events on campus and passed failed amendments of the ASB constitution

"The Senate is unique in the fact that it gives almost every student a voice in what happens on campus," said ASB Vice President Debbie Apton. This is possible because the members of the Senate were encouraged to take all amendments back to their clubs and get their opinion before making a vote

When something changed on campus you would be safe to bet that the ASB Senate had a hand in it



Chad Kest, Travis Sney, and Todd Jones at the Senate Meeting



Brian Leung is quick to answer.



Joey thinking about the question



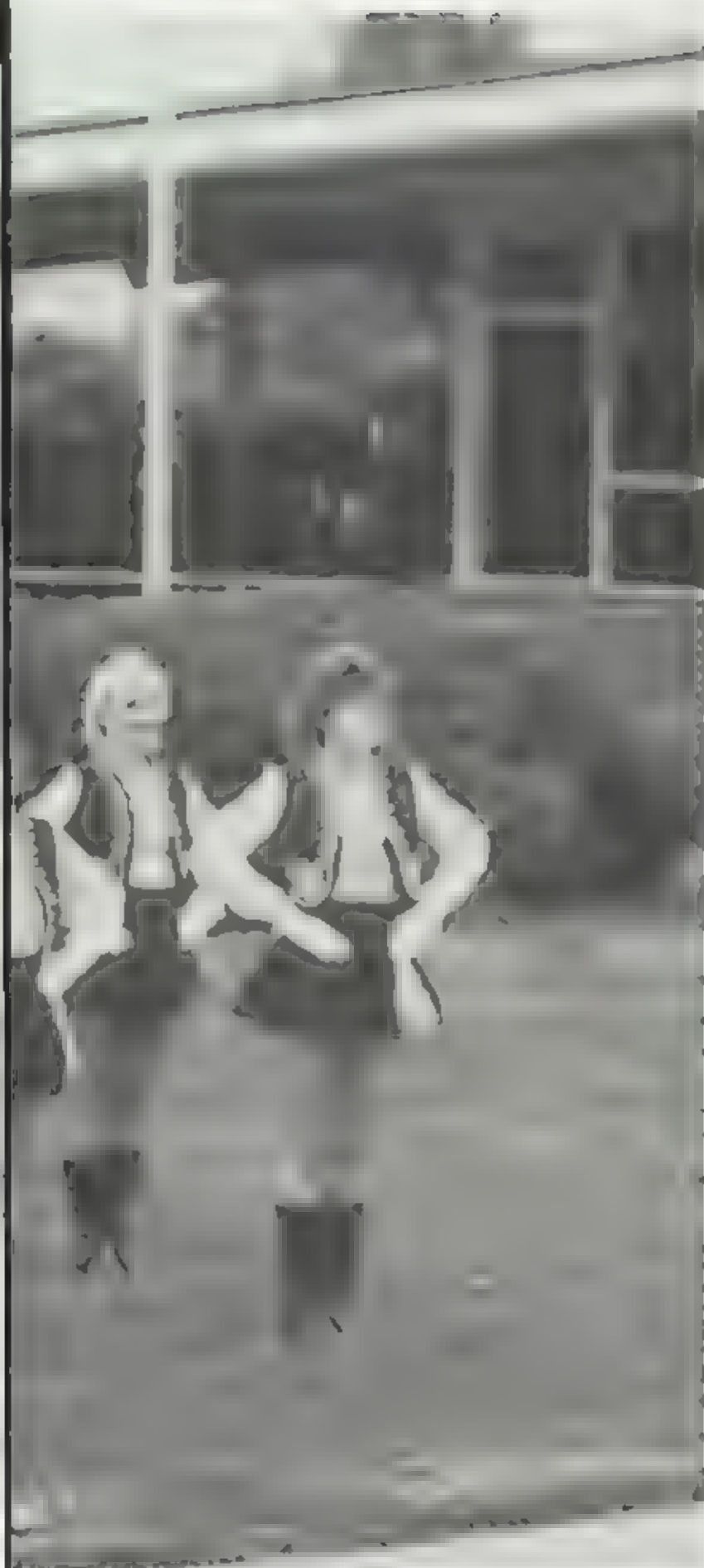
# "We Rise Above All Others"



First column: Debra Wark, Wendy Walker, Deanne Bender, Cathy Leach. Second column: Tammy Leach, Ed Snyder, Karyn Graser, Paula Hines, Melba Reave. Third column: Brenda Thomas, Kirby Granger, Susan Richards, Lynn Montague, Stacy Hoshree. Fourth column: Nancy McCarthy, Hawkins, Ana Real, Karla Hopper.

Graduating with the class of 1984, El Capitan Alumni, Donna Bender advised the Specialty Team second semester. First semester advisor was Margaret Gill.





The Specialty Team lived by their motto, "We rise above all others."

On August 17-20 the Specialty Team attended Hubbard's Drill Team Camp and received first and fourth places for hardest working tall flags and drill team, respectively. The camp was held at Cal Poly, Pomona where they were able to compete with other teams and learn new routines.

In October they were ranked among the best at the Artesia Parade. They took first place in the Bonsel Parade in November where they scored 86 out of 100 and defeated eight other teams. They also placed first in the Christmas Parade in Oceanside, the last parade of the marching season.

From left to right, top to bottom: Ann Real and Michelle Lovett, Hospitality; Karla Hopper and Paula Hicrewski, Manager; Lynn Montagne and Brenda Thomas, Publicity.

In preparation for the upcoming festival competitions, they attended a clinic on December 8 and 9, to sharpen their dance, flag, and drill team skills.



From left to right: Debbie Work, 1st lieutenant; Tammy Leach, captain; Stacey McConaughy, 2nd lieutenant.

From left to right: Lisa Hawkins, historian; Susan Richards, vice-president; Wanda Walker, president; Kriss Gosen, secretary.

# Deadline:

JOURNALISM





# Today



Editor-in-chief Brian Leung and Advisor Ms. Schuster

**T**he *Horizon* staff began an ambitious program this year to make its newspaper more appealing to the student body. In order to achieve this goal, the staff focused on reporting more school news as well as maintaining its policy to cover interesting stories outside of school.

The editors turned their efforts toward creating more aesthetically pleasing paper. "The paper," said Editor-in-chief Brian Leung, "had changed little since I first took journalism. I felt it was time for the paper to evolve and I hope it continues to grow in the years to come."

One of the obvious changes for the *Horizon* was its publishing schedule. For the first time since becoming a tabloid size, the newspaper was produced monthly, a major goal of the staff.

"We've worked hard to give the *Horizon* an identity," said Leung, "and I think we have achieved that."

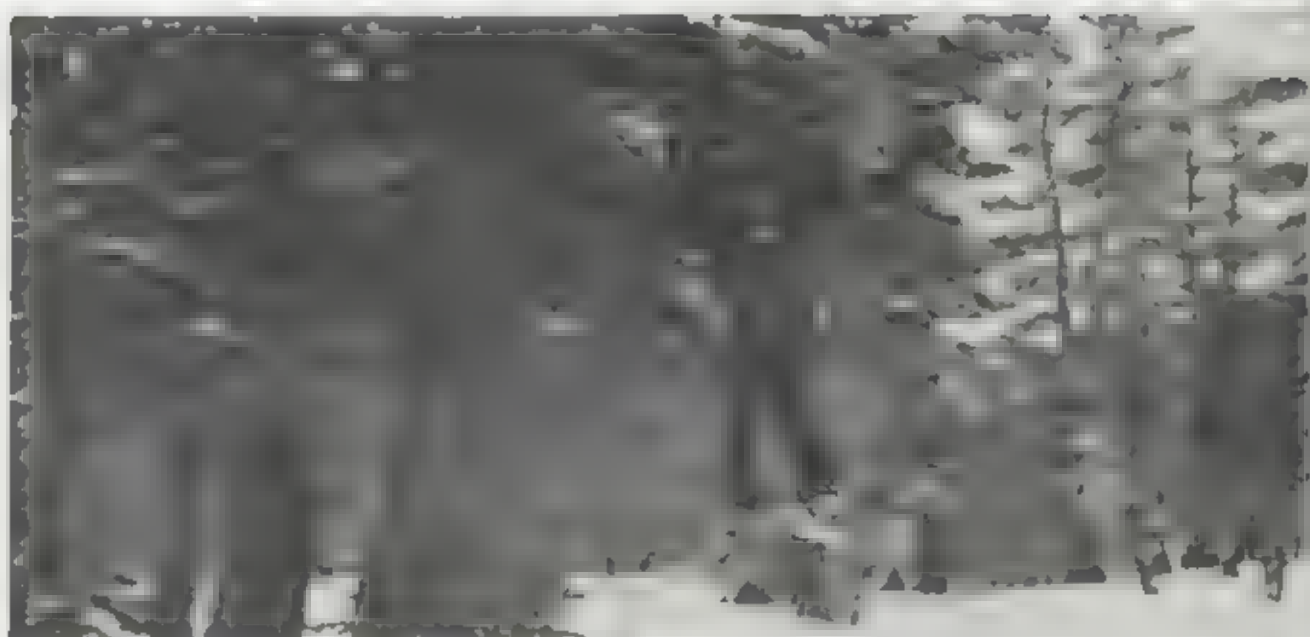
Cathy Pomeroy, 1; Dawn Stewart, 2; Alison Campbell, 3; Tami Tucker, 4; Anna Laker, 5; Ben C. and Jasper C. 6; Brian Leung (editor-in-chief), 7; Stacy Brown, 8; Trish Jackson, 9; Vicki Stone, 10; Bert Weiss, 11; Jeff Cook, 12; Chris M. Lee, 13; Abby Caragan (features editor), 14; Boris Trehan, 15; Mike Meyers, 16; Alison Smith, 17; Ms. Schuster (advisor), 18; Laurie Jones, 19; Christine Lueck, 20; Meg Skinner, 21; Ray Glick, 22; Lisa Johnson, 23; Michelle Yarbrough, 24. Not pictured: Debbie Admon, Michele Meyers.



Bobby Imhoff completes a difficult maneuver



Rick Landstedt peers through the doorway to see if everything is under control



I think I can, I think I can



I thought I could, I thought I could

# Challenge The Downhill



Bottom row: Ed Sones, Jennie Perce, Tracy Welch, Shannon Matheson, Merida Newlin, Robert Zimmer, Terry Papp, Michele Row, Michael Parker, Cheryl Drey, Robert Foster, Cass Deery, Nancy Haber, Nancy Foster, Tracy Kirk, Michael Knappe, Ed Levy, Eric Bakken, Sandy Lou, H. Paul Linn. Mr. Morgan Newman, Dennis Newman, Ken Brinegar, Glen Simmons. Top row: Ms. Pearce, Ms. Sutton, Don Westenberg, Amy Hegeman, Charles Atchinson, Kendra Scott, Mera Simunovich, Paul Dautremont, Bill Crooks, Chuck Hammond, Rick Landstedt, Dean Potter.

*By Matt Barlow*  
Picture yourself going down a snow-covered hill at break-neck speed, flashing by trees, with snow in your face. Sound impossible? It wouldn't have been if you had joined the ski club. The ski club was forty members strong in its second year.

The ski trips for the year were planned by supervisor Ms. Sue Sutton and council

members Scott Keppel, Dain Hasson, Jami Long, Casey Dennis, and Ray Lacoste. These council members organized fundraisers such as cocoa sales, to raise money enabling them to go on their ski trips.

Some of the ski trips planned for the '84-'85 school year were  
December 7, 8, 9 at Mammoth

February 11, 12, 13, 14 at Mammoth  
May 3, 4, 5 at Mammoth

Next year the number of members in the ski club should increase and so should the trips to Mammoth and elsewhere.

**See you at the slopes!**



# Never Above Par



Ken Treichel and Tom Fox relaxing between puts at the singing Hills Tournament



Front Row Tim Campbell, Pat Eyer, Luke Row and Ken Treichel. Glen Treichel  
Back Row Jack Sullivan, Woody Pimentel, Bob Priddy, Robby Robertson, Stan Baccinet, Tom Fox, Mike Myers  
Not pictured: Correy Baker, Lance Urquhart, Coach Ed Curtis



# Interact And Be Recognized



Shelly and Debbie giving their opinion at the meeting



Coach Rockhold taking charge at a EC Varsity Club meeting

The EC Varsity Club was organized to fulfill a special need of varsity athletes. Any athlete with a varsity letter in any sport was welcome to join.

The organization was led by Coach Rockhold with help from President Todd Torgerson. They helped athletes obtain athletic scholarships for college.

During the year they held fundraisers to finance activities. The most popular fundraiser was the annual leg auction. Several athletes lined up behind a screen to hide their faces, and an auctioneer sold the legs to the highest bidder. It drew quite a crowd.

The club awards the athlete of the year with a trophy to mark his or her achievement. This is considered an honor since athletes are honoring another athlete.

A tradition of involvement and interaction lives on in this club.



Front row: Trisha Hock, Carrie Pangborn, Suzy Bass, DeAnna Weber, Michelle Buerkle, Crystal VonFeldt, Troy Surratt  
 Second row: Lucy Hill, Debbie Apron, Sherry McVicker, Scott Freeman, Robert Kruger, Don Gibson, Dennis Dietzen, Jeff Rice  
 Back row: Brad Burton, Teresa Mergens, Brad Bennett, Roy Schroyer, Brian Paradowski, Mitch Burton, Alan Bocko, Steve Burroughs

Not Pictured: Todd Torgerson, Ken Brinegar, Rob Robertson, Curtis Cantle, Jamie Barker, Michelle Sanders, Timi Petry, Tina Stoner, David Brooks

by Leslie White

The 1984-85 Choir met period 5 every day and practiced their songs for their performances throughout the year

During Christmas time the choir members caroled at convalescent homes which included the Lakeside Garden Retirement Home and Seaport Village. They performed with the band and choreography classes in the Christmas show held at the El Cajon Performing Arts Center on December 8, 1984. There were group performances as well as solos and duets

During the last week in February all the high school choirs went to Point Loma College to perform. The choir members practiced to perfect their musical talents for this event known as the Thousand Voice Choir

Fundraisers such as selling candy, candles and setting up Pepsi booths were used to raise money for various trips the choir took. One of their most exciting trips was to Catalina in May

The officers of this year's choir were President Linda Tagney; Vice-President Kelly Kaiser; Secretary Elisa Vick; Treasurer Janice Buie; and Representative Cheryl Huntley

## Choir: A Sound Future



Mr. Nugent and Mrs. Huff



Practice makes perfect. For every tune counts





Top row: Donna Rather, Misty Wicker, Anna Whitlock, Treva Warren, Angie Hanson, Gray Rushing, Janice Brown, Kelly Kasper, Linda Toney.  
 Second row: Brenda Kiefer, Renee Zol, K. Sherron Statney, Missy Ayers, Kim Ferrara, Tami Vick, Gail Gerlach.  
 Third row: Jimmy Lee, Wendy Rinken, Cassie Weber, Tammy K. Okey, Frank Zander, Donna Smith, Casey Evans.  
 Back row: Tracy Paine, Sandra Brown, Linda Wainwright.



Mr. Nugen, instructing them on their next score.



The piano, an important part of choir.

With a tip of the hat the '84-'85 girls soccer season opened with a promise from Coach Jim Jones; any girl who made a "hat trick" (scored three goals in one game) would receive their own cowboy hat. This wasn't their only inspiration though. the girls had a very successful building year last season and were looking forward to an even stronger team this season. They were not disappointed. The team, led by Captains Rachel Herzig and Karen Ransweiler, had a very strong defense. For most of the girls it will be the third year together as a unit. The tradition of rewarding players with soccer ball patches for the player of the game, the one who out-shined them all is sure to continue. Players are also given patches in the shape of stars for exceptional games or plays. All patches are placed on their team sweat shirts. Standouts in these catagories included Kristine Stanzick, Rachel Herzig, Nikki Gerdes, Robin Stansbury, Jill McFaul, Tammie Hiler, and Karen Ransweiler. Next time you see a girl in a cowboy hat, it may not be just because she's from Lakeside.

# Success Is The Goal



Rachel Herzig scores a goal.



Back Row: Coach Jones, Denise Nash, Mr. Brink, Robin Stansbury, Tammie Hiler, Kristina Keltavary, Rachel Herzig, Cathy Keltavary, Coach Ransweiler.  
Second Row: Angie Dunham, Debbie Brooks, Yvonne Phillips, Jill McFaul, Karen Ransweiler, Serena Banks, Kristine Stanzick.  
Front Row: Nikki Gerdes, Diana Bradley, Cheryl Daily, Crystal Von Felt, Beth Frasier.

---

# MODERN PHOTOGRAPHY







# More Than A Friend

To write of you is to write of a dream.  
You are no GQ but that doesn't matter.  
Because we talk as friends, we talk as lovers,  
we share the laughs we share the bothers. How  
long will we last no one knows. Just day by day  
we share each other.

Sometimes there is tragedy, sometimes triumph.  
Always there to share it, always there to  
comfort. You know when to hold me and when  
to let me be. It's been only twelve months,  
but it seems like eternity. You know me so  
well you can predict my every move.

Why I didn't find you three years ago, I  
will never know. I've never had a dearer  
friend, someone who will hear my ~~secret~~ and  
comfort my fears. I feel safe in your arms,  
like with no other friend. I can only say  
you are, more than a friend.

Laure Erdman — 12



DEBBIE ESTRELLA — 11



1. The first part of the paper discusses the importance of the study and the objectives of the research.

2. The second part of the paper describes the methodology used in the study and the data collection process.

3. The third part of the paper presents the results of the study and discusses the findings.

4. The fourth part of the paper discusses the implications of the study and the conclusions drawn from the research.

5. The fifth part of the paper discusses the limitations of the study and the areas for future research.

6. The sixth part of the paper discusses the significance of the study and the contributions it makes to the field.

7. The seventh part of the paper discusses the practical applications of the study and the recommendations for practice.

References



Claudia Mitche



Circus Bluffin



I do not understand

Why mothers are overbearing

Why people don't follow rules

Why emotions are so hard to  
comprehend.

But most of all I do not understand the  
reason for life.

I see people breathing, just being alive  
people thinking only of themselves  
(being intentionally cruel to another  
just because they're different)

What I understand most is music.

It tells me what I want to hear

I turn it on or off at anytime

It's comforting and demanding

Hard as sparkling steel

Light as a floating feather

A place to lose myself.

Kim White — 11



Cockie McLean

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## CONCRETE

GOOD LUCK '85  
BEST OF LUCK '86

Eric Daniels,

We love you. We are so very proud of you. May your life be full of happiness

Love, Mom, Dad and Christopher

Carl S. Cato,

Generations of your forefathers were denied access to education by government mandate. You must pursue education diligently. You must drink deeply from the well of learning.

Dad

Dapper,

May you always be so caring and loving. Here's wishing you a great future.

Thanks, Love, Dad and Mom

Kimberley Weiser,

We're very proud of you! You are a loving daughter and fun to be with. Success will be yours. We love you very much.

Dad and JoAnne

Jill Cunningham,

We love you and thank God for you. Love, joy and peace forever.

Mom and Dad

Danny,

Congratulations and good luck. You have truly made us proud

Love, Mom and Dad (Zwolenski)

Cathy,

You are very special to us and we wish for you all the happiness in the world. We love you.

Mom, Dad and Karen

Laurie

Secretary of Agriculture. May all your dreams become reality; you deserve no less

Love, Mom and Dad

Debbie,

This was a difficult year for you, but you made it! You have filled my life with sunshine and love. We are so proud of you

Love, Mom

Michelle Buerkle,

May this day be the first great step into your future and may your future be just as bright as you shine!

Love, Mom

Leslie,

You are the best friend a person could have. I'll always be there for you, time after time. You're my rainbow in a rainy world

Love, Debbie

Julie,

"Ace Lady", you've made us feel like winners; just as proud as you felt receiving your first "ice" bouquet from Dad

Love, Mom and Dad

Tom Elbert Jr,

You're the best son any person could ever ask for. We're so proud of you. Good luck forever!

Love, Mom and Dad

Julie,

Remember the summer we farmed onions in England? You were the first American girl caught stealing 12 bushels of onions under your shirt!

Your Aunt

Katrina Sevensma,

Congratulations Katrina! Good luck in college and in all you choose to do. We are all proud of you

Love, Mom, Dad, Karen, Sonny, Kathy, Rick and T B

Shelly (Awesome) McVicker,

You have the ability to brighten up anyone's day with just your smile. You've made being parents an easy job. We love you

Mom and Dad

Devin Dietzen,

Your name says it all. D-dear E-enthusiast V-vivacious I-intelligent N-nonchalant. All our love to a special son.

Mom and Dad

Shelly (G.S.),

Keep your standards and goals as high as they are now and the world is yours. I love you

Grandma (G Z.)



Rusty Espinoza,

We are quite proud of you, shoot for the moon. Remember your family is always with you

All our love,  
Dad and Mom

Dear Lois C., Suraphan P., and David C.,

Congratulations and good luck to Lois and Suraphan  
Keep up the good work David

Love  
Mom and Dad

KBBIS,

You are one of the best friends I ever had. I hope we can remain friends after high school. Good Luck always

Love,  
JBBFK

Dear Duke,

Long before you were able to realize it, we have loved you ... and we always will. You are growing into a fine young gentleman with maturity beyond your years. You can forever depend on us. We derive much joy and pride from you, our son. Success in life is not measured by what you attain for yourself but rather by the happiness you bestow upon others whom your life touches

Love and best wishes for your future,  
Dad and Lauren



Lance,

Remember when reaching into the future-never forget the past  
Also, when the going gets tough, never give up — when the going gets easy, never slack up

We love you,  
Mom and Dad

Dear Lois Chareonsuphat,

There's someone very special I found along the way Who knows my deep affection. The words I so not say

How changed would be the story without this someone dear, who shares my hopes, my dreams, and laughs away a tear. Companionship so priceless and understanding too. Who is this special someone? My daughter it is you. May you experience the joy you've brought to us. Best wishes to Lois and Amy Essman on your future

Love,  
Mom



Jack Marks Jr

We're so proud to have you for our son  
don't ever change. Always be loving and  
kind. May your life be as bright as  
you've made our lives. Congratulations  
son, we love you.

Dad, Mom and Bubba



Sarah

I'm proud and happy you're my daughter.  
You had disappointments and I've learned  
it's a lesson when being rough.  
You're the best friend I pray for your  
happiness.

Love, Mom



Sarah Biss

From the very beginning, you have made  
us proud. You will always be our SS.

Congratulations and love  
Mom and Dad



Mitch and Brad Burton

Congratulations! We are very proud of  
your accomplishments. We wish you con-  
tinued success in all you do.

Love, Mom and Dad



A.J. (Zimbabwe)

Congratulations and blessings at this time  
of new beginnings. Continue to grow and  
become all you can, whatever that may  
be. We love you very much.

M, D, K and T



Karyn

Congratulations. We're proud of you.  
You've done your very best. May you  
dance into the world with the same posi-  
tive outlook you've shown us.

Love, Mom and Dad



13.  $\frac{1}{2} \leq x \leq 1$

Devy G. Grier  
I've enjoyed watching you grow. I'm  
very proud of you. May God bless you  
always.

Love always in Christ. Mom



1994, 1995, 1996

**Mark Chas. Dewey**  
You are a real joy, Mark. Good luck, congratulations, and thanks for being you.  
GREGORY

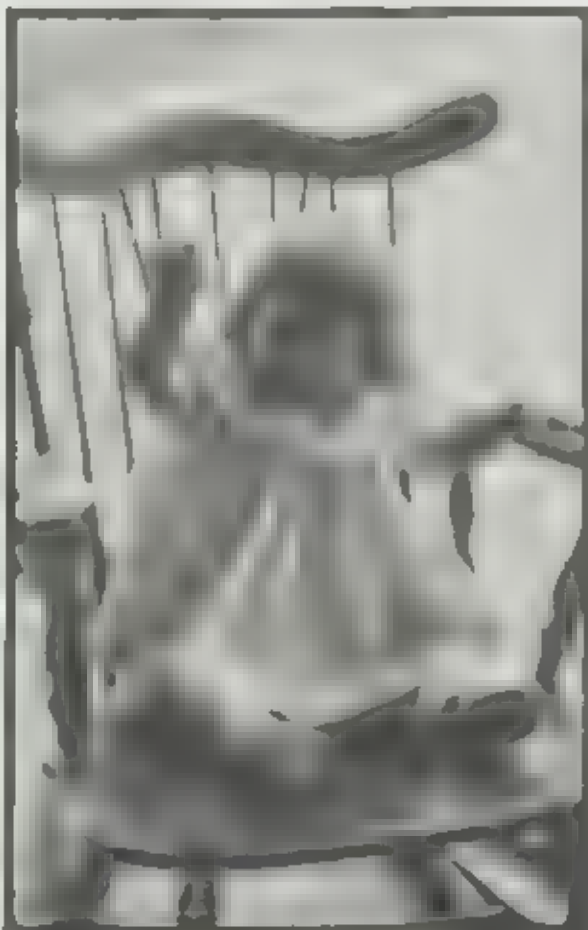
**Mom and Dad**



11-12

From your first day in school until now  
you have worked hard to make us proud  
**YOU DID IT**

We love you, Mom & Dad



SUNAN

You've come a long way from that little girl in the orphanage. We're with you every step of the way, and we're a team with laughter, you know. You're a winner!

I love Mom, Dad and Cathy



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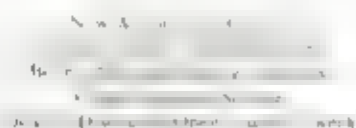


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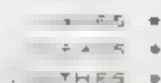
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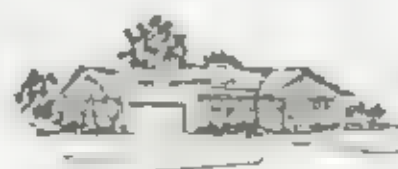
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Mom & Dad

Michelle Lepire,

May prosperity, good fortune and health be with you  
always. You've only just begun.

Love,  
Dad, Jo & Suzanne

Laura Moen.

Laura, sometimes I forget to tell you how much I appreciate  
your help especially having to help raise your little sister Mitzi

Love always,  
Mom

Wendy and Kathy Ashworth,

Congratulations to two young ladies determined to reach  
and surpass their goals. I am proud of your accomplish-  
ments and wish you life's best.

Love,  
Mom

Bonnie Trenholm,

You are the sunshine of our lives. We love you and are proud  
of you

Love,  
Mom and Dad

Jesse Lopez,

Your dreams are special, let no one change them. We support  
your decisions, because you're a winner. Congratulations Gra-  
duate.

Love,  
Mom and Dad

John Lopez,

We're proud of your achievements during your freshman year  
both in the classroom and in sports

Love,  
Mom and Dad

Terra Hofmann,

Dear Terra, you are so beautiful; a lovely person. We wish you  
every blessing. You have made us proud to be your mom and  
dad.

Love,  
Mom and Dad

Karyn,

Congratulations for a job well done. Best wishes for your  
future.

Love,  
Uncle Ed, Aunt Marti, Scott,  
Matt, and Grandma Ryan

Suzanne

Congratulations! You've always been a sweet girl  
Glad you're graduating. We wish you the best!

Love,  
Grandma and Grandpa

Lydia Morrissey (Poopsie)

Congratulations on all your achievements. We love  
you and we're very proud of you

Love,  
Mom, Dad, Kelly, Moey & Billy

Cherie Haugum,

To our beautiful daughter, throughout the years of  
scrapes, stitches, broken bones, and broken hearts,  
you have been worth your weight in gold. You've been  
our pride and joy even more than we could have hoped  
for. Thank you for making our hearts burst with pride  
and love for you, and thanks for the fun you've shared  
with us through your high schools years. I hope the  
future brings to you as much joy as the past has  
brought to us with you. Cherie we love you very much,  
more than any words can say

All our love,  
Mom, Dad, Shana & Scott

In the immortal words of Vince Lombardi: "Mental  
toughness is essential to success." To our favorite  
teachers and friends; Cleland, DeKock, Yount, Fur-  
row, Hansen, Hoss, LaBlond, A "Krotchmeyer", Li-  
petzky, Louissa McClain, Peabody, Cathy Pears,  
Plough, Rockhold, Waasted, Dad's adventure  
through Algebra Land

Thanks for the memories:  
Susanne, Michael, Karen, John & Joey Till

James Gregory,

I'm so glad we're together. You've made my life full  
of surprises and loads of fun. I love you forever

Thanks,  
Baby K



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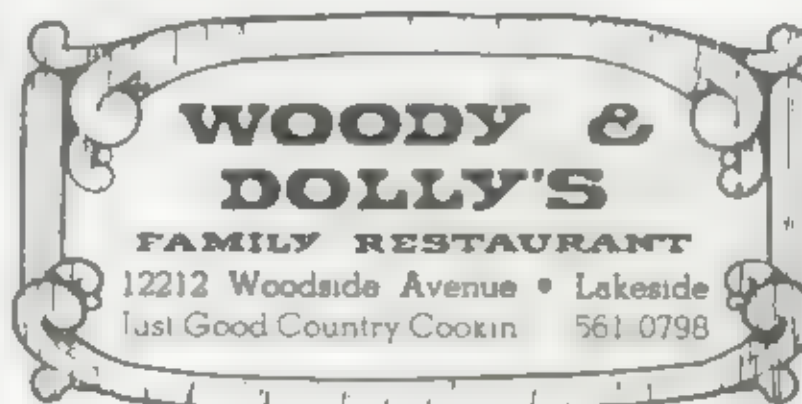
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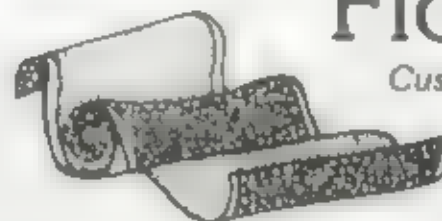
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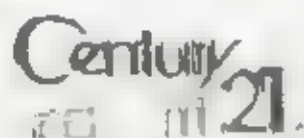
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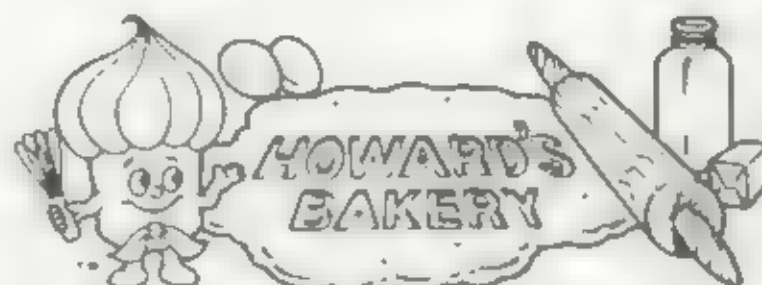
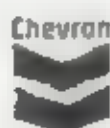
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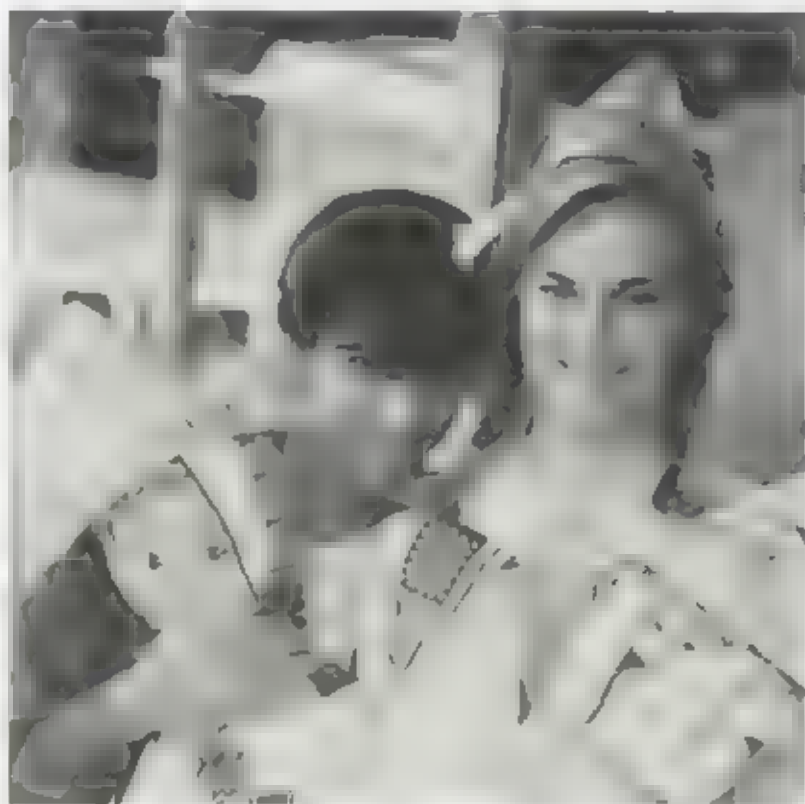
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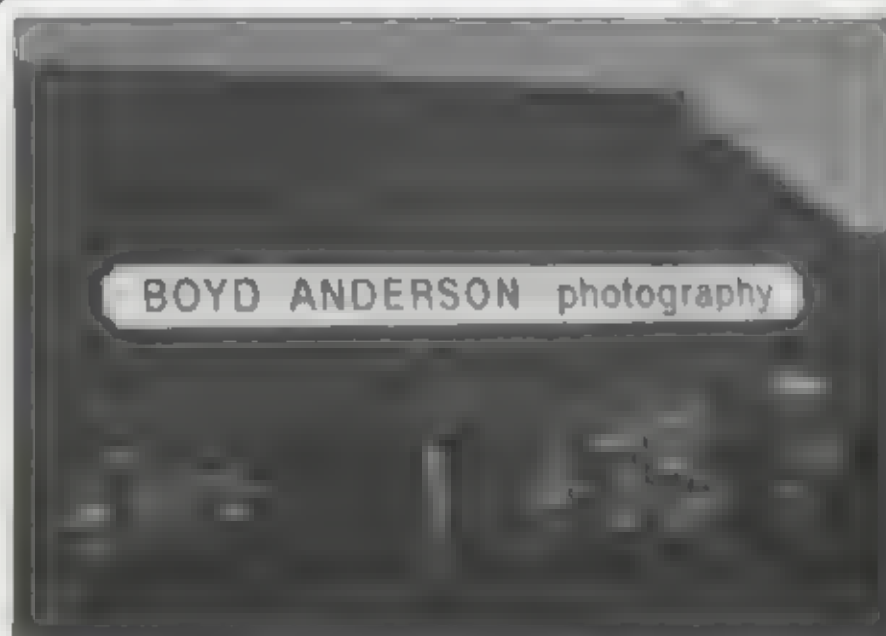
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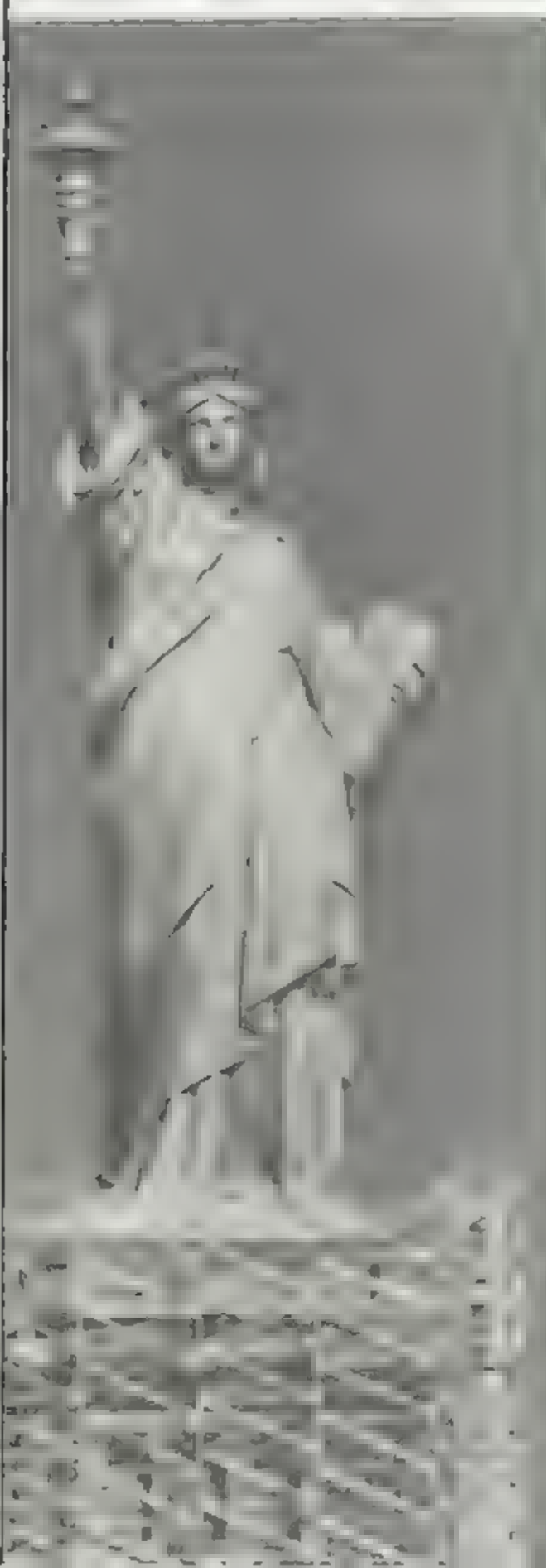


# NEWS

From Across The Nation

\$1.75

June 13, 1985



The Statue of Liberty celebrated her 98th birthday in 1984 and she began to show her age. The statue was worn from constant pummeling by wind, salt air and acid rain, and the iron ribbing supporting the copper covering was badly corroded. A two-year restoration began in July 1984. It included a new gold-plated torch

# National Affairs



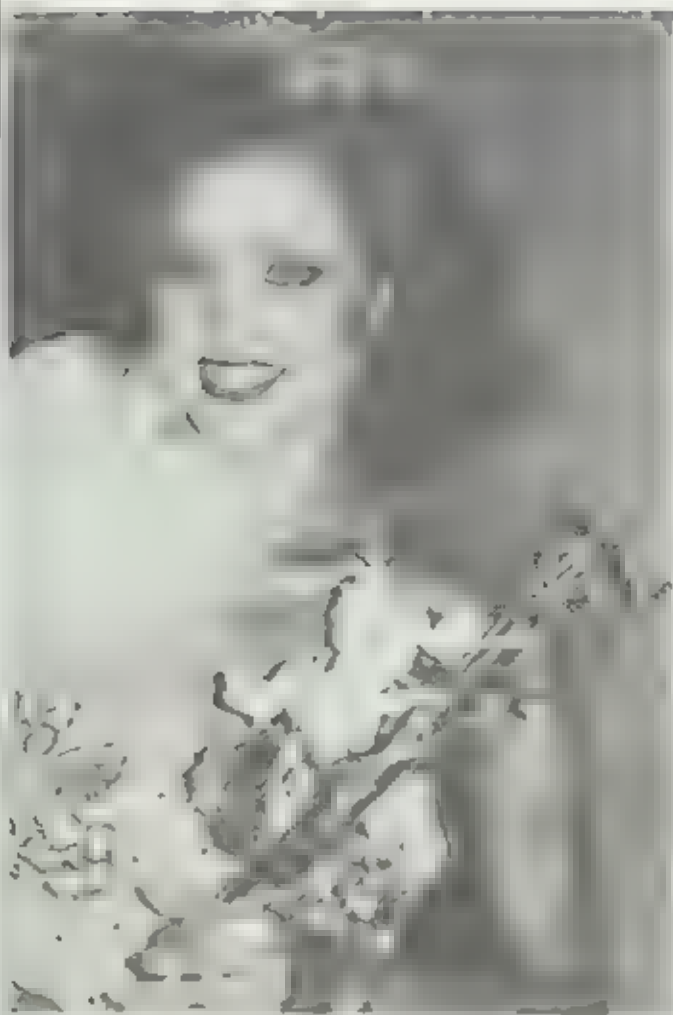
## Presidential Elections

President Reagan won re-election with the biggest electoral vote in the nation's history. He won 49 states with 49 percent of the total vote. First Lady Nancy Reagan holds the Bible during the ceremony under the Rotunda of the Capitol in Washington Monday. Chief Justice Warren Burger is at right.

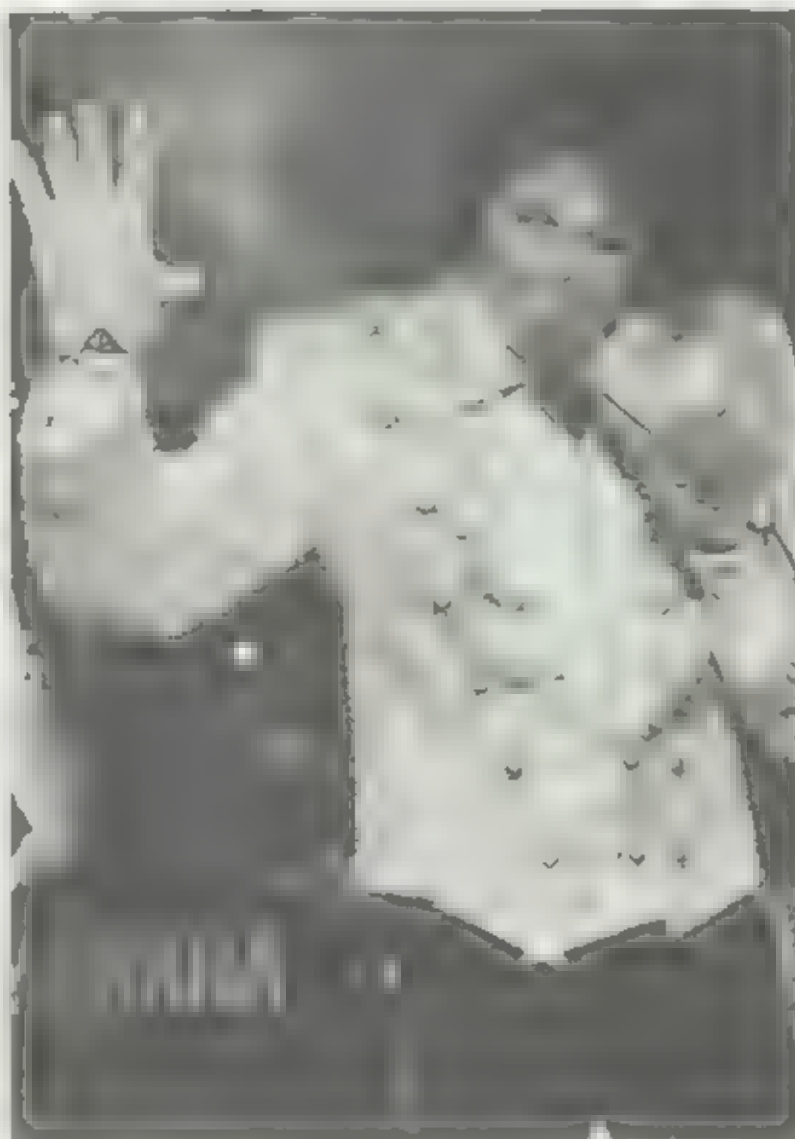
Democratic presidential candidate Walter Mondale made history when he chose a woman, Geraldine Ferraro, as his vice presidential running mate. Mondale and Ferraro were nominated on the Democratic ticket at the party convention in San Francisco in July. He announced early in his campaign that to lower the federal deficit increased taxes would be necessary.



# Entertainment



Vanessa Williams was forced to surrender her title as Miss America at the request of pageant officials because she had posed nude for sexually explicit photos. She became the first of 57 Miss Americas to be forced to resign. Suzette Charles, the first runner-up became the 58th Miss America. She crowned Sharlene Wells, Miss Utah, at the Atlantic City Pageant in September



Robert Duvall received an Oscar for his role as a washed-up country singer who overcomes alcoholism in the film "Tender Mercies". Shirley MacLaine won for best Actress and Jack Nicholson won best supporting actor as an eccentric mother and pot-bellied ex-astronaut in "Terms of Endearment," which also won the best picture award. The best supporting actress Oscar went to Linda Hunt for her role in "The Year of Living Dangerously". The photo shows MacLaine and Duvall the night of the Oscars

Michael Jackson conducted his so-called Victory Tour to more than a dozen cities. The original ticket policy, which required fans to mail in \$1.20 postal money order for four tickets with no guarantee that they could receive tickets, was shelved after much criticism



# Sports

The United States did very well in the Summer Olympics, winning 83 gold medals, 61 silver and 30 bronze. Carl Lewis won four gold medals — the 100 meters, the 200 meters, the four 100 meter relay and the long jump. Mary Lou Retton won the all-round gold medal and led the gymnastic team to a silver medal; she also won bronze medals for the floor exercise and the uneven parallel bars and took a silver medal for the vault. The Soviet Union and other Communist countries boycotted the Summer Olympics.

The Winter Olympics in Yugoslavia saw the United States win four gold and four silver medals. Scott Hamilton won a gold in the men's figure skating and Steve Mahre won the gold medal in the Giant Slalom skiing event.



The World Series in 1984 saw the Detroit Tigers beat the San Diego Padres four games to one. The Chicago Cubs came close to getting into the series but the Padres won. In the American League, The Kansas City Royals lost in the playoffs to the Tigers. The photo shows Kirby Gibson of Detroit jumping for joy after scoring in game five. Darrell Evans is the on-deck hitter.



